

**Original research Articles****IN-VITRO EVALUATION OF ANTIBACTERIAL AND ANTIFUNGAL EFFICACY OF *BOSWELLA DALZIELII* STEM BARK EXTRACTS****ABSTRACT**

The efficacy of *Boswellia dalzielii* (Frankincense) stem bark extracts on some bacterial and fungal organisms was evaluated for its in-vitro antimicrobial activities against *Staphylococcus aureus*, *Streptococcus pyogenes*, *Escherichia coli*, *Salmonella gallinarium*, *Aspergillus fumigatus* and *Candida albicans*. The research work was carried out in Biochemistry and Microbiology Laboratories of Federal College of Animal Health and Production Technology, National Veterinary Research Institute, Vom. Well diffusion method was carried out on nutrient agar. MIC, MBC and MFC of the test organisms were carried out on nutrient broth. The phytochemistry revealed the presence of saponin, tannin, flavonoids, cardiac glycosides, steroids, terpenes and phenol in ethanol extracts while resin, alkaloid and glycosides were absent in hot water extracts. Alkaloid was also absent in ethanolic extract. The aqueous extract of the plant exhibited neither antibacterial nor antifungal effects against all test organisms used in the study while the ethanolic extract of the plant showed both antibacterial and antifungal effects on the study organisms. The results of this study also showed that the ethanolic extract of *Boswellia dalzielii* stem bark has activity against all bacteria species used in the study (broad spectrum activity). For gram-negative and positive bacteria, *Salmonella gallinarium* and *Staphylococcus aureus* were the most sensitive while *Escherichia coli* and *Streptococcus pyogenes* were the least respectively. *Candida albicans* was more sensitive than *Aspergillus fumigatus*. It was concluded that the test organisms were susceptible to ethanol extracts of the plant and may be good source of antibiotics.

**KEY WORDS:** *Boswellia dalzielii*, In-vitro, Antibacterial, Antifungal, Extract, Susceptible.

**INTRODUCTION**

Herbal medicine is the oldest form of medicine known to mankind [1, 2]. It was the mainstay of many early civilization and still the most widely practiced form of medicine in the world today [3]. Many people in developing countries still rely on traditional healing practices and medicinal plants for their daily healthcare needs, in spite of the advancement in modern medicine [4]. Traditional medicine which is widespread throughout the world has been recognized by World Health Organization (WHO) as an essential building block of primary health care. According to reports of World Health Organization, 80% of the world's population relies mainly on traditional therapies which involve the use of plants extracts or their active substance [5]. There is abundant undocumented traditional knowledge of herbal remedies used to treat diseases in most cultures [6]. Different traditional healing practices worldwide are designed for either therapeutic or prophylactic use in human or animal diseases [7, 8]. Several studies carried out in Africa, Asia, Europe, Latin America and North America show that plants are routinely used as remedy for animal diseases [9-14]. Historically, it is documented that humans utilize the same herbal preparations that they use to treat their sick animals [15]. In Nigeria, farmers are known to treat animal diseases with herbs and other traditional medical practices before the advent of orthodox medicine [16]. Traditional medical and veterinary practices remain relevant and vital in many areas in Nigeria due to absence or

43 inadequate provision of modern medical services particularly in rural areas [17]. Ethno-  
44 veterinary medical practice is widespread among herdsmen and native livestock producers in  
45 northern Nigeria. Traditional remedies in this area include plant extracts from different plant  
46 parts [18]. Herdsmen in non-industrialized nations of the world still use medicinal plants for  
47 the treatment of livestock diseases, either due to lack of access to trained veterinarians and  
48 high cost of orthodox medicines, or the held belief that herbal remedies are more efficacious  
49 [19].

50 Plants are also potential sources of modern drugs. A recent survey of United Nations  
51 Commission for trade and development (UNCTAD) indicated that about 13% of drugs  
52 produced within developed countries are derived from plants [20]. Surprisingly, this large  
53 quantity of modern drugs comes from less than 15% of the plants, which have been known to  
54 have been investigated pharmacologically [21]. Therefore, since there are so many of these  
55 naturally occurring substances in plants, it is obvious that the plant kingdom offers better  
56 opportunity of providing useful medicinal compounds.

57 *Boswellia dalzielii* (family Burseraceae), commonly known as frankincense tree; abounds in  
58 the Savannah regions of West Africa. The plant has several medicinal uses. The decoction of  
59 the stem bark is used to treat rheumatism, septic sores, venereal diseases and gastrointestinal  
60 ailments [22, 23]. Phytochemical studies of the plant revealed the absence of alkaloids [24],  
61 while saponins, tannins, flaonoids, cardiac glycosides, steroids, and terpenes were found to be  
62 present [25, 26]. Oil from the leaves of *Boswellia dalzielii* was found to exhibit significant  
63 activity against *Staphilicoccus aureus*, *Bacillus subtilis* and *Candida albicans* [27]. The  
64 methanolic and aqueous extracts showed antibacterial and antifungal activities [28, 26].  
65 Recent studies of the aqueous extract of the stem bark of *Boswellia dalzielii* showed no  
66 antimicrobial activity against all the microbes, used, however, produced some anti-ulcer  
67 activity [25]. In another recent study, incensole was found to be part of the chemical  
68 composition of the stem-bark of *Boswellia dalzielii* [29].

69 Now-a-days, the problem of antimicrobial resistance is growing and the outlook for the use of  
70 antimicrobial drugs in the future is still uncertain. In general, bacteria have the genetic ability  
71 to transmit and acquire resistance to drugs, which are utilized as therapeutic agents [30].  
72 Laboratories of the world have found literally thousands of phytochemicals which have  
73 inhibitory effects on all types of microorganisms *in vitro* [31]. Unfortunately, development of  
74 effective antimicrobial agents has been accompanied by the emergence of drug-resistant  
75 organisms due to the irrational and over-use of antibiotics, failure to complete a course of  
76 treatment, genetic versatility of microbes and horizontal transfer of resistant genes among  
77 bacterial species. All the mentioned factors diminish the clinical effectiveness of antibiotics  
78 [32, 33].

79 In recent time, there has been renewed interest on plants as sources of antimicrobial agents  
80 due to their use historically and the fact that a good portion of the world's population,  
81 particularly in developing countries n rely on plants for the treatment of infectious and non-  
82 infectious diseases [34]. The aim of the research is to determine the susceptibility of some  
83 bacterial and fungal organisms to the ethanolic and aqueous plant extracts and also to  
84 determine the minimum antibacterial and antifungal concentrations of the plant extracts.

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## MATERIALS AND METHODS

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### METHODOLOGY

90 The Standard qualitative method as described by Sofowora, [35] was used for phytochemical  
91 screening of the plant using ethanol and hot water as the solvents in the biochemistry  
92 laboratory. Well diffusion and tube dilution methods were used to determine the antimicrobial  
93 properties, minimum inhibitory concentration and minimum bacteriocidal concentration  
94 concentrations of the plant extract as described by Cheesbrough, [36] while minimum  
95 fungicidal concentrations of the plant extract was determined as described by Picman *et al.*  
96 [37].

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### PHYTOCHEMICAL SCREENING

98 The herb *Boswellia dalzielii* was obtained from National Veterinary Research Institute, Vom.  
99 This herb was identified as *Boswellia dalzielii* by Mr. Okonkwo, a plant taxonomist attached  
100 to the Federal College of Forestry, Jos. The powdered stem bark (100g) was extracted  
101 exhaustively with petroleum ether 60-80°C in a Soxhlet apparatus for 24hrs. The marc was air  
102 dried and re-extracted with ethanol. The aqueous and ethanolic extracts were separately  
103 evaporated under reduced pressure to give solid residues weighing 10.76g and 21.82g,  
104 respectively. The residues were then subjected to phytochemical screening using standard tests  
105 to show the different types of phytochemical constituents present in the stem [35, 38-40].

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### SOURCE OF THE ORGANISMS

108 The organisms were collected from the Central Diagnostic Laboratory of the National  
109 Veterinary Research Institute Vom and the work was carried out in college Microbiology  
110 Laboratory, Federal College Animal Health and Production Technology Vom, Plateau State.  
111 Six strains of Microorganisms were collected in their appropriate culture media. These  
112 organisms were *Escherichia coli*, *Salmonella gallinarum*, *Staphylococcus aureus*, *Aspergillus*  
113 *fumigatus*, *Candida albicans* and *Streptococcus pyogenes*.

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### SENSITIVITY TEST USING WELL DIFFUSION METHOD

116 Molten nutrient agar was prepared and 0.2ml of the organism from the broth culture was  
117 inoculated into molten nutrient agar and was pour plated and was left on the bench to solidify  
118 [41]. Six wells were bored using sterile borer. The extract were dispensed into each well using  
119 a sterile micropipette at different concentrations of 500mg/ml, 250mg/ml, 125mg/ml,  
120 62.5mg/ml and 31.25mg/ml. Gentamycin and Miconazole were used as positive controls for  
121 both bacterial and fungal organisms respectively. The plates were incubated at 37°C for 24  
122 hours.

123 **DETERMINATION OF MINIMUM INHIBITORY AND MINIMUM**  
 124 **BACTERIOCIDAL CONCENTRATIONS**

125 Tube dilution method was used in varying concentration of the liquid media and the extracts in  
 126 test tubes at 500mg/ml, 250mg/ml, 125mg/ml, 62.5mg/ml and 31.25mg/ml were dispensed in  
 127 tubes, and 0.2ml of the standardized organism was also dispensed in the same tubes. The tubes  
 128 were incubated at 37°C for 24 hours, positive control were also setup. The least concentration  
 129 without growth gives the MIC. The MIC is then subcultured into a broth culture tubes that  
 130 contain no extracts, the lowest concentration that result in no growth of the subcultured is  
 131 noted which indicated MBC, [36].

132 **DETERMINATION OF MINIMUM FUNGICIDAL CONCENTRATION**

133 The hyphal growth inhibition test was used to determine the antifungal activity of the plant  
 134 extract against fungal strains as previously described Picman *et al.* [37]. Briefly, dilutions of  
 135 the test solutions dissolved in vehicle were added to sterile melted PDA at 45°C to give final  
 136 concentrations of 500mg/ml, 250mg/ml, 125mg/ml, 62.5mg/ml and 31.25mg/ml of plants  
 137 extracts. The resultant solution was thoroughly mixed and approximately 15 mL was poured  
 138 onto the petri plate. Plugs of 1 mm of fungal mycelium cut from the edge of actively growing  
 139 colonies were inoculated in the center of the agar plate and then incubated in a humid chamber  
 140 at 25°C. Control cultures also received an equivalent amount of vehicle. Three replicates were  
 141 used for each concentration. Radial growth was measured when the control colonies almost  
 142 reached 1.5 cm.

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145 **RESULTS**

146 **Table 1: The phytochemical components of *B. dalzielii* stem bark**  
 147 **extracts.**

s/n	Phytochemicals	Observations	
		Ethanol	Hot water
1	Saponin	++	+
2	Tannins	++	+
3	Resins	+	–
4	Alkaloids	–	–



<i>Streptococcus pyogenes</i>	-	-	-	-	-	-	15
<i>Escherichia coli</i>	-	-	-	-	-	-	9
<i>Salmonella gallinarum</i>	-	-	-	-	-	-	12

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162 **Table 3: Antimicrobial activity of the ethanol extracts**

ISOLATES	Concentration in mg/ml						-ve	+ve
	500	250	125	62.5	31.25			
<i>Aspergillus fumigatus</i>	4	4	3	3	2	-	17	
<i>Candida albicans</i>	5	4	3	3	2	-	18	
<i>Staphylococcus aureus</i>	10	6	4	4	3	-	10	
<i>Streptococcus pyogenes</i>	4	3	2	2	1	-	15	
<i>Escherichia coli</i>	9	7	5	2	2	-	9	
<i>Salmonella gallinarum</i>	7	6	5	3	3	-	12	

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168 **Table 4: MIC, MBC AND MFC OF THE EXTRACTS**

ISOLATES	MIC (mg/ml)	MBC (mg/ml)	MFC (mg/ml)
<i>Aspergillus fumigatus</i>	125	NA	125
<i>Candida albicans</i>	125	NA	–
<i>S. gallinarum</i>	62.5	62.5	
<i>S. aureus</i>	62.5	62.5	
<i>E. coli</i>	125	125	
<i>S. pyogenes</i>	250	250	

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172 **DISCUSSION, CONCLUSION AND RECOMMENDATION**173 **DISCUSSION**

174 The phytochemical screening of *Boswellia dalziell* plants showed that it contains saponnin,  
 175 tannins, flavonoids, cardiac glycosides, steroids, terpens and phenol in both ethanol and hot  
 176 water extraction while resins and glycosides were present only in ethanolic extract but absent  
 177 in aqueous extract. Alkaloids was found to be absent in both hot water and ethanol extraction  
 178 (Table 1). This is in accordance with Nwinyi *et al.* [27] and Anago *et al.* [42]who  
 179 reported the presence of tannin among the phytochemical properties of the plant  
 180 and absence of alkaloid in their aqueous and ethanolic extracts respectively.

181 Hassan *et al.* [40] also reported the presence of tannins, saponins, flavonoids, cardiac  
 182 glycosides, steroids and terpenes in methanolic etract of the plant.

183 The aqueous extract of the plant exhibited neither antibacterial nor antifungal effects against  
 184 all test organisms used in the study (Table 2). This agreed with the report of Nwinyi *et al.*  
 185 [27] and Taiwo *et al.* [43] who stated that aqueous extract of the plant has no  
 186 antibacterial effect.

187 The ethanolic extract of the plant showed both antibacterial and  
188 antifungal effects on the study organisms (Table 3). This also agreed with  
189 Olukemi *et al.* [44], Nwinyi *et al.* [27], Numbo *et al.* [45] who reported that ethanolic extract  
190 from *Boswellia dalzielii* have antimicrobial property. According to Campbell [46], the presence  
191 of substantial level saponin, phenols and tannins in an extract encourage antimicrobial  
192 properties.

193 The results of this study showed that the ethanolic extract of the stem bark of *Boswellia*  
194 *dalzielii* has activity against some gram-positive and gram-negative bacteria (broad spectrum  
195 of activity) [28]. For gram-negative bacteria (Table 4), *Salmonella gallinarium* was the most  
196 sensitive while *Escherichia coli* was the least. For gram-positive (Table 4), *Staphylococcus*  
197 *aureus* was the most sensitive while *Streptococcus pyogenes* was the least. *Candida albicans*  
198 was more sensitive than *Aspergillus fumigatus* (Table 4). In general, this herb was more active  
199 with bacteria than fungi (Tables 4). This is due to the complex nature of fungal cell wall which  
200 makes entry of drugs and other chemotherapeutic agents extremely [47]. Nwinyi *et al.* [27]  
201 stated that presence tannin is responsible the antibacterial activity of *Boswellia dalzielii*  
202 ethanolic extract. According to Olukemi *et al.* [44], *Staphylococcus aureus* is very sensitive to  
203 *Boswellia dalzielii* ethanolic extract and also reported that gram-negative bacteria are less  
204 susceptible to the extract than gram-positive. The result of the study also correlated with the  
205 use of the stem bark of *Boswellia dalzielii* by herbal practitioners in Jos to treat gastroenteritis  
206 [27].

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## 208 CONCLUSION AND RECOMMENDATIONS

209 The phyto-chemistry screening revealed the presence of saponin, tannin, flavonoids, cardiac  
210 glycosides, steroids, terpenes and phenol in ethanol extracts while resin, alkaloid and  
211 glycosides were absence in hot water extracts. Alkaloid was also absent in ethanolic extract.  
212 The aqueous extract of the plant exhibited neither antibacterial nor antifungal effects against  
213 all test organisms used in the study while the ethanolic extract of the plant showed  
214 both antibacterial and antifungal effects on the study organisms. The results  
215 of this study also showed that the ethanolic extract of the stem bark of *Boswellia dalzielii* has  
216 activity against some gram-positive and gram-negative bacteria (broad spectrum of activity).  
217 For gram-negative bacteria, *Salmonella gallinarium* was the most sensitive while *Escherichia*  
218 *coli* was the least. For gram-positive, *Staphylococcus aureus* was the most sensitive while  
219 *Streptococcus pyogenes* was the least. *Candida albicans* was more sensitive than *Aspergillus*  
220 *fumigatus*. Root, stem and leaves extracts of *Boswellia dalzielii* were recommended to be tried  
221 on other microorganisms to ascertain its efficacy. More so, phytotoxicity of *Boswellia dalzielii*  
222 should be carried out to determine the possible toxicity of the pharmaco-active ingredients of  
223 the plant.

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