| 1 | Original Research Article  |
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| 2 |  |
| 3 | Antidiarrheal and antimotility activities of stem bark extracts of |
| 4 | Annona reticulata Linn. in mice model                              |
| 5 |  |

#### 6

# 7 Abstract

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The study was aimed to evaluate the phytochemical screening, in vivo evaluation of anti-9 diarrheal activity, and GI motility of methanolic extract as well as different organic solvent 10 11 soluble fractions of barks of Annona reticulata Linn. The powdered bark of the plant was treated with methanol using cold extraction method and fractionated with solvent-solvent partitioning 12 using organic solvents including n-hexane, chloroform and ethyl acetate. Phytochemical 13 14 screening revealed the presence of alkaloids, flavonoids, phenolic compounds, diterpenes, carbohydrate, saponins, phenols, tannins and glycosides. The different organic solvent soluble 15 fractions of bark were evaluated at a concentration of 200 mg/kgbw in castor oil induced 16 diarrheal mice model. The aqueous soluble fractions of bark Annona reticulata showed highest 17 percentage of inhibition of diarrhea (64.91  $\pm$  1.37%), whereas methanol, n-hexane, chloroform 18 and ethyl acetate soluble fraction showed  $26.99 \pm 1.79\%$ ,  $34.85 \pm 1.66\%$ ,  $52.71 \pm 1.42\%$  and 19 20  $45.45 \pm 1.54\%$  of diarrheal inhibition, respectively. At the same time, the reference standard Loperamide (5 mg/kg) exhibited  $73.21 \pm 2.06\%$  inhibition of diarrhea. In GI motility test by 21 charcoal plug method, the 200 mg/kgbw of aqueous soluble fraction showed highest antimotility 22 activity (68.71  $\pm$  3.98%), whereas methanol, n-hexane, chloroform and ethyl acetate soluble 23 fractions showed  $66.84 \pm 3.38\%$ ,  $52.01 \pm 1.25\%$ ,  $59.75 \pm 3.56\%$  and  $54.70 \pm 2.12\%$  anti-motility 24 activity, respectively. The standard Loperamide (5mg/kg) revealed  $72.41 \pm 1.33\%$  inhibition of 25 26 GI motility, whereas distilled water as control demonstrated  $34.06 \pm 1.09\%$  of inhibition. This result indicates that the plant extracts have a significant inhibition of GI motility. 27

- 28 29
- 30 Keywords: *Annona reticulata*, Diarrhea, GI motility, Bark extract, Phytochemical.

### 31 **1. Introduction**

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Peoples of third world countries are very much prone to some common infectious disease like 33 34 dysentery, diarrhea due to their unhygienic livelihood, scarcity of pure water, and poor sanitation systems [1]. The World Health Organization (WHO) reported the diarrhea as a second most 35 reason of death of children under age of five [2]. In General, during diarrheal disease, normal 36 bowel movement is changed, which results in increase of water volume in bowel, as well as 37 increase the frequency of stools [3]. There are several reasons of having diarrhea, but common 38 causes are various types of bacterial, viral and parasite infection. The unhygienic food, impure 39 drinking water, poor sanitation system and unhealthy environments are the major causes of such 40 infectious diseases. Besides, several pathological conditions such as increase of luminal 41 osmolarity, electrolyte secretion, decrease of electrolyte absorption, and acceleration of intestinal 42 motility are responsible of causing of diarrhea [4]. The international organization like world 43 health organization (WHO), Centers for Disease Control and Prevention (CDC) are very much 44 aware of control of spread of disease. However, the incidence of diarrhea still high due to lack of 45 awareness of personal hygiene as well as antibiotic resistant developed by diarrhea causing 46 bacterial strain [5,6]. Besides, current therapy with antidiarrheal medicine provides adverse 47 reaction and untoward effects to the patient [7]. Thus, the search for new molecular entity for 48 diarrhea treatment still going on and the medicinal plants are the major sources of them. Plants 49 50 have long been a very important source of medicinal constituents and many plant species have been screened for the phytochemical compound for using in diarrhea [8]. Due to low cost and 51 least side effects, many international organizations are encouraging to use traditional medicine 52 53 for the treatment of infectious disease [9,10,11]. Still now, almost 25% of drugs are isolated from plant sources and numerous evidences are available of using the isolated drug in the treatment of 54 disease such as in malaria, diarrhea, dysentery, skin diseases etc [12,13]. 55

56 Annona reticulata Linn. (Family-Annonaceae, synonym- Bullock's heart, Ramphal, and custard apple) is a traditionally important plant that is used for the treatment of lots of infectious diseases 57 [14,15,16]. There are about 119 different species of Annonaceae has been identified, whereas 58 most of them are shrubs and trees. Various plant part extracts of these families are reported to 59 use in the treatment of diarrhea, dysentery, parasite and worm infection, bacterial infection, 60 dysuria, fever, ulcer, and as insecticides [13,16,17]. The plant extractives of leaves, bark, root, 61 stem bark, seeds are reported to have different pharmacological activities such as antipyretic, 62 anthelmintic, antihyperglycemic, analgesic and anti-inflammatory, antiproliferative, antioxidant, 63 antimicrobial, and wound healing activities (jamkhandi) [18]. However the plant extracts are use 64 in diarrhea and dysentery as traditional medicine, there is no specific report of bark extracts on 65 antidiarrheal effect. For this reason, this study was aimed to evaluate the antidiarrheal activity of 66 different solvent soluble fractions of bark of Annona reticulata. Additionally, as the plant 67 extracts of medicinal plants containing alkaloids, flavonoids, tannins, carbohydrates and 68 69 saponins are reported to exert antidiarrheal activities, the presence of these phytochemical constituents was also evaluated in this study [19]. 70

# 71 **2. Materials and Methods**

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# 73 **2.1. Plant Materials and Extract Preparation**

The stem bark of Annona reticulata was collected from Noakhali region of Bangladesh on 74 75 February, 2016 and the plant sample was subjected to National Herbarium, Dhaka for identification. The experience taxonomist identified the plant sample and provided a 76 identification number (accession number: DACB-44872). The collected bark was separated from 77 78 undesirable materials or plants parts. They were sundried for one week and subjected to grinding to make coarse powder. About 600 gm of powdered material was taken in clean desiccators and 79 soaked in 2300 ml of methanol. The container with its content was kept for a period of 12 days 80 accompanying occasional shaking and stirring. The whole mixture then underwent a coarse 81 filtration by a piece of clean, white cotton and final filtration by Whatman filter paper (Bibby 82 RE200, Sterilin Ltd., UK). The filtrate was evaporated by using rotary evaporator and then kept 83 84 under ceiling fan for several days. It rendered a gummy concentrate of brownish black color. The gummy concentrate was designated as crude extract of methanol and the extract was kept at 4 °C 85 86 for further analysis.

## 87 2.2. Solvent-Solvent Partitioning

The solvent-solvent partitioning of methanolic crude extract of plant part was performed by 88 modified Kupchan method [20]. The 5 gm of crude methanol extract was triturated in 90 ml of 89 methanol containing 10 ml of distilled water. The crude methanol extract was dissolved 90 completely in the methanol-water solvent system and the solution was taken in a separating 91 92 funnel having 100 ml of n-hexane. The mixture was shaken, then kept undisturbed and the organic portion was collected. The process was repeated thrice and the n-hexane fractions were 93 94 collected and evaporated under ceiling fan for seven days. The 12.5 ml of distilled water was added in remaining solution of n-hexane wash and mixed properly. Then the solution was taken 95 in a separating funnel and extracted with chloroform (100 ml  $\times$  3). The chloroform fraction was 96 evaporated under fume hood and preserved at 4 °C. The solution that left after washing with n-97 hexane and chloroform was mixed uniformly with 16 ml of distilled water. Then the solution was 98 taken in a separating funnel and extracted with ethyl acetate for three times (100 ml  $\times$  3). The 99 100 ethyl acetate soluble fraction was evaporated and the remaining fraction was preserved as aqueous fraction. 101

## 102 2.3. Phytochemical Screening

103 The preliminary phytochemical screening was performed according to studied protocol [21]. 104 Testing of different chemical group such as alkaloid, flavonoid, tannin, terpene, steroid, 105 glycoside, protein, etc present in plant extract was performed with 10 ml of crude methanolic 106 extract with specific reagent. The details of the test procedure, observations and decisions are 107 given in table 1.

## 108 **2.4. Experimental Animals**

109 The Swiss albino mice of both (male and female) sex weighing 20–30 g and aged 6–8 weeks 110 were purchased from the animal house of the Department of Pharmacy, Jahangirnagar University, 111 Dhaka-Bangladesh. All of the animals were kept in plastic cages at room temperature and on a

111 Dhaka-Bangladesh. All of the animals were kept in plastic cages at room temperature and on a 112 12 h light-dark cycle. The animal had free access to standard pet diet (pellet food) and water *ad* 

- 112 12 h light-dark cycle. The animal had free access to standard pet diet (pellet food) and water *ad* 113 *libitum*. The experiment was done in the Physiology Laboratory of the Department of Pharmacy
- at Noakhali Science and Technology University. The mice were acclimatized to laboratory
- environment for 1 week prior to the experiment. Standard pet diet was withdrawn 18 h prior to

the beginning of all the experiments. The care and handling was according to international guidelines for the use and maintenance of experimental animals [22,23].

## 118 **2.5. Castor Oil-Induced Diarrhea in Mice**

The evaluation of anti-diarrheal activities of different solvent soluble fractions of plant extract 119 was performed in castor oil induced diarrheal model. The experimental procedure was performed 120 according to studied protocol with a slide modification [24,25,26]. Mice were randomly divided 121 into control, positive standard and test group each containing six mice. Before starting of any 122 treatment, each mouse was weighed properly and the doses of the test samples and control 123 material (distilled water) were adjusted accordingly. The tail of each mouse was marked by a 124 permanent marker to identify the mouse from each other and marked as M1= mice 1 (having 1 125 dot on its tail), M2= mice 2 (having 2 dots on its tail), M3 = mice 3 (having 3 dots on its tail), 126 and so on. Each mouse was fed with 1ml of highly pure analytical grade castor oil which would 127 induce diarrhea. The control group received vehicle (plain distilled water) at dose of 10 ml/kgbw 128 (PO). The positive standard group received loperamide at the dose of 5 mg/kgbw orally (PO). 129 The test group received different extractives at the doses of 200 mg/kgbw. Each animal was 130 placed in an individual jar of which the floor surface was covered with absorbent tissue paper. 131 132 The weight of individual tissue paper was taken before using them. The floor covering was changed at every hour and their weights with feces were taken. After 60 minutes of 133 administration of test samples the mice of all groups were orally treated with 0.5 ml of castor oil. 134 135 The 60 minutes interval between the administration of test samples and castor oil was given to ensure proper absorption of the administered samples. After that, the mice were placed in 136 transparent plastic cages to observe the consistency of fecal matter and frequency was detected in 137 each 5 hours. Wet feces were read at the end of the experiment by lifting the paper placed in the 138 transparent beaker. The percentage of defecation was measured afterwards and percentage of 139 inhibition of defecation was measured. 140

## 141 **2.6. Data Collection and Calculation**

142 The total number of defecation for each mouse was noted up to for 5 h and the data was 143 evaluated statistically to find significant value. The observation was performed for each mouse 144 of all groups and the consistency of fecal matter and frequency of defecation was recorded. The

145 percentage of inhibition of defecation was calculated using following formula-

# % inhibition of Defecation = $\frac{(1 - B)}{A} \times 100$

Where 'A' indicates mean number of defecation by castor oil, 'B' is mean number of defecationby drug extracts.

## 148 2.7. Gastrointestinal Motility Assay

Gastrointestinal motility assay was done by charcoal plug method or charcoal induced GI 149 motility test method following reported protocol with slide modification [27,28]. Loperamide 150 was used as standard constipating agent while activated charcoal and methyl cellulose was used 151 as motility inducer. In experimental design, mice were randomly divided into seven groups, each 152 containing six mice. The weight of each mouse was recorded and marked with a permanent 153 marker in their tail. The seven group of mice consists of control, positive standard, and test 154 groups (different extractives and concentration) containing six mice in each group. At first, 1 ml 155 of castor oil was given orally in every mice of each group to produce diarrhea. Control group 156 received vehicle (plain distilled water) at dose 10 ml/kgbw (PO). The positive standard received 157 158 loperamide at a dose of 5 mg/kgbw (PO). The test group received different extractives at the doses of 200 mg/kgbw. After 1 h of plant extractive dose, all mice received 1mL of charcoal 159

160 meal (10% charcoal suspension in 5% gum acacia) orally. After 1 h of charcoal meal 161 administration, all mice were sacrificed and dissect the intestine. The distance travelled by 162 charcoal meal in intestine (from pylorus to caecum) was measured and reported as percentage of 163 distance travelled [29,30].

## 164 **2.8. Statistical Analysis**

- 165 The results were presented as mean  $\pm$  standard error of mean (SEM). The one-way ANOVA test
- 166 with Dunnett's post hoc test was used to analyze and compare the data using GraphPad Prism ver.
- 167 5 (GraphPad Software, San Diego California USA)., while p < 0.05-0.001 were considered as
- 168 statistically significant.
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# 171 **3. Results and Discussion**

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# 173 **3.1. Phytochemical Screening**

The phytochemical analysis conducted on methanolic bark extract of Annona reticulata Linn. 174 revealed the presence of tannins, flavonoids, saponins, proteins, diterpenes, phenols, cardiac 175 glycosides, carbohydrate and alkaloids. Tannins are known to be useful in the treatment of 176 inflamed or ulcerative tissues and they have noticeable activity in cancer prevention [31,32]. 177 178 Thus, the bark of Annona reticulata containing tannins may serve as a potential source of bioactive compounds in the treatment of cancer. Flavonoids are reported to exhibit membrane 179 permeability activities and inhibit membrane-bound enzymes such as ATPase and phospholipase 180 A2 [33]. This property of plant extracts of Annona reticulata may explain the mechanisms of 181 antioxidant activities. Flavonoids also serve as health promoting compound by anionic radicals 182 presence on its [33]. Thus, the flavonoids present in Annona reticulata may support the 183 184 usefulness of this plant in folklore remedies in the treatment of stress-related ailments as well as dressings for wounds, bruises, cuts and sores. Additionally, the plant extract was revealed to 185 contain saponins which produces anti-inflammatory effects and are major ingredients of most of 186 the biological effects [34]. The presence of phenols in plant extract may be useful in the 187 preparation of several antimicrobial compounds such as dettol and cresol [35]. 188

- 189
- 190 Table 1: Phytochemical screening of crude methanolic extracts of bark of Annona reticulata

| Phytochemicals | Name of test          | Name of reagents   | Observation                                  | Result |
|----------------|-----------------------|--|--|--------|
| Alkaloids      | i) Mayer's test       | i) 2 ml plant extract, 0.2 ml dil<br>HCl, 1.0 ml Mayer's reagent   | i) Yellow<br>precipitation                   | +      |
|                | ii) Wagner's<br>test  | ii) 2 ml extract,0.2 ml dil HCl, 1<br>ml iodine solution   | ii) Reddish<br>brown<br>precipitation        |        |
|                | iii) Hager's test     | iii) 2 ml plant extract, 0.2 ml dil<br>HCl, 1 ml picric acid solution  | iii) Yellow<br>precipitation                 |        |
| Carbohydrates  | Molisch's test        | Filtrates of extract, few drops of alcoholic a-naphthol solution, few drops conc. H <sub>2</sub> SO <sub>4</sub> | Violet ring at<br>the junction was<br>absent | -      |
| Reducing sugar | i) Benedict's<br>test | i) 0.5 ml aqueous extract of<br>plant, 5 ml benedict's solution,<br>boiled 5 min and cooling                     | i) No red<br>precipitation                   | -      |

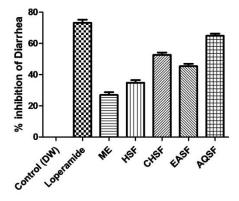
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|                                       |                             |   | I  |   |  |  |  |
|---------------------------------------|-----------------------------|---|--|---|--|--|--|
|                                       | ii) Fehling's<br>test       | ii) 2 ml aqueous extract of plant,<br>1 ml (equal mixture of A and B)<br>fehling's solution, boiled few | ii) No red or<br>brick red<br>precipitation  |   |  |  |  |
| Cardiac<br>glycoside                  | Legal's test                | 2 ml plant extracts, treated with<br>sodium nitropruside in pyridine<br>and sodium hydroxide            | Pink or blood red colour.                    | + |  |  |  |
| Flavonoid's                           | i) Alkaline<br>Reagent test | i) 2 ml extract, 4-5 drops of sodium hydroxide, dil. HCl acid   | i) Intense yellow<br>color > to<br>colorless | + |  |  |  |
|                                       | ii) Lead acetate<br>test    | ii) 2 ml plant extract, 4-5 drops<br>lead acetate solution  | ii) Yellow<br>precipitation                  |   |  |  |  |
| Saponins                              | Foam test                   | 1 ml extract solution diluted to<br>20 ml water, shaken for 15 min                                      | 1 cm layer of foam                           | + |  |  |  |
| Gums                                  | Molisch's test              | 5 ml extract solution, molish<br>reagent and sulpheric acid<br>added                                    | Red violet ring at the junction              | + |  |  |  |
| Phytosterol                           | Libermann-<br>Burchard test | 1 ml extract solution, 2 ml<br>Libermann-Burchard reagent   | No reddish-<br>purple color                  | - |  |  |  |
| Terpenes                              | Salkowski's<br>test         | Plant extract,<br>choloroform>filtrate> few drops<br>of conc.H2SO4> allowed to                          | No yellow color                              | + |  |  |  |
|                                       | Copper acetate test         | Plant extract dissolve in water,<br>added 3-4 drops copper acetate<br>solution                          | Emerald green color                          |   |  |  |  |
| Phenols                               | Ferric chloride<br>test     | 5 ml extract solution, 1 ml 5% FeCl <sub>3</sub> solution   | Greenish black precipitation                 | + |  |  |  |
| Proteins                              | Xanthoproteic<br>test       | Solution of plant extracts, 4-5 drops of conc. nitric acid  | Yellow color<br>was absent                   | - |  |  |  |
| (+) presence. (-) absence of compound |                             |   |  |   |  |  |  |

### 193 3.2. Plant Extracts Inhibits Castor Oil Induce Diarrhea

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The different plant extracts has been reported to analyze the antidiarrheal activities using 195 standard protocol, castor oil induced diarrhea in mice. The acquired results were found to be 196 comparable to that of standard drug loperamide (5 mg/kg body weight) with retardation to the 197 severity of diarrhea [36]. In the present study, the bark extracts of Annona reticulata displayed 198 significant activity against castor oil induced diarrhea. Different fraction of bark extracts of plant 199 showed anti-diarrheal activity in which aqueous fraction showed highest anti-diarrheal activity of 200  $64.91 \pm 1.37\%$  diarrhea inhibition at 200 mg/kgbw. The crude methanolic extract showed lowest 201 anti diarrheal activity of  $26.99 \pm 1.79\%$  diarrheal inhibition at the same concentration. At the 202 same time the reference standard loperamide exhibited  $73.21 \pm 2.06\%$  diarrhea inhibition at 203 concentration of 5 mg/kgbw. On the other hand, HSF, CHSF and EASF showed  $34.85 \pm 1.66\%$ , 204  $52.71 \pm 1.42\%$  and  $45.45 \pm 1.54\%$  diarrhea inhibition, respectively. 205 



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**Fig. 1: Antidiarrheal activities of different organic solvent soluble fractions of bark extract of** *Annona reticulata.* The Swiss albino mice was treated (PO) with 10 ml/kgbw DW (control), 5 mg/kgbw loperamide and 200 mg/kgbw of various plant extractives (ME = methanol extract, HSF = n-hexane soluble fraction, CHSF = chloroform soluble fraction, EASF = ethyl acetate soluble fraction, and AQSF = aqueous soluble fraction). After 1 hour, castor oil was introduced (0.5 ml) post orally to each mouse and diarrheal activity was evaluated up to 5 hours. The results

are expressed in Mean  $\pm$  SEM.

In the present study, different organic solvent soluble fractions of Annona reticulata bark showed 214 significantly reduced amount of feces in castor oil-induced diarrhea on mice. These results 215 216 suggest that Annona reticulata bark contain antidiarrheal components, however the efficacy may vary on extraction procedure by different organic solvent. In the previous report, the 217 phytochemical screening of Annona reticulata bark extracts showed the significant presence of 218 phenols and flavonoids [37]. It has been reported that flavonoids and polyphenols were 219 responsible for the antidiarrheal properties [37]. Thus, the significant antidiarrheal activity of the 220 AQSF and CHSF of the bark extracts of Annona reticulata could be due to the presence of 221 flavonoids and phenols. Howevr, bioactivity guided isolation of single compound is warranted to 222 evaluate the antidiarrheal activity of those single compound. 223

## 224 3.3. Bark Extracts Showed Significant Inhibition of Gastrointestinal Motility

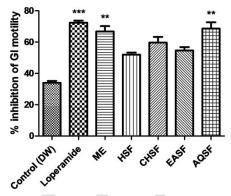
225 The effect of plant extracts on GI motility was evaluated by charcoal induced GI motility assay.

226 The presence of charcoal inside the intestine after 30 minutes of feeding proved that the extracts

227 of Annona reticulata bark have significent anti-motility activity in comparison with standard

drug Loperamide. The percent of inhibition of gastrointestinal motility was found to be highest

in aqueous soluble fraction ( $68.71 \pm 3.98\%$ ) followed by methanol ( $66.84 \pm 3.385$ ), chloroform 229 230  $(59.75 \pm 3.56)$ , ethyl acetate  $(54.70 \pm 2.12)$  and n-hexane  $(52.01 \pm 1.25\%)$ . Whereas, standard drug Loperamide and distilled water (control) showed 72.41  $\pm$  1.33% and 34.06  $\pm$  1.09% of 231 232 inhibition of gastrointestinal motility, respectively. Thus, it has been shown that the aqueous soluble fraction possesses higher anti-motility activity compare to other fractions. The anti-233 motility activity of the extract may be due to the presence of denatured proteins forming protein 234 tannates [38]. The protein tannates makes the mucosa of gastrointestinal tract more resistant and 235 hence reduce secretory diarrhea [39]. This can be due the fact that the bark extract increased the 236 re-absorption of water from the intestinal lumen, decrease intestinal motility in isolated mice 237 ileum [38]. Phytochemical screening revealed the presence of flavonoids, tannins, saponins, 238 cardiac glycosides. Hence, tannins may be responsible for the mechanism of action of reducing 239 effect on GI motility of the selected plant samples [40]. Thus, bioactivity guided isolation can be 240 carried out to separate the bioactive metabolites from the plant. 241 . 



### 242

Fig. 2. Inhibition of gastrointestinal motility of different organic solvent soluble fractions of 243 bark extract of Annona reticulata. The Swiss albino mice was treated (PO) with 10 ml/kgbw 244 DW (control), 5 mg/kgbw loperamide and 200 mg/kgbw of various plant extractives (ME = 245 methanol extract, HSF = n-hexane soluble fraction, CHSF = chloroform soluble fraction, EASF 246 = ethyl acetate soluble fraction, and AQSF = aqueous soluble fraction). After 1 h, each mouse 247 248 received 1ml of charcoal meal (10% charcoal suspension in 5% gum acacia) orally. One hour after following the charcoal meal administration, all animals were sacrificed and the distance 249 covered by the charcoal meal in the intestine, from pylorus to caecum was measured and 250 expressed as percentage of distance moved. The results are expressed in Mean ± SEM and 251 \*P < 0.05, \*\*P < 0.01,  $P^{***} < 0.001$ ; significant difference compared to the control. 252

## 253 **4.** Conclusion

On the basis of the findings of the present study it can be concluded that the methanolic extracts of bark of *Annona reticulata* Linn. as well as various fractions possess antidiarrheal and anti-GI motility activities. From the in *vivo* test on mice, it has been showed that the extracts possess antidiarrheal activity and significant reduction of GI motility. Finally, this study suggested the isolation of single compound and to evalaute the antidiarrheal and antimotility activities on biological model.

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263

264 **Conflict of interest:** The authors declare that there is no conflict of interest regarding the 265 publication of this paper.

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