

# **ABioaccumulation of Heavy Metals in Wwater and some Ffish Ssamples from Onuimo River, Imo State, Nigeria**

**Comment [b1]:** Metals do not bioaccumulate in water and sediments but rather in fish so the title here is misleading see my suggestions

**Comment [b2]:** Be consistent with the use of capitalisation in the title

## **ABSTRACT**

~~ABioaccumulation of some heavy metals (Cu, Zn, Cd and Cr) was determined in selected fish, Moon fish (*Citharinus citharus*), Tilapia fish (*Oreochromis niloticus*), Mud fish (*Clarias anguillaris*), Cat fish (*Clarias gariepinus*) and Carp fish (*Labeo coulbie*) and water samples from Onuimo River in Imo State in Nigeria. Concentrations of some heavy metals in water and fish samples were determined using atomic absorption spectrophotometer (AA 500-PG) and the results obtained varied significantly among the fish species. Bioaccumulation order of heavy metals in fish samples comprised of were found to follow the sequence as Damsel fish > Cling fish > Dat fish > Tilapia fish > Cat fish.- Bioconcentration factor model usedimplored in the present study showed the following a decreasing order as follows; Damsel fish = Cling fish > Cat fish > Dat fish > Tilapia fish and Damsel fish = Cling fish > Tilapia > Dat fish > Cat fish for copper and zinc metals respectively. The concentration of These of cCadmium and chromium were not calculated due to the fact that there concentrations in water samples were below detection limits in all water samples. Results of analyses of heavy metals in selected water samples revealed that concentrations of Cu, Cd, Zn and Cr cadmium and chromium wereas below permissibledetection limits of some international regulatory bodies whereas those of zinc and copper were also lower than these permissible limits.~~

**Comment [b3]:** No check the metals that you said you digested in the methods section:

**Comment [b4]:** Name them here please and put their scientific names also

**Keywords:** ~~Atomic absorption spectrophotometer, bioaccumulation, bioconcentration, fish, heavy metals, Onuimo River, Nigeriawater analysis.~~

**Comment [b5]:** I think you are using the term detection limits incorrectly

**Comment [b6]:** See my suggestions please

**Comment [b7]:** Your results say otherwise

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## **1. INTRODUCTION**

~~Due to geometric increase in human population around the world, the rate at which fish is consumed globally had also increased owing to the fact that fish have both nutritional and therapeutic values. Fish not only serve as good sources of protein but are rich in unsaturated fatty acids basically asrichly in various essential minerals and vitamins which nourishes the body when consumed [1]. These vital nutrients makes fish a perfect health food which when consumed adequately encourages optimal heart functioning. The American Heart Association (AHA) recommended the consumption of fish for at least twice per week in order to reach the daily intake of omega 3 fatty acids [4].~~

**Comment [b8]:** This sentence says three confused and disjointed things

**Comment [b9]:** This paragraph is confused

~~However, Excess consumption of heavy metal contaminated fish can result in bioaccumulation of these toxic wastes in the body over time. Fish which are relatively situated at the top of the aquatic food chain can accumulate heavy metals in their tissues either from food, water, and sediments or all. [2-4]. Bioaccumulation of heavy metals in fish and their subsequent distribution toat various organs of the fish are greatly interspecific. Some factors that can influence metal uptake by fish may include the following; metal type, fish species and tissue, sex, size, age feeding behaviour, swimming pattern, reproductive cycle and geographical location etc [2, 5-7]. Entry of heavy metals into the organs of fish mainly takes place by adsorption and absorption along kidney, liver, gut tract walls, muscular and gills surfaces. Thus, the rate of accumulation becomes a function of uptake and depuration rates. This makes fish a good indicator of heavy metal contamination in water [8-10].~~

**Comment [b10]:** Reference please

**Comment [b11]:** Refs

**Comment [b12]:** reference

**Comment [b13]:** reference

42 Essential heavy metals like zinc, iron, manganese and copper are vital for biological systems like  
43 enzymatic activities but they can also be toxic at high concentration [11]. Non essential heavy metals like  
44 nickel, chromium, cadmium, mercury, lead, arsenic, ~~and silver- etc~~ have no known essential role in living  
45 organisms. They exhibit extreme toxicity at very low concentration and have been regarded as major  
46 threat to life of both organisms and humans. [12-14]. Toxicity effect occurs due to inability of excretory,  
47 metabolic, storage and detoxification mechanisms to counter metal uptake [15]. This eventually leads to  
48 histopathological and physiological changes [16-17]. ~~Excessive h~~Heavy metals in fish tissues can  
49 invalidate their health benefits to humans who consume the fish. Several adverse effects of heavy metals  
50 in fish samples have been extensively studied [18]. Some of the adverse effects are cardiovascular, renal  
51 and peripheral vascular diseases, neurologic and non-behavioural disorders, cancer, proteinuria, liver  
52 and kidney failure, gastrointestinal toxicity, nephropathy, hematologic disorder, encephalopathy,  
53 pulmonary fibrosis, nasopharyngeal tumors, nephrotoxicity, tremor, nausea, ~~and~~ damage to fetus among  
54 others [19-21]. As a result of these effects, many ~~inter-national~~ monitoring programs have been  
55 established in order to assess the quality of fish for human consumption and also to monitor the health of  
56 aquatic ecosystem [22-24].

57 Heavy metals are elements with a relative density greater than 5.0 g/cm<sup>3</sup> occurring naturally as  
58 components of the earth's crust with a relative density greater than 5.0 g/cm<sup>3</sup>. ~~Metals~~ can enter the  
59 environment through anthropogenic processes like mining, extraction and refining, combustion and  
60 electro wining process, indiscriminate discharge of automobile and industrial wastes, fertilizer, pesticides  
61 and herbicides application in farm lands, river run off- like hydrothermal vent [26] and volcanic eruptions  
62 [27]. Due to great benefits of fish consumption, there is an urgent need for humans to ascertain the levels  
63 of heavy metals in fish species that are consumed daily by both humans and animals to minimise in other  
64 avoid health hazards associated with that come with consumption of ~~heavy metals~~ contaminated fishes.  
65 Some researchers have reported presence of toxic metals in various fish samples in water bodies such  
66 as Onuimo in Nigeria [24, 28-35]. ~~Onuimo has been one of the fresh water rivers in the South Eastern~~  
67 ~~part of the country.~~ Onuim River ~~The river~~ plays an important role in water supply (domestic and  
68 industrial), flood control and fisheries and agricultural purposes to the rural communities ~~that her~~  
69 ~~tributaries cut across~~. Presence of massive economic and agricultural activities around the river is  
70 believed to be the major sources of pollution through river run offs. Hence presence of contaminants like  
71 heavy metals and its bioaccumulation in water, soil, sediments, and aquatic organisms especially fishes  
72 in river could cause adverse health risk to people who consume products from the river [36-37]. The main  
73 objective of this work was to investigate the bioaccumulation of four heavy metals in selected fish  
74 samples from Onuimo River namely; Moon fish (*Citharinus citharus*), Tilapia fish (*Oreochromus niloticus*),  
75 Mud fish (*Clarias anguillaris*), Cat fish (*Clarias gariepinus*) and Carp fish (*Labeo coulbie*) as well as to  
76 assess the levels of Cu, Cd, Cr and Zn in the water phase of the same river.

Comment [b14]: by who please put references

Comment [b15]: Check the full objective you forgot water. See my suggestion

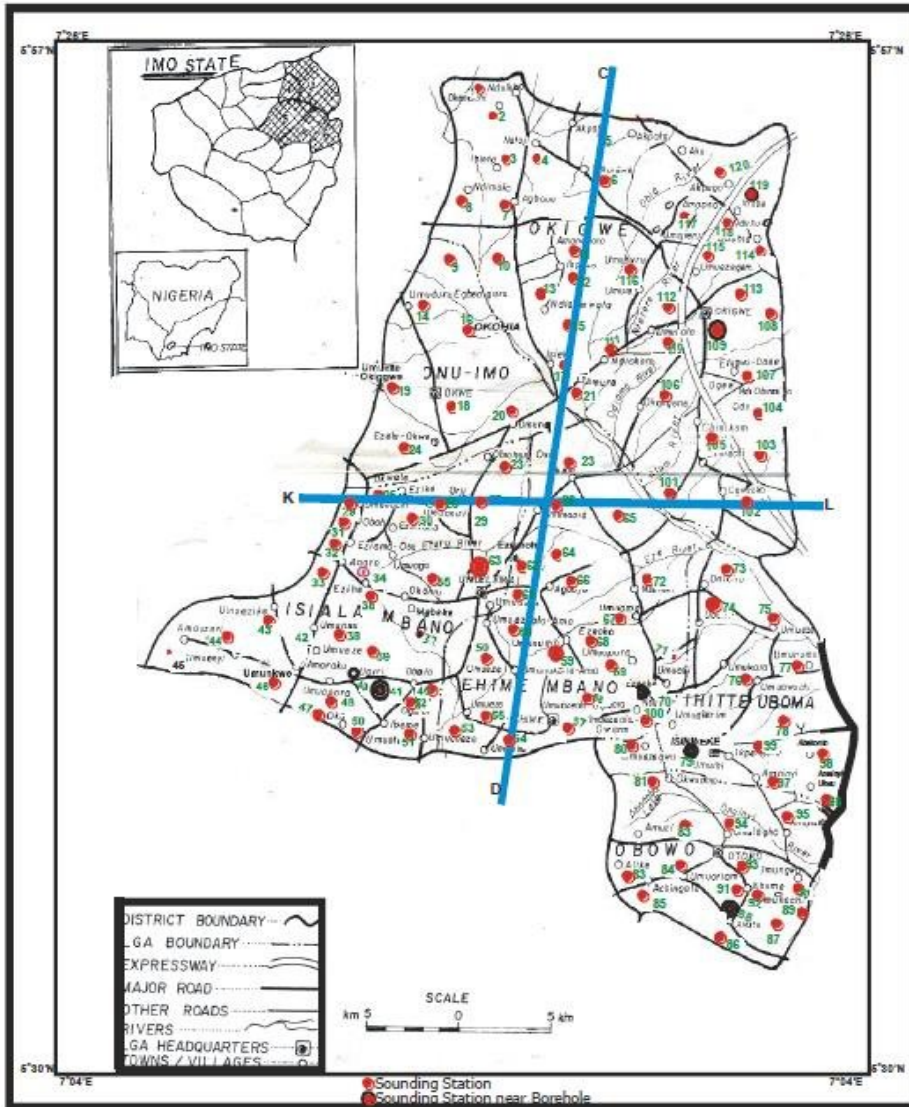
## 77 2. EXPERIMENTAL DETAILS

### 78 2.1. Site Description

79 Onuimo River is located in Umungwa Community in Obowo Local Government Area of Imo State, Nigeria  
80 and the river lies between Longitude 5°50'56" N and latitude 7°14'20" W. The River is also linked to  
81 Umunachi River which is also in Obowo Local Government Area. The river is located close to Onuimo  
82 industrial market and has been seen to be a repository for waste generated in the market. The river runs  
83 approximately ten kilometers across Umuahia down to Obowo where it is located.

Comment [b16]: You describe the area with the aid of the map not the other way around

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85

86 **Figure 1. Geological Map Showing Onuimo River**

87 Onuimo River is located in Umungwa Community in Obowo Local Government Area of Imo State, Nigeria  
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 89 Umunachi River which is also in Obowo Local Government Area. The river is located close to Onuimo  
 90 industrial market and has been seen to be a repository for waste generated in the market. The river runs  
 91 approximately ten kilometers across Umuahia down to Obowo where it is located.

## 92 2.2 Fish and Water Sampling

93 Fifteen commercial fish samples of the Moon fish (*Citharinus citharus*), Tilapia fish (*Oreochromis*  
94 *niloticus*), Mud fish (*Clarias anguillaris*), Cat fish (*Clarias gariepinus*) and Carp fish (*Labeo coulbie*) were  
95 harvested with a locally made gill net in the Onuimo River through the aid of local fishermen at the river.  
96 The harvested fish samples were first washed with clean water at the point of harvest, separated  
97 according to species and preserved in an ice chest. They were then taken to the laboratory and kept  
98 frozen at -20 °C in a refrigerator prior to analyses. On the other hand, water samples were collected  
99 alongside where the fishes. Water samples were harvested with separate acid pre washed water plastic  
100 250ml containers, labelled, enclosed in a chest and transported to the laboratory where they were further  
101 refrigerated for a maximum of 48 hours prior to analysis.

Comment [b17]: For how many hours before analysis

Comment [b18]: See my suggestions

## 102 2.3 Quality Control

103 All glass wares used for the analysis were all Pyrex, and the reagents used were of analytical grade. The  
104 glass wares were washed in 10% nitric acid, 0.5% potassium permanganate and thoroughly rinsed with  
105 deionized water and air dried prior to their various uses, were first washed with ~~10% nitric acid, 0.5%~~  
106 ~~potassium permanganate and thoroughly with deionized water and air dried.~~ Standard operating  
107 conditions were all observed to ensure accurate and precise analysis.

## 108 2.4 Determination of Heavy Metal Contents in Fish and Water Samples

109 In the laboratory, ~~The fish samples were brought out of the refrigerator, rinsed thoroughly with deionized~~  
110 ~~water and were~~ dried in an electric oven at a temperature range of 70 – 80 °C for three days. After drying,  
111 ~~fish samples they were all separately brought out and were~~ crushed to fine particle size using acid pre-  
112 washed mortar and pestle. Exactly 1 g of the grounded fish sample was accurately weighed and  
113 transferred into a 250 mL conical flask. 10 mL of digestion mixture in the ratio of (1:2:2) of perchloric,  
114 nitric and sulphuric acids were all added to the sample and heated on a hot plate in a fume cupboard at  
115 about 200 °C for 30 minutes until white fumes ~~formed disappeareddisappeared~~ indicating complete  
116 digestion. The sample was allowed to cool after which 20 mL of distilled water was added to bring the  
117 metals into solution. Sample was later filtered with Whatman filter paper under gravity into a 100 mL  
118 volumetric flask. The filtrate was made up with deionized water up to the graduated mark of the  
119 volumetric flask. The following metals (Cu, Zn, Fe, Pb, Cd and Hg) contents were analyzed using atomic  
120 absorption spectrophotometer (AAS) of model AA500PG after selecting the various wavelengths at which  
121 the heavy metals were determined. Also an analytical blank was prepared in a similar method which was  
122 used in the calibration of the AAS machine. The analyses were validated by diluting the salt solutions of  
123 the investigated heavy metals (Zn, Cu, Cr, Cd) in various concentrations of 0.2, 0.4, 0.6, 0.8 and 1.0 ppm  
124 to enable the spectrophotometer measure the concentrations of the investigated heavy metals from their  
125 sample solutions [30]. The same procedure was also repeated for all the fish samples and all analyses  
126 were done in triplicate. Refrigerated water samples were brought out and allowed to defrost and were  
127 transferred into separate beakers. It was followed by digestion of samples according to the procedure  
128 stated by Standard Methods for Examination of Water and Waste water, 2<sup>nd</sup> edition, 2012 (APHA-AWWA-  
129 WEF) [38].

Comment [b19]: Check my comments on the abstract which metals did you actually analyse?

## 130 2.5 Statistical Analysis

131 Statistical data analysis was done using SPSS 16.0 software. Descriptive statistics was conducted on the  
132 triplicate data to determine the mean, range and standard deviation.

133 **2.6 Bioconcentration of Heavy Metals in Investigated Fish Samples**

134 ~~Bioconcentration is the process by which a chemical substance is absorbed by an organism from the~~  
135 ~~ambient environment only through its respiratory and dermal surfaces. The degree to which~~  
136 ~~bioconcentration occur is expressed as the bioconcentration factor (BCF) and can only be measured~~  
137 ~~under controlled laboratory conditions in which dietary intakes of the chemicals are deliberately not~~  
138 ~~included. The competing uptake and elimination processes resulting in bioconcentration can be~~  
139 represented mathematically by an organism-water-two-compartment model where the organism is  
140 considered to be single compartment in which the chemical is homogeneously mixed [39].

Comment [b20]: This is unnecessary at most just tell us what you did and show us the formula

$$\frac{dC_B}{dt} = (k_1 C_{WD}) - (k_2 + k_E + k_M + k_G) C_B \quad \text{Eq. 1}$$

where  $C_B$  = chemical concentration in the organism ( $\text{g.kg}^{-1}$ ),

$t$  = unit time ( $\text{d}^{-1}$ )

$k_1$  = chemical uptake rate constant from the water at the respiratory surface ( $\text{L.kg}^{-1}.\text{d}^{-1}$ )

$C_{WD}$  = freely dissolved chemical concentration in the water ( $\text{g.L}^{-1}$ )

$k_2, k_E, k_M, k_G$  = rate constants ( $\text{d}^{-1}$ ) representing chemical elimination from the organism via the respiratory surface, fecal egestion, metabolic transformation and ngrowth dilution

when both  $C_B$  and  $C_{WD}$  no longer vary with exposure duration. That is,  $\frac{dC_B}{dt} = 0$ , the system

has reached a steady state and equation (1) can be rearranged to calculate the BCF as;

$$\text{BCF} = \frac{C_B}{C_{WD}} = \frac{k_1}{(k_2 + k_E + k_M + k_G)} \quad \text{Eq. 2}$$

Bioconcentration can also be calculated as the ratio of the chemical concentration in the organism to the chemical concentration in water at steady state [39].

$$\text{BCF}_{ss} = \frac{C_B}{C_{WD}} = \frac{\text{Conc.}_{\text{Biota}}}{\text{Conc.}_{\text{Water}}} \quad \text{Eq. 3}$$

141 The steady state calculation also referred to as the "Plateau Method" is only valid if the steady state actually occur (USEPA 1996a; OECD 1996) [40-41].

BCF can also be determined kinetically as the ratio of the chemical uptake rate constant from water and the total elimination or depuration rate constant  $k_T$  ( $\text{d}^{-1}$ ),

$$\text{BCF}_k = \frac{k_1}{k_T}, \text{ where } k_T = k_2 + k_E + k_M + k_G \quad \text{Eq. 4}$$

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148 **Table 1. An Overview of Regulatory Bioaccumulation Assessment Endpoint and Criteria [39]**

| S/N<br>o | Regulatory Agency                    | Bioaccumulation<br>endpoint | Criteria (log values)        | Programme                         |
|----------|--------------------------------------|-----------------------------|------------------------------|-----------------------------------|
| 1        | Environmental Canada                 | K <sub>ow</sub>             | <del>100000 (3)</del>        | CEPA (1999)*                      |
| 2        | Environmental Canada                 | BCF                         | <del>3000 (3.7)</del>        | CEPA (1999)                       |
| 3        | Environmental Canada                 | BAF                         | <del>3000 (3.7)</del>        | CEPA (1999)                       |
| 4        | European Union                       | BCF                         | <del>2000 (3.3)</del>        | REACH <sup>†</sup>                |
| 5        | European Union                       | 'very bioaccumulative' BCF  | <del>3000 (3.7)</del>        | REACH                             |
| 6        | United States                        | BCF                         | <del>1000 - 3000 (3.7)</del> | TSCA <sup>‡</sup> , TRI           |
| 7        | United States                        | 'very bioaccumulative' BCF  | <del>3000 (3.7)</del>        | TSCA, TRI                         |
| 8        | United Nations Environment Programme | K <sub>ow</sub>             | <del>100000 (3)</del>        | Stockholm convection <sup>§</sup> |
| 9        | United Nations Environment Programme | BCF                         | <del>3000 (3.7)</del>        | Stockholm convection              |

\*CEPA, Canadian Environmental Protection Act, 1999 (Government of Canada 2000).

†Registration, Evaluation and Authorization of Chemicals (REACH) Annex XII (European Commission 2001)

‡Currently being used by the US Environmental Protection Agency in its Toxic Substance Control Act (TSCA) and Toxic Release Inventory (TRI) Program (USEPA 1976).

§ Stockholm Convention on Persistent organic Pollutants (UNEP 2001).

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150 **3.0 EXPERIMENTAL RESULTS AND DISCUSSION**

151 **Table 2. Levels of Heavy Metals in fish samples in River Onuimo compared to some International**  
152 **Standards**

| Sample              | Cu                | Cd              | Cr              | Zn                |
|---------------------|-------------------|-----------------|-----------------|-------------------|
| <b>Damsel fish</b>  |                   |                 |                 |                   |
| A                   | 30.88             | 2.00            | 2.61            | 79.55             |
| B                   | 28.99             | 1.36            | 3.20            | 80.10             |
| C                   | 27.10             | 0.72            | 2.10            | 79.00             |
| Range               | 27.10 – 30.88     | 0.72 – 2.00     | 2.02 – 3.20     | 79.00 – 80.10     |
| $\bar{X} \pm SD$    | 28.99 $\pm$ 1.89  | 1.36 $\pm$ 0.64 | 2.61 $\pm$ 0.59 | 79.5 $\pm$ 0.55   |
| <b>Tilapia fish</b> |                   |                 |                 |                   |
| A                   | 33.56             | 2.10            | 1.74            | 100               |
| B                   | 23.29             | 1.14            | 1.40            | 61.37             |
| C                   | 13.02             | 0.18            | 2.08            | 22.64             |
| Range               | 13.02 – 33.36     | 0.18 – 2.10     | 1.40 – 2.08     | 22.64 – 100       |
| $\bar{X} \pm SD$    | 23.29 $\pm$ 10.27 | 1.14 $\pm$ 0.96 | 1.74 $\pm$ 0.34 | 61.37 $\pm$ 38.73 |
| <b>Cat fish</b>     |                   |                 |                 |                   |
| A                   | 30.36             | 2.15            | 0.88            | 40.12             |
| B                   | 27.18             | 1.24            | 1.10            | 45.56             |
| C                   | 24.00             | 0.33            | 0.66            | 51.00             |
| Range               | 24.00- 30.36      | 0.33 – 2.15     | 0.66 – 1.10     | 40.12 – 51.00     |
| $\bar{X} \pm SD$    | 27.18 $\pm$ 3.80  | 1.24 $\pm$ 0.91 | 0.88 $\pm$ 0.22 | 45.56 $\pm$ 5.44  |
| <b>Dat fish</b>     |                   |                 |                 |                   |

Comment [b21]: Format these tables for them to make sense

|                            |               |             |             |               |
|----------------------------|---------------|-------------|-------------|---------------|
| A                          | 25.12         | 1.26        | 1.27        | 70.00         |
| B                          | 24.66         | 1.88        | 0.53        | 60.44         |
| C                          | 24.20         | 2.40        | 2.01        | 50.88         |
| Range                      | 24.20 – 25.12 | 1.36 – 2.40 | 0.53 – 2.01 | 50.88 – 70.00 |
| $\bar{X} \pm SD$           | 24.66 ± 0.46  | 1.88 ± 0.52 | 1.27 ± 0.74 | 60.44 ± 9.56  |
| Cling fish                 |               |             |             |               |
| A                          | 30.77         | 0.21        | 0.41        | 79.35         |
| B                          | 29.10         | 1.12        | 0.32        | 80.20         |
| C                          | 27.10         | 2.03        | 0.23        | 79.10         |
| Range                      | 27.10 – 30.77 | 0.12 - 2.03 | 0.23 – 0.41 | 79.10 – 80.20 |
| $\bar{X} \pm SD$           | 28.99 ± 1.89  | 1.12 ± 0.91 | 0.32 ± 0.09 | 79.55 ± 0.55  |
| <sup>[42]</sup> FEPA(2003) | 1.3           | -           | 0.15        | -             |
| <sup>[43]</sup> WHO (2006) | 3.0           | -           | 0.15        | -             |
| <sup>[44]</sup> EU (2001)  | 1.0           | -           | 1.0         | -             |
| <sup>[45]</sup> EU (2008)  | 0.5 – 1.0     | 0.5 – 1.0   | 2.0         | -             |
| <sup>[46]</sup> Indonesia  | 80            | -           | -           | 200           |
| <sup>[47]</sup> FAO (1983) | -             | 2.0         | 1.0         | -             |

<sup>[42]</sup>Federal Environmental Protection Agency (2003)

<sup>[43]</sup>World Health organization (2006)

<sup>[44]</sup>European Union (2001)

<sup>[45]</sup>European Union (2008)

<sup>[46]</sup>Indonesia Decree of General Director of Food and Drug Supervision No.03725/B/SK/VII concerning, maximum limits of metals in food.

<sup>[47]</sup>Food and Agricultural Organization of the United Nation (1983)

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154 ~~Previous research had shown that escalating human population, economic development and poor waste~~  
 155 ~~management have affected adversely the ecosystem. This have significantly contributed to the current~~  
 156 ~~worldwide deterioration of water quality including seasonal accumulation of heavy metals like Cr, Cu, Zn,~~  
 157 ~~Cd, As, Hg, Fe, etc [23,24]. An insight on the levels of these heavy metals in aquatic organism especially~~  
 158 ~~fishes are of paramount important to basically for consumption by human and nature management. This~~  
 159 ~~research work documents results of bioaccumulation of some heavy metals in some fish samples~~  
 160 ~~together with their bioconcentration factor.~~

Comment [b22]: Which one in particular name it please?

Comment [b23]: It does not make sense here

161 Results of the study conducted, as shown in Table 2 above, reveals that copper level in the investigated  
 162 fish samples ranges as follows; Damsel fish (27.10- 30.88) mg/kg; Cat fish (24.00- 30.36) mg/kg; Tilapia  
 163 fish (13.02-33.56) mg/kg; Dat fish (24.20-25.12) mg/kg and Cling fish (27.10-30.77) mg/kg. -A trend of  
 164 mean concentrations of copper in mg/kg can be written as Tilapia (23.29) < Dat (24.66) < Cat (27.18) <  
 165 Damsel = Cling (28.99) mg/kg. -These mean values were found to have been higher than some standard  
 166 permissible limits like WHO (3.0mg/kg), FEPA (1.3 mg/kg), EU (2008) (1.0 mg/kg) and those reported in  
 167 *Cyprinus Carpio* and *Pelteobagrus Fluridraco* [23], *L. Coubie* and *M. Tapirus* [31]. Indo-pacific king  
 168 Mackerel and Tiger tooth Crocker [48]. Although copper is recognized as an essential element, excessive  
 169 intake of it can lead to poisoning, nausea, nausea, diarrhea and fever, acute stomach pain and death  
 170 [23].

171 Cadmium is an environmental pollutant and a highly toxic metal which has no biological function in both  
 172 human system and aquatic organisms. Bioaccumulation of cadmium can remain in human  
 173 system for decades and cannot be efficiently metabolized. It can cause kidney damage, lung cancer,  
 174 osteomalacia, testicular tissue destruction, high blood pressure, proteinuria, red blood destruction and non-  
 175 descended testes in young males [19, 48-49]. Recent research shows that exposure to cadmium at

Comment [b24]: References

176 | even low concentration can increase the risk ~~of~~ hormonal cancer [50]. Another research on Long Island  
 177 | also estimated ~~that~~ about 40% of breast cancer cases recorded in the United States might be associated  
 178 | with elevated cadmium levels [51]. Results of ~~cadmium various levels of cadmium as~~ shown in Table 2  
 179 | depicts that cadmium recorded highest mean value of 1.88 mg/kg in Dat fish and ~~the~~ least value of 1.12  
 180 | mg/kg in Cling fish. The various mean values as shown in Table 2 were also higher than permissible limits  
 181 | of EU (2008) but lower than that of FAO (1983).

182 | Chromium ~~another environmental pollutant~~ showed an increasing trend in mg/kg as follows, Cling fish  
 183 | (0.32) < Cat fish (0.88) < Dat fish (1.27) < Tilapia fish (1.74) < Damsel fish (2.61). Mean values of  
 184 | chromium in Cling and Cat fishes (Table 2) were observed to be lower than permissible limit of FAO  
 185 | (1983), EU (2008) and some literature values [52-53]. Chromium levels in the remaining fish samples  
 186 | were higher than the permissible limits above and those reported in *Balistoides Vridiscens* [19].  
 187 | Bioaccumulation of chromium in humans ~~can lead to the following health diseases~~; pulmonary fibrosis,  
 188 | lung cancer (inhalation), cardiovascular, renal, gastrointestinal, hematological and neurological effects  
 189 | [19].

190 | Levels of zinc in the investigated fish recorded ~~the~~ least minimum value of 45.56 mg/kg in Cat fish and  
 191 | highest value of 79.55 mg/kg in Damsel and Cling fishes. A trend of decrease in mean values of zinc in  
 192 | the investigated fish samples can be seen as; Cat fish (45.56) < Dat fish (60.44) < Tilapia fish (61.37) <  
 193 | Damsel fish = Cling fish (79.55). These mean values are also higher than some permissible limits of  
 194 | Indonesia maximum limits of metals in food (Table 2) and some literature studies [30, 31].

195 | **Table 3. Level of Heavy Metals in Water, Bioconcentration Factor (BCF) of Investigated Fish**  
 196 | **Samples**

| Metal | Conc. of water (mg/L) | Limits (mg/L)              |                             |                              |                            |                                |                             | Bioconcentration Factor |          |     |     |       |
|-------|-----------------------|----------------------------|-----------------------------|------------------------------|----------------------------|--------------------------------|-----------------------------|-------------------------|----------|-----|-----|-------|
|       |                       | <sup>[54]</sup> WHO (2011) | <sup>[55]</sup> UNEP (2007) | <sup>[56]</sup> USEPA (mg/L) | <sup>[57]</sup> ECE (1998) | <sup>[58]</sup> FTP-CDW (mg/L) | <sup>[59]</sup> ADWG (mg/L) | Dam sel                 | Tila pia | Cat | Dat | Cling |
| Cu    | 0.065                 | 2.000                      | 2.000                       | 1.300                        | 2.000                      | 1.000                          | 2.000                       | 446                     | 358      | 418 | 379 | 446   |
| Cd    | BDL                   | 0.003                      | 0.003                       | 0.005                        | 0.005                      | 0.005                          | 0.002                       | -                       | -        | -   | -   | -     |
| Cr    | BDL                   | 0.050                      | 0.050                       | 0.010                        | 0.050                      | 0.005                          | 0.050                       | -                       | -        | -   | -   | -     |
| Zn    | 0.112                 | 3.000                      | 3.000                       | 0.500                        | -                          | 50.00                          | 3.000                       | 710                     | 548      | 407 | 540 | 710   |

<sup>[54]</sup> World Health Organization (WHO, 2011)

<sup>[55]</sup> United Nation Environmental Programme (2007)

<sup>[56]</sup> United States Environmental Protection Agency (USEPA, 2011)

<sup>[57]</sup> European Commission Environment (ECE, 1998)

<sup>[58]</sup> Federal-Provincial-Territorial Committee on drinking Water (CDW), Health Canada (FTP-CDW, 2010)

<sup>[59]</sup> Australian Drinking Water Guidelines (2011)

197 |  
 198 | Results of heavy metals in ~~investigated~~ water samples ~~are~~ shown in Table 3, ~~and these~~ depicts that  
 199 | levels of copper (0.065 mg/L) and zinc (0.112 mg/L) were lower than permissible ~~limits of~~ World Health  
 200 | Organization ~~limits(2011)~~. Cadmium and chromium levels were observed to be below detection limit  
 201 | (BDL). Results of Bioconcentration Factor (BCF) ~~impled~~ showed that copper ~~levels have an~~  
 202 | ~~increasing has an increasing~~ BCF ~~order as follows values of~~; Tilapia fish (358) < Dat fish (379) < Cat fish  
 203 | (418) < Damsel = Cling (446). Also zinc has an increasing BCF ~~order which comprised values of~~ Cat fish  
 204 | (407) < Dat fish (540) < Tilapia (548) < Damsel = Cling (710). These values were found to be lower than  
 205 | the criteria (log value) of ~~≤~~ 2000 (3.3) for European Union bioaccumulative and criteria (log values) of  
 206 | 1000 (3) – 5000 (3.7) for United States bioaccumulative and other international regulatory assessment



207 endpoints and criteria as shown in Table 1. Bioconcentration factors of chromium and cadmium were not  
208 calculated because their levels in water samples were below detection limits.

209 Levels of heavy metals in water samples were also investigated and are reported in (Table 3). The results  
210 showed that the mean concentration of copper in the investigated water samples had a value of 0.0065  
211 mg/L which was ~~observed to be~~ lower than the permissible WHO limits of World Health Organization  
212 (WHO, 2011) (2.0 mg/L), United States Environmental Protection Agency (USEPA) (1.3 mg/L), European  
213 Commission Environment (2.0 mg/L) and Federal-Provincial-Territorial Committee on Drinking Water,  
214 Health Canada (FTP-CDW, 2010) (1.0 mg/L). Mean concentration of zinc (0.112 mg/L) was also lower  
215 than permissible limits of WHO (3.0 mg/L), USEPA (0.5 mg/L), FTP-CDW (50 mg/L) and UNEP (3.0  
216 mg/L). Values of cadmium and chromium were observed to be below detection limit.

#### 217 4. CONCLUSION

218 The results of the study provide valuable information on levels of heavy metals in water samples and their  
219 bioaccumulation in some selected fish samples from Onuimo River, Imo State. The result also showed  
220 that heavy metals sorption and bioaccumulation by fish varied with respect to fish species of fish and  
221 other specific factors like the feeding pattern, weight and age. In this study the A trend of bioaccumulation  
222 of heavy metals inby fish samples was can be deduced as follows; Damsel fish > Cling fish > Dat fish >  
223 Tilapia fish > Cat fish. The bBioconcentration factor model usedimpled in the study showed a  
224 decreasing order as follows; Damsel fish = Cling fish > Cat fish > Dat fish > Tilapia fish, and Damsel fish =  
225 Cling fish > Tilapia for copper and zinc ~~metals~~ respectively. Also, the bioconcentration (BCF) values  
226 obtained were lower than the standards of some International regulatory bodies. Levels of heavy metals  
227 in investigated water samples were also lower than the permissible limits of WHO, USEPA, UNEP and  
228 FTP-CDW limits. These results imply that River Onuimo is relatively less contaminated by heavy metals,  
229 thus the water having little contamination by heavy metals is safe for human, agricultural and industrial  
230 uses. Also rate of disposal of heavy metal containing waste into the river and other anthropogenic  
231 activities which can contaminants the water should be discouraged. Better still, they should be adequately  
232 recycled before disposal to avoid loading of heavy metals and other contaminants into the river.

#### 233 COMPETING INTEREST

234 The authors have declared that there is no conflict of interest regarding the publication of this  
235 research work.

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