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Journal Name:	British Journal of Applied Science & Technology
Manuscript Number:	Ms_BJAST_20105
Title of the Manuscript:	Recommended ways to be Assertive and Committed in overweight and obesity control and prevention: A review
Type of the Article	

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of 'lack of Novelty', provided the manuscript is scientifically robust and technically sound.

To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

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PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments	Keywords should be in italics.	
	Introduction: A more integrated appraisal of literature on obesity can be added from "Prevalence and associated co-morbidities of body mass index ranges; International Journal of Medicine 12/2015; 3(1):16-21". Effects of obesity can be displayed in a tabular form. Figure 1: Elaborate abbreviations used in it. Add figure legend.	
	Discussion: Figures or tables can be used for making the manuscript more presentable.	
	References should be written in square brackets as per journal guidelines.	
Minor REVISION comments	Typographical and grammatical errors need attention.	
Optional/General comments		

Reviewer Details:

Name:	Jaspinder Kaur
Department, University & Country	ECHS Polyclinic, India