Original Research Article

3 Antidiarrheal and antimotility activities of stem bark extracts of

4 Annona reticulata Linn. in mice model

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7 Abstract

The study was aimed to evaluate the phytochemical screening, in vivo evaluation of anti-9 10 diarrheal activity, and GI motility of methanolic extract as well as different organic solvent soluble fractions of barks of Annona reticulata Linn. The powdered bark of the plant was treated 11 with methanol using cold extraction method and fractionated with solvent-solvent partitioning 12 using organic solvents including n-hexane, chloroform and ethyl acetate. Phytochemical 13 screening revealed the presence of alkaloids, flavonoids, phenolic compounds, diterpenes, 14 carbohydrate, saponins, phenols, tannins and glycosides. The different organic solvent soluble 15 16 fractions of bark were evaluated at a concentration of 200 mg/kgbw in castor oil induced 17 diarrheal mice model. The aqueous soluble fractions of bark Annona reticulata showed highest percentage of inhibition of diarrhea (64.91 \pm 1.37%), whereas methanol, n-hexane, chloroform 18 and ethyl acetate soluble fraction showed $26.99 \pm 1.79\%$, $34.85 \pm 1.66\%$, $52.71 \pm 1.42\%$ and 19 $45.45 \pm 1.54\%$ of diarrheal inhibition, respectively. At the same time, the reference standard 20 Loperamide (5 mg/kg) exhibited $73.21 \pm 2.06\%$ inhibition of diarrhea. In GI motility test by 21 22 charcoal plug method, the 200 mg/kgbw of aqueous soluble fraction showed highest antimotility activity (68.71 \pm 3.98%), whereas methanol, n-hexane, chloroform and ethyl acetate soluble 23 24 fractions showed $66.84 \pm 3.38\%$, $52.01 \pm 1.25\%$, $59.75 \pm 3.56\%$ and $54.70 \pm 2.12\%$ anti-motility activity, respectively. The standard Loperamide (5mg/kg) revealed 72.41 ± 1.33% inhibition of 25 GI motility, whereas distilled water as control demonstrated $34.06 \pm 1.09\%$ of inhibition. This 26 result indicates that the plant extracts have a significant inhibition of GI motility. 27

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30 Keywords: Annona reticulata, Diarrhea, GI motility, Bark extract, Phytochemical.

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32 1. Introduction

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33 34 Peoples of third world countries are very much prone to some common infectious disease like dysentery, diarrhea due to their unhygienic livelihood, scarcity of pure water, and poor sanitation 35 36 systems [1]. The World Health Organization (WHO) reported the diarrhea as a second most 37 reason of death of children under age of five [2]. In General, during diarrheal disease, normal 38 bowel movement is changed, which results in increase of water volume in bowel, as well as 39 increase the frequency of stools [3]. There are several reasons of having diarrhea, but common causes are various types of bacterial, viral and parasite infection. The unhygienic food, impure 40 drinking water, poor sanitation system and unhealthy environments are the major causes of such 41 infectious diseases. Besides, several pathological conditions such as increase of luminal 42 43 osmolarity, electrolyte secretion, decrease of electrolyte absorption, and acceleration of intestinal motility are responsible of causing of diarrhea [4]. The international organization like world 44 health organization (WHO), Centers for Disease Control and Prevention (CDC) are very much 45 aware of control of spread of disease. However, the incidence of diarrhea still high due to lack of 46 awareness of personal hygiene as well as antibiotic resistant developed by diarrhea causing 47 bacterial strain [5,6]. Besides, current therapy with antidiarrheal medicine provides adverse 48 reaction and untoward effects to the patient [7]. Thus, the search for new molecular entity for 49 diarrhea treatment still going on and the medicinal plants are the major sources of them. Plants 50 have long been a very important source of medicinal constituents and many plant species have 51 52 been screened for the phytochemical compound for using in diarrhea [8]. Due to low cost and 53 least side effects, many international organizations are encouraging to use traditional medicine for the treatment of infectious disease [9,10,11]. Still now, almost 25% of drugs are isolated from 54 plant sources and numerous evidences are available of using the isolated drug in the treatment of 55 disease such as in malaria, diarrhea, dysentery, skin diseases etc [12,13]. 56 Annona reticulata Linn. (Family-Annonaceae, synonym- Bullock's heart, Ramphal, and custard 57 apple) is a traditionally important plant that is used for the treatment of lots of infectious diseases 58 [14,15,16]. There are about 119 different species of Annonaceae has been identified, whereas 59 most of them are shrubs and trees. Various plant part extracts of these families are reported to 60

use in the treatment of diarrhea, dysentery, parasite and worm infection, bacterial infection, 61 dysuria, fever, ulcer, and as insecticides [13,16,17]. The plant extractives of leaves, bark, root, 62 stem bark, seeds are reported to have different pharmacological activities such as antipyretic, 63 anthelmintic, antihyperglycemic, analgesic and anti-inflammatory, antiproliferative, antioxidant, 64 antimicrobial, and wound healing activities (jamkhandi) [18]. However the plant extracts are use 65 66 in diarrhea and dysentery as traditional medicine, there is no specific report of bark extracts on 67 antidiarrheal effect. For this reason, this study was aimed to evaluate the antidiarrheal activity of 68 different solvent soluble fractions of bark of Annona reticulata. Additionally, as the plant 69 extracts of medicinal plants containing alkaloids, flavonoids, tannins, carbohydrates and 70 saponins are reported to exert antidiarrheal activities, the presence of these phytochemical constituents evaluated in this study 71 was also [19].

73 2. Materials and Methods

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75 2.1. Plant Materials and Extract Preparation

76 The stem bark of Annona reticulata was collected from Noakhali region of Bangladesh on 77 February, 2016 and the plant sample was subjected to National Herbarium, Dhaka for 78 identification. The experience taxonomist identified the plant sample and provided a 79 identification number (accession number: DACB-44872). The collected bark was separated from 80 undesirable materials or plants parts. They were sundried for one week and subjected to grinding 81 to make coarse powder. About 600 gm of powdered material was taken in clean desiccators and 82 soaked in 2300 ml of methanol. The container with its content was kept for a period of 12 days accompanying occasional shaking and stirring. The whole mixture then underwent a coarse 83 filtration by a piece of clean, white cotton and final filtration by Whatman filter paper (Bibby 84 85 RE200, Sterilin Ltd., UK). The filtrate was evaporated by using rotary evaporator and then kept 86 under ceiling fan for several days. It rendered a gummy concentrate of brownish black color. The 87 gummy concentrate was designated as crude extract of methanol and the extract was kept at 4 °C 88 for further analysis.

89 2.2. Solvent-Solvent Partitioning

The solvent-solvent partitioning of methanolic crude extract of plant part was performed by 90 91 modified Kupchan method [20]. The 5 gm of crude methanol extract was triturated in 90 ml of 92 methanol containing 10 ml of distilled water. The crude methanol extract was dissolved 93 completely in the methanol-water solvent system and the solution was taken in a separating 94 funnel having 100 ml of n-hexane. The mixture was shaken, then kept undisturbed and the organic portion was collected. The process was repeated thrice and the n-hexane fractions were 95 collected and evaporated under ceiling fan for seven days. The 12.5 ml of distilled water was 96 97 added in remaining solution of n-hexane wash and mixed properly. Then the solution was taken 98 in a separating funnel and extracted with chloroform (100 ml \times 3). The chloroform fraction was 99 evaporated under fume hood and preserved at 4 °C. The solution that left after washing with n-100 hexane and chloroform was mixed uniformly with 16 ml of distilled water. Then the solution was taken in a separating funnel and extracted with ethyl acetate for three times (100 ml \times 3). The 101 ethyl acetate soluble fraction was evaporated and the remaining fraction was preserved as 102 103 aqueous fraction.

104 2.3. Phytochemical Screening

The preliminary phytochemical screening was performed according to studied protocol [21]. Testing of different chemical group such as alkaloid, flavonoid, tannin, terpene, steroid, glycoside, protein, etc present in plant extract was performed with 10 ml of crude methanolic extract with specific reagent. The details of the test procedure, observations and decisions are given in table 1.

110 2.4. Experimental Animals

The Swiss albino mice of both (male and female) sex weighing 20–30 g and aged 6–8 weeks were purchased from the animal house of the Department of Pharmacy, Jahangirnagar University, Dhaka-Bangladesh. All of the animals were kept in plastic cages at room temperature and on a 12 h light-dark cycle. The animal had free access to standard pet diet (pellet food) and water *ad libitum*. The experiment was done in the Physiology Laboratory of the Department of Pharmacy at Noakhali Science and Technology University. The mice were acclimatized to laboratory environment for 1 week prior to the experiment. Standard pet diet was withdrawn 18 h Comment [U2]: an

118 prior to the beginning of all the experiments. The care and handling was according to

international guidelines for the use and maintenance of experimental animals [22,23].

120 **2.5.** Castor Oil-Induced Diarrhea in Mice

The evaluation of anti-diarrheal activities of different solvent soluble fractions of plant extract 121 was performed in castor oil induced diarrheal model. The experimental procedure was performed 122 123 according to studied protocol with a slide modification [24,25,26]. Mice were randomly divided into control, positive standard and test group each containing six mice. Before starting of any 124 treatment, each mouse was weighed properly and the doses of the test samples and control 125 material (distilled water) were adjusted accordingly. The tail of each mouse was marked by a 126 permanent marker to identify the mouse from each other and marked as M1= mice 1 (having 1 127 dot on its tail), M2= mice 2 (having 2 dots on its tail), M3 = mice 3 (having 3 dots on its tail), 128 and so on. Each mouse was fed with 1ml of highly pure analytical grade castor oil which would 129 induce diarrhea. The control group received vehicle (plain distilled water) at dose of 10 ml/kgbw 130 (PO). The positive standard group received loperamide at the dose of 5 mg/kgbw orally (PO). 131 The test group received different extractives at the doses of 200 mg/kgbw. Each animal was 132 placed in an individual jar of which the floor surface was covered with absorbent tissue paper. 133 The weight of individual tissue paper was taken before using them. The floor covering was 134 changed at every hour and their weights with feces were taken. After 60 minutes of 135 administration of test samples the mice of all groups were orally treated with 0.5 ml of castor oil. 136 The 60 minutes interval between the administration of test samples and castor oil was given to 137 ensure proper absorption of the administered samples. After that, the mice were placed in 138 transparent plastic cages to observe the consistency of fecal matter and frequency was detected in 139 140 each 5 hours. Wet feces were read at the end of the experiment by lifting the paper placed in the transparent beaker. The percentage of defecation was measured afterwards and percentage of 141 inhibition of defecation was measured. 142

143 2.6. Data Collection and Calculation

The total number of defecation for each mouse was noted up to for 5 h and the data was evaluated statistically to find significant value. The observation was performed for each mouse of all groups and the consistency of fecal matter and frequency of defecation was recorded. The percentage of inhibition of defecation was calculated using following formula-

$$\%$$
 inhibition of Defecation = $\frac{(1-B)}{\Lambda} \times 100$

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Where 'A' indicates mean number of defecation by castor oil, 'B' is mean number of defecationby drug extracts.

151 2.7. Gastrointestinal Motility Assay

Gastrointestinal motility assay was done by charcoal plug method or charcoal induced GI 152 motility test method following reported protocol with slide modification [27,28]. Loperamide 153 was used as standard constipating agent while activated charcoal and methyl cellulose was used 154 as motility inducer. In experimental design, mice were randomly divided into seven groups, each 155 containing six mice. The weight of each mouse was recorded and marked with a permanent 156 marker in their tail. The seven group of mice consists of control, positive standard, and test 157 groups (different extractives and concentration) containing six mice in each group. At first, 1 ml 158 of castor oil was given orally in every mice of each group to produce diarrhea. Control group 159 received vehicle (plain distilled water) at dose 10 ml/kgbw (PO). The positive standard received 160 loperamide at a dose of 5 mg/kgbw (PO). The test group received different extractives at the 161 doses of 200 mg/kgbw. After 1 h of plant extractive dose, all mice received 1mL of charcoal 162

meal (10% charcoal suspension in 5% gum acacia) orally. After 1 h of charcoal meal 163 164 administration, all mice were sacrificed and dissect the intestine. The distance travelled by charcoal meal in intestine (from pylorus to caecum) was measured and reported as percentage of 165 distance travelled [29,30].

166 167 2.8. **Statistical Analysis**

The results were presented as mean \pm standard error of mean (SEM). The one-way ANOVA test 168 with Dunnett's post hoc test was used to analyze and compare the data using GraphPad Prism 169 ver. 5 (GraphPad Software, San Diego California USA)., while p < 0.05-0.001 were considered 170 171 as statistically significant.

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175 **3. Results and Discussion**

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177 **3.1.** Phytochemical Screening

The phytochemical analysis conducted on methanolic bark extract of Annona reticulata Linn. 178 revealed the presence of tannins, flavonoids, saponins, proteins, diterpenes, phenols, cardiac 179 180 glycosides, carbohydrate and alkaloids. Tannins are known to be useful in the treatment of 181 inflamed or ulcerative tissues and they have noticeable activity in cancer prevention [31,32]. 182 Thus, the bark of Annona reticulata containing tannins may serve as a potential source of 183 bioactive compounds in the treatment of cancer. Flavonoids are reported to exhibit membrane permeability activities and inhibit membrane-bound enzymes such as ATPase and phospholipase 184 A2 [33]. This property of plant extracts of Annona reticulata may explain the mechanisms of 185 186 antioxidant activities. Flavonoids also serve as health promoting compound by anionic radicals 187 presence on its [33]. Thus, the flavonoids present in Annona reticulata may support the 188 usefulness of this plant in folklore remedies in the treatment of stress-related ailments as well as 189 dressings for wounds, bruises, cuts and sores. Additionally, the plant extract was revealed to contain saponins which produces anti-inflammatory effects and are major ingredients of most of 190 the biological effects [34]. The presence of phenols in plant extract may be useful in the 191 192 preparation of several antimicrobial compounds such as dettol and cresol [35].

Comment [U3]: There are no tannin test results in table 1

Comment [U4]: The protein test result in table 1 was negative

Comment [U5]: The carbohydrate test result in table 1 was negative

Comment [U6]: Why is this discussion not related to the purpose of this study? The discussion here should be adjusted to the purpose and title of research on Antidiarrheal and antimotility activities

Phytochemicals	Name of test	Name of reagents	Observation	Resu
Alkaloids	i) Mayer's test	i) 2 ml plant extract, 0.2 ml dil HCl, 1.0 ml Mayer's reagent	i) Yellow precipitation	+
S	ii) Wagner's test	ii) 2 ml extract,0.2 ml dil HCl, 1 ml iodine solution	ii) Reddish brown precipitation	
	iii) Hager's test	iii) 2 ml plant extract, 0.2 ml dil HCl, 1 ml picric acid solution	iii) Yellow precipitation	
Carbohydrates	Molisch's test	Filtrates of extract, few drops of alcoholic a-naphthol solution, few drops conc. H ₂ SO ₄	Violet ring at the junction was absent	-

194 Table 1: Phytochemical screening of crude methanolic extracts of bark of Annona reticulata

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Reducing sugar	i) Benedict's test	i) 0.5 ml aqueous extract of plant, 5 ml benedict's solution, boiled 5 min and cooling	i) No red precipitation	-
	ii) Fehling's test	ii) 2 ml aqueous extract of plant, 1 ml (equal mixture of A and B) fehling's solution, boiled few	ii) No red or brick red precipitation	
Cardiac glycoside	Legal's test	2 ml plant extracts, treated with sodium nitropruside in pyridine and sodium hydroxide	Pink or blood red colour.	+
Flavonoid's	i) Alkaline Reagent test	i) 2 ml extract, 4-5 drops of sodium hydroxide, dil. HCl acid	i) Intense yellow color > to colorless	+
	ii) Lead acetate test	ii) 2 ml plant extract, 4-5 drops lead acetate solution	ii) Yellow precipitation	
Saponins	Foam test	1 ml extract solution diluted to 20 ml water, shaken for 15 min	1 cm layer of foam	+
Gums	Molisch's test	5 ml extract solution, molish reagent and sulpheric acid added	Red violet ring at the junction	+
Phytosterol	Libermann- Burchard test	1 ml extract solution, 2 ml Libermann-Burchard reagent	No reddish- purple color	-
Terpenes	Salkowski's test	Plant extract, choloroform>filtrate> few drops of conc.H2SO4> allowed to	No yellow color	+
	Copper acetate test	Plant extract dissolve in water, added 3-4 drops copper acetate solution	Emerald green color	
Phenols	Ferric chloride test	5 ml extract solution, 1 ml 5% FeCl ₃ solution	Greenish black precipitation	+

Proteins	Xanthoproteic	Solution of plant extracts 4-5	Yellow color	-
Troteins	test	drops of conc. nitric acid	was absent	

196 (+) presence, (-) absence of compound

197 3.2. Plant Extracts Inhibits Castor Oil Induce Diarrhea

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The different plant extracts has been reported to analyze the antidiarrheal activities using 199 standard protocol, castor oil induced diarrhea in mice. The acquired results were found to be 200 comparable to that of standard drug loperamide (5 mg/kg body weight) with retardation to the 201 202 severity of diarrhea [36]. In the present study, the bark extracts of Annona reticulata displayed 203 significant activity against castor oil induced diarrhea. Different fraction of bark extracts of plant 204 showed anti-diarrheal activity in which aqueous fraction showed highest anti-diarrheal activity of $64.91 \pm 1.37\%$ diarrhea inhibition at 200 mg/kgbw. The crude methanolic extract showed lowest 205 anti diarrheal activity of $26.99 \pm 1.79\%$ diarrheal inhibition at the same concentration. At the 206 207 same time the reference standard loperamide exhibited $73.21 \pm 2.06\%$ diarrhea inhibition at 208 concentration of 5 mg/kgbw. On the other hand, HSF, CHSF and EASF showed $34.85 \pm 1.66\%$, $52.71 \pm 1.42\%$ and $45.45 \pm 1.54\%$ diarrhea inhibition, respectively. 209



Fig. 1: Antidiarrheal activities of different organic solvent soluble fractions of bark extract of *Annona reticulata*. The Swiss albino mice was treated (PO) with 10 ml/kgbw DW (control), 5 mg/kgbw loperamide and 200 mg/kgbw of various plant extractives (ME = methanol extract, HSF = n-hexane soluble fraction, CHSF = chloroform soluble fraction, EASF = ethyl acetate soluble fraction, and AQSF = aqueous soluble fraction). After 1 hour, castor oil was introduced (0.5 ml) post orally to each mouse and diarrheal activity was evaluated up to 5 hours.

217 The results are expressed in Mean \pm SEM.

In the present study, different organic solvent soluble fractions of Annona reticulata bark showed 218 significantly reduced amount of feces in castor oil-induced diarrhea on mice. These results 219 suggest that Annona reticulata bark contain antidiarrheal components, however the efficacy may 220 vary on extraction procedure by different organic solvent. In the previous report, the 221 222 phytochemical screening of Annona reticulata bark extracts showed the significant presence of phenols and flavonoids [37]. It has been reported that flavonoids and polyphenols were 223 responsible for the antidiarrheal properties [37]. Thus, the significant antidiarrheal activity of the 224 225 AQSF and CHSF of the bark extracts of Annona reticulata could be due to the presence of flavonoids and phenols. Howevr, bioactivity guided isolation of single compound is warranted to 226 evaluate the antidiarrheal activity of those single compound. 227

Comment [U7]: We recommend that you mention these abbreviations in the method

Comment [U8]: However

228 3.3. Bark Extracts Showed Significant Inhibition of Gastrointestinal Motility

The effect of plant extracts on GI motility was evaluated by charcoal induced GI motility assay. 229 The presence of charcoal inside the intestine after 30 minutes of feeding proved that the extracts 230 231 of Annona reticulata bark have significent anti-motility activity in comparison with standard drug Loperamide. The percent of inhibition of gastrointestinal motility was found to be highest 232 233 in aqueous soluble fraction ($68.71 \pm 3.98\%$) followed by methanol (66.84 ± 3.385), chloroform 234 (59.75 ± 3.56) , ethyl acetate (54.70 ± 2.12) and n-hexane $(52.01 \pm 1.25\%)$. Whereas, standard 235 drug Loperamide and distilled water (control) showed 72.41 \pm 1.33% and 34.06 \pm 1.09% of inhibition of gastrointestinal motility, respectively. Thus, it has been shown that the aqueous 236 soluble fraction possesses higher anti-motility activity compare to other fractions. The anti-237 motility activity of the extract may be due to the presence of denatured proteins forming protein 238 tannates [38]. The protein tannates makes the mucosa of gastrointestinal tract more resistant and 239 hence reduce secretory diarrhea [39]. This can be due the fact that the bark extract increased the 240 re-absorption of water from the intestinal lumen, decrease intestinal motility in isolated mice 241 ileum [38]. Phytochemical screening revealed the presence of flavonoids, tannins, saponins, 242 243 cardiac glycosides. Hence, tannins may be responsible for the mechanism of action of reducing effect on GI motility of the selected plant samples [40]. Thus, bioactivity guided isolation can be 244 245 carried out to separate the bioactive metabolites from the plant.



247 Fig. 2. Inhibition of gastrointestinal motility of different organic solvent soluble fractions of 248 bark extract of Annona reticulata. The Swiss albino mice was treated (PO) with 10 ml/kgbw DW (control), 5 mg/kgbw loperamide and 200 mg/kgbw of various plant extractives (ME = 249 250 methanol extract, HSF = n-hexane soluble fraction, CHSF = chloroform soluble fraction, EASF 251 = ethyl acetate soluble fraction, and AQSF = aqueous soluble fraction). After 1 h, each mouse received 1ml of charcoal meal (10% charcoal suspension in 5% gum acacia) orally. One hour 252 253 after following the charcoal meal administration, all animals were sacrificed and the distance covered by the charcoal meal in the intestine, from pylorus to caecum was measured and 254 255 expressed as percentage of distance moved. The results are expressed in Mean \pm SEM and *P < 0.05, **P < 0.01, P = 0.01; significant difference compared to the control. 256

257 4. Conclusion

On the basis of the findings of the present study it can be concluded that the methanolic extracts of bark of *Annona reticulata* Linn. as well as various fractions possess antidiarrheal and anti-GI motility activities. From the in *vivo* test on mice, it has been showed that the extracts possess antidiarrheal activity and significant reduction of GI motility. Finally, this study suggested the isolation of single compound and to evalaute the antidiarrheal and antimotility activities on biological model.

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Comment [U9]: significant

Comment [U10]: In table 1 there is no tannin test result

Funding: This research did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors.

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268 **Conflict of interest:** The authors declare that there is no conflict of interest regarding the 269 publication of this paper.

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