#### **Original Research Article**

# Assessment of consumption and income generation between palm wine and other industrial beverages in Cross River State, Nigeria

#### Abstract

The study was conducted to provide information on the level of consumption and income between palm wine and other industrial beverages in Cross River State, Nigeria. Data for the study was collected from 82 sampled palm wine retailers in three geopolitical zones in the State. Semistructured questionnaire, personal observations and focus group discussions were used to obtain data from retailers. Data was analyzed using both descriptive and inferential statistics. The result of the study shows that consumption level of palm wine per day in the zones were in the order, Northern (33.3L)>Central (24.8L) >Southern (19.4L). However, the consumption level of palm wine from the Central and Southern Zones were not significantly different (P>0.05) from each other. The Consumption level of other alcoholic beverages per day in the zones were in the order Northern (23.9l)> Central (20.4L) >Southern (17.6L). The income level from palm wine was ₩1845.54, ₩1538.40 and ₩837.60 from the Northern, Central and Southern Zones respectively. Furthermore, income from other alcoholic beverages were \$\frac{\text{\ti}\text{\texit{\text{\tetx{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\texi}\text{\texit{\texi}\text{\texit{\text{\texi}\text{\texititt{\texictex{\texiclex{\texi{\texi\texi{\texi{\texi{\texi{\texi{\ti from the Northern, Central and Southern Zones respectively. The Total Performance Index shows that the mean daily consumption level of alcoholic beverages based on the three criteria shows that palm wine performed better than all the other alcoholic beverages in the study area. The study concluded that palm wine was consumed on a daily basis more than other alcoholic beverages. However, the marketing margin of other alcoholic beverages was higher than the marketing margin of palm wine. Government and other development stakeholders on economic and environment should play greater role in promoting potential entrepreneurship in palm wine as a viable alternative source of livelihood through creation of awareness and better incentives for sustainable management of this natural forest resource.

Key Words: Palm wine, Industrial beverages, consumption, income

#### 1. Introduction

Forests provide excellent resources that support indigenous peoples' livelihood; basically for food medicine, construction material, artistic material, cosmetic, fuel wood and artisanal industries which are key important source of income for the rural community (FAO, 1999) [1]. Faye et al., 2011[2] and Forest like the sister agriculture is the backbone of most rural community's economy and a major source of livelihood for rural households, with about three quarters (70%) of the forest indigenous population relying on this sector for a living. In broader sense, they depend upon forests directly for timber, non-timber products, and indirectly for recreational experience and for air and water quality, biodiversity, carbon sequestration, and other ecological services (Gamez et al., 2004 [3]; Thompson, 2012 [4]; Shomkegh et al., 2016) [5]. Also that, small scale

forest productions and marketing play central role in economic development, both in supplying a significant portion of domestic food supplies and in generating income for low-income families.

Palm wine is an alcoholic beverage from the sap of various species of palm tree such as the oil palm tree, raphia palm, date palms and coconut palms (Rundel, 2002) [6]. In Cross River State and in most southern state in Nigeria, the palm sap/wine is the major product of both oil and raphia palms as major occupational engagements of the rural dwellers for consumption and income (Ugbe, 2017[7]; Obahiagbon, 2009)[8].

Moreover, palm wine tapping is an appropriate and well-accepted farming technology practice by wider society either on full or part time bases and is best suited to extensive range of ecosystems of tropical Africa like Cross River State. Historically, palm wine tapping and consumption was discouraged by most colonial and post-colonial governments because it prevented less economically useful activities and promoted local alcohol consumption (Ikegwu, 2014[9] citing Dalibard, 1999).

The fresh palm wine is now bottled, preserved and sold nationally in supermarkets or exported to other countries (Ndon, 2003) [10]. This is particularly seen in Akpabuyo LGA, where a raphia pasteurized and bottled palm wine industry is established like other organized alcoholic beverages. This goes a long way employing more tappers who are sure of selling their products as well as those employed by the palm wine pasteurized bottling company. With the proliferation of palm wine bars and the existence of palm wine pasteurization industry in Akpabuyo- Cross River State, a reasonable numbers of people are employed in the production and marketing processes of this forest based enterprise (Ugbe, 2017) [7].

In Cross River State, the existing income generation capacity of palm wine as compared to its immense bio-geographical macro and micro level potential is not encouraging. The knowledge gap on domestic palm wine consumption and income is high. Even though palm wine is economically and socially important, palm wine consumption and income level in association with other alcoholic beverages have not yet been studied.

It is against this background that the study was conducted to provide information on consumption level of and income from palm wine vis-a-vis other industrial beverages traded in Cross River State for decision making and policy.

### 2. Methodology

### 2.1. Study Area

The study was conducted in Cross River State, Nigeria. Cross River State lies between latitude 4°30'0"N and 7°0'0"N North and 8°30'0"E and 9°30'0"E East of the Greenwich Meridian (Figure 1). It shares common boundaries with the Republic of Cameroon in the East, Benue State in the North, Ebonyi and Abia States in the West, Akwa Ibom State in the South-West and the Atlantic Ocean in the South (CRSFC ,2006) [11]. Cross River State has a tropical humid climate with distinct wet and dry seasons occurring in April-November and December-March respectively. From the location; the state enjoys a tropical climate, with exception of Obudu Plateau at an altitude of 1.595.79 metres above Sea level, enjoying a temperate climate. The State records heavy rainfall during the wet season (April-November) and the annual rainfall vary from 1800mm to 4000mm and the annual temperature ranges from 10°C to 32°C. The rainfall decreases from the south 3500mm in the coastal region to 1500mm in the northern part of the state (CRSFC, 2007) [12].

The State is composed of three (3) GeopoliticalZones; the Northern, Central and Southern Geopolitical Zones. Administratively, there are eighteen (18) Local Government Areas (LGAs) in the State. The population of Cross River State is about 2.89 million people (NPC, 2006)[13]; ARD, 2007)[14].

The major occupations of Cross Riverians include farming, fishing, hunting, extraction and gathering of timber and non-timber forest products. Specific examples are; rubber, cocoa, cashew, castor seeds, yams, cocoyam, cassava, maize, melon, oil and raphia palm, plantain, Bush mango (Ogbono), *Dacrodyes edulis* (African pear), and *Chrysophylum albidium*, among others. Most socio-cultural activities in the State rely on forest derivatives, inclusive of palm wine. The state is blessed with flora and fauna in abundance. At present, the state has about 50% of the total remaining tropical high forests in Nigeria (CRSFC, 2007) [13]. These forests are made up of the Forest Reserves, Community forests and Cross River National Park forests.

#### 2.2. Sampling Technique

A multi-stage sampling technique was employed for the study. The State was stratified into three geopolitical zones namely: Northern, central and southern zones, each comprising (5, 6 and7) LGAs respectively. Using 30% Sampling Intensity (SI), two LGAs were selected from each zones giving a total of six LGAs for the study. Three council wards from each LGA and one community from each council ward were purposively selected based on high evidence of presence of organized palm wine business. In each of the sampled LGAs, 30% of organized palm wine retailers were purposively selected for the study as shown in Table 1. Information on organized palm wine retailers was obtained from the officials of the palm wine sellers association in each of

the localities. Plates 1, 2 and 3 shows palm wine retailers in the study area. Therefore, the total of 82 retailers was sampled for the study.

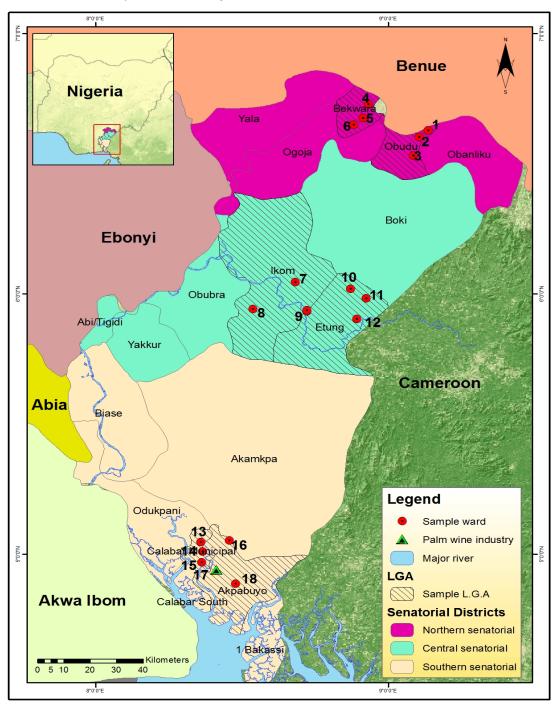


Fig 1: Map of the Study Area

Table 1: Summary of sampling procedure of the study

Geopolitical Zones /LGAs Sampled	Number of Retailers	30% Retailers Sampled	
OBUDU	72	22	
BEKWARRA	54	16	
SUB-NORTHERN GEOPOLITICAL DISTRICT	126	38	
IKOM	49	15	
ETUNG	34	10	
SUB-CENTRAL GEOPOLITICAL DISTRICT	83	25	
CALABAR MUNICIPALITY	28	8	
AKPABUYO	36	11	
SUB-SOUTHERN GEOPOLITICAL DISTRICT	64	19	
TOTAL	273	82	



Plate 1: Organized Palm Wine Sellers Association in Obudu.



Plate 2: Palm wine retailing in plastic containers in the study area.



Plate 3. Palm wine retailing in sealed bottles in the study area.

## 2.3. Data Collection

Data for the study were collected through sets of semi-structured questionnaire, personal observations and focus group discussions. The semi-structured questionnaire gave interviewees opportunity to express their views freely, thus enhancing the objectivity of the results. Focal oral interviews, informal discussions and case studies were used to supplement information collected through questionnaires. The data collected includes; profitability of palm wine and other Alcoholic beverages, consumption and income level in the business.

#### 2.4. Data Analysis

Data obtained from the study were analyzed using descriptive statistics, inferential statistics and economic tools. (i) Descriptive statistics utilized were; frequency distribution, percentages, means, standard deviation, and tables.

(ii)The mean Consumption level of Palm Winebased on taste, availability and cost wasdetermine using the Total Performance Index (**TPI**) as used by (O'Neill, 2015) [15]: The TPI is expressed as:

$$TPI = \frac{\sum A + B + C}{3}$$

Where:

A = Mean value of taste of Palm Wine

B = Mean value of availability of Palm Wine

C = Mean value of cost of Palm Wine

# 3. Results

# 3.1. Level of consumption of, and income from palm wine vis-a-vis other industrial beverages among the geopolitical zones in Cross River State, Nigeria

The consumption level and income from palm wine is shown in Table 2. The Consumption of palm wine per day was 33.3L, 24.8L and 19.4L in Northern, Central and Southern Zones respectively. The consumption level of palm winefrom the Central and Southern Zones were not significantly different (P>0.05) from each other, but were significantly different (P<0.05) from that in the Northern Zone. Consumption level of other alcoholic beverages were 23.9l, 20.4L and 17.6L from the Northern, Central and Southern Zones respectively. The consumption level in the Northern and Central Zones were not significantly different (P>0.05) from each other, but significantly different from that in the Southern Zone.

Similarly, the income level from palm wine was N1845.54, N1538.40 and N1837.60 from the Northern, Central and Southern Zones respectively. The income from palm wine in the Northern

and Central Geopolitical Zones were not significantly different (P>0.05) from each other but significantly different from that in the Southern Zone. Furthermore, income from other alcoholic beverages were; N4401.60, N3847.60 and N3847.00 from the Northern, Central and Southern Zones respectively. The income from other alcoholic beverages among the Geopolitical Zones were not significantly different (P>0.05) from each other; implying that income from these beverages are similar among the Geopolitical Zones.

# 3.2. Total performance indices of palm wine and other alcoholic beverages

The reasons for higher consumption level of palm wine over other alcoholic beverages are presented in (Table 3). Three criteria; taste, availability and price of the commodity were used during the study. Based on these criteria, palm wine recorded the highest TPI of 4.88cm<sup>3</sup>. Thus comparing consumption of palm wine and other alcoholic beverages based on criteria in percentages (%) shows that on taste, palm wine had the highest percentage of 24.74 %, followed by others (Harp (H), Goldberg (Gb) and Origin (Or)), Dry gin, Heineken, Stout, Gulder and Star, with 14.03 %, 12.97 %, 12.42 %, 12.42 %, 12.01 % and 11.41 % respectively. Similarly, based on availability, palm wine also had the highest percentage of 23.52 %, followed by others (Harp, Goldberg and origin) Dry gin, Stout, Heineken, Gulder and Star, with the percentages of 13.65 %, 13.12 %, 12.88 %, 12.54 %, 12.34 % and 11.95 % respectively. Also, based on cost, palm wine still had the highest percentage of 24.02 %, followed by dry gin, others (Harp, Goldberger and origin), Stout, Guilder, Heineken and Star, with the percentages of 13.95 %, 13.45 %, 12.67 %, 12, 28 %, 11.79 % and 11.84 % respectively. Thus, the mean daily consumption level of alcoholic beverages based on the three criteria shows that palm wine performed better than all the other alcoholic beverages in Cross River State.

Table 2. Consumption of and income from palm wine and other alcoholic beverages among the geopolitical zones in Cross River State, Nigeria

Palm Wine					Other Alcoholic Beverages		
Geopolitica I Zone	N	Quantity Sold/Day	Mean prevailing Unit Price( <del>N</del> )	Mean Total Income ( <del>N</del> )	Quantity Sold/Day	Mean prevailing market Price/unit (N)	Mean Total Income (₦)
Northern	38	33.3±17.2 <sup>a</sup>	66 <sup>b</sup>	1845.4 <sup>a</sup>	23.9±10.3 <sup>a</sup>	200 <sup>b</sup>	4401.6ª
Central	25	24.8±5.3 <sup>b</sup>	71 <sup>a</sup>	1538.4 <sup>a</sup>	20.4±11.3 <sup>ab</sup>	200 <sup>b</sup>	3849.6ª
Southern	19	19.4±6.4 <sup>b</sup>	59 <sup>c</sup>	837.6 <sup>b</sup>	17.6±9.6 <sup>b</sup>	240 <sup>a</sup>	3847.0ª
df		2	2		2	2	
F.stat		8.90	18.70		2.50	113.80	
LSD		0.00	0.00		0.09	0.00	

Level of significance = 0.05.

N= Number of respondents

**Note**: Means in the same column with same alphabets superscripts are not significantly different from each other.

Table 3: Total performance indices of palm wine and other alcoholic beverages in Cross River State, Nigeria

Alcoholic Beverages	Consumption Consumption level Based Consumption level level Based on Base on on Taste(ltrs) Availability(ltrs) cost(ltrs)								
	A:Mean±SD	a:%	B: Mean ±SD	b:%	C: Mean ±SD	c:%	A,B,&C = D	TPI = D÷3	Ranking
Star	2.26±1.193	11.41	2.47±1.294	11.95	2.41±1.232	11.84	7.14	2.38	7
Gulder	2.38±1.199	12.01	2.55±1.210	12.34	2.5±1.253	12.28	7.43	2.47	6
Stout	2.46±1.173	12.42	2.66±1.318	12.88	2.58±1.331	12.67	7.7	2.57	4
Heineken	2.46±1.305	12.42	2.59±1.390	12.54	2.4±1.341	11.79	7.45	2.48	5
Dry gin	2.57±1.257	12.97	2.71±1.259	13.12	2.84±1.278	13.95	8.12	2.71	3
Palm wine	<b>4.90</b> ±0.383	24.74	<b>4.86</b> ±0.407	23.52	<b>4.89</b> ±0.398	24.02	14.63	4.88	1
Others(H,Gb,Or.)	2.78±1.320	14.03	2.82±1.366	13.65	2.74±1.425	13.43	8.3	2.77	2

Note: Mean values represent mean responses of respondents per consumption criterion

#### 4. Discussion

More volume of palm wine was consumed than other alcoholic beverages in all the three geopolitical zones of the study area. The finding of this study on the daily quantity of palm wine 23.9L, 20.4L and 17.6L consumed in the Northern, Central and Southern parts of Cross River State respectively compares well with the study of Aiyeloija *et al.*, (2014)[16] were 20L, 15L, 23L and 30L of raphia palm wine were consumed in Ehume, Ogeide, Okuoke and Sapele respectively in Southern part of Nigeria. The mean total income of N4401.60, N3849.60 and N3847.0 obtained from this study were lower than the monthly profit of N12,000.00, N10,000.00, N13,800 and N9,000 obtained from Aiyeloija *et al.*, (2014)[16].

The preference of palm wine over other alcoholic beverages was based on the attributes of taste, availability and cost. This finding is in consonance with the findings of Ogbeide and Ele (2015)[17] that ranked taste of palm wine above the attributes of color, country of origin, packaging, label, maker and grape/fruit as the most important factor influencing palm wine purchase and consumption decision. This finding also agrees with the study of Aiyeloija *et al.*, (2014)[16] that raphia palm wine is preferred among the people of Sapele LGA because of its distinctive taste than its intoxicating power, availability of the product and price. The finding is also supported by the study of Koewn and Casy (1995)[18] that taste of wine is the most important attribute preferred by consumers in Northern Ireland. Cohen and Cohen (2011)[19] in their study on the relationship between taste and consumer choice of wine asserted that taste has a strong relationship with choice.

The relatively larger volume of palm wine being consumed in the study area over industrial beverages could be attributed to its lower prices occasioned by its short shelf life and local production processes. This finding agrees with the study of McKee *et al.*, (2005)[20] and Lang *et al.*, (2006)[21] that locally produced traditional alcoholic beverages tend to be considerably cheaper than their western-style, commercially produced counterparts and are thus most likely to be consumed by those who are on the margins of society, are very heavy drinkers or are dependent on alcohol. They also asserted that in spite of the higher price, industrially produced alcoholic beverages are gaining popularity in many of countries.

The relatively higher income from industrial beverages over palm wine could perhaps be explained by the local poor production processes, fragility and very short shelf life due to fermentation and packaging and local promotion status. Thus, Omofonmwan *et al.*, (2013)[22] asserted that palm wine marketing in Nigeria is dominated by small scale producers and marketing with little or no technology

on preservation hence marketer's volume of processed palm wine marketed in relation to other alcoholic beverages is usually smaller and highly seasonal with preservation challenges.

#### 5. Conclusion and Recommendation

Assessment of consumption and income generation between palm wine and other industrial beverages in three geopolitical zones in Cross River State, Nigeria indicated that palm wine was consumed on a daily basis more than other alcoholic beverages in the State. However, the marketing margin from other alcoholic beverages was higher than the marketing margin of palm wine due to its lower unit price, perishability of product, poor storage and processing techniques. Taste of palm wine is the most important attribute influencing its purchase and consumption decision. Palm wine business is a profitable venture capable of sustaining livelihoods, therefore government and other development stakeholders on economic and environment should play greater role in promoting potential entrepreneurship in palm wine as a viable alternative source of livelihood through creation of awareness and better incentives for sustainable management of this natural forest resource. Recommendation is made on curtailing human activities capable of destroying palm trees.

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