Synthesis of Morphine Loaded Hydroxyapatite Nanoparticles (HAPs) and Determination of Genotoxic Effect for Using Pain Management

Abstract

 Morphine is used as a standard analgesic for intensive pain relief. It relieves acute and chronic pain by acting directly on the central nervous system and to treat myocardial infarction and shortness of breath. However, the use of morphine for the alleviation of chronic pain is controversial because of the its adverse side effects. The overall success of this medicine in chronic therapy is due to the long-term activity of the drug at a reasonable concentration. Nanoparticle-based carriers have emerged as a new class of drug delivery systems that can overcome traditional drug side-effect limitations by reducing toxicity to a minimum. In this study, a morphine-loaded HAPs drug delivery system was investigated. [Fouirer Transform](https://potkam.arel.edu.tr/cihazlar/fouirer-transform-infrared-spektrofotometre-ftir) [Infrared Spektrofotometre](https://potkam.arel.edu.tr/cihazlar/fouirer-transform-infrared-spektrofotometre-ftir) (FTIR) analysis was used to characterize typical functional groups found in the chemical composition of Hydroxyapatite Nanoparticles (HAPs) and morphine loaded HAPs (HAP+M). Scanning electron microscopy (SEM) and Transmission electron microscope (TEM) analyzes were performed to examine the size, morphology, and porosity of morphine loaded HAPs. Characterization analysis showed that HAP nanoparticles were 19 loaded with morphine. The effects of pH on release of morphine-loaded HAPs was 20 determined. The release time of the entrapped morphine in the nanoparticle increased in all 21 conditions, thus increasing the morphine time in the human body. Thus, patients will have to 22 take less morphine. In addition, it was investigated whether the morphine loaded HAP cell produced oxidative stress and genotoxic effect on DNA. Findings presented in this paper suggested that morphine-loaded HAPs have a promising future as a nanocarrier for pain treatment.

ABBREVIATIONS

- COMET **:** Single-Cell Gel Electrophoresis
- 28 FTIR : [Fouirer Transform Infrared Spektrofotometry](https://potkam.arel.edu.tr/cihazlar/fouirer-transform-infrared-spektrofotometre-ftir)
- 29 HA : Hydroxyapatite
- 30 HAP+M : Morphine Loaded Hydroxyapatite Nanoparticles
- 31 HAPs : Hydroxyapatite Nanoparticles
- 32 HPLC : High Performance Liquid Chromatography

side effects. The current pain management method of the World Health Organization (WHO) begins with non- opioid drugs, progresses with weak opioids and results in strong opioids [1]. The WHO also suggests adjuvant treatment with antidepressant drugs to help decrease anxiety associated with chronic pain. Pain management can be complicated by the dependence on the drugs used and drug side effects. Many factors can influence the drug trend, including genetic diversity, which can further complicate the management of these factors [2]. Morphine is a powerful pain reliever and is used to treat severe pain such as surgery, serious injury, cancer-related pain, or heart attack. It is also used for other chronic pain types where weaker painkillers are no longer effective. Morphine is marketed in the form of tablets, capsules, granules, injectable, and suppositories and can only be used by prescription. It is used as a standard analgesic for intensive pain treatment. It is used directly to relieve acute and chronic pain by acting on the central nervous system. It works by preventing the pain signals moving along the nerve from passing to the brain [3].

 However, the use of morphine for the alleviation of chronic pain is controversial because of the adverse side effects such as addiction, respiratory depression, gastrointestinal effects, and urological effects. The most common side effects of morphine are constipation, feeling sick and insomnia. The use of morphine for the treatment of chronic pain can only be confirmed in patients who do not respond to other treatments. Because the long-term effects of overdose and continuous use of morphine can affect almost all organ systems of the body [3].

 Over the past several decades, nanotechnology has emerged with momentum as a promising new solution to a range of previously unsolvable scientific and technological issues. Nanoparticles offer a massive range of properties and characteristics that can be finely tuned for many applications, from electronics to medicine. More recently, an exploration into their uses in the field of targeted drug delivery has gained popularity with many successes and advancements resulting [4-6]. Even with these successes, there has been a delay in the transfer of nanotechnology to the field of pain management. Nanoparticles are available in sizes that are well within the range of typical synaptic gaps through which neurons communicate, and their size also lends them towards possible passage through the blood-brain barrier, a system of tight gap junctions which prevent the passage of large, ionized molecules from entering the central nervous system [7,8]. These size advantages, coupled with the ease of surface modifications and highly tunable characteristics, suggest that the future of pain management lies within the field of nanotechnology.

 Hydroxyapatite (HA) is a bioactive, osteoconductive chemical agent that is neither toxic nor immunogenic [9]. There are several applications of HA such as catalysis, fertilizers and pharmaceutical products, water treatment processes and bone and tooth repair. However, the applications areas are very restricted because of their fragility. Many studies have been carried out to modify HA with polymers since natural bone is a composite consisting essentially of nano-sized pinhole HA crystals (constituting about 65% of bones) [3] and collagen fibers [4]. Extremely thin HA powder has been used to increase the quality of HA [5]. In the literature, a number of methods such as Sol-gel [6,7], reverse microemulsion [8,9], hydrothermal [10], microwave hydrothermal [11], precipitation [12] and solid-state reaction [12] have been reported for HA synthesis. Nano-sized and weak agglomerated HA particles were produced by hydrothermal and microemulsion methods [5]. The most reported method for preparing HA particles is the precipitation method. This process is easy, economic and appropriate for industrial production [5]. Ultrasonication is known to be particularly useful for disrupting aggregates and reducing size and polydispersity of nanoparticles [13].

 HA acts as a prototype for bones and teeth and is also commonly used in medical implants [14]. HA is used in the bone as nano-sized needle-like crystals. HA can be used in a variety of forms including powder, granules, porous grains. It is necessary to characterize the HA powder depending on the desired application. Some parameters such as purity, crystallinity, and morphology can be controlled when the wet synthesis technique is used. Applications of morphologies can differ. For example, although spherical particles are used in thermal spray coating, needle-shaped or rod-shape are used in bone repair composite material [15]. Recently, nano-HA has attracted the attention of researchers thanks to the important role of HA in several biomedical applications. The nanoparticle size of the HA crystal is an average length of 50 nm and is embedded in the collagen matrix in natural bone and teeth. Actually, collagen acts as a template in the collagen-controlled bio-mineralization process [16].

 A long-acting product formulation from the morphine will have the potency of both patient rehabilitation and patient comfort. The overall success of this drug in chronic therapy is due to its long-term activity at a reasonable concentration around the action area. After entering the host, the nanoparticles, which have a reasonable density near the domain, function as a drug reservoir capable of releasing the drug for a long time in the bloodstream. This long-acting drug profile is used as a basis for long-term chronic drug action to the desired effect. For these reasons, there is a need to develop a morphine-loaded nanoparticle drug release system without any cytotoxicity threat. In addition, there is a need to be developed to release the morphine loaded drug slowly and in a controlled manner into the action zone.

 In this study, the first time morphine loaded HAPs (HAP + M) were synthesized and partial characterization was performed. The effect of morphine release of pH was investigated and 124 the genotoxicity of $HAP + M$ was determined by comparing the comet assay and oxidative stress parameters.

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2. MATERIALS AND METHODS

2.1. Materials

 Poppy capsules were obtained from Opium Alkaloid Plant (Turkish Grain Board). The capsules were broken and their seeds are separated. Poppy capsules were dried at room temperature for 15 days in a dark room at room temperature. It was ground to the size of 80 mesh grain size before extraction. Morphine Reference Standard was obtained from the

 United States Pharmacopeia (USP). All chemicals used in all experiments were in analytical quality and in High performance liquid chromatography (HPLC) grades all solvents used for chromatographic purposes. All chemicals were purchased from Sigma Aldrich. 0.45 μm membranes (Millipore, Bedford) were used for the filtration of all solutions.

2.2. Extraction of morphine from poppy capsules.

 Alkaloids are produced by using natural products or synthetically. Because of the low toxicity 141 of natural products, they are preferred from the pharmaceutical industry. Therefore, morphine 142 was extracted from poppy capsules in this study. 100 gr. of dried and the ground sample was 143 weighed into a 2 lt. of the beaker. 1000 ml. of solvent (80 % Methanol + 20 % 0.1 M. HCl) was added over the capsules. Morphine was extracted for one day by constant stirring. The 145 mixture was filtered of $f. 500$ ml. of solvent (80 % Methanol + 20 % 0.1 M. HCl) was added 146 on the poppy capsules for the second extraction. The mixture was filtered off. 500 ml. of 147 solvent (80 % Methanol $+ 20$ % 0.1 M. HCl) was added on the poppy capsules for the third 148 extraction. The mixture was filtered off. All extracts obtained from three extractions were 149 combined for purification. The combined extract was evaporated under vacuum at 40 $^{\circ}$ C in a 150 rotary evaporator to 200 ml. of a total volume. 200 ml. of concentrated aqueous extract was 151 left. Concentrated extract was kept in the refrigerator for one day. The extracts were filtered and plant-derived wax, tannins, and oily substances were separated and thrown. A small amount of diatomaceous earth was added to remove the impurities in the concentrated extract 154 solution to obtain a clearer extract, and the mixture was stirred at 50 \degree C for half an hour. The mixture was filtered through white band strainer paper. A more transparent extract was obtained.

 The concentrated extract was extracted 3 times with petroleum ether to remove the vegetative oily substances in the concentrated extract. In each extraction, the aqueous concentrate extract 160 and the petroleum ether were stirred for 15 min. It was left for 15 min. and the phases were allowed to separate. The morphine-free petroleum ether phase was discarded. Active carbon is used to remove undesirable compounds that can cause color, quality, and property changes in liquids due to its enabling feature of final product in the pharmaceutical industry to be uncolored and purified. For this, a small amount of activated carbon was added to the extract, 165 stirred at 50 \degree C for half an hour and filtered. This process was repeated three times. Finally, the concentrated extract was evaporated to a saturation concentration in a rotary evaporator. The amount of morphine in the concentrated extract was determined by HPLC analysis [17].

2.3. Preparation of morphine loaded HAPs with precipitation method using ammonium phosphate and calcium nitrate solutions

 HAPs were prepared using an aqueous precipitation technique. The molar concentration of calcium nitrate tetrahydrate and diammonium hydrogen orthophosphate was adjusted to have 173 a theoretical value of the Ca/P ratio: 1.667. 0.156 \overline{M} stock solution of diammonium hydrogen 174 orthophosphate in demineralized water and 0.400 M. stock solution of calcium nitrate tetrahydrate in absolute ethanol were used. These solutions were continuously mixed at a 176 temperature of 70 °C for 4 hrs. on the magnetic stirrer.100 ml. of diammonium hydrogen orthophosphate solution was added to the beaker to synthesize morphine-loaded HAPs. The 178 solution was heated to 70 °C. 50 ml of concentrated morphine solution was added over its. 100 mL of the calcium nitrate solution was added dropwise to this mixture for an hour. The mixture was stirred at 70 °C for 4 hours. The precipitated white colored nanoparticles were filtered using white band filter paper and washed three times with double distilled water and finally with ethanol. Nanoparticles powder were dried in an oven at 105 °C for 4 hours until it gets dry.

2.4. Characterization Analysis of HAPs

2.4.1. Determination of Morphine Contents by HPLC Analysis

 In our study, HPLC analyzes were used to determine that morphine content was loaded into 188 HAP. Therefore, **Purity** control was not carried out in the extraction steps. Chromatographic analyzes were performed on an Agilent brand 1260 model HPLC instrument (Agilent, USA). The system includes a quaternary gradient pump, vacuum degasser, column thermostat, automatic sampler, and (UV/VIS) detector. The Chem. Station software was used to collect and evaluate data. Chromatographic separation was performed with an ACE C18 column (5 μ m, $\frac{150 \text{ mm}}{150 \text{ mm}}$. $\frac{150 \text{ mm}}{150 \text{ mm}}$. I. D.). Mobile phase A was a solution of 5 % acetonitrile and mobile phase B was a mixture of acetonitrile: glacial acetic acid: trimethylamine in the ratio of (97.9: 195 2: 0.1, v/v). The flow rate of the mobile phase was 1 $\frac{m!}{m!}$; Column thermostat 196 temperature was maintained at 30 °C; Injection volume was 50 μ l. Detection was carried out at 284 nm; Working time: 30 min. Elution was performed with the gradient: 0 min. 10% 198 solvent B; $0-5$ min. from 10 to 15% solvent B; $5-10$ min. from 15 to 20% solvent B; $10-$ 199 20 min. from 20 to 35% solvent B; 20–30 min. from 35 to 10% solvent B [18].

- 201 To analyze the amount of morphine in the morphine-loaded nanoparticle, 200 mg of 202 nanoparticle was weighed into a 100 ml beaker. 20 ml of 0.1 **M**. HCl was added and 203 dissolved in the ultrasonic bath. Transferred to a 50 ml , balloon, the volume was completely deionized water. The amount of morphine in the resulting solution was analyzed by HPLC.
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2.4.2. Fourier-transform infrared spectroscopy (FTIR), Scanning electron microscopy (SEM) and Transmission electron microscopy (TEM) analysis

- FTIR analysis was carried out to determine the various phosphate and carbonate functional groups in the synthesized HAPs. HAPs dried at 105 °C was analyzed for FTIR analysis. Spectrum Two model of Perkin Elmer brand FTIR Spectrometer was used in FTIR analysis.
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- SEM analysis was performed to determine the morphological and grain sizes of the synthesized nanoparticles. Phenom brand ProX model SEM device was used in the analysis.
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 TEM analysis was performed to clarify the size, shape, morphology and structure of the nanoparticles. JEOL JEM-2100 transmission electron microscope (UHR) device was used in the analysis.

2.5. The effect of pH on morphine-loaded drug release

 A NaCl / HCl solution with a pH of 1.2 (stomach pH) and 7.4 (intestinal pH) were prepared. 221 The release tests were carried out at a temperature of 37 ± 0.5 °C (human body temperature) 222 in a horizontal shaking kiln at 100 rpm. 200 mg powder of morphine loaded HAPs was 223 weighed to a beaker of 100 ml. and added 20 ml. of the PBS solution. The morphine amount in the prepared medium is 14.2 ppm. Erlenmeyer was covered with aluminum foil and was 225 placed in a shaker oven 100 rpm at 37 °C. 2 ml of samples was taken at every five hours. The samples were analyzed by HPLC after filtration through an injector filter [19]. Measurements were continued until the drug release was fixed.

2.6. Comet assay

 The blood samples were collected from a healthy and non-smoking young donor at the age of 28. Leukocytes were isolated over Histopaque 1083 gradients by centrifugation at 2100 rpm 232 for 20 min. at 15 \degree C. The comet assay was performed under alkaline conditions according to *Singh et al. (1988)* with some modifications. Isolated human leukocytes (100 µL) were 234 incubated with 100 μ L different concentrations of HA and HA+M (5, 10 and 25 mg/ml) for

235 1 hrs. at 37°C [20]. a Positive (30 mM. H_2O_2) and a solvent control $(1XPBS)$ were also

- 263 that morphine molecules are loaded into HAP nanoparticles.
-
- **Table 1 The amount of morphine**

268 **Figure 1 HPLC chromatogram of morphine loaded HAPs.**

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270 Functional groups associated with HA were identified by FTIR spectroscopy. The FTIR 271 spectra of morphine loaded HAPs and HAPs were shown in figure 2. The absorption bands at 272 1060 cm⁻¹ detected in the spectra are attributed $(PO₄)³$ groups. HA has been revealed by the 273 absence of a large peak at 3550 cm^{-1} attributed to the crystallization water and the water 274 molecules trapped in the apatite unit cell. Although non-stoichiometric HA can contain some 275 water molecules, stoichiometric HA cannot contain water molecules generally in its unit cell. 276 Absorption bands at 3571 cm⁻¹ and 629 cm⁻¹ show the presence of hydroxyl ion in the apatite 277 lattice. Absorption bands observed at 1124, 1060, 993, 886 and 562 cm⁻¹ show $(PO₄)³$ groups 278 [23,24]. *Misra et al (2011)* determined morphine absorption bands in FTIR [25]. Similarly, in 279 this study; FTIR spectrum of morphine-loaded HAPs was observed to contain different peaks 280 (653.32, 789.75, 875.36, 1653.8, 3473, 3539 cm⁻¹) due to the morphine when compared to the 281 spectrum of HAP (Fig 2).

Figure 2 FTIR spectrum of morphine loaded HA and unloaded HAPs, respectively.

3.3. Scanning electron microscopy

 Studies show that the morphology (Irregular, sphere, rod, needle, platelet, tube, fiber, filament, wire, whisker, strip, platelet, flower) and magnitude of HAP (3 nm sp 1000 μm.) may vary depending on the synthesis method used [26-28,].

 The morphologies of the synthesized powders were observed by SEM and it was shown in Fig. 3. The samples are mostly composed of fine-grained and homogeneous particles. The produced spherical particles can be stacked at high levels, most of the particles are submicron and nano-sized, as shown in Fig. 3. Since HA provides a porous surface structure, the predominant size of the particles is in the range of 90-150 nm.

Figure 3 SEM image of morphine loaded HAPs

The crystal structures of apatite have been studied in details [29]. The HAP lattice consists of

301 Ca^{2+} , PO₄^{3–} and OH¹⁻ ions distributed over two mirror symmetric halves of the unit cell [30].

302 As a result of point analysis, Ca and P ions were detected in unloaded HAP as seen in figure 303 $\frac{4}{3}$. These ions in the structure of hydroxyapatite $\left[C_{45} (PO_{4})_{3} (OH)\right]$ are proof that the desired 304 HAP is formed as shown in figure 5. The structure of morphine $(C_{17}H_{19}NO_3)$ contains 305 nitrogen ions as seen in figure 5. As a result of the SEM point analysis, the determination of 306 the nitrogen with **loaded** particles has shown that morphine is loaded into HAP (fig 4). In this study, SEM point analysis shows that both the empty HAP and the morphine loaded HAP were obtained.

 There are few articles describing the binding mechanisms of drug active substances on the 311 surface of HAP particles. Therapeutic agents can interact with the surface of the nanoparticles in two different ways. One is through detachable covalent connections and the other through physical interactions. The amino or hydroxyl groups on the surface of the nanoparticles are effective in covalent binding. Physical interactions such as electrostatic, hydrophobic/hydrophilic and affinity ones can lead to coupling of drug molecules with the surfaces of nanoparticles [31].

318 In a single cell unit of HAP, there are 10 $PO₄^{3–}$ groups of a unit cell, two remain inside and eight at the periphery. The positively charged morphine molecules we have obtained are most likely bound by weak electrostatic bonds within the hexagonal structure of the HAP nanoparticles. Binding occurred between the negative charges of the polarized morphine ends and the positively charged phosphate ions in the HAP.

Figure 4 Point analysis of empty (A) and morphine loaded (B) nanoparticle

Figure 5. Chemical structure of HA and morphine

3.4. Transmission electron microscopy

Figure 6 shows TEM images of morphine loaded HA nanoparticle samples. The results

demonstrated that the shape of morphine loaded HA nanoparticle samples is a spherical

shape. Nanoparticle sizes were observed to be average 100 nm.

Figure 6. TEM images of morphine loaded HA nanoparticle samples.

3.5. Comet Assay

 Since genotoxicity tests of many commonly used drugs are found to be positive, it has become mandatory to screen for mutagenic and carcinogenic potentials of new drugs. It has been reported that morphine causes a significant increase in micronucleus count and DNA 342 damage depending on the dose [32]. Morphine has a genotoxic effect through reactive oxygen 343 species (ROS) causing oxidative stress like other opioids [33-35]. In addition, Morphine causes DNA damage by inhibiting oxidative stress enzymes such as Glutathione peroxidase, Glutathione, Superoxide dismutase [36].

 There is clear evidence that drugs can lead to oxidative stress. Oxidation on DNA results in various lesions such as abasic zones and single or double helix fractures.

 There is clear evidence to implicate drug-induced oxidative stress as a mechanism of toxicity. Oxidation of DNA leads to the formation of lesions including oxidized bases, abasic sites, and DNA single- and/or double-strand breaks. One of the reliable techniques for determining oxidative DNA damage is single-cell gel electrophoresis (comet) assay [37]. COMET test is preferred by a number of researchers in toxicity studies due to its precision, speed and economy. In particular, showing DNA damage is a very useful and successful technique. *Shafer et al. (1994)* observed dose dependent, significant increases in the frequency of comet 357 tails of fragmented DNA when cells were treated with morphine $(5 \times 10^{-9} / 10^{-7}$ M.) [38]. Even though indirect measurements of oxidative stress level indicates the generation of ROS 359 by HAP, no significant effects associated with ROS mediated cellular damage was evident 360 suggesting the levels of ROS generated is not crossing the threshold level which the system 361 could manage [39].

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 In this study, the genotoxic effect of morphine-loaded HAP (HAP+M) was evaluated by measuring the values of both comet and oxidative stress parameters (TAS, TOS and OSI). The effect of HAP and HAP+M on DNA damage is given to Table 2. All tested concentrations increased DNA damage in a dose-dependent manner for HA (r=-0.891p=0.01) and for HAP+M (r=-0.905 p=0.01). The significant DNA damage was induced after HA except for 5 mg/mL and after HAP+M at 25 mg/mL. While the highest DNA damage was observed the positive control (271.67±4.37), the lowest one observed in the control group (0.33±0.33). 25 mg/L of HAP+M significantly reduced DNA damage compared to HAP.

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372 **Table 2 Protective effect of HO leaf extract against to H2O²**

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375 * Means with the same letter do not differ statistically at the level of 0.05. SD: Standard Deviation

376 HAP; HA nanoparticle, HAP+M; morphine loaded HA nanoparticle

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378 No significant difference was observed between the 5 mg / mL $HAP + M$ and control group. 379 When the concentration increased, total oxidant capacity increased and total antioxidant 380 capacity decreased. 10 and 25 mg / mL of HAP and 25 mg / mL of HAP + M were found to 381 be statistically significant compared to the control group (Table 3).

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383 **Table 3. Total oxidant and antioxidant capacity**

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386 **3.7. The effect of pH on morphine-loaded HAP release**

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388 The graph showing drug release in pH:1.2 as a function of time was given in Figure 7. 389 Morphine-loaded HAPs were found to release a maximum of 69.3 % at the end of 30 hours in 390 pH:1.2.

392

393 **Figure 7 The graph showing drug release in pH:1.2.**

394 The graph showing drug release in pH:7.4 as a function of time was given in Figure 8. 395 Morphine-loaded HAPs were found to release a maximum of 7.0 % at the end of 95 hours in 396 the intestinal environment.

Figure 8 The graph showing drug release in the intestinal environment.

 Matsumoto et al (2004) reported that release of protein in pH 4.0 was higher than pH 7.0 at protein loaded HAP. This is because solubility of HA is greatly affected by the pH. In general, 403 a more acidic environment causes to become more soluble of HA, while a less acidic environment makes HA less soluble.

4. Conclusion

 The development of morphine-based controlled release formulations for chronic pain management is an extremely important issue. Other options should be used for drug delivery aiming at obtaining effective, safe and innovative products. The literature has shown that binding of morphine to particulate systems not only provides sustained and controlled release of the drug but also provides a superior or equivalent analgesic profile and reduced side effect formation from free radicals. HA appears to be an interesting alternative to future studies, considering the wide range of advantages of nanoparticles and the lack of study of morphine. Current studies are still not enough to revive the production of new products containing morphine-loaded nanoparticles in the pharmaceutical industry.

 In this study, it was determined that HAP can be used as a nongenotoxic morphine transport system. However, the drug load of the carrier can be increased and controlled release is achieved with modifications to the HAP molecule. Subsequent studies should be based on

- release modeling of the morphine charged HAP nanoparticle at in vivo and invitro media.
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Disclaimer regarding Consent/Ethical Approval:

 As per university standard guideline participant consent and ethical approval has been collected and preserved by the authors.

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