

Editor's Comment:

The author made, indeed a great effort to improve the msc according to suggestions. Therefore the final decision is to accept!

I just ask the managing editor to check for some punctuation, errors and some abbreviations (e.g.: p. 4 - ICT means for...; one of the sentences is in yellow because it needs clarification) ... Final references need to be revised

Just see the file attached.

Editor's Details:

Dr. Ana Sofia Pedrosa Gomes dos Santos
Assistant Professor, Faculdade de Motricidade Humana, Universidade de Lisboa, Portugal