



SDI Review Form 1.6

Journal Name:	European Journal of Medicinal Plants
Manuscript Number:	Ms_EJMP_48976
Title of the Manuscript:	A Randomized, Double-Blind, Placebo-Controlled Study of a Blend of Herbal Extracts Taken Once Per Day for Weight Loss in Healthy Volunteers
Type of the Article	Short Research Article

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline>)

PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments	<ol style="list-style-type: none"> 1. It is necessary to explain the mechanism of each herbal component causes weight loss 2. Are the foods consumed in these two groups checked or calculate the energy eating? if not, I am afraid, may be the weight loss due to differences food consumed not by herbal consumption 	<p>We thank the reviewer for the helpful feedback and are pleased to address their comments.</p> <ol style="list-style-type: none"> 1. We have included additional detail in the discussion on the mechanism for how each of the herbal components are hypothesized to contribute to weight loss. 2. The food consumed was not recorded in either of the treatment groups. The reviewer is correct that reduced food intake likely contributes to weight loss with the herbal blend, as participants who received the herbal blend reported a reduction in appetite and craving. To better address this important question, we have added additional detail of the mechanism for weight loss, including a discussion of effects on appetite and other effects of the herbal extracts on metabolism, blood glucose, and digestion.
Minor REVISION comments	Some spelling need improve	Thank you, we have made corrections.
Optional/General comments	This article is interesting, but needs improvement, especially in the mechanism why this herbal mixture causes weight loss	Thank you, we believe the article is improved by these changes.

PART 2:

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	(If yes, Kindly please write down the ethical issues here in details)	