



**SDI Review Form 1.6**

Journal Name:	<a href="#">European Journal of Medicinal Plants</a>
Manuscript Number:	Ms_EJMP_48976
Title of the Manuscript:	A Randomized, Double-Blind, Placebo-Controlled Study of a Blend of Herbal Extracts Taken Once Per Day for Weight Loss in Healthy Volunteers
Type of the Article	Short Research Article

**General guideline for Peer Review process:**

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound. To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline>)

**PART 1: Review Comments**

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<b>Compulsory</b> REVISION comments	THE MANUSCRIPT WAS WELL WRITTEN AND ALL THE ASPECTS WERE EXPLAINED WELL. IN THE ABSTRACT SECTION, THE PLANT NAMES SHOULD BE GIVEN IN ITALIC. THE AUTHORS CLEARLY MENTIONED THE OBJECTIVE AND THE RESULTS ARE ALSO IN GOOD AGREEMENT WITH THE OBJECTIVE TAKEN. IF THE AUTHORS INCLUDE THE LIPID PROFILE OF THE SUBJECTS, IT WILL GIVE MORE SUPPORTIVE. THE AUTHORS ARE ALSO SUGGESTED THAT THE COMBINATION OF THE HERBAL MIXTURE IN THE MANUSCRIPT. THEY ALSO TRY TO EXPLAIN THE MECHANISM OF WEIGHT REDUCTION. APART FROM THESE SUGGESTIONS THE MANUSCRIPT IS WELL WRITTEN AND IT MAY BE ACCEPTED WITHOUT ANY CHANGES.	<p>We thank the reviewer for the helpful feedback and are pleased to address their comments.</p> <ul style="list-style-type: none"> <li>The plant names in the Keywords section have been italicised</li> <li>We agree that the effect of the herbal blend on lipids would be of great interest. Data by Lockyer et al (reference 7) demonstrated that phenolic-rich olive oil extract reduced plasma lipids. Although the effect of the herbal blend on lipids was not investigated in this study, we appreciate the feedback and will take this into consideration in future studies. To address the comment, we have added to the discussion a statement about the effects of olive leave extracts on lipids.</li> <li>We have also added a paragraph to the discussion that goes into more detail on the mechanism for the reduction in weight.</li> </ul>
<b>Minor</b> REVISION comments		
<b>Optional/General</b> comments		

**PART 2:**

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	(If yes, Kindly please write down the ethical issues here in details)	