

25 Keywords: Watermelon pulp, foam-mat drying, optimization, response surface methodology, 26 activation energy

## 27 **1 Introduction**

28 Foam mat drying involves the transformation of biological material from a liquid to a stable 29 foam which is accomplished by air drying [1]. Azizpour et al. [2] reported that foam mat drying 30 dates back to 1917. Foam mat drying which is an example of a novel drying technique [3] has 31 received attention by its characterization through faster drying, and drying of material that 32 contain high moisture content [2]. Foam mat drying can be used in the removal of moisture in 33 juice, milk, fruits, beverages, jams [4]. Application of foam mat drying can be extended to the 34 large-scale production of fruit powders

35 Watermelon *(Citrullus lanatus*) belongs to the family Cucurbitaceae and in the same family with 36 cucumber and pumpkin. There are more than 100 varieties of watermelon ranging in weight from 37 less than 1.4 kg to more than 32 kg and may be round or oblong in shape. It has smooth skin and 38 may vary in color from light green to dark green [5]. Watermelon contains 91% water and 7% of 39 carbohydrates. It is rich in lycopene a very powerful antioxidant, and also in citrulline [6]. [7] 40 made a report that watermelon is a valued source of natural antioxidants with special reference to 41 lycopene, ascorbic acid, and citrulline and these functional ingredients act as protection against 42 chronic health problems like cancer insurgence and cardiovascular disorders. Many research 43 works agreed with that fact that watermelon contains two health benefit component that cannot 44 be ignored. Fruits have been said to be a major source of concentrated natural components that 45 help in maintaining human health; Lycopene, a red pigment of the carotenoid class found in only 46 a few fruits and vegetables, is a powerful oxygen radical scavenger and highly effective 47 antioxidant. A high dietary intake of tomatoes, rich in lycopene content, is associated with a 48 lower risk of certain cancers, primarily of the prostate [8]

49 Citrulline is described by [8] as a non-essential amino acid, its medication through oral method 50 to children and adolescents with sickle cell disease resulted in improvement in symptoms and 51 raised plasma arginine levels. It was concluded that watermelon rind is a rich source of amino 52 acid and also might produce a good product from agricultural waste.

53 This research work is focused on optimization of the drying characteristics of foam dried 54 watermelon as a function of drying system parameters (temperature and air velocity) and 55 structural parameters (foaming and stabilizing agent). Response surface methodology (RSM); a 56 collection of mathematical and statistical technique that are useful for modeling and analysis of 57 problems in which the response is influenced by several variables. The most extensive 58 applications of RSM are in the particular situations where several input variables potentially 59 influence some performance measure or quality characteristic of the process [9].

### 60 **2 Materials and methods**

61 The experiment to accomplish the desired objectives was performed in the Department of 62 Agricultural and Environmental Engineering of Federal University of Technology, Akure.

## 63 **2.1 Selection and sample preparation**

64 The watermelon fruit used for this study were purchased in local retail store around the south 65 gate of the Federal University of Technology, Akure. The fruits were wash and store until use. 66 The watermelon rind was removed, sliced into cubes and the seeds were removed. The fruits 67 were blended into juice using Binatone blending machine.

## 68 **2.1.1 Foam treatment**

69 The foamed watermelon concentrate was prepared by giving foaming treatment to the prepared 70 concentrated juice by adding different levels of foaming agents, foaming stabilizer. The foaming 71 agent and foaming stabilizer was added to watermelon concentrate at room temperature. The 72 formation of foam was formed by whipping with a mixer. The foaming agent: Egg albumen (5- 73 15 %), foaming stabilizer: Methylcellulose (0.5-2.5 %) and whipping time: 3-15 minutes. The 74 foamed watermelon concentrates were prepared by varying the levels of foaming agent and the 75 foaming stabilizer.

## 76 **2.2 Experimental design for optimization of foamed watermelon pulp**

77 The central composite experimental design was selected for the optimization of process variables 78 i.e. egg albumen, carboxyl methylcellulose, air velocity, and drying temperature using Response 79 surface methodology. Response surface methodology or RSM; a collection of mathematical and 80 statistical technique that are useful for modeling and analysis of problems in which the response 81 is influenced by several variables. The most extensive applications of RSM are in the particular 82 situations where several input variables potentially influence some performance measure or 83 quality characteristic of the process [9]. The design experiment runs were generated by using a 84 central composite design using a variable of air velocity, temperature, egg albumen as a foaming 85 agent and carboxyl methyl cellulose as the stabilizing agent and giving a response variable of

86 Activation Energy, Moisture Diffusivity, foam density, drying time and Final moisture

## 87 **2.2.1 Determination of foam density**

88 The density of the foamed watermelon pulp was determined in terms of mass per volume  $(9)$  (g/cm<sup>3</sup>). The density was determined by measuring the foam volume in a cylindrical beaker and 90 measuring the mass with the use of weighing balance.

Foam density ρ ൌ ୫ୟୱୱ ୴୭୪୳୫ୣ g/cmଷ <sup>91</sup>*(2.1)*

## 92 **2.2.2 Determination of the drying parameter**

- 93 The experiment sample was spread on an aluminum foil and placed in a mechanical dryer. The
- 94 weight of the sample weight of each sample was checked every half an hour to determined
- 95 drying rate and other drying parameters.
- 96 Table 2.1: Nomenclature of drying parameters





97

## 98 **2.2.3 Determination of drying rate (DR)**

99 The drying rate is one of the important parameters that help in the understanding of drying 100 characteristics of a material. The drying rate is calculated using expression described by Salahi et 101 al. [10]

$$
102 \t\t DR = \frac{M_t - M_{t + \Delta t}}{\Delta t} \t\t(2.2)
$$

- 103 where  $M_{t+\Delta t}$  is moisture content at  $t + \Delta t$  (kg water/kg dry solid), t is the time (min) and  $\Delta t$  is time
- 104 difference (min).

## 105 **2.2.4 Determination of moisture ratio**

106 The moisture content of the samples was expressed in term of moisture ratio (MR) using the

- 107 expression described by salahi et al. [10]
- $MR = \frac{M_t M_e}{M_i M_e}$  (2.3)

## 109 **2.2.5 Determination of moisture diffusivity**

- 110 Fick's diffusion equation was used for calculation of effective diffusivity as described by Wilson
- 111 *et al.* [11]
- 112  $MR = 8/\pi^2 \exp\left(\frac{-\pi^2 D_{eff} t}{4L^2}\right)$  (2.4)
- 113 Which can be rewritten as

114 
$$
D_{eff} = \frac{\ln MR - \ln \frac{8}{\pi^2}}{\frac{\pi^2 t}{4L^2}}
$$
 (2.5)

115 The slope  $(K_0)$  is calculated by plotting  $ln(MR)$  against time to determine the effective diffusivity 116 for different temperatures.

$$
117 \tK_o = \left(\frac{\pi^2 D_{eff}}{4L^2}\right) \t(2.6)
$$

## 118 **2.2.6 Determination of activation energy**

- 119 The relationship between the diffusion coefficient with the temperature can often be described by
- 120 the Arrhenius-type relationship Equation as described by Azizpour et al. [12] in equation 2.7

$$
121 \t D_{eff} = D_o \exp\left(-\frac{E_a}{RT}\right) \t (2.7)
$$

- 122 where  $D_0$  is the constant in Arrhenius equation (m<sup>2</sup> s<sup>-1</sup>); Ea is the activation energy (KJ mol<sup>-1</sup>); R
- 123 is the universal gas constant (kJ mol<sup>-1</sup> K<sup>-1</sup>). It can be rearranged in the form of:

124 
$$
\ln (D_{eff}) = \ln (D_o) \frac{-E_a}{RT}
$$
 (2.8)

125 The activation energy was calculated by plotting the  $ln(D<sub>eff</sub>)$  against the reciprocal of absolute 126 temperature (1/T)

## 127 **3 Results and Discussions**

## 128 **3.1 Model fitting**

129 The central composite design (CCD) data were analyzed using multiple regression analysis and 130 the correlation between the independent variables of foam mat drying *viz*., Temperature (60-80 131 °C), air velocity (0.5-2.5 m/s) carboxyl methyl cellulose (0.5-2.5 %) and egg albumen (5-15 %) 132 and dependent variables such as activation energy, effective diffusivity, moisture content, foam 133 density and drying time. After the analysis, a polynomial relationship was developed between the 134 dependent and independent variable.

## 135 **3.1.1 Model equations**

136 From equation 3.1, the coefficients of the first order terms variables indicated that the activation 137 energy increased with the increased in inlet air temperature, decreased in air velocity, increased 138 in CMC, decreased in egg albumen and increased in combination of both CMC and egg albumen 139 concentration.

140 From equation 3.2, the coefficients of the first order terms variables indicated that the effective

- 141 diffusivity increased with increased in temperature, decreased in air velocity, decreased in CMC,
- 142 decreased in egg albumen.
- 143 From equation 3.3, the coefficients of the quadratic equation variables indicated that the moisture 144 content increased with decreased in temperature, increased in air velocity, increased in CMC,
- 145 increased in egg albumen and decreased with combination of CMC and egg albumen.
- 146 From equation 3.5, the coefficients of the linear equation indicated that the drying time increased 147 with increase in temperature, increase in air velocity, decrease in CMC and egg albumen 148 concentration.

149 *Activation energy* = 
$$
22.15 + 1.17A - 0.8808B + 0.4647C - 0.3717D - 1.43AB + 0.9196CD
$$
 (3.1)

 $\blacktriangle$   $\blacktriangleright$   $\ldots$ 

151 *Effective diffusivity* = 
$$
9.6267E - 11 + 2.636E - 11A - 1.442E - 11B - 1.17E -
$$

$$
152 \quad 11C - 1.899E - 11D + 1.657E - 11AB + 1.395E - 11CD \tag{3.2}
$$

- *(3.3)* Moisture content =  $40.52 9.86A + 1.15B + 2.44C + 8.40D + 1.35AB 2.90CD$  (3.3)
- $154 \quad \text{Foam density} = 0.7425$  (3.4)
- *Drying time = 684 36.12A + 47.8B 32.98C 2.86D + 51.77AB + 2.77CD*  $(3.5)$
- 156 Where
- 157  $A = Temperature$
- 158  $B = Air velocity$
- 159  $C =$  Carboxyl methylcellulose concentration
- $160$  D = Egg albumen

## 161 **3.2 Optimization of drying characteristics of watermelon pulp**

162 Numeric optimizations were carried out for the drying system parameters and the structural 163 parameters of foam dried watermelon pulp. The desirability of the independent variables and the 164 dependent variables was summarized in the table 3.1. The goal was to put the dependent factors; 165 temperature, air velocity, CMC and egg albumen in range. The independent factors; effective 166 diffusivity and foam density to be maximized. Activation energy, moisture content and drying 167 time to be minimized. The optimum conditions for the independent variables were found to be 168 temperature 77.42 °C, air velocity 0.5 m/s, carboxyl methylcellulose of 0.5 %, Egg albumen 5 %

169 for achieving minimized activation energy of 25.07 KJ/mol, maximized effective diffusivity of 170 1.74345E-10  $m^2$ 's, minimized moisture content to be 29.19% wet-basis, maximized foam density 171 of 0.742  $g/cm<sup>3</sup>$ , minimized drying time of 9hrs with a desirability of 70.2%. The effective 172 diffusivity of the foam-mat dried watermelon increases with temperature as shown on the model 173 plot. This behavior is also observed in foam mat drying of watermelon pulp by Wilson et al. [11]. 174 The moisture content of foam dried watermelon reduces with increasing temperature and at a 175 range of air velocity of 1.1 – 1.4 m/s. keeping the carboxyl methyl cellulose and egg albumen at 176 1.5% and 10% respectively. This may be due to the generation of high hot air during drying, 177 which might have trapped the moist air that was found in the fed product and it might have 178 reduced the moisture content to a greater extent which was also reported by Jaya and Das [13]. 179 The drying time of the foam dried watermelon reduces with increasing temperature and reducing 180 air velocity. The drying time 600 minutes (10hrs) was recorded between a temperature of 74 °C 181 – 80 °C and an air velocity of 0.5 m/s and 8 m/s. moisture content reduces with a decrease in egg 182 albumen concentration but increases with increases in carboxyl methylcellulose concentration. 183 Maciel *et al*. [14] also reported that moisture loss was faster in samples containing higher 184 albumen concentration.



## 185 **Table 3.1: Optimization Goal Table**



Design-Expert<sup>®</sup> Software **Trial Version** Factor Coding: Actual

### **Activation Energy (KJ/mol)**





 $X1 = A$ : Temperature  $X2 = B$ : Air Velocity

**Actual Factors** C: CMC =  $0.500019$ D: Egg Albumen = 5.00001



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Design-Expert<sup>®</sup> Software **Trial Version**<br>Factor Coding: Actual

**Activation Energy (KJ/mol)** 20.4608 31.6752

 $X1 = C: CMC$  $X2 = D: Egg$  Albumen

**Actual Factors**<br>A: Temperature = 77.4159<br>B: Air Velocity = 0.500696



188



Design-Expert<sup>®</sup> Software **Trial Version** Factor Coding: Actual

#### Effective Diffusivity (m<sup>2</sup>/s)

Design points above predicted value

O Design points below predicted value 1.47943E-11 1.80896E-10

 $X1 = A$ : Temperature  $X2 = B$ : Air Velocity

**Actual Factors** 

 $C: CMC = 0.500019$ D: Egg Albumen = 5.00001





190

Design-Expert® Software<br>Trial Version Factor Coding: Actual

#### Effective Diffusivity (m<sup>2</sup>/s) 1.47943E-11 1.80896E-10

 $X1 = C: CMC$ X2 = D: Egg Albumen

**Actual Factors** A: Temperature = 77.4159<br>B: Air Velocity = 0.500696



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## 192 Figure 3.2: Optimized graph of effective diffusivity

Design-Expert<sup>®</sup> Software **Trial Version** Factor Coding: Actual

#### Moisture content (%)

● Design points above predicted value



193

Design-Expert<sup>®</sup> Software **Trial Version** Factor Coding: Actual Moisture content (%)

20.8998 79.6584

 $X1 = C: CMC$  $X2 = D: Egg$  Albumen

**Actual Factors**<br>A: Temperature = 77.4159<br>B: Air Velocity = 0.500696



194

195 Figure 3.3: Optimized graph of moisture content

# Design-Expert® Software<br>Trial Version

Factor Coding: Actual

### **Drying Time (min)**

Design points above predicted value

O Design points below predicted value 540 720

 $X1 = A$ : Temperature  $X2 = B$ : Air Velocity

**Actual Factors** C:  $CMC = 2.5$ D: Egg Albumen =  $15$ 



## 196

Design-Expert<sup>®</sup> Software **Trial Version** Factor Coding: Actual

### **Drying Time (min)** 540 720

 $X1 = C: CMC$ X2 = D: Egg Albumen

**Actual Factors** A: Temperature =  $76.0214$ B: Air Velocity =  $0.679775$ 



197

## 198 Figure 3.4: Optimized graph of drying time



199



## 201 **4 Conclusion**

202 The foam-mat drying of watermelon pulp was successfully carried out using a central composite 203 design followed by response surface methodology. The optimum process conditions of foam-mat 204 drying of watermelon pulp were activation energy of 25.07 KJ/mol, effective diffusivity of 1.73 205 X 10<sup>-10</sup> m<sup>2</sup>/s, the moisture content of 29.02 % (wet basis), a foam density of 0.74 g/cm<sup>3</sup>, drying 206 time of 540 minutes. A polynomial analysis was carried out, were quadratic model best described 207 the activation energy, effective diffusivity, moisture content. mean model best described the 208 foam density, whilst linear and 2FI model described the drying time. The study of the foam-mat 209 drying of watermelon pulp revealed that the inlet temperature, air velocity, CMC and egg 210 albumen concentration has a significant effect on the drying characteristics of the process.

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