### ANTIMICROBIAL SUCEPTIBILITY PATTERN OF MICRORGANISMS ISOLATED FROM DIFFERENT TAPS WATER SURFACES IN FUTA (OBAKEKERE CAMPUS)

#### ABSTRACT

Resistance of microorganisms to only available antimicrobial agents have resulted in pernicious effect to human health over the last decades. The increase in antimicrobial resistance of pathogenic microorganisms particularly in taps water surfaces is a major concern to the society. This research focused on the investigation of antimicrobial resistance pattern of pathogenic organisms (bacteria and fungi) isolated from various taps water surfaces in the Federal University of Technology Akure (FUTA) Obakere campus, in Akure, Ondo State, Nigeria. Samples were obtained from different locations (laboratories, hostels and toilets) in (FUTA). The samples were analyzed microbiologically on selective, differential and general purpose media. The isolated organisms were identified by the routine convectional standard-microbiological methods. Among the pathogenic microorganisms isolated were Pseudomonas aeruginosa, Klebsiella pneumoniae, Escherichia coli, Bacillus cereus, Citrobacter freundii, Acinectobacter bourmanii, Staphyloscoccus aureus, Aspergillus fumigatus, Aspergillus niger, Candida albicans and Fusarium oxysporium with different loads. The percentage distribution varies with *P.seudomonas aeruginosa* (26.09%) having the highest percentage occurrence and *Klebsiella* spp. (4.45%) recorded at the lowest percentage of occurrence of percentage distribution. All fungi isolated have equal-simillar percentage distribution. The isolates displayed various levels of resistance to piperacillin (100%), ampicillin (676.6%), ceftazidime (676.6%),- tetracycline (83-3%), cefepime (676-6%) and chloramphenicol (676-6%). The percentage of resistance to amoxicillin-clavulanate by E. coli and C. itrobacter freundii isolated from taps water surfaces were 60% and 50%, respectively. K. tebisella pneumoniae from tap water surface has 100% resistance percent of 100% to cefepime. The high resistance of microorganisms to antimicrobial agents indicated great danger to people living within FUTA community that constantly have contact with this tap water surfaces.

Keywords: Antibiotics resistance, tap-water-surfaces, environment, society

### INTRODUCTION

Water is a universal solvent and it remains the ——only component responsible and play greater parts in human and domestic lives. It dominates the highest component of biosphere and the earth's surface (Petraccia *et al.*, 2005). Being the basic needs of man and domestic lives, it is require for drinking, cooking, bathing and others which are essential for metabolism and reproduction of lives. The means of obtaining this water varies depending on the source of it. Most are obtained from rivers and well, while water obtained from taps are considered to be more reliable and safe for human consumption. In Federal University of Technology, Akure (FUTA), tap water remains major source of water which has provided relieve for staff and students most especially those who live in the hostels and quarters. The popularity of tap water during **Comment [J1]:** Better to say in Nigerian campus

**Comment [J2]:** Unnecessary. Do you mean pandrug-resistance?

**Comment [J3]:** Do you mean Acinetobacter baumannii. If yes, delete this bacterium since it could not be identified by the convectional standard microbiological methods

**Comment [J4]:** K. pneumoniae as in previous sentence or Klebsiella sp.

**Comment [J5]:** Give proportion of number of isolates

**Comment [J6]:** Which kind of contact it is?

**Comment [J7]:** Which purpose it is used for?

the  $20^{\text{th}}$  century and becoming the thing of challenges among poor people especially in developing countries where squalor is very rampant (Petraccia *et al.*, 2005). Tap water is most times assumed to be pure and drinkable most especially in developing countries.

Ideally, water obtained from taps are supposed to be free of microorganisms especially the pathogenic microbes but, due to the sources from which this water is released which harbour and serve as the reservoir of pathogenic microbes render the water unsafe for human consumption (Samie and Makonto, 2011). In addition, due to the ubiquitous of microorganisms, some of them colonized tap<del>s</del> water surfaces and contaminate the safe water when such waters are released and running from the taps surfaces. Bacteria and fungi are the most serious concern pathogens in waterborne disease, and these organisms cause gastrointestinal outbreaks around the world (World Health Organization, 2005). Many human diseases are transmitted as a result of ingestion of contaminated water containing infectious stage of the pathogens. Over 2.2 billion case of diarrhea per year around the world has been enumerated as a result of contaminated water: this condition is the second leading cause of death in children (Samie and Makonto, 2011). The challenges of health are common in rural area especially in developing countries where there is lack of adequate potable water (World Health Organization, 2005). Enteric bacterial are common in human intestine and feaces of animals together with spore forming fungi that which are commonly colonized taps water surfaces. Bacterial pathogens potentially transmitted through water ingestion included Escherichia coli, Klebsiella spp., Salmonella

<u>spp.</u>, <u>enteric sub spp+</u> and other coliforms, and the protozoa, while the fungi <u>were are</u> Aspergillus fumigatus, A. niger and flavus (Omojowo and Omojaosola, 2013).

Antibiotic resistance of microorganisms are the major concern and challenges since it existence which has leads to resulted in death of and state of dyeing of an infected individuals. The wrong use and misuse of antibiotics among hospital and community acquired infections have led to this phenomenon. The increase of antibiotics resistance among bacteria have actually render the effectiveness of these various groups of antibiotics inactive and causing bacteria to proliferate in their number (Omojowo and Omojaosola, 2013), --- Of particular concern are the multidrugresistant pathogens, for example coli, Klebsiella Escherichia baumannii, pneumoniae, Acinetobacter

methicillin-resistant *Staphylococcus* aureus, penicillin-resistant *Streptococcus* pneumoniae, vancomycinresistant *Enterococcus*, and extensively drug-resistant *Mycobacterium* 

*tuberculosis* (Alekshun and Levy, 2007). Therefore, this study focused in the antimicrobial susceptibility pattern of microorganisms isolated from differentee taps water surfaces in the Federal University of Technology Akure (FUTA), Nigeria, with the purpose of knowing the nature, types of the microbes so as to put in place good sanitation measures in as regard to water supply.

#### MATERIALS AND METHODS

#### Location and collection of samples

This research work was carried out from June 2018 to August 2018 in Akure metropolis, Ondo state, Nigeria. About Formatted: Font: Not Italic

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**Comment [J8]:** Drinking?

fifteen different taps water surfaces (laboratory, <u>h</u>Hostels and <u>t</u>Toilets) were swabbed with sterile swab stick and transferred aseptically to the laboratory for further analysis.

# Isolation and identification of microorganisms

Examination of microorganisms was carried using standard out convectional microbiological methods (William, 2017). Each sample was aseptically transferred into Bijou bottles containing 9 ml of sterile water and serial dilution was performed on each sample. The dilution was continued until the fourth  $(10^{-4})$  dilution was attained for each of the sample and 1 ml of third  $(10^{-3})$  of each of the sample was aseptically collected and poured plated on already prepared solid (Nutrient, MacConkey, media: Eosin methylene blue, Sarbraoud dextrose (SDA) and Potato dextrose agar (PDA) according to the manufacturer's instruction and sterilized by autoclaving at 121°C for 15 minutes. All <u>T</u>the plates were incubated at  $25^{\circ}C/72h$  for fungi) for 72 hours and at 37°C/24h for bacteria-for 24 hours.

#### **Biochemical characterization**

Biochemical characterization and presumptive identification of isolates were carried out as described by (Olutiola *et al.* 2000).

#### Antimicrobial susceptibility

Antibiotics susceptibility of all the isolates was carried out as described by disk diffusion method and interpreted as susceptible, intermediates and resistance according to the Clinical Laboratory Standard Institute (CLSI), 2017. The commercial antibiotics used were ciprofloxacin (CIP) 10µg, ceftriazone (CRO) 30µg, ceftazidime (CAZ) 30µg, tetracycline (TE) 30µg, ampicillin (AMP) 10µg, cefepime (FEP) 30ug. chloramphenicol (C) 30µg, amoxicillinclavulanate (AMC) 30µg, trimethoprim/sulphamethoxazole (SXT) 25µg, piperacillin (PRL), gentamicin (CN) compound sulphurnamide 20µg, and cloxacilin 5µg.

Antifungal susceptibility was determined according to (Bauer *et al.* 2010). Antifungal agents used were griseofulvin (50mg), ketoconazole (20mg), fluconazole (20mg) and itraconazole (20mg).

#### Statistical analysis of data

All experiments were carried out in triplicate, and data obtained were subjected to one way analysis of variance, while the means were compared by Duncan's New Multiple Range Test at 95 % confidence-interval using Statistical Package for Social Sciences version 23.0. Differences were considered significant at  $p \le 0.05$ .

### RESULTS

Table 1\_and 2 show total bacterial and fungal viable counts in different taps water surfaces in FUTA with highest loads of viable bacteria in mMicrobiologicaly laboratory. Figure 1 shows the load of isolates from different taps water surfaces in FUTA (Obakere campus). The most frequently isolated microorganisms weare Pseudomonas aeruginosa (26.09%), coli (21.74%), Escherichia Klebsiella *p***P***neumoniae* (13.04%), Acinetobacter baumannii (13.04%), Candida albicans (25.0%), Aspergillus niger (25.0%). The results of antibiotic and antifungal sensitivity

**Comment [J10]:** Define the surface swabbed. Explain which surface.

**Comment [J11]:** How the number of colonies was calculated?

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of isolates to commonly available agents are shown in Table 3 and 4, respectively. The percentage resistance of bacteria isolated from different taps water surfaces in FUTA (Obakere campus)(Figqure 2) where mostly of the bacteria isolates which exhibited resistance (33<del>.3</del>-100%) high<del>ly</del> to piperacillin, cefepime, ceftriazone, amoxicillin, ampicillin, ceftazidime. *Pseudomonas* exhibited more resistance (100%) to piperacillin and <u>Staphylococcus</u> aureus resistance to ciprofloxacin, ceftazidime. Figure 3 shows percentage of resistance of mycelia obtained from different taps water surfaces in which *Fusarium* oxysporium and Aspergillus fumigatus, were resistance to itraconazole, sivoketonazole, griseoufulvin and fluconazole??

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**Comment [J13]:** Also, it is not clear how the percentage was calculated

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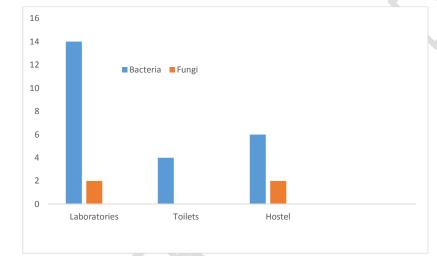


Figure 1: <u>NumberLoad</u> of micro<u>organismsbial isolates</u> from different taps water surfaces in FUTA (Obakere campus).

**Comment [J15]:** I suppose it is total number of CFUs?

Table 1: Total <u>number of bacteria <del>loads</del> (CFUefu</u>/ml) <u>onin different</u> taps water surfaces in FUTA (Oobakere campus).

		-pas <u>r</u>					
		SAMPLE <u>no.</u>					
locations	1	2	3	4	5	6	
A	$4.0 \times 10^{3}$	$6.0 \times 10^3$	$4.0 \times 10^{3}$	$5.0 \times 10^{3}$	$7.0 \times 10^3$	$4.0 \times 10^{3}$	
<u>Microbiology</u> and Physics							
Laboratories							
B	$4.0 \times 10^{3}$	NG	$3.0 \times 10^{3}$	NG	$7.0 \times 10^3$	NG	<b>Comment [J16]:</b> What means NG?
Microbiology							
and Physics Toilets							
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<del>C<u>Hostel</u> NG</del> (Akindeko).	7.0×10 <sup>3</sup>	5.0×10 <sup>3</sup>	NG	NG	4.0×10 <sup>3</sup>
Keys A- Microbiology (Akindeko).	and Physics Labor	<del>atories</del> , B- <del>Microl</del>	biology and P	<del>hysics Toilets</del> ,	C- <del>Hostel</del>
Table 2: Total number	<u>er of </u> fungi <del>loads <u>on</u></del>	<mark>in</mark> different tap <del>s</del> v	water surface	es in FUTA <u>(O</u> ob	akere campus <u>).</u>
Sample locations		Lo	ad (sfu/ml)	77	
Laboratory		2.0	$\times 10^3$	77	
Hostel		2.0	× 10 <sup>3</sup>		
	58	ï			

Bacteria	Number of tap water	Frequency distribution	
	tested positive	(%)	
Pseudomonas aeruginosa	6	26.09	
Escherichia coli	5	21.74	
Citrobacter <del>.</del> freundii	2	8.70	
Bacillus cereus	2	8.70	
Klebsiella pneumoniae	3	13.04	
<del>Acinetobacter</del> <del>baumannii</del>	3	13.04	
Staphylococcus aureus	1	4.35	
Klebsiella oxytoca	1	4.35	
Total	23	100 <del>.01</del>	
г :			
Fungi Candida albicans	1	25	
Aspergillus niger	1	25	
Aspergillus fumigatus	1	25	
Fusarium oxysporium	1	25	
Total	4	100	
I Otal	4	100	 

# Table 3: Bacterial and fungal isolates (%) in various taps water surfaces in FUTA

Antibiotics	C. <u>f</u> ŧreundii	E. coli	P. aeruginosa	B <u>.</u> acillus cereus	Α.	<del>baumannii</del>	K. pneumoniae	S <u>.</u> taphylococcus aureus	K. oxytoca	<b>*</b>	Formatted Tab
CIP	32.33±0.58 <sup>i</sup>	20.33±0.58 <sup>e</sup>	6.00±1.00 <sup>b</sup>	32.67±0.58 <sup>e</sup>		<del>33.33±0.58<sup>i</sup></del>	6.33±0.58 <sup>b</sup>	29.33±0.58 <sup>d</sup>	$30.00\pm0.00^{i}$		
CRO	9.67±0.58°	14.33±0.58°	22.33±0.58 <sup>f</sup>	6.33±0.58 <sup>b</sup>		$34.00\pm0.00^{i}$	22.33±0.58 <sup>f</sup>	6.33±0.58 <sup>b</sup>	25.33±0.58 <sup>g</sup>		
CAZ	$6.00 \pm 0.00^{b}$	6.33±0.58 <sup>b</sup>	6.33±0.58 <sup>b</sup>	$6.00 \pm 0.00^{b}$		<del>14.00±0.00</del> e	$6.00 \pm 0.00^{b}$	6.00±0.00 <sup>b</sup>	20.67±0.58 <sup>e</sup>		
TE	16.33±0.58 <sup>e</sup>	20.33±0.58 <sup>e</sup>	$12.33 \pm 0.58^{d}$	$6.33 \pm 0.58^{b}$		<del>16.67±0.58<sup>f</sup></del>	20.33±0.58 <sup>e</sup>	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$		
AMP	18.33±0.58 <sup>g</sup>	19.33±0.58 <sup>d</sup>	11.33±0.58°	6.33±0.58 <sup>b</sup>		<del>12.33±0.58<sup>d</sup></del>	9.33±0.58°	$6.00 \pm 0.00^{b}$	$17.33 {\pm} 0.58^{d}$		
FEP	6.33±0.58 <sup>b</sup>	$6.33 \pm 0.58^{b}$	$5.67 \pm 0.58^{b}$	$6.00 \pm 0.00^{b}$	- E	27.00±0.00 <sup>g</sup>	6.33±0.58 <sup>b</sup>	$0.00{\pm}0.00^{a}$	14.33±0.58°		
С	$17.00 \pm 0.00^{f}$	20.33±0.58 <sup>e</sup>	$0.00{\pm}0.00^{a}$	$6.33 \pm 0.58^{b}$		6.33±0.58 <sup>₺</sup>	$0.00{\pm}0.00^{a}$	6.33±0.58 <sup>b</sup>	15.00±0.00 <sup>c</sup>		
AMC	$12.33 \pm 0.58^{d}$	$21.33{\pm}0.58^{\rm f}$	15.33±0.58 <sup>e</sup>	7.33±0.58°		<del>0.00±0.00</del> ª	20.00±0.00 <sup>e</sup>	$0.00{\pm}0.00^{a}$	$30.67 \pm 0.58^{i}$		
SXT	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$	$30.33 \pm 0.58^{g}$	6.33±0.58 <sup>b</sup>		<del>10.00±0.00</del> e	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$	$30.33 \pm 0.58^{i}$		
PRL	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$	$6.33 \pm 0.58^{b}$	$30.00 \pm 0.00^{d}$		0.00±0.00 <sup>ª</sup>	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$	$6.33 \pm 0.58^{b}$		
CN	$28.00{\pm}0.00^{g}$	26.33±0.58 <sup>g</sup>	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$		<del>28.33±0.58<sup>h</sup></del>	$10.33{\pm}0.58^{d}$	10.33±0.58°	$22.67{\pm}0.58^{\rm f}$		
CL	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$		0.00±0.00ª	$0.00{\pm}0.00^{a}$	6.33±0.58 <sup>b</sup>	$0.00{\pm}0.00^{a}$		
AML	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$		$0.00\pm0.00^{a}$	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$		
<b>S</b> 3	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$		<del>0.00±0.00</del> ª	$0.00{\pm}0.00^{a}$	$0.00{\pm}0.00^{a}$	$28.33{\pm}0.58^{h}$		

Table 3a: Antibiotics sensitivity test pattern of bacteria isolated from various taps water surfaces in FUTA

Data are presented as Mean  $\pm$  S.D. (n=3). Values with the same superscript letter(s) along the same column are not significantly different (P<0.05).

CIP- Ciprofloxacin, CRO- Ceftriaxone, CAZ-Ceftazidime, TE-Tetracycline, AMP-Ampicillin, FEP- Cefepime, C-Chloramphenicol, AMC- Amoxicillin-clavulanate, SXT- Trimethoprim-sulphamethoxazole, PRL- Piperacillin-, CN- Gentamicin, CL---AML- Amocilin, S3- Compound sulphurnamide **Comment [J19]:** Instead of these letters, indicate S, I or R pattern according to the CLSI



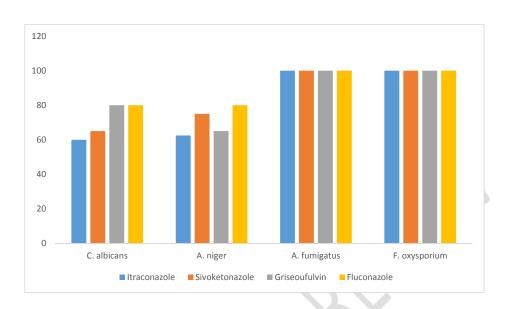
Figure 2: Percentage resistance of bacteria isolated from different taps water surfaces in FUTA (Obakere campus)

			V05.40007	
Antifungal	C. albican <u>s</u>	A. niger	A. fumigatus	F. oxysporium
Itraconazole	15.33±0.58 <sup>c</sup>	13.33±0.58 <sup>d</sup>	$6.00 \pm 0.00^{a}$	6.33±0.58 <sup>a</sup>
Sivoketonazole	11.33±0.58 <sup>b</sup>	9.33±0.58 <sup>b</sup>	$6.67 \pm 0.58^{a}$	6.33±0.58 <sup>a</sup>
Griseoufulvin	$7.67 \pm 0.58^{a}$	$11.00\pm0.00^{c}$	$6.33 \pm 0.58^{a}$	$6.00 \pm 0.00^{a}$
Fluconazole	7.33±0.58 <sup>a</sup>	$7.67 \pm 0.58^{a}$	6.33±0.58 <sup>a</sup>	$6.66 \pm 0.58^{a}$

Table 4: Antifungal sensitivity pattern	of fungi isolated from tap	o water in various tap	s water surfaces in FUTA
		-	

Data are presented as Mean $\pm$ S.D. (n=3). Values with the same superscript letter(s) along the same column are not significantly different (P<0.05

**Comment [J21]:** Instead of these letters, indicate S, I or R pattern



# Figure 3: Percentage resistance of bacteria isolated from different taps water surfaces in FUTA (Obakere campus)

Comment [J22]: This are fungi

#### DISCUSSION

The emergent of microorganism's resistance to commonly available antimicrobial agents have become the thing of concern and major challenges to the public for the past decades (Omoya and Ajayi, 2016). The high of microorganisms percentage being resistance to available antimicrobial agents are not farfetched, and this is because some of them are intrinsically resistance and others acquire resistance gene through their common exposure to the available agents. The acquired of multidrug resistance microorganisms of water origin occur through consumption of contaminated water that harbour pathogenic microorganisms (Omoya and Ajayi, 2016).

The continuous release of water through unwashed and contaminated tap water surface into the environment (Federal University of Technology Akure) (FUTA) will not only add to pernicious effect of pollution but increase the microbial load that could be pathogenic in nature. This will eventually lead to resistance in antimicrobial agents and the state of mortality in human health (Ogidi and Oyetayo, 2013).

This research revealed the microbial load and the types of microorganisms associated with taps water surfaces in FUTA, which are directly discharged into the FUTA community. The percentage of bacterial and fungal counts from taps water surface are in agreement with the finding of (Bello *et al.*, 2013), who reported such index of  $10^3$  to  $10^4$ in well water sample in Ijebu metropolis. Moreover (Orogu *et al.*, 2017), who worked pipe-borne chlorinated water and untreated water in Iloin and (Samie *et al.*, 2011) also revealed such load of microorganisms in borehole water used by school children in Mopani district, South Africa and these people proposed that the identity of pathogenic isolates indicated the high number of organisms including *Citrobacter freundii* and *Klebsiella pneumonieae* were present.

The prevalence of enterobacteriaceae Enterobacterales family could result in contamination of taps water surfaces and the prevalence of the organisms is probably due to degree of direct and indirect contact of people working in laboratory and exposing the pathogenic microorganism which already acquired resistance gene in the Laboratory. The high percentage of microorganism obtained in the laboratory was probably due to genetic mutation. Total number of seven bacteria Staphylococcus bourmanii, aureus, **Acinectobacter** E.scherichia coli, P.seudomonas Citrobacter aeruginosa, -C. freundii, K. lebsiella pneumoniae and Bacillus cereus and four fungal isolates (Candida albicans Aspergillus niger, Aspergillus fumigatus and Fusarium oxysporium) were isolated from taps water surface. The presence of these organisms conformed to the work of (Orogu et al., 2017), who reported similar organisms in their work.

The presence of Gram positive *S. aureus* formed cluster, positive to catalase and coagulase and resistance to antibiotics was

similar to the finding of Orogun *et al.*, (2017). This organism causes food poison when present in contaminated water used to prepared food. The presence of this organism in the tap water surface was a great reflection of poor hygiene and sanitary condition of taps water surfaces in study area.

The high -multidrug-resistance of Pseudomonas aeruginosa to multidrug piperacillin, ceftriaxone, amoxicillin, augumentin, tetracycline, ceftazidime and chloramphenicol was recorded. This is in conjunction with the finding of Orogu et al, infection (2017).High caused bv Pseudomonas aeruginosa are difficult to treat due to it multidrug resistance (Ogidi and Oyetayo, 2013).

The presence of these organisms in taps water surfaces are of public concerns as these organisms are likely to cause an increased incidence of waterborne diseases and thereby against the rules life sustainability (Ogidi and Oyetayo, 2013). prevalence of The high Klebsiella pneumoniae in taps water surfaces was due to high persistence adherence to iron pipe and the ability to caused resistance to commonly available antibiotics occur as result of it high virulence factor (Ayandiran et al., 2014).

*Bacillus cereus* is known of medical importance. The presence of this organism in taps water surface and the ability to caused resistance to available antibiotics could have occurred as result of the spore formation which enable it to adapt in extreme conditions Orogu *et al*, (2017).

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The isolated fungi from taps water surfaces are similar to the finding of Ogidi and Oyetayo, (2013),who worked on susceptibility pattern of microorganisms isolated from remnant foods and waste water from restaurants in Akure metropolis and Ogidi and Oyetayo, (2013) who worked on clinical fungi isolates. The resistance of Aspergillus fumigatus, Fusarium oxysporium and Aspergillus niger to all the antifungal agents was similar to the finding of Ogidi and Ovetavo. (2013) and susceptibility of the Candida albicans to these agents justified the finding of Ogidi and Oyetayo, (2013). The in inhibition activity of itraconazole was due to cytochrome P-450 dependent enzymes that in inhibit the fungi ergosterol synthesis (Kelley et al., 1998).

However, it is of serious concern as the taps water surfaces in the Federal University of Technology Akure, (FUTA) habour pathogenic microorganisms that are multidrug\_resistantee hence these taps water surfaces could be vehicle of transfer of these organisms to the people in the study area.

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