

Original Research Article

Investigating Carriage, Contamination, Antimicrobial Resistance and Assessment of Colonization Risk Factors of *Campylobacter spp.* in Broilers from Selected Farms in Thika, Kenya.

ABSTRACT

Aims: To investigate carriage and contamination rates of broiler meat, the factors that are associated with *Campylobacter spp.* Colonization and its phenotypic and genotypic antimicrobial resistance ~~and *Campylobacter spp.* resistance genes characterization from~~ Thika small-scale poultry farms.

Study Design: The study design was cross-sectional and laboratory based, it employed simple random sampling across 18 small-scale farms ~~of the small-scale farmers~~

Site and duration of study: The study was conducted between August and December 2017 at in Thika sub-county, a town lying located 42 Km North East of Nairobi ~~conducted between August and December 2017.~~

Methodology: One hundred and eighty five cloaca swabs samples from live broilers and 158 neck swabs samples from broiler carcasses were collected ~~from broiler carcasses~~. Isolates were obtained by Plating method using mCCDA, conventional methods and duplex PCR were used for the isolation and identification of *Campylobacter* species.

Results: Overall, 22.45% *Campylobacter* prevalence was detected with carriage prevalence at 15.67%, significantly ($P = .000$) lower than contamination prevalence detected at 30.37%. Feeding broilers with chicken waste and age of poultry, doubled the risk of *Campylobacter* colonization in the flock (OR: 2.57, 95% CI: 0.19 - 34.47) and (OR: 2.00, 95% CI: 0.312 - 12.84) respectively. Isolated *Campylobacter spp.*

24 were significantly resistant ($P < .05$) against Ciprofloxacin, Streptomycin, and Trimethoprim between
25 carriage and contamination. MDR was 79.22%; XDR was 12.98% while no PDR recorded.

26 **Conclusion:** Broilers in Thika region are potentially important source of human infection and possible
27 continuity of infection from the threat posed by *Campylobacter* carrier broilers. Presence of *sulI* and *dhfr*
28 genes with high resistance observed ~~in-for~~ quinolones, sulfonamides, β -lactams and ~~Trimethoprim~~
29 ~~trimethoprim, thus posing a~~ major public health problem ~~to-for~~ consumers of poultry products.

30 **Keywords:** Carriage, Contamination, *Campylobacter spp.*, Duplex PCR, Multi drug resistance,
31 Resistance genes

32 1. INTRODUCTION

33 Poultry are major reservoirs of *Campylobacter spp.* and thus the main source of human
34 campylobacteriosis [1]. *Campylobacter jejuni* and *Campylobacter coli* are the two major species known to
35 dominate in human campylobacteriosis [2]. ~~Campylobacteriosis~~ ~~This disease~~ is the most common cause
36 of bacterial gastroenteritis, with symptoms ranging from abdominal pain, fever, mild watery diarrhea to
37 bloody stools [3]. Reiter's syndrome and Guillian-Barre syndrome may occur as complications in severe
38 cases [4]. The epidemiology of *Campylobacter spp.* in poultry production is still incompletely understood
39 [5]. For more than a decade, there has been ~~a~~ major debate on whether vertical or horizontal
40 transmissions are responsible for introduction of *Campylobacter* into flocks [5, 6]. *Campylobacter* invade
41 chicken early in life through various risk factors as several studies have shown revealing potential
42 ~~Campylobacter~~ introduction channels into broilers houses as well as factors contributing to introduction
43 [7]. Risk factors that have been associated with *Campylobacter* ~~ability to colonization of~~ chicken include
44 but ~~are~~ not limited to contaminated drinking water, administration of antibiotics, [8, 9]; poor hygiene [10];
45 and old age of the flock [11]. Despite good hygiene practices, broiler slaughter poses ~~s a~~ risk of cross-
46 contamination and ~~bacteria~~ spread ~~of bacteria~~ from the gastrointestinal tract ~~of chicken contaminating to~~
47 the carcass and subsequently ~~transmitted~~ to humans [12, 13]. ~~Clearly, there is not yet an acceptable~~
48 ~~standard method for the detection and isolation of Campylobacter spp. at farm level.~~ Nevertheless, the
49 ISO method 10272-2 for food legislation purposes is the official method for detection and enumeration of
50 *Campylobacter spp.* while the molecular methods are not considered "confirmatory" tests [14].

Comment [LP1]: Authors should rewrite this sentence since they way the results are presented they are confusing

Comment [LP2]: This phrase doesn't make sense

Comment [LP3]: The ISO afterwards contradicts this. Since it is clearly as accepted and recognized standard

51 In Africa, epidemiology of *Campylobacter* infection (please indicate the specie) has not been
52 sufficiently addressed due to lack of national surveillance program and most of the *Campylobacter*
53 estimate reports are mainly from laboratory-based surveillance of pathogens responsible for diarrhea [15].
54 However, few prevalence studies conducted on *Campylobacter* enteritis in five African states showed a
55 range of between 5 to 20% [15].

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56 Recent study in Nairobi, Kenya on indigenous chicken farms and chicken meat retailers reported
57 *Campylobacter* prevalence of 60% and 64% respectively [16]. (please indicate the source: meat, animal,
58 environment).

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59 Although *Campylobacter* infections are self-limiting, in severe cases of prolonged enteritis and
60 septicemia, antimicrobial treatment is often needed [17]. Fluoroquinolones and macrolides are often the
61 drugs of choice in-to treatment of human campylobacteriosis. However, over the years studies have
62 reported increases in resistance to Fluoroquinolones and Macrolides —of *Campylobacter* to
63 Fluoroquinolones and Macrolides despite they being drugs of choice for the-its treatment of
64 campylobacteriosis [18]. Albeit Thika is one of the largest broiler suppliers to the capital, Nairobi, there is
65 scanty information regarding this pathogen. To the best of our knowledge, this is the first study to
66 document carriage, contamination and resistance prevalence including resistance genes of
67 *Campylobacter* in broilers from small-scale farmers in Thika. In addition, the study evaluated factors that
68 are associated with *Campylobacter* colonization consequently might have contributed to carriage,
69 contamination and antibiotic resistance in this region.

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70
71 There are several studies within this scope or isolation of campylobacter and antibiotic
72 resistance in broilers, both at farm or slather house or meat.

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77 Research Article
78 "Prevalence and Antibiotic Resistance Patterns of Campylobacter spp. Isolated from Broiler
79 Chickens in the North of Tunisia."

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81 ["Low contamination of Campylobacter spp. on chicken carcasses in Minas Gerais state, Brazil: Molecular characterization and antimicrobial resistance"](#)
82 [Food Control](#)
83 [Volume 51, May 2015, Pages 15-22](#)
84 [Humberto MoreiraHungaró Regina Célia SantosMendonça Vinicius OrnelasRosaa Andréa](#)
85 [Cátia LealBadarób Maria Aparecida ScatamburloMoreira José Benício PaesChavesa](#)
86 <https://doi.org/10.1016/j.foodcont.2014.11.001>
87 [Foods. 2017 Dec; 6\(12\): 105.](#)
88

89 [Published online 2017 Nov 29. doi: 10.3390/foods6120105](#)
90 [PMCID: PMC5742773](#)
91 [PMID: 29186018](#)
92 ["Campylobacter in Broiler Chicken and Broiler Meat in Sri Lanka: Influence of Semi-Automated vs. Wet Market Processing on Campylobacter Contamination of Broiler Neck Skin Samples"](#)
93 [Kottawattage S. A. Kottawatta,1 Marcel A. P. Van Bergen,2,† Preeni Abeynayake,1 Jaap A. Wagenaar,2,3,4 Kees T. Veldman,2 and Ruwani S. Kalupahana1,*.](#)
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96

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98 2. MATERIALS AND METHODS

99 2.1 Sample collection

100 Thika is an industrial town ~~lying~~ located at 42 Km North East of Nairobi where intense broiler farming is
101 widely practiced. Nairobi city is a major market for the poultry products. The study design was cross-
102 sectional and laboratory based, it employed simple random sampling method where 343 samples were
103 collected across 18 farms in Landless location between August and December 2017. One hundred and
104 eighty five cloaca samples from live poultry while 158 neck swabs from broiler carcasses were collected
105 for determination of carriage status and contamination respectively. Swabs with modified charcoal-
106 cefoperazone-deoxycholate agar (mCCDA) were used for ~~sampleing collection and further~~ transported in
107 a box with ice packs to the laboratory ~~and where~~ analysis were done immediately.
108

109

109 2.2 Culture, Isolation and Identification of Campylobacter

110 Samples were directly plated onto mCCDA and incubated at 42°C for 48 h in a microaerophilic
111 environment (5% O₂, 10% CO₂ and 85% N₂) generated by candles. Suspect *Campylobacter* colonies by
112 colonial characteristics were further identified by conventional methods (Gram stain, Oxidase, Catalase
113 and hippurate tests), then emulsified in Eppendorf tubes with sterile distilled water ready for DNA
114 extraction.

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115 2.3 Identification by PCR

116 ~~Separate~~ Polymerase Chain Reaction (PCR) ~~assay~~ was performed to identify *Campylobacter*
117 genus *Campylobacter* prior ~~to~~ the duplex PCR to identify *C. jejuni* and *C. coli*. ~~The~~ *cadF* gene was
118 selected as Universal forward primer, FU, (Amplicon size; 101 - 120) and reverse primer, R1, (Amplicon
119 size; 478 - 497) described ~~by~~ ~~previously~~ [19]. R2 (Amplicon size; 542 – 561) and R3 (Amplicon size; 818
120 – 837) for identification of *C. coli* and *C. jejuni* respectively [20].

121

122 **Table 1: Primer Sequences for identification of *cadF* (*Campylobacter* genus), *aspK* (*C.*
123 *coli*) and *hipO* (*C. jejuni*) Genes Used in Duplex Polymerase Chain Reaction**

Primer	Primer sequence (5' – 3')	Product size, bp	Identification	Reference
FU	TTGAAGTAATTTAGATATG	400	<i>Campylobacter</i> spp.	Konkel et al.
R1	CTAATACCTAAAGTTGAAAC	400	<i>Campylobacter</i> spp.	Konkel et al.
R2	TTTATTAAC TACTTCTTTTG	461	<i>C. coli</i>	Shams S et al.
R3	ATATTTTTCAAGTTCATTAG	737	<i>C. jejuni</i>	Shams S et al.

124 43°C annealing temperature for all the primers

125

126 DNA extraction by boiling for 25min in a water bath at 100°C followed by centrifugation for 15 min at
127 15000rpm was done and supernatant used for the analysis. Reaction tubes contained a final reaction
128 volume of 25µl comprised of 4µl duplex PCR master mix, Betaine 1µl, 1µl primer (for each of the four
129 primers) and 1µl DNA template. Amplification reactions were carried out in a thermocycler under the
130 following conditions: initial denaturation for 3min at 95°C 1 cycle; 32 cycles denaturation for 30s at 94°C,
131 annealing at 43°C for 30s, extension for 30s at 72°C and a final extension for 5min at 72°C. The PCR
132 products analyzed by electrophoresis on stained 1.5% agarose gel under UV light.

133 Levene's test of equal variance (t-test) was used to determine the statistical difference between carriage
134 and contamination prevalence at $P = .05$.

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136 **2.4 Analysis of risk factors**

137 Six variables were tested; hygiene practices (good, fair or poor), age of poultry (< 3weeks or > 3weeks),
138 type of feed (kitchen waste, chicken feed or both), antibiotics used (tetracycline or none), rinse procedure
139 (Bucket or running water) and slaughter area (open grounds, slaughter house or near poultry house),
140 used to evaluate risk factors associated with *Campylobacter* colonization. Analyzed by odds ratio (OR) at
141 95% Confidence Interval (CI) and Chi square tests at $P = .05$,
142

143 **2.5 Antimicrobial Susceptibility Test**

144 Antimicrobial Susceptibility Tests (ASTs) of *Campylobacter* species were performed against 12
145 antimicrobial agents; Ampicillin 10 μ g (AMP), Gentamicin 10 μ g (CN), Tetracycline 30 μ g (TE),
146 Erythromycin 15 μ g (E), Chloramphenicol 30 μ g (C), Trimethoprim 1.25 μ g (W), Sulphamethoxazole
147 23:75 μ g (RL), Nalidixic Acid 30 μ g (NA), Ofloxacin 5 μ g (OFX), Kanamycin 30 μ g (K), Streptomycin 10 μ g
148 (S) and Ciprofloxacin 5 μ g (CIP) were used for this analysis based on the commonly used antibiotics in
149 Kenya. Disk diffusion method [21] was carried out recommended by the Clinical Laboratory Standards
150 Institute (CLSI, 2012) and European Union Committee for Antimicrobial Susceptibility Testing (EUCAST,
151 2017)). Mueller Hinton Agar number 2 (MHA-II) was used with sterile 5% defibrinated sheep blood to
152 grow a lawn of the bacterial isolate from freshly prepared 0.5 McFarland inoculated on the MH-II and
153 eventually impregnated with antimicrobial disks and incubated under microaerophilic conditions for 48h at
154 42°C, according to a previous study [22].

155 Lists of antimicrobial breakpoints from the Centre for Disease Control & Prevention (CDC), European
156 Centre for Disease Control (ECDC), the European Committee on Antimicrobial Susceptibility Testing
157 (EUCAST), Clinical Laboratory Standards Institute (CLSI) and the United States Food and Drug
158 Administration (FDA). Multi drug resistant (MDR) was defined as acquired non-susceptibility to at least
159 one agent in three or more antimicrobial categories, extensively drug resistant (XDR) was defined as non-
160 susceptibility to at least one agent in all but two or fewer antimicrobial categories and pan drug resistant
161 (PDR) was defined as non-susceptibility to all agents in all antimicrobial categories [23]. These were used

162 to categorize the isolates susceptibility and resistance as MDR, XDR or PDR from the measured zones of
 163 inhibition.

164 Statistical difference between carriage and contamination resistance was determined by Levene's test for
 165 equality of variance (t-test) $P = < .05$ followed by a non-parametric test (Mann Whitney U test) using a null
 166 hypothesis that stated; Distribution of antimicrobial agent is the same across the farms at significance
 167 level of 5% and 10%.

168

169 **Table 2: Number and Percentage Resistance Spectra of the 77 *Campylobacter* spp.**

170 **isolates against 12 antimicrobial agents tested**

Antibiotic Name	No. of resistant <i>Campylobacter</i> in carriage	No. of resistant <i>Campylobacter</i> in contamination	No. of resistant <i>C. jejuni</i>	No. of resistant <i>C. coli</i>	No. of resistant mixed species	No. of resistant of other <i>Campylobacter</i> spp.	Overall Resistant <i>Campylobacter</i> spp. isolates
AMP	22/29 (75.9%)	30/48 (62.5%)	24/35 (68.6%)	18/25 (72%)	5/8 (62.5%)	6/9 (66.7%)	52/77 (67.5%)
CN	9/29 (31%)	4/48 (8.3%)	5/35 (14.3%)	6/25 (24%)	1/8 (12.5%)	1/9 (11.1%)	13/77 (1.7%)
S	17/29 (58.6%)	8/48 (16.7%)	13/35 (37.1%)	9/25 (36%)	1/8 (12.5%)	1/9 (11.1%)	25/77 (32.5%)
K	10/29 (34.5%)	10/48 (20.8%)	9/35 (25.7%)	3/25 (12%)	0/8 (0%)	2/9 (22.2%)	20/77 (25.9%)
TE	8/29 (27.6%)	4/48 (8.3%)	7/35 (20%)	4/25 (16%)	1/8 (12.5%)	1/9 (11.1%)	12/77 (15.6%)
C	4/29 (13.8%)	8/48 (16.7%)	6/35 (17.1%)	3/25 (12%)	0/8 (0%)	2/9 (22.2%)	12/77 (15.6%)
E	10/29 (34.5%)	13/48 (27.1%)	9/35 (25.7%)	8/25 (32%)	2/8 (25%)	3/9 (33.3%)	23/77 (29.9%)

NA	19/29 (65.5%)	28/48 (58.3%)	17/35 (48.6%)	20/25 (80%)	7/8 (87.5%)	7/9 (77.8%)	47/77 (61%)
CIP	13/29 (44.8%)	7/48 (14.6%)	12/35 (34.3%)	6/25 (24%)	1/8 (12.5%)	1/9 (11.1%)	20/77 (25.9%)
OFX	9/29 (31%)	10/48 (20.8%)	10/35 (28.6%)	7/25 (28%)	0/8 (0%)	2/9 (22.2%)	19/77 (24.7%)
RL	22/29 (75.9%)	47/48 (97.9%)	30/35 (85.7%)	15/25 (60%)	8/8 (100%)	9/9 (100%)	69/77 (89.6%)
W	27/29 (93.1%)	45/48 (93.8%)	32/35 (91.4%)	15/25 (60%)	8/8 (100%)	8/9 (88.9%)	72/77 (93.5%)

171

172 2.6 Determination of resistance genes

173 The highly resistant isolates against the various agents were selected for the characterization of their
 174 respective resistance genes (R-genes). Trimethoprim (*dhfr* gene), Sulfamethoxazole, (*sull* gene) and
 175 Nalidixic Acid (*gyrA* gene) R-genes were characterized at 126bp, 223bp and 620bp respectively. There
 176 were no R-genes in Nalidixic Acid while characterization for Ampicillin was not done. Reaction tubes
 177 contained a final reaction volume of 25µl comprised of; 4µl PCR master mix 18µl PCR water, Betaine 1µl,
 178 2µl primer and 1µl DNA template. Amplification reactions for *dhfr* and *gyrA* genes in a thermocycler were
 179 under the following conditions; initial denaturation for 4min at 95°C, 30 cycles denaturation for 1min at
 180 94°C, annealing at 60°C for 1min, extension for 50s at 72°C and a final extension for 5min at 72°C.
 181 Same conditions applied for *sull* gene except for annealing which was at 65°C. The PCR products were
 182 analyzed by electrophoresis in stained 1.5% agarose gel under UV light.

183 Nalidixic Acid resistance using *gyrA* F- 5' GCTCTTGTTTTAGCTTGATGCA-3' and R-5'
 184 TTGTCGCCATCCTACAGCTA-3' with annealing temperature of 50°C was used to detect PCR reaction
 185 product of 620bp.

186 Sulfamethoxazole R-genes were detected using primer set F- 5'CGCACCGGAAACATCGCTGCAC 3'
 187 and R- 5' TGAAGTTCGCCGCAAGGCTCG 3' to amplify *sull* gene with annealing temperature of 65°C
 188 to detect PCR reaction product of 223bp.

189 Trimethoprim R-genes were detected using primer set F-5' CATGGTTGGTTCGCTAAACTGC3' and R-
190 5'GAGGTTGTGGTCATTCTCTGGAAATA 3' to amplify *dhfr* gene with annealing temperature of 60°C to
191 detect PCR reaction product of 126bp.

192 The PCR conditions were; denaturation at 95°C for 4 min, 33 cycles with denaturation at 94°C for 1
193 minute, annealing at varying temperatures; extension at 72°C for 50 seconds, and a final extension at
194 72°C for 5 min. The separation of PCR products was done by gel electrophoresis on Ethidium Bromide
195 stained 1.5% agarose gel. (Vaishnavi *et al.*, 2015).

196 *C. jejuni* ATCC 33560 and *C. coli* ATCC 33559 were used as positive controls while *E. coli* ATCC 25922
197 as negative control..

198

199

200 **3. RESULTS**

201 **3.1 Carriage Prevalence**

202 This study recorded overall *Campylobacter* prevalence of 22.45%, 30 of the *Campylobacter spp.*
203 confirmed by PCR while the rest 47 were positive by conventional methods. Test for equality of variances
204 (t-test) $P = .05$ was used to determine significant difference between isolates confirmed by PCR and
205 isolates identified by conventional methods where: ($T_{6,150} = 1.902$, $P < .05$) at $P = .11$).

206 Carriage recorded a prevalence of 15.67%, Six (20.68%) of these confirmed by PCR and the remaining
207 23 (12.43%) by conventional methods. Isolation prevalence of the different *Campylobacter spp.* was
208 44.8%, 41.4%, 6.9% and 6.9% for *C. jejuni*, *C. coli*, mixed species and other *Campylobacter spp.*
209 respectively.

210 **3.2 Contamination Prevalence**

211 Contamination recorded a prevalence of 30.37% where the statistical difference between carriage and
212 contamination prevalence was at $P = .000$. *C. jejuni* was the predominant *Campylobacter spp.* at 41.6%
213 followed by *C. coli* at 33.3%, mixed species at 10.4% and other *Campylobacter spp.* at 14.6%. The
214 statistical difference of *C. jejuni* and *C. coli* between carriage and contamination was at $P = .000$.

215 **3.3 Associated Risk Factors**

216 All factors showed increased risk of *Campylobacter* colonization in the flock apart from two; hygiene
217 practices and feeding the broilers with combination of chicken feed and kitchen waste. The highest risk
218 was feeding broilers with kitchen waste and age of poultry which doubled the risk of *Campylobacter*
219 colonization in the flock (OR: 2.57, 95% CI: 0.19-34.47, $P = .46$) and (OR: 2.00, 95% CI: .312-12.84, $P =$
220 .46) respectively. Followed by slaughtering in the open ground (OR: 1.86, 95% CI: 0.28-12.31, $P = .51$)
221 then slaughtering around the poultry house (OR: 1.25, 95% CI: 0.20-7.61, $P = .80$).

222 **3.4 Antimicrobial Susceptibility Tests**

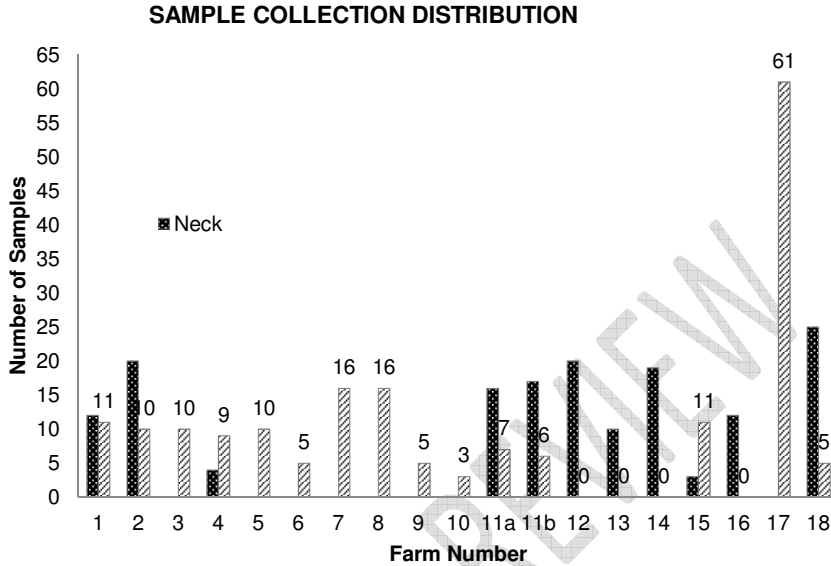
223 The isolates showed increased resistance against Ampicillin, Nalidixic Acid, Sulfamethoxazole and
224 Trimethoprim at 67.5%, 61%, 89.6% and 93.5% respectively. Isolates under Tetracycline and
225 Chloramphenicol showed low resistance both at 15.6% with isolates under Gentamycin presenting the
226 lowest resistance at 1.7%. Statistical difference of resistance between carriage and contamination was
227 at; $P = .01$ in Sulfamethoxazole, $P = .01$ in Streptomycin and $P = .000$ at Ciprofloxacin. Among the six
228 variables using Tetracycline in their broiler flock as growth promoters and prevention of infections
229 recorded OR: 0.875 95% CI: 0.96-7.952 $P = .96$.

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231

232

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234
 235 **Figure 1: Graph pattern of sample collection distribution across 18 farms in Thika sub-**
 236 **County**

237 The Mann Whitney U test was conducted in two categories, first category; *Campylobacter spp.* with very
 238 high resistance at $P = .05$ which included Ampicillin, Nalidixic acid, Sulfamethoxazole and Trimethoprim.
 239 From these, only Sulfamethoxazole ($P = .00$) null hypothesis was rejected. Second category; the other
 240 eight remaining antimicrobial agents tested with levels of significance of $P = .05$ followed by $P = .1$.
 241 Streptomycin, Ciprofloxacin and Ofloxacin recorded the same P values from the two different levels of
 242 significance at

243
 244 **Table 3: Percentage Prevalence of Positive *Campylobacter spp.* isolated per farm across**
 245 **the 18 sampled farms in Thika**

Farm	Contamination		Carriage		Total No. of
	No. of Positive	%	No. of	%	

No.	Samples	Prevalence	Positive Samples	Prevalence	Samples
1	10/12	83.33%	4/11	36.36%	23
2	1/20	5%	2/10	20%	30
3	No sample	-	0/10	0%	10
4	1/4	25%	3/9	33.33%	11
5	No sample	-	0/10	0%	10
6	No sample	-	0/5	0%	5
7	No sample	-	4/16	25%	16
8	No sample	-	6/16	37.5%	16
9	No sample	-	2/5	40%	5
10	No sample	-	3/3	100%	3
11 (a)	4/16	25%	1/7	14.28%	23
11 (b)	0/17	0%	0/6	0%	23
12	7/20	35%	No sample	-	20
13	0/10	0%	No sample	-	10
14	3/19	15.79%	No sample	-	19
15	0/3	0%	1/11	9.09%	14
16	4/12	33.33%	No sample	-	12
17	No sample	-	3/61	4.92%	61
18	18/25	72%	0/5	0%	30
TOTAL	48/158		29/185		343

246

247 $P = .01$, $P = .00$ and $P = .05$ respectively therefore their null hypothesis were rejected in both levels.

248 Gentamycin ($P = .07$) null hypothesis was only rejected at $P = .1$ level of significance.

249 There was higher resistance prevalence of *C. jejuni* than *C. coli* (Table 2) in all the antimicrobial agents

250 except Erythromycin, Nalidixic Acid and Ampicillin. The highest resistance of *C. jejuni* was 91.4% and

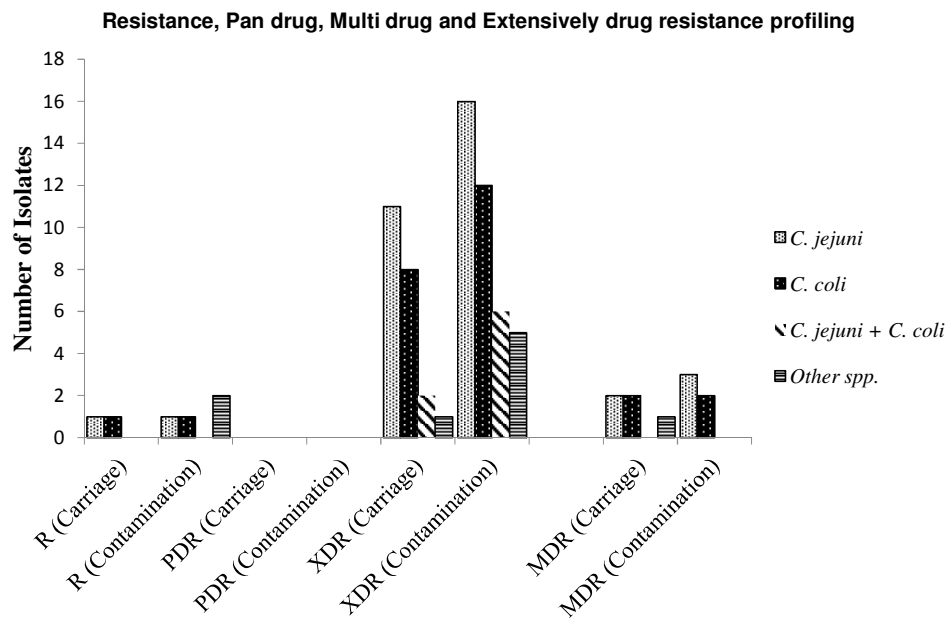
251 85.7% against Trimethoprim and Sulfamethoxazole respectively; Chloramphenicol had the lowest
252 resistance prevalence (17.1%) in *C. jejuni*. While in *C. coli* Nalidixic Acid, was highest (80%) followed by
253 Ampicillin (72%) and the lowest resistance was against Kanamycin and Chloramphenicol both at 12%.

254 The antibiotic susceptibility profile were studied to detect and profile MDR, XDR and PDR bacteria
255 from Thika. MDR prevalence was 79.22% from this 36.06% represented MDR in carriage while MDR in
256 contamination was much higher at 63.93%. In addition, MDR for *C. jejuni*, *C. coli*, mixed species of *C.*
257 *jejuni*/*C. coli* and for other *Campylobacter spp.* was 44.26%, 32.78%, 13.11% and 9.83%% respectively.
258 Isolates exhibiting XDR was 12.98%; with a 50/50 prevalence for both carriage and contamination
259 isolates. The XDR distribution in the species was *C. jejuni* (50%); *C. coli* (40%), Other *Campylobacter*
260 *spp.* (10%) and none for mixed species. Six isolates were found to be "just resistant" by the fact that the
261 isolates were non-susceptible to only two antimicrobial agents. Thirty three percent represented resistant
262 isolates in carriage while 66.66% represented the resistant isolates in contamination, with even
263 distribution of 33.33% in *C. jejuni*, *C. coli* and other *Campylobacter spp.* while there was no isolates
264 recorded for mixed species and no PDR isolates detected.

265 3.5 Resistance genes Characterization

266 *dhfr* gene was the most prevalent with seventeen R-genes compared to ten from the *sull* gene. There
267 was 50% prevalence of the R-genes across the 18 sampled farms; Farm 18 had the highest prevalence,
268 40% of the resistance genes (only *dhfr* genes) while majority of the farms had just 3.70% prevalence. No
269 R-genes were found in Nalidixic Acid-resistant isolates (*gryA* gene) while in Trimethoprim-resistant
270 isolates characterization was not done. Farm 1 had two isolates while Farm 16 had one isolate carrying
271 both *dhfr* and *sull* genes. Distribution of *Campylobacter spp.* for *dhfr* gene was 17.64%, 23.52%, 29.41%
272 and 29.41% for *C. jejuni*, *C. coli*, mixed species and other *Campylobacter spp.* respectively. While *sull*
273 gene recorded 30% for *C. jejuni*, 30% for *C. coli*, 30% for other *Campylobacter spp.* and only 10% for
274 mixed species.

275



276

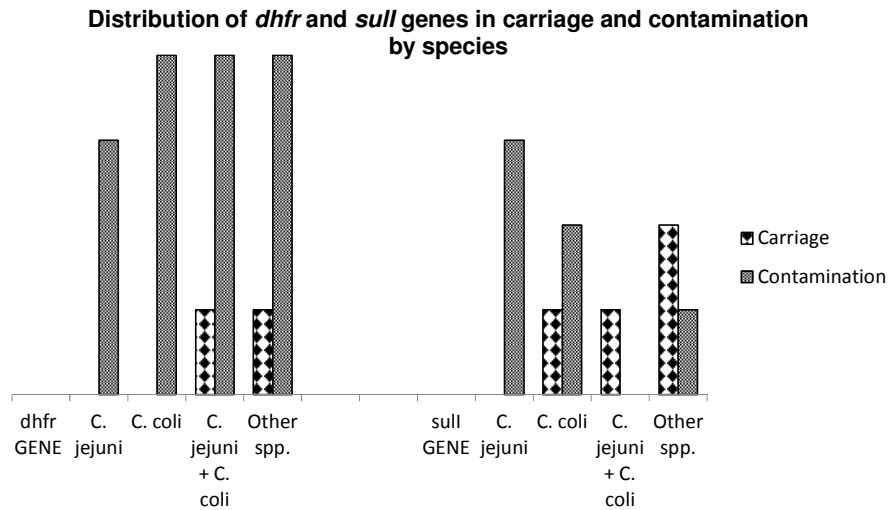
277 **Figure 2: Antibiogram profile depicting antimicrobial susceptibility test (R, PDR, MDR**
 278 **and XDR) for *Campylobacter spp.* in carriage and contamination isolate**

279 **4. DISCUSSION**

280 Thika sub-county is one of the largest broiler meat suppliers to the capital of the country, Nairobi where
 281 fried chicken is the fastest growing business thus, increasing the demand of broiler meat without
 282 knowledge of the thermophilic bacteria that may come with it. This study recorded an overall
 283 *Campylobacter* prevalence of 22.45%. Unlike other studies in the sub-Saharan African countries, they
 284 recorded up to 47-68% [24, 25]. Which might be due to the small number of broiler farms sampled, a
 285 difference in size of commercial flocks, or a difference in sampling unit or even the testing methods.

286 Recording carriage prevalence of 15.67% corroborating results from Ethiopia [26] that detected
 287 *Campylobacter* carriage with 18.41% prevalence in the Oromia region of the country and in 2013, 21.97%
 288 prevalence of *Campylobacter* from cloacal swabs was isolated in Italy [27]. In contrary, 42.5% prevalence
 289 of chickens (various breeds) by cloacal swabs was recorded from a study in Tanzania [28] and as high
 290 as 100% prevalence of *Campylobacter* in cloacal swabs was also found by direct counting on two types

291 of agar in Brazil [29]. Further, *Campylobacter* spp. in carriage cases from the present study were
 292 identified; 44.8%, 41.4%, 6.9% and 6.9% for *C. jejuni*, *C. coli*, mixed species and other *Campylobacter*
 293 spp. respectively.



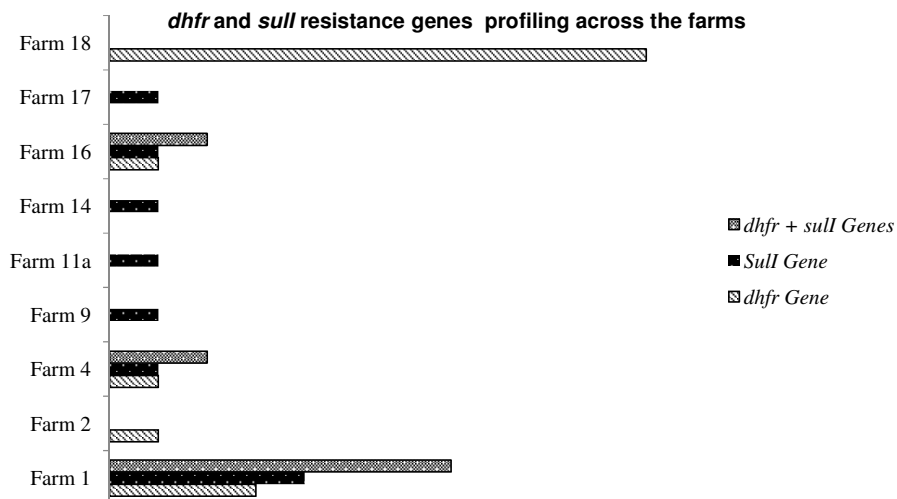
294

295 **Figure 3: Chart depicting *dhfr* gene and *sull* gene distribution of *Campylobacter* species**
 296 **in carriage and contamination**

297 These results conform to results reported by various studies; the prevalence of *C. jejuni* is usually higher
 298 than that of *C. coli*. Of the three species, *C. jejuni* predominates, with *C. coli* and *C. lari* infrequently
 299 recovered from the intestinal tract of poultry [30].

300 Farm 17 had the highest number of samples collected but with the least *Campylobacter* isolation
 301 prevalence at 4.9% in carriage cases. Contrary to Farm 10, which had, the lowest number of samples
 302 collected had 100% (3/3) *Campylobacter* isolation prevalence.

303 With 30.37% contamination prevalence (doubling carriage prevalence), this study recorded a higher
 304 contamination prevalence in comparison to few other studies that identified much lower prevalence;
 305 21.7% in retail raw chicken meat tested in Ethiopia [31], and 21.9% of commercial chicken carcasses
 306 swabbed in Ghana [32].



307

308 **Figure 4:** Resistance genes profiling of *dhfr* genes and *sull* genes across the 18 sampled farms.

309 However, much lower than the prevalence in a 2018 study a contamination prevalence of 91.07% in
 310 broilers was found in peri-urban areas of Nairobi [33] and 85.3% contamination prevalence was recorded
 311 in chicken meat from Nairobi tested less than 24hours after slaughter from supermarkets and butcheries
 312 [34]. *Campylobacter spp.* identification for contamination cases from this study revealed that *C. jejuni* was
 313 more predominant (41.6%) than *C. coli* (33.3%), these results corroborated with results from southern
 314 Brazil where samples from the broiler slaughtering process recorded *C. jejuni* as the most predominant
 315 species at 72% and 38% for *C. coli*. Similarly, *C. jejuni* is responsible for over 95% of the diagnosed
 316 cases of campylobacteriosis as discussed earlier in Gonsalves' work in 2016. Notably, samples might
 317 contain multiple *Campylobacter* species, suggesting mixed colonization [35].

318 Farm 1 had highest number of contamination cases (83.3%) with 66.6% *C. coli* and 33.3% *C. jejuni*, with
 319 other *Campylobacter spp.* at only 10% species isolation prevalence.

320 Consistent with [36] prevalence of and risk factor for *Campylobacter* in France, the present study showed
 321 hygiene practices in Thika farms could contribute to a reduction in *Campylobacter* colonization, a factor
 322 found to have the lowest risk in this study. Feeding the broilers with kitchen waste and age of poultry
 323 doubled the risk of *campylobacter* colonization in the flock followed by slaughtering in the open ground

324 then slaughtering around the poultry house. On the other hand, a combination of the chicken feed and
325 kitchen waste showed a much-reduced risk compared to as when the broilers were fed on either of the
326 two feeds. The farmers seemed to maintain good standards of hygiene practices apart from a few cases
327 that did not raise the level of risk as usually expected.

328 *Campylobacter* infections cause gastroenteritis which is typically self-limiting the most important treatment
329 is to avoid dehydration. Antibiotics treatment is usually needed in the most severe and persisting
330 infections or pregnant women, young children, the old as well as immunocompromised patients [37, 38].
331 There is strong evidence to support the observation the fluoroquinolone use in food animals is associated
332 with increased numbers of infections with resistant strains of *Campylobacter* in humans [39]. Interestingly,
333 Australian livestock does not utilize fluoroquinolones and as a result, *Campylobacter* isolates from this
334 region have negligible levels of resistance to fluoroquinolones, which in turn correspond to low resistance
335 levels in human isolates [40]. November 30, 2018 reports; Canada took a major step to stop antibiotic
336 resistance on farms by implementing new regulations for access to antibiotics for farm animals, starting
337 December 1, 2018 farmers in Canada will have access to 300 animal drugs only if they obtain a
338 prescription from a veterinarian ([https://qz.com/1480983/antibiotic-resistance-on-farms-could-be-slowed-
339 by-canadas-new-regulations/](https://qz.com/1480983/antibiotic-resistance-on-farms-could-be-slowed-by-canadas-new-regulations/)).

340 Generally, there was high resistance prevalence in this study and even higher resistance in isolates
341 against Ampicillin, Nalidixic Acid, Sulfamethoxazole and Trimethoprim at 67.53%, 61.03%, 89.61% and
342 93.50% respectively (Table 2). These results are in accordance with resistance investigation of
343 *Campylobacter* isolates from Kenyan chicken [41] where high resistance (>70%) was found in Nalidixic
344 Acid, the same was observed in China [42]. This wide-spread resistance to Nalidixic Acid corroborated
345 reports on *Campylobacter* from different food animals/products in other countries [43, 44]. In contrary,
346 [45] reported lower Nalidixic Acid resistance rates (26%) for *Campylobacter* recovered from humans with
347 diarrhea in Western Kenya in 2006. Similarly, high resistances of various proportions of Trimethoprim-
348 Sulfamethoxazole [45, 46] have been reported in Kenya. These Ampicillin-resistant isolates results are
349 also consistent with [47] in South Korea, recorded 88.9% Ampicillin resistance in all the *C. coli* isolated in
350 ducks in 2014 and a similar trend in 2015 was recorded (75.7%) in Tanzania [48]. Gallay and colleagues
351 [49] found the proportion of resistance to Ampicillin increased among the groups of patients in that study.

352 Ampicillin is of clinical interest because at times is used for the treatment of severe campylobacteriosis.
353 There was moderate resistance from the 77 *Campylobacter* isolates against Ciprofloxacin (25.97%),
354 Kanamycin (25.97%), Ofloxacin (24.67%), Erythromycin (29.87%) and Streptomycin (32.46%) (Table 2).
355 Unlike many studies with high fluoroquinolones resistance [47, 50, 51], Ciprofloxacin and Ofloxacin
356 resistance was much lower in this study, while no resistance to fluoroquinolones was found in Tanzania
357 [52]. Macrolides are now generally considered the optimal antibiotic for treatment of *Campylobacter*
358 infections; however, resistance to macrolides in human isolates in some countries is becoming a major
359 public health concern. The macrolide resistance among *Campylobacter* strains has remained low and
360 stable level for a long while. However, there is also evidence in some parts of the world that resistance
361 rate to Erythromycin, and other macrolides in these bacteria are slowly increasing [53].
362 Much lower resistance in this study was recorded against Tetracycline 15.6%, Chloramphenicol 15.6%
363 and Gentamycin 1.7%. The Tetracycline results corroborate the results by Brooks and others from
364 Western Kenya in 2006, where 18% prevalence was obtained, contrary to this, 10 years later Nguyen and
365 colleagues recorded >70% resistance against Tetracycline.
366 The Mann-Whitney U test rejected the hypothesis that distribution of Sulfamethoxazole, Streptomycin,
367 Ciprofloxacin and Ofloxacin are the same across the farms at $P = .05$ level of significance, also rejected
368 the same hypothesis in Gentamycin, Streptomycin, Ciprofloxacin and Ofloxacin at $P = .01$ level of
369 significance.
370 There was generally higher resistance prevalence in *C. jejuni* than in *C. coli* (Table 2) in all the
371 antimicrobial agents except for Erythromycin, Nalidixic Acid and Ampicillin. The highest resistance in *C.*
372 *jejuni* was 91.4% and 85.7% were recorded as the highest resistances against Trimethoprim and
373 Sulfamethoxazole respectively; Chloramphenicol had the lowest resistance prevalence (17.1%) against
374 *C. jejuni*. While Nalidixic Acid was highest (80%) followed by Ampicillin (72%) and the lowest resistance
375 was in Kanamycin and chloramphenicol both at 12% against *C. coli* (Table 2). However, [54] reported low
376 level of multidrug resistance in *C. jejuni* from broilers of the member states of the EU.
377 MDR prevalence in the present study was 79.22% from this 36.06% represented MDR in carriage while
378 MDR in contamination was much higher at 63.93%. In addition, MDR for *C. jejuni*, *C. coli*, mixed species
379 and for Other *Campylobacter* spp. was 44.26%, 32.78%, 13.11% and 9.83% respectively. In contrast,

380 (40% *C. jejuni* and 69.9% *C. coli*) are comparable to those reported in other countries [55-57]. Isolates
381 exhibited 12.98% XDR; with a 50/50 prevalence for both carriage and contamination isolates, species
382 distribution was 50% *C. jejuni*, 40% *C. coli*, Other *Campylobacter spp.* (10%) and none for mixed species.
383 Six isolates were found to be “just resistant” by the fact that the isolates were non-susceptible to only two
384 antimicrobial agents. Thirty three percent (33.33%) represented resistant isolates in carriage while
385 66.66% represented the isolates in contamination, there was even distribution of 33.33% amongst *C.*
386 *jejuni*, *C. coli* and other *Campylobacter spp.* while there was no isolates recorded for mixed species of *C.*
387 *jejuni* and *C. coli*. There were no PDR isolates profiled in this study. These results are consistent with
388 MDR observed in the majority of the tested isolates (94%) in a study conducted by Wang and colleagues,
389 [58]. However 4.5% isolates were pan susceptible to all antimicrobials tested in Tanzania, according to
390 Kashoma and colleagues.

391 Trimethoprim, *dhfr* gene and Sulfamethoxazole, *sulI* gene were characterized at 126bp in 17 isolates and
392 at 223bp in 10 isolates respectively. No R-genes were found in Nalidixic Acid (*gyrA* gene at 620bp) while
393 in Ampicillin the characterization was not done. R-genes conferring resistance in the other antimicrobial
394 agents against *Campylobacter spp.* were not investigated due to lack of enough resources faced by the
395 study.

396 5. CONCLUSION

397 The prevalence results suggested that Thika has low broiler *Campylobacter* infection and that carriage
398 prevalence was lower than contamination prevalence. These findings suggest that should the farmers in
399 Thika stop feeding their broilers with kitchen waste; and slaughtering the broilers at relatively younger
400 age, the broilers would be at a lower risk of *Campylobacter* colonization. High level of resistance against
401 Nalidixic acid, Ampicillin, Sulfamethoxazole and Trimethoprim as well as multidrug and extensively drug
402 resistance were recorded in this study while no PDR isolates were recorded. The R-genes analysis was
403 of significance since the results corroborated results from the phenotypic resistance analysis of the
404 *Campylobacter* isolates observed in the antimicrobial susceptibility tests. The resistance results of
405 especially β -lactams and quinolones is indication for the need to strengthen implementation of control
406 procedures and antibiotic regulations to reduce antibiotic resistance. Thika broilers are potentially

407 important source of human infection, awareness best achieved by educating the public and training
408 farmers on best practices.

409 **COMPETING INTERESTS**

410 The authors have declared that no competing interests exists.

411 **CONSENT**

412 All authors declare that written informed consent was obtained from the participating farmers before
413 sample collection and for publication of the research findings.

414 **ETHICAL APPROVAL**

415 All authors hereby declare that principles of laboratory animal care (NIH publication No. 85-23,
416 revised 1985) were followed. All experiments have been examined and approved by the Kenya
417 Medical Research Institute – Scientific Ethical Review Unit (KEMRI-SERU) and Center for
418 Microbiology - Scientific Steering Committee (CMR-SSC) under code:
419 KEMRI/SERU/CMRP00056/3506.

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