

Analysis of Volatile Compounds in Probiotic Yogurt During Storage Through Solid-Phase Microextraction Gas Chromatography

ABSTRACT

Two different yogurts, control and probiotic with *Bifidobacterium* BB-12 were produced and analyzed for their contents of total solids, proteins, pH, counts of probiotic bacteria, and volatile composition during refrigerated storage for 28 days. The response surface methodology (RSM) was used to optimize the extraction of volatile compounds from the probiotic yogurt containing through HS-SPME combined with gas chromatography–mass spectrometry (GC–MS). Post-acidification and decrease in protein content were noted in both yogurts during storage. The results showed that the extraction temperature and the addition of salt were statistically the most influential factors for the extraction of higher amounts of volatile compounds. The volatile compounds detected in the probiotic yogurt were 2-butanone, 2,3-butanedione, 2,3-pentanodione, acetone and hexanoic acid. During the 28 days of storage, the only differences noted were between the amounts of 2,3-butanedione, 2,3-pentanodione and hexanoic acid.

Keywords: Probiotic yogurt, volatile compounds, Bifidobacterium BB-12, solid-phase microextraction, GC-MS, response surface methodology

1. INTRODUCTION

Yogurt is a very popular fermented milk product, widely consumed all over the world. The production of high-quality yogurt requires control of several factors such as the chemical composition of milk base, type of milk, processing conditions and types of starter culture used to produce aroma compounds during incubation period for the manufacture of yogurt [1]. One possible method of enhancing those properties further is by creating yogurt that contains probiotics. Probiotics are live microorganisms which when administered in adequate amounts confer health benefits [2] by improving microbial balance in the host's gut flora and defenses against pathogenic microorganisms. The species which are most frequently used as probiotics belong to the genera *Lactobacillus* and *Bifidobacterium* [3]. *Bifidobacterium* BB-12® is a probiotic microorganism that is widely consumed in the form of probiotic yogurt. Probiotic yogurt containing this microorganism is reported to have beneficial effects on metabolism preventing gastrointestinal illness [4]. However, it is crucial that the viable counts of probiotic bacteria not decreased below to **6 log CFU/ml** throughout the product's shelf life. Thus, they are in sufficient numbers in order to exert the desired therapeutic effects [3].

One of the basic parameters through which starter cultures for yogurts are characterized is their ability to produce volatile compounds. The aroma and flavor of yogurt and dairy products occur basically because of the production of non-volatile and volatile acids and carbonyl compounds [5]. Carbonyl compounds and free fatty acids in yogurt are influenced

40 by the type of starter culture, type and quality of raw milk, incubation, cooling and storage
41 [6]. Even though *Streptococcus thermophilus* and *Lactobacillus bulgaricus* are lactic acid
42 bacteria used for yogurt production, variations in the strains affect the synthesis of carbonyl
43 compounds [5].
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45 Volatile compounds are generally present in trace amounts and require analysis through gas
46 chromatography (GC) coupled to mass spectrometry (MS), with a prior step involving the
47 extraction and pre-concentration of the volatile fraction. This analysis has been a challenge
48 to many researches. Chen [7] reported that different techniques have been applied for the
49 extraction and concentration of the volatile flavor compounds in yogurt and other cultured
50 dairy products. However, many different methods are time-consuming, expensive and likely
51 to introduce artifact resulting from sample preparation and solvent interaction steps. The
52 solid-phase microextraction (SPME) method has become the method of choice for aroma
53 analysis, allowing solvent-free, rapid sampling with low cost and ease of operation [8]. In
54 addition, it is sensitive, selective and also compatible with low detection limits [7].
55 Considering that SPME is a technique based on physicochemical processes of equilibrium
56 between the matrix and the headspace, and between the headspace and the material
57 coating the fiber, the success of its use depends on factors such as the chemical nature of
58 the compounds to be extracted, the temperature used during extraction and the extraction
59 time to the headspace [8]. However, due their advantages, SPME has been widely used in
60 the extraction volatile and semi-volatile compounds from biological, environmental, food and
61 drink samples [7]. By using headspace (HS) SPME, it is possible to reduce matrix effects
62 and any other interferences present in the liquid sample. On other hand, equilibrium is
63 reached faster through HS-SPME than through direct immersion (DI) SPME as there is no
64 liquid to stop diffusion of the analytes onto the coating [9].
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66 In relation to dairy products, the SPME technique has been used to determine the shelf life
67 of yogurt and of fresh cheese [10], to provide a quantitative analysis of thermally derived off-
68 flavour compounds of milk [11], and to assess the impact of processing and/or storage on
69 the stability of the flavor of whey powders [12]. Therefore, the aim of this work was to
70 optimize the extraction of volatile compounds of probiotic yogurt by using the response
71 surface methodology (RSM) based on HS-SPME combined with gas chromatography–mass
72 spectrometric (GC–MS) in order to extract, identify and quantitatively monitor the
73 concentration of selected volatile compounds of the probiotic yogurt during refrigerated
74 storage for 28 days.
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76 2. MATERIAL AND METHODS

77 2.1 Material

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79 Commercial pasteurized milk (3 g fat/100 ml), thermophilic culture (YCX-11®, Chr. Hansen,
80 Honsholm, Denmark) containing *Streptococcus thermophilus* and *Lactobacillus bulgaricus*,
81 and probiotic culture composed of *Bifidobacterium BB-12* (BB-12®, Chr. Hansen, Honsholm,
82 Denmark) were used for sample preparation. MRS agar (Merck, Darmstadt, Germany),
83 lithium chloride (Vetec, Rio de Janeiro, Brazil), sodium propionate (Vetec, Rio de Janeiro,
84 Brazil) and AnaeroGen® (Oxoid, Hampshire, UK) were used for the microbiological analysis.
85 Acetone (2-propanone), diacetyl (2,3-butanedione), 2,3-pentanodione, 2-butanone and
86 hexanoic acid were purchased from Sigma Chemical Co. (St. Louis, MO, USA). All the
87 reagents were either of analytical grade or chromatographic.
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90 2.2 Manufacture of yogurts

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93 Two yogurts, one denoted as control and the other as probiotic, were manufactured
94 according to the procedures of Almeida et al. [13], with modifications. Aliquots of the milk (1
95 l) were heated to 42 ± 1 °C and inoculated with thermophilic culture, while in the probiotic
96 yogurt *Bifidobacterium* BB-12 was also added. The cultures were used in the following
97 concentrations, 0.0032 g/100 ml and 0.0200 g/100 ml, respectively. Both yogurts were
98 incubated at 42 ± 1 °C until pH 4.6 was reached. After fermentation, the yogurts were cooled
99 to 4 ± 1 °C, gently stirred, put into plastic pots sealed with aluminum and then stored in
100 refrigeration (4 ± 1 °C) until analyses were done. All analyses were performed on days 1, 14,
101 and 28 of storage.
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103 2.3 Microbiological analysis

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105 The viability of *Bifidobacterium* BB-12 in the probiotic yogurt was evaluated. For the
106 enumeration of probiotic culture, the MRS Agar modified with addition of 0.2 g/100 ml of
107 lithium chloride and 0.3 g/100 ml of sodium propionate (LP-MRS) were used as proposed by
108 Vinderola and Reinheimer [14]. The plates were incubated in anaerobic jars containing
109 AnaeroGen® at 37 ± 1 °C for 72 h. After this incubation period, the count of viable probiotic
110 cells was carried out, expressed as log of colony-forming units per milliliter (log CFU/ml).
111 The analyses were carried out in triplicate.
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113 2.4 Physicochemical analysis

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115 The yogurts (control and probiotic) were investigated for total solids by drying to constant
116 weight at 85 °C and for protein content through the Kjeldahl method ($N \times 6.38$) [15]. The pH
117 values were determined with a pH meter (Quimis, model Q-400A, Brazil) through the
118 potentiometric method. All the analyses were carried out in triplicate.
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120 2.5 Analysis of volatile compounds by gas chromatography-mass 121 spectrometry

122 2.5.1 Optimization of headspace solid phase microextraction (HS-SPME) parameters

123 The volatile compounds of the samples were extracted through the headspace method. A
124 randomized 23 central composite design (CCD) along with response surface methodology
125 (RSM) was used to study extraction temperature (40 to 60 °C), extraction time (30 to 50 min)
126 and the effects of ionic strength through addition NaCl (0 to 6 g) on the amount of volatile
127 compounds adsorbed by SPME fiber from the probiotic yogurt. The experimental design was
128 composed of seventeen combinations of the independent variables; eight factorial points
129 (levels -1 and 1), six axial points (level -1.682 and 1.682) and three repetitions in the central
130 point, as shown in Table 1. Due to systematic errors, all the experiments were carried out at
131 random in order to minimize the effect of unexplained variability on the responses obtained.
132 The response evaluated during all the experiments was the total sum of the peak areas,
133 obtained in the GC-MS analysis. SPME was performed with a commercially available fiber
134 housed in its manual holder (Supelco, Bellefonte, PA, USA). All extractions were carried out
135 using a DVB/CAR/PDMS (divinylbenzene/ carboxen/ polydimethylsiloxane) fiber, 50/30 µm
136 film thickness (Supelco, Bellefonte, PA, USA). Prior to use, the fiber was conditioned at 270
137 °C for 1 hr. Twenty gram sample amount was put into 40 mL glass vials with a valve cap
138 (Supelco, Bellefonte, PA, USA). During the extraction, the samples were stirred continuously
139 with a magnetic stir bar on a stir plate spinning at 750 rpm. The fiber was carefully put in the
140 same place for each exposure for the headspace to obtain maximal repeatability. After
141 sampling, the SPME fiber was introduced into the GC-MS injector and kept in the splitless
142 mode and maintained at 270 °C for 10 min for thermal desorption of the analytes. Each
143 sample was analyzed in triplicate, using a fresh vial and aliquot for each replicate.
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146 **Table 1: Central composite design (CCD) with the independent variables and their**
 147 **levels used for the experimental designa.**
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Tests	Levels		
	Extraction temperature (°C)	Extraction time (min)	Salt concentration (g NaCl)
1	-1 (40)	-1 (30)	-1 (0)
2	1 (60)	-1 (30)	-1 (0)
3	-1 (40)	1 (50)	-1 (0)
4	1 (60)	1 (50)	-1 (0)
5	-1 (40)	-1 (30)	1 (6)
6	1 (60)	-1 (30)	1 (6)
7	-1 (40)	1 (50)	1 (6)
8	1 (60)	1 (50)	1 (6)
9	-1.68 ^b (38.32)	0 (40)	0 (3)
10	1.68 ^b (61.68)	0 (40)	0 (3)
11	0 (50)	-1.68 ^b (28.32)	0 (3)
12	0 (50)	1.68 ^b (51.68)	0 (3)
13	0 (50)	0 (40)	-1.68 ^b (1.68)
14	0 (50)	0 (40)	1.68 ^b (7.68)
15	0 (50)	0 (40)	0 (3)
16	0 (50)	0 (40)	0 (3)
17	0 (50)	0 (40)	0 (3)

149 ^aFactors coded (in bracket) and reals levels used in the full experimental design for extraction of
 150 volatile compounds.

151 ^b $\alpha = \pm 1.68$ for three independent variables.
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2.5.2 GC-MS analysis

155 A Shimadzu GC-2010 gas chromatography coupled to a mass spectrometer was used to
 156 analyze the components in the headspace of the samples. Helium (99.999 %) was used as
 157 carrier gas. The capillary column used was Rtx-5MS (30 m x 0.25 mm i.d. x 0.25 μ m df)
 158 (Restec, USA). Column temperature was held at 40 °C for 1 min and increased to 120 °C at
 159 a rate of 4 °C/min, and finally to 280 °C at a rate of 15 °C/min. The temperature of the
 160 injector was 270 °C and the time of desorption of the fiber into the injection port was 10 min.
 161 The temperature of the detector was 250 °C. Electron impact mass spectra were recorded at
 162 a voltage of 70 eV over the 40-400 m/z mass range.
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2.5.3 Component identification

165 **Volatile compounds predominant** were identified by comparing their experimental spectra
 166 with those of NIST'98 [16], and by comparison of their retention times with authentic
 167 standards.
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2.5.4 Quantitative analysis

170 Acetone (2-propanone), diacetyl (2,3-butanedione), 2,3-pentanodione, 2-butanone and
 171 hexanoic acid were quantified. Each quantified peak was required to have a minimum signal-
 172 to-noise ratio (S/N) of 5. Quantitative results were obtained by using the method of standard
 173 addition. Standard solutions were added to multiple aliquots of a sample of yogurt. The
 174 sample without standard solutions was also analyzed. The samples were extracted and
 175 analyzed through HS-SPME/GC-MS, as previously described. The compounds were
 176 quantified based on a calibration curve that was generated by plotting the detected response
 177 versus the amount spiked from each standard. Each sample measurement was repeated
 178 three times.

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2.6 Statistical analysis

The regression coefficients for linear quadratic and interaction terms were determined by using multiple linear regression (MLR). A Student's t-test was used to verify the statistical significance of the regression coefficients derived from the model. From manufacture of yogurts, three experimental trials were carried out in independent days and three replicates were analyzed each time. The analysis of variance (ANOVA) was applied to validate the model and to determine significant differences between the samples of the yogurts in all the parameters investigated. The regression coefficients were then used to generate response surfaces. All the calculations and graphics of the experimental design were performed by using the STATISTICA 13.3 software (TIBCO Software Inc., Palo Alto, CA). A difference was considered statistically significant when $P < 0.05$.

3. RESULTS AND DISCUSSION

3.1 Microbiological analysis

In relation to the cell viability of *Bifidobacterium* BB-12, the yogurt was considered probiotic as there was no decrease in viable cell count between the 1st and the 28th day of refrigerated storage (Table 2). Tripathi and Giri [3] stated that the recommended count of viable probiotic cells for a probiotic food should be equal to or greater than $6 \log \text{CFU/ml}$ during storage and the best way to administer probiotics is by regular ingestion, which confers the presence of these microorganisms in high numbers in the intestine, either maintaining or improving intestinal microbial balance. Similar results on the survival of *Bifidobacterium* were found by Saarela et al. [17], who evaluated the cell stability of *B. animalis* subsp. lactis in skim milk and in fruit juices and observed that the cells were stable in milk for only two weeks, whereas the same stability was not noted in the juices. Cunha et al. [18] evaluated the stability of bifidobacteria in fermented lactic beverage added with whey and also noted the stability of probiotic bacteria during storage of their products.

3.2 Physicochemical analysis

Mean values for total solids, protein and pH of both types of yogurt are shown in Table 2. When compared to the samples on the same days of storage no differences ($P < 0.05$) were noted in total solids content, indicating that there were no changes due to processing. These results were lower than those obtained by Cunha et al. [18] with fermented milk made with no addition of whey.

In both yogurts, the values for protein decreased during the storage period ($P < 0.05$). Similar protein values were obtained by Thamer and Penna [19] in probiotic milk added with whey. According to Donkor et al. [20] both the probiotic bacteria and the bacteria used in yogurt production need peptides and amino acids for their growth. The primary enzymes of lactic bacteria, which are responsible for proteolysis of milk proteins, offer an increase of amino acid and nitrogen necessary for the fermentative bacteria, causing a decrease in protein content.

The pH values were similar to those found in probiotic yogurt containing bifidobacteria by Kempka et al. [21]. Lankaputhra and Shah [22] reported that the pH range between 4.0 and 5.0 is ideal for maintaining the viability of probiotics. During storage, post-acidification of the yogurts was observed; however, their pH still remained within the recommended ranges.

231 Kailasapathy [23] stated that, when at refrigeration temperatures between 0 and 5 °C, the
 232 maintenance of β-galactosidase activity is responsible for post-acidification of fermented milk
 233 and also that refrigeration temperature and storage time of fermented milk would account for
 234 the variation in pH.

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Table 2: Viable *Bifidobacterium* BB-12 counts, total solids, protein and pH of yogurts, on day 1, 14 and 28 of storage at 5 ± 1 °C.

Yogurts	Days	Viable counts (log CFU/ml)	TS ^d (g/100g)	Protein ^e (g/100g)	pH
Control	1	-	11.28 ^{A,a} ± 0.02	2.76 ^{A,a} ± 0.33	4.75 ^{A,a} ± 0.01
	14	-	11.23 ^{A,b} ± 0.04	2.72 ^{A,a} ± 0.01	4.74 ^{A,a} ± 0.00
	28	-	11.33 ^{A,a} ± 0.05	2.58 ^{A,b} ± 0.00	4.62 ^{A,b} ± 0.00
Probiotic	1	7.9	11.26 ^{A,a} ± 0.02	2.73 ^{A,a} ± 0.00	4.62 ^{B,a} ± 0.00
	14	7.8	11.14 ^{A,b} ± 0.05	2.65 ^{B,b} ± 0.01	4.61 ^{B,b} ± 0.00
	28	7.8	11.20 ^{B,b} ± 0.01	2.67 ^{B,b} ± 0.03	4.39 ^{B,c} ± 0.01

240 ^{A-B} Within a column, different superscript uppercase letters denote significant differences ($P < 0.05$)
 241 amongst control and probiotic yogurts for the same periods of storage.

242 ^{a-c} Within a column, different superscript lowercase letters denote significant differences ($P < 0.05$)
 243 among the different periods of storage for each studied yogurt.

244 ^d TS= Total Solids.

245 ^e Proteins = Total nitrogen x 6.38.

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248 3.3 Analysis of volatile compounds by gas chromatography-mass 249 spectrometry

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252 3.3.1 Optimization of HS-SPME parameters

253 Table 3 shows the effects observed on the studied factors in the response of the volatile
 254 compounds extracted from the probiotic yogurt besides those caused by the interactions
 255 among such factors. The t-test for the model was significant ($P < 0.05$) for the quadratic
 256 coefficient of extraction temperature and addition of salt (NaCl) and for interaction between
 257 extraction time and addition of salt, thus indicating that only these variables can adequately
 258 explain the variation noted in the extraction of volatile compounds within the levels studied in
 259 this work.

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The model built for the volatile compounds of the probiotic yogurt is represented by Equation
 (1), and the answer (A) is the total chromatographic peak area. A response surface was
 plotted to facilitate the visualization of the significant factors derived from the statistical
 analysis (Figure 1).

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$$A = -458.006 + 20.295 T - 0.204 T^2 + 6.6485 s - 1.690 s^2 + 0.139 t s \quad (1)$$

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where T (°C) is the extraction temperature, s (g NaCl) is the salt concentration and t (min)
 the extraction time.

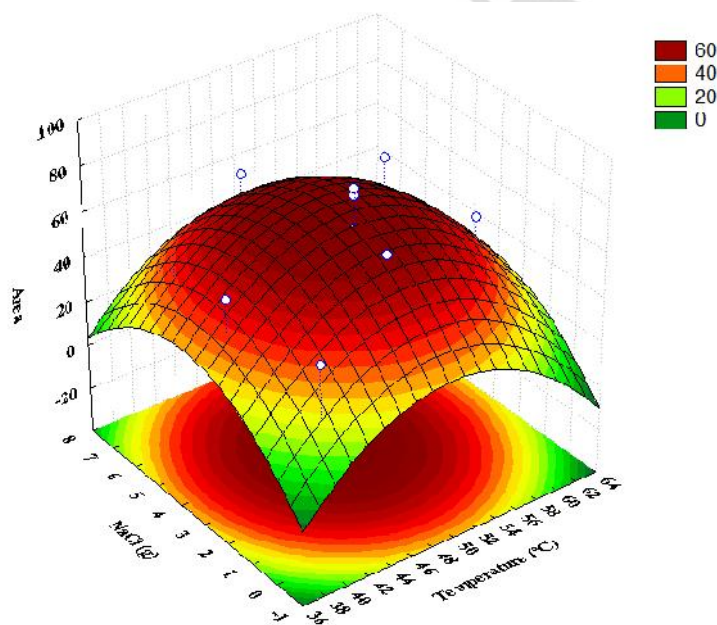
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The optimum region of volatile compounds extraction from the probiotic yogurt was obtained
 at 50 °C with 5 g of NaCl. A similar temperature was used by Contarini and Povoło [24] in
 the extraction of volatile compounds from milk. The use of high temperatures during
 headspace extraction may selectively concentrate certain volatiles on the displacement of
 others.

277 **Table 3: Results of the variance profile of volatile compounds of probiotic yogurt**
 278 **through SPME and GC-MS.**

	Sum of squares	DF ^c	Mean square	F value	P value
Linear					
Temperature (°C) (L) ^a	0.355	1	0.355	0.001763	0.967680
Time (min) (L)	28.862	1	28.862	0.143297	0.716244
Salt (g) (L)	50.893	1	50.893	0.252677	0.630622
Quadratic					
Temperature (°C) (Q)	1596.636	1	1596.636	7.927125	0.025940 ^d
Time (min) (Q) ^b	251.653	1	251.653	1.249429	0.300551
Salt (g) (Q)	1086.836	1	1086.836	5.396025	0.053164 ^d
Interaction					
1L/2L	676.523	1	676.523	3.358863	0.109508
1L/3L	124.624	1	124.624	0.618747	0.457312
2L/3L	1139.306	1	1139.306	5.656529	0.049001 ^d
Model fit	771.163	5	154.233	0.482930	0.778744
Pure error	638.737	2	319.369		
Total SQ	8227.464	16			

279 ^aL= linear effect; ^bQ= quadratic effect; ^cDF= degrees of freedom. ^d Values significantly different (P <
 280 0.05).
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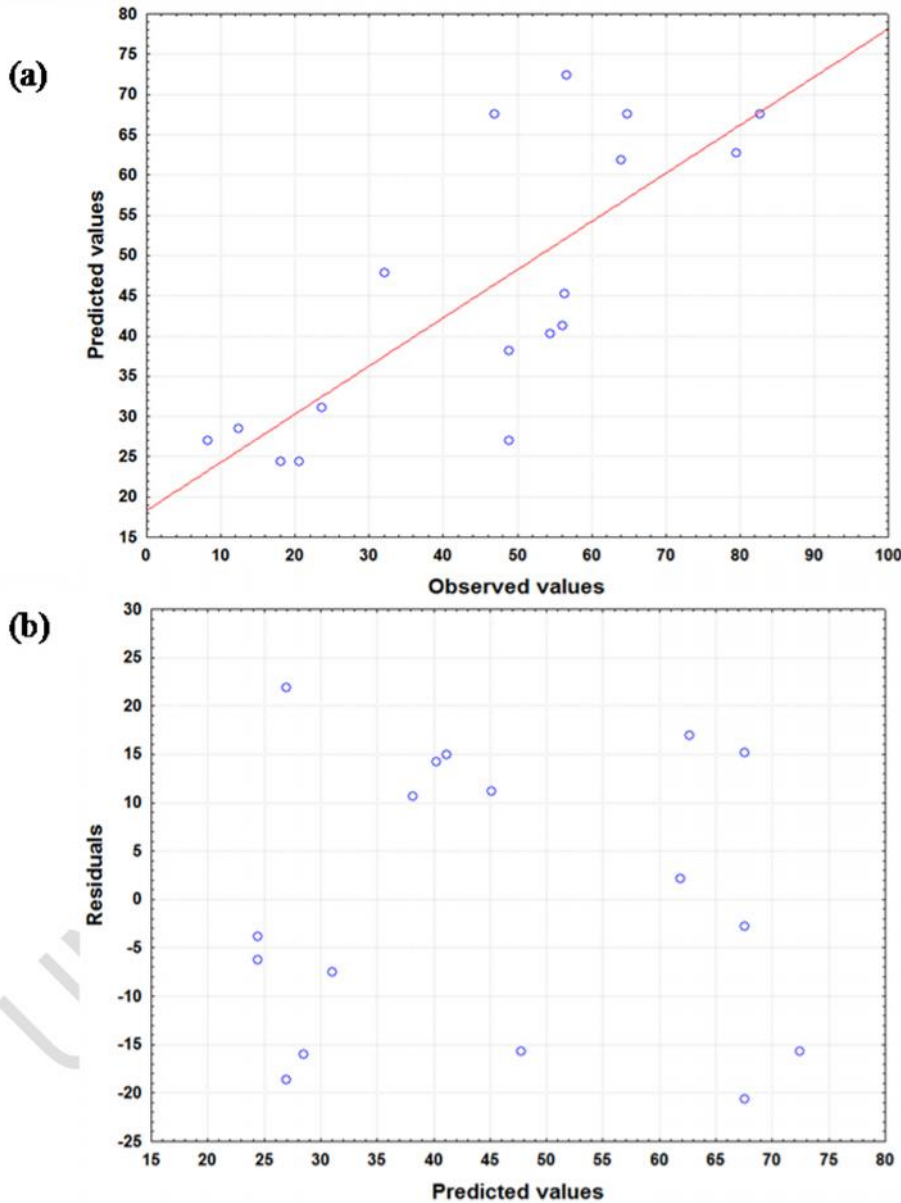


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 284 **Fig. 1. Response surface obtained by central composite design using coded variables**
 285 **where the response was total chromatographic peak area. Extraction time set at 45**
 286 **min.**
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289 As reported by **Yang and Peppard [25]**, the addition of salt increased the sensitivity of the
 290 extraction of volatile compounds by SPME due to the “salting out” effect.
 291

292 It is important to assess the fitted model to ensure that it provides sufficient approximation to
 293 the results obtained in the experimental conditions. The normality of the data, which was

294 checked by using a normal probability plot of the residuals and the difference between the
295 observed and predicted values from the regression, showed that the experimental points
296 were normally distributed around the line, indicating that the normality assumption was
297 satisfied. A determination coefficient value (R^2) of 0.83 was obtained for this model, which
298 indicates a good fit between the observed and the predicted response values. The plots of
299 the residuals versus the predicted values (Figure 2) showed that the residuals were
300 scattered randomly around zero. Thus, the variance analysis results were valid as the model
301 assumptions were satisfied.
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Fig. 2. (a) Plot of the predicted versus observed values. (b) Plot of residuals versus observed for total area of volatile compounds in probiotic yogurt.

308 **3.3.2 Component identification and quantitative analysis of volatile compounds**
 309 **through GC-MS**

310 The volatile compounds detected in the probiotic yogurt were 2-butanone, 2,3-butanedione,
 311 2,3-pentanodione, acetone and hexanoic acid. These compounds were previously described
 312 by Imhof et al. [26] and Ott et al. [6] as impacting on the flavor of yogurt. However, different
 313 strains of probiotic bacteria can produce different aroma profiles. Cruz et al. [27] and Cruz et
 314 al. [28] evaluated the effect of the addition of glucose oxidase in stirred probiotic yogurt
 315 added of *B. longum*, and observed the production of aroma compounds diacetyl and
 316 acetaldehyde.

317
 318 In the present work, the volatile composition of the probiotic yogurt was stable during the 28
 319 days of storage. Conduurso et al. [10] and Chen [7] reported that volatile compounds are
 320 formed due to numerous biochemical changes which occur during the fermentation process
 321 and storage of yogurt. Zourari et al. [29] stated that diketones, 2,3-butanedione and 2,3-
 322 pentanodione in yogurts come only from pyruvate, since thermophilic starter cultures are not
 323 able to metabolize citrate. According to Tsau et al. [30] and Monnet and Corrieu [31] species
 324 of *S. thermophilus* possess an α -acetolactate synthase and an acetohydroxy acid synthase,
 325 which produce α -acetolactate and 2-hydroxyacetolactate, respectively, from pyruvate. As
 326 reported by Monnet and Corrieu [31], both these α -aceto acids are generally metabolized
 327 into more neutral compounds to maintain pH homeostasis. These acids can be converted
 328 either into 2,3-butanedione and 2,3-pentanodione by spontaneous decarboxylation or into
 329 branched-chain amino acids in milk, such as valine, leucine or isoleucine, by means of
 330 enzymatic mechanisms. Tsau et al. [30] reported that methyl ketones such as 2-butanone
 331 and acetone (2-propanone) derive from β -oxidation of saturated free fatty acids and from
 332 decarboxylation of β -ketoacids and, therefore, they depend on the lipolytic activity of yogurt
 333 strains.

334
 335 Probiotic yogurts showed the same volatile compounds profile, and the quantification was
 336 carried out in the probiotic yogurt sample during the storage period. The volatile compounds
 337 contents are shown in Table 4. During the 28 days of storage, only the differences between
 338 the amounts of 2,3-butanedione, 2,3-pentanodione and hexanoic acid ($P < 0.05$) were
 339 observed. On the first day of storage, the compound 2-butanone was detected in larger
 340 quantities, while on the last day (28) 2,3-butanedione was the major compound. This result
 341 is consistent with a research by Xu et al. [32], who quantified the volatile compounds in
 342 fermented milk prepared with probiotics and noted predominance of 2,3-butanedione.
 343 However, Vazquez-Landaverde et al. [11] noted 2,3-butanedione as the component in
 344 second largest quantity present in milk samples. The concentration of 2,3-pentanodione
 345 increased during the 28 days of storage ($P < 0.05$). Similar results were obtained by
 346 Gallardo-Escamilla et al. [33], with 0.07 mg of 2,3-pentanodione per kilogram of yogurt.

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 349 **Table 4: Concentration (mg/kg) of the volatile compounds from probiotic yogurt**
 350 **during storage at 5 ± 1 °C.**

Compounds	Days of storage		
	1	14	28
2-butanone	2.93 ^a ± 0.88	0.75 ^b ± 0.15	3.11 ^a ± 0.21
2,3-butanodione	2.72 ^b ± 0.30	2.94 ^b ± 0.34	4.92 ^a ± 0.17
2,3-pentanodione	0.05 ^c ± 0.02	0.09 ^b ± 0.01	0.13 ^a ± 0.02
Acetone	2.40 ^a ± 0.25	1.89 ^b ± 0.16	2.63 ^a ± 0.23
Hexanoic acid	0.85 ^c ± 0.14	1.48 ^b ± 0.15	1.92 ^a ± 0.22

351 ^{a-c} Different letters in the same row indicate significant differences between means ($P < 0.05$).

352 ^d Mean ± standard deviation (n=3).

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354 The acetone content detected in the probiotic yogurt (2.40 mg/kg) remained stable during
355 storage and was higher than that obtained by Serra et al. [34] in yogurts. Kneifel et al. [35]
356 analyzed samples of yogurt containing *Bifidobacterium* spp. and detected significant
357 amounts of 2-butanone, 2,3-butanedione and acetone, which are consistent with some of the
358 compounds detected in this present work.

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360 The concentration of hexanoic acid increased over the period of refrigerated storage ($P <$
361 0.05). Different results were obtained by Condurso et al. [10], who analyzed yogurt samples
362 after 30 days of refrigerated storage and noted hexanoic acid amounts of 4.9 mg/kg and 2.1
363 mg/kg for 2,3-butanedione. Finally, it was verified that the profile of volatile compounds
364 hardly changes during refrigerated storage.

365 366 **4. CONCLUSION**

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368 It was observed post-acidification and decrease in protein content in probiotic yogurt during
369 storage. The results showed that the extraction temperature and the addition of salt were
370 statistically the most influential factors for the extraction of higher amounts of volatile
371 compounds. Thus, the optimum region of volatile compounds extraction from the probiotic
372 yogurt was obtained at 50 °C with 5 g of NaCl. The volatile compounds detected in the
373 probiotic yogurt were 2-butanone, 2,3-butanedione, 2,3-pentanodione, acetone and
374 hexanoic acid. During the 28 days of storage, the only differences noted were between the
375 amounts of 2,3-butanedione, 2,3-pentanodione and hexanoic acid.

376 377 378 **ACKNOWLEDGMENTS**

379
380 The authors are grateful to CNPq (National Council for Scientific and Technological
381 Development, Brazil) by the financial support and to CAPES (Coordination of Improvement
382 of Higher Education Personnel, Brazil - Finance Code 001) by the scholarship.

383 384 385 **COMPETING INTERESTS**

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387 Authors have declared that no competing interests exist.

388 389 390 **REFERENCES**

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