Assessment of Vegetables and Soils from Minjingu Village-2 **Tanzania using WDXRF Technique** 3

Yusuf I. Koleleni and Seriver Tafisa

Physics Department, University of Dar es salaam P.O Box 35063 Dar es Salaam, Tanzania

*Corresponding author e-mail: ykoleleni@gmail.com

ABSTRACT

1

4 5

6

7

8 9

10 12 13

14

Wavelength dispersive x-ray fluorescence (WDXRF) spectrometer was used to analyze heavy metal concentration in soils and vegetables. The soil and vegetable samples were randomly collected from Minjingu village of Manyara region in Tanzania. The results indicate the soils to be contaminated with heavy metals with mean concentrations of 53±0.4 For Mn, 40±0.2 for Sr, 2059±4.2 for Fe, 760±2.7 for Al, 12±0.3 for Cs and 4±0.04 for Ni in mg/kg which was above the Maximum Tolerable Limits (MTLs). Except CI was below MDL. While vegetables recorded the mean concentrations of 60±1.2 for Mn, 68±0.1 for Sr, 620±2.36 for Fe, 284±1,13 for Al, 56±0.5 for Cs, 13±0.1 for Ni and 714±0.7 for Cl in mg/kg. The reference and experimental results of soil and vegetables revealed that the optimized machine has given the best results, where the experimental data was very close to the reference values The reference material of soil 7 and International Atomic Energy Agency (IAEA) 395 for vegetables shows the deviation of less than 2%. The Minimum Detection Limit (MDL) for vegetables and soil of the WDXRF spectrometer was obtained under low back ground for different matrix effects. There were high correlation coefficient of heavy metals in soils and vegetables at 99% level. The findings indicate that Minjingu soils and grown vegetables were highly contaminated with heavy metals mainly from soils and polluted air, at levels able to pose detrimental health effects to the consumers. Thus need of regular monitoring of the grown vegetables around phosphate mines is recommended.

15	
16	Keywords: Heavy Metals, WDXRF, crystal, MDL and Detectors.
17	
18	
19	
20	
21	
22	
23	1. INTRODUCTION

1.1 Background of the study 24

In recent years, a remarkable growth of mining sector in many parts of Tanzania has been observed. Fertilizers companies have grown to uplift crop production. The increased mining operations and their effects on pollution has raised public concern about human health. The pollution of arable soils from major and trace elements has resulted into the contamination processes including the Minjingu phosphate factory activities [1].

31

The phosphate rock refers to any material containing high quality of phosphorus which can be used for economic interest as a raw material for phosphate fertilizer factory or is applied directly in farmland [2]. Although phosphates escalate crop yields, but the continual production of phosphate may be increasing the accumulation of toxic metals to the nearby soils and edible plants of Minjingu via air and other transportation channels such as water runoffs, smoke and wind.

38

40

39 **1.2 Heavy metal contamination in soils**

41 Various research reviews conducted around the world on land pollution reported that in recent years there has been a gradual increase of heavy metal deposition in soils 42 43 caused by human activities which in turn has affected the ecosystem [3]. A significant instance is China, where all farm soils indicated that Cd had the highest pollution rate 44 of 7.75%. Pb and Cr had the lowest pollution rates with values lower than 1%. 45 Furthermore, it was observed that the total pollution rate in Chinese soil was 10.18%, 46 47 mainly affected by Cd, Hg, Cu, and Ni. These observations were attributed to human activities that released heavy metals hence causing soil pollution [4]. There are 48 49 certainly many other countries facing similar problems including Tanzania and thus 50 need of having pollution studies.

51

The soils of Minjingu village in Tanzania being nearby the phosphate mine might have accumulated elevated heavy metals. The samples from Minjingu were analyzed by WDXRF to determine the unknown levels of heavy metals. Thus the objective of the current study.

56 57

1.3 Heavy Metals in vegetables

58

59 The vegetables grown on polluted soils accumulate the elemental concentrations to higher levels in their edible leaves [5]. Chibuike and Obiora [6] found that, when 60 61 concentrations of heavy metal in soil increases, plants are seriously damaged by 62 trace metals which are normally retained into plant leaves. Several studies around the world indicated high potential health risk in relation to the heavy metal exposure 63 64 through consumption of vegetables by people living around the mining areas [7]. In Togo, around the phosphate exploitation area [8] found that soils and plants 65 contained elevated levels of Zn. Cd and Pb while in Bangladesh. Nasser [9] reported 66 67 high concentration of cadmium mostly in leafy vegetables in which more Cd content was observed in spinach followed by green amaranth and red amaranth. 68

This study aimed at analyzing heavy metal concentration in soils and vegetables which necessitated the use of Wavelength Dispersive X-ray Fluorescence (WDXRF) spectrometry. The equipment parameters were optimized to improve the spectrometer performance. The correlation coefficient between different leaves were used to determine the sources of the heavy metals in vegetables. The results obtained are intended to provide some insights into contamination of heavy metals in vegetables and serve as a basis for comparison in Tanzania and the world at large.

77 1.4 Principles of X-ray Fluorescence (XRF) Analysis

Figure 79 Electromagnetic rays of different energies are composed of different wavelength and 80 frequencies. X-rays are generated when charged particles, or electrons, lose energy 81 due to deceleration or moving to a lower energy level in the atomic shell [10, 11]. In 82 XRF system, incident radiation, known as primary x-rays are generated in an x-ray 83 tube or radioisotope sources. The primary x-rays escape through a beryllium window 84 and interacts with atoms in the analyzed sample resulting to emission of 85 characteristic x-rays that are used to detect the elements present in the sample.

86

78

87 When incident x-ray beam from the tube strikes an atom in the sample, two types of interaction are common. These interactions include scattering and photoelectric 88 89 absorption. The two basic interactions result to the attenuation of the primary x-rays 90 which is known as the absorption effect. Since the energy of x-rays used in XRF ranges from 0 to 40 KeV, the photoelectric effect is more dominant than others [12]. 91 92 Photoelectric Absorption is an interaction where the incident x-ray energy is 93 absorbed by an atom upon interacting with the material. The absorption of this energy by the atom may result into three effects known as the Photoelectric effect, 94 95 Fluorescence radiation and Auger effect [10].

96

97 An atom consists of various orbital shells such as K, L, and M in with different energies. These orbitals contain electrons. The electrons are named with respect to 98 99 the orbit in which they are found. An electron within the orbit is bound to the atom 100 with the binding energy that equals the energy of the respective orbit. If the energy of 101 the primary x-ray is greater than the binding energy of a given electron, the particular 102 electron is knocked out of its orbit and become a free electron [12]. The released 103 characteristic x-ray photon may interact and be absorbed by the electrons in the outer 104 shell of the atom as it is moving out manage to remove it out of the atom. This 105 process is called the Auger effect and the ejected electron is known as the Auger 106 electron. Auger effect predominates in low Z elements [12].

107

When the electron is knocked out of the atom, leaves the gap in the original shell. The vacancy left in K-shell results to an unstable state of the atom and the electron from a shell of lower binding energy move to the K-shell to fill the gap. The difference in binding energies between the two shells forms excess energy which is emitted in form of photons called fluorescence x-rays [11].

113

114 **1.5 WDXRF sequential spectrometer**

According to Schlotz and Uhlig[13] defines diffraction as the deviation of light from a straight line due to the absence of reflection or refraction is called diffraction. The prerequisite of WDXRF are diffraction effects resulting from Bragg's law separates different wavelengths by means of analyzing crystals in Fig. 1.



- Fig. 1. Analyzing crystals diffracting radiation rays
- 123 If the d-value of the analyzer crystal is known Bragg's equation can be solved for the
- 124 element characteristic wavelength (λ) which is given by equation 1;
- 125 **nλ=2dsinθ**
- 126 **(1)**
- 127 Where n is 1, 2, 3 ... represents reflection order, λ is the wavelength, d is the phase 128 lattice distance and θ is the diffraction angle [13].
- 129

122

130 In a WDXRF there is spatial separation of x-ray photons by means of diffracting crystals according to their wavelengths. The crystals are important components in 131 132 WDXRF. These crystals basically distinguishes WDXRF from EDXRF, by playing a 133 significant role of diffracting characteristic x-rays from the sample hence enables the measurement of wavelengths possible (Table1). The *d*-spacing is proportional to the 134 135 reflectivity. What determines a good crystal is wavelength of elements. Crystals with longer d- spacing are proper for elements with low Z while heavier elements utilize 136 137 shorter d-spacing crystals [14, 15].

138

139	Table 1. Crystals, diffracted elements, lattice distance and their wavelengths [10, 13,
40	16].

141

No.	Analyzing crystal	Lattice distance 2d (Å)	Diffracted element(s)	Wavele Amin	ngth (Å) λmax	Applications
1.	Lithium Fluoride< LiF > (420)	1.801	>Ni	0.157	1.72	Natural crystal
2.	Lithium Fluoride< LiF > (220)	2.848	>V	0.248	2.72	Like Topaz.
3.	Lithium Fluoride< LiF > (200)	4.027	>K	0.351	3.84	Universal general crystal
4.	Germanium∢ Ge⇒ (220)/ XS-Ge-C	4.00	P, S, CI	0.349	3.82	Flat/curved crystal
5.	Indiumantimonide< InSb › (111)	7.4806	Si	0.652	7.23	Stable temperature than PET
6.	Ammoniumdihydrogen phosphate< NH ₄ H ₂ PO ₄ > /ADP (200)	7.5	Mg	0.654	7.16	High resolution Ma only.
7.	Pentaerythritol< C(CH ₂ OH) ₄ > (PET) (002)	8.742	AL-Ti and Rb-I	0.762	8.34	Has greatest expansion coefficients
8.	Thallium hydrogenphalete∢ TIHC₅H₄O₄〉(TIAP) (100)	25.9	F, Na	2.26	24.7	Artificial crystal
9.	XS-55 (Multilayer Ŵ/Si)	55	O-Si		-	Analyses O- Si
10.	XS-N (Multilayer Ni/BN)	110	Ν		-	Measures N
11.	XS-C (Multilayer TiO ₂ /C)	120	С		-	Measures C
12.	XS-B (Multilayer La/B₄Cl)	200	B/Be		-	Measures B/Be

142

143 **1.6 Detectors**

144 The two types of detectors used in WDXRF spectrometer are, the gas proportional 145 counter detector and scintillation counter detector. These detectors convert x-ray 146 photons from the crystals into measurable voltage pulses. WDXRF consists of full 147 wide-range of x-ray wavelengths from 0.012 to 12 nm (100 to 0.1 keV) [14, 15] as 148 shown in table 2.

- 149
- 150 151

Table 2. Types of detectors in WDXRF [15]

wavelength/energy coverage	Good for
0.08=12 nm/15-0.1 keV	Low Z elements (Be=Cr)
	0.08=12 nm/15-0.1 keV

153

154 The strengths of WDXRF [10, 13] is that;

155

It is fast and non-destructive when measuring elemental concentrations of various 156 natural and synthetic materials such as minerals, metals, glasses, semi-conductors 157 158 and ceramics; this makes it to be widely used in industries and in geological laboratories as compared to other methods. It has a higher spectral resolution which 159 helps to distinguish one spectral line from the other, thus corrections are not required 160 161 for accuracy is increased. It exhibits superior peak resolution 5 eV to 20 eV of 162 elements and this makes it sensitive to trace elements as it reduces spectral overlaps. 163 It Separates x-rays according to the wavelengths, by the aid of crystals, which diffracts rays by means of Bragg's law. It has a wide range of analyzing elements in 164 the periodic table from Be to U. It is independent of the chemical bonding of the 165 166 elements, so samples can be analyzed directly without advanced sample preparation. The resolution does not depend on the detector (in EDXRF) rather on the crystal and 167 168 arrangement of collimators.

169

170 2. MATERIAL AND METHODS

171

172 2.1 Study Area

173

174 Minjingu village is situated along the rift valley escarpment on the Eastern part of Lake, Manyara region. Within the village there is a phosphate pit near the Minjingu hill 175 Fig. 2, where phosphate is mined. The area is composed of Sedimentary rock formed 176 by biogenic activities such as remains of bones of living birds which form layers 177 containing phosphates. The village of Minjingu is found on the Northern part of 178 Tanzania, along latitude 03°42' 30.9" S and longitude 035° 54' 56.3" E with the grid 179 map of Minjingu shown elsewhere [17]. It is estimated that this village consists of 180 181 about 11,000 population occupying approximately 24,000 hectares of land according to URT report [18]. The main activities of the Minjingu people are pastoralism and 182 farming. The cultivationd in Minjingu includes; Watermelon, mug beans, maize and 183 vegetables such as Chinese cabbages and spinach. The area of Minjingu which is 184 185 used for agriculture is found on the North-Eastern part of Babati-Arusha road, while 186 on the North-West of the same road is for pastoralism where the Minjingu phosphate 187 mine is situated Fig. 3.



Figure 2. Minjingu pit picture (Photo taken by the researcher on March, 2018).



2.2 Preparation of samples and Analysis

The leaf samples from vegetable were collected from Minjingu village. These include; Cowpea leaves (Vigna unguiculata), Spinach (Oleracea Spinacea), Sweet potato (Ipomoea batatas), Ethiopian mustard (Brassica Carinata) and Chinese cabbages (Brassica Rapa).

204 The vegetables were washed by a distilled water to eliminate debris. Then samples were dried at a temperature of 65°C for 48 hours, homogenized and grinded to the size 205 206 of reference materials. The WDXRF machine schematically represented in Fig. 4 was 207 used to analyse the samples. The instrument include; end window Rh-anode 208 operates at with 4 kW, x-ray generator which can operate at a maximum voltage of 60 209 kV and a maximum tube current of 170 mA. The set of crystals covered the entire 210 range of elements from Beryllium to Uranium. Up to 8 automatic crystal changers 211 were used.

- 212
- 213



Fig. 4. Schematic arrangement of WDXRF spectrometer.

214 215 216

217 218

218

220 3. RESULTS AND DISCUSSION

3.1 Quality assurance, Precision and Accuracy of an Instrument

222

224 Quality control was carried out by using two reference materials for some elements. 225 The soil, IAEA SOIL 7 [19] in Fig. 5, standard material was used, and for cabbage 226 IAEA 359 [20] for vegetables in Fig. 6. The analytical acceptance test was performed 227 for the precision and accuracy of S8 TIGER WDXRF prior to sample measurements. 228 The certified material Geo*PT* was taken as a control sample, and STG 2 as 229 experimental material. The S8 TIGER WDXRF spectrometer system passed the 230 Analytical Acceptance for quality control.





Fig. 5. Experimental and reference (Soil 7) samples results of AMGC LAB.





Fig. 6. Experimental and reference values for cabbages IAEA 359.







Fig. 8. The Minimum Detection Limits (MDL) for elements in vegetables by WDXRF.

Minimum Detection Limits (MDL) for soils (Fig. 7) and vegetables (Fig. 8) were calculated from the formula given by Koleleni and Mbike [21], Koleleni and Mosha [22]. The WDXRF machine in this study has shown very low detection limits especially for vegetables. The achievement were due to optimized curved crystals, good arrangement of collimators and sequential measurement aided by two detectors which reduced the background intensity of the machine significantly.

254 **3.2** Comparison of heavy metal concentrations in soil of this study and other studies

In Table 3, India [23] and Namibia [24] studies shows high content of iron than the
current study except Poland [25]. Fe concentration values in these countries are high
though the Fe recommended limits are unknown; this may harm the population
surrounding these areas. The Mn and Ni concentration values were found to be lower
in this study compared to other studies. This may be due to differences in natural
formation of soils.

262 263

264

265

Table 3. Comparison of soil heavy metal concentrations (mg/kg) in this study and other studies

Element	Tanzania (Minjingu) ^a	India (East Singhbum) ^b	Namibia (Kombat) ^c	Poland (Miedzianka) ^d
Fe	2059	38,215	13,873	-
Mn	53	520.8	760	1334
Ni	4	94.2	9.4	14.9
AI	760	-	-	-
Cs	12	-	-	-
Sr	40	-	-	-
Pb	-	47.0	119	46
Cd	-	0.34	-	1.4

²⁶⁶

267

The Al, Sr and Cs metals are missing in other studies [23]-[25] but are observed in Minjingu soils. The source of these metals in Minjingu may be attributed to Minjingu phosphate mine which is different from other places. Aluminum and strontium are among the radionuclide which may be originating from the Minjingu mine and

^₅Present study, ^₅[23], ^ҫ[24], ^ҩ[25].

enriching the nearby soils. The presence of these elements in soils might be exposing the dwelling community into deleterious health problems. Cd and Pb went missing in Minjingu soils. However, these toxic metals were present in India, Namibia and Poland. These countries might be having the same geological backgrounds, hence similar content of elements [26].

277

278 **3.3 Elemental concentrations in vegetables**

Elements such as Ni, Mn, Sr, Cl, Al, Cs and Fe were found in Minjingu. Comparing field and control mean results reveals that, field vegetables were embedded with Ni toxic metal with values of 13±0.1 mg/kg in Table 4 This amount is about 130 times the allowable limits of 0.1 mg/kg [27].

- 283
- Table 4. Comparison of heavy metal concentration (mg/kg) in vegetables in this study
 and other studies

Element	Tanzania (Minjingu) ¹	Iran (Shiraz) ²	Nigeria(Benue) ³	China(Chongqing) ^₄
Fe	620	-	54.7	-
Mn	50	-	-	-
Ni	13	-	278	-
AI	284	-	-	-
Cs	56	-	-	-
Sr	68	-	-	-
Pb	-	3.21	0.76	0.03
Cd	-	0.28	44,075	0.11
CI	714	-	-	-

²⁸⁶

¹Current study, ²[28], ³[29], ⁴[4].

Table (4) shows that Minjingu vegetables contain higher concentration values of Fe than those reported in Iran, Nigeria and China. The matured Minjingu vegetables has much iron content because iron increases with plant age [30].The amount of iron in Minjingu (620 mg/kg) is above MTLs of 425 mg/kg [31] and also the intake of Fe beyond 3.0 g is toxic to the body which is usually accompanied with symptoms such as inter-intestinal bleeding and restlessness [32].

293

Further Table 4 indicates that Cd and Pb are missing in Minjingu vegetables but present in China, Nigeria and Iran vegetables with highest concentration values beyond MTLs. The absence of Mn, Al, Cs, Sr, and Cl in other studies but showing up in this study might be associated with the differences in the origin of contaminating source. Minjingu vegetables are thought to be contaminated with chemicals from the phosphate mine as a major polluting source which is lying in the vicinity of the vegetable gardens.

301 302 Table 5. Vegetable range of concentration (mg/kg) of metals from four sites of

Element	ldara maji	Mkwajuni	Mbulungu	Nkaiti	Control site
Fe	97-415	215-302	101-571	146-835	70-581
Cs	0-34	00-45	00-45	00-43	2-18
Mn	0-80	15-67	32-142	0-75	20-46
Sr	36-93	40-77	31-213	0-114	37-117
Ni	0-4	0-3	BDL	0-13	BDL
AI	26-72	51-76	23-120	27-286	64-254
CI	273-1079	84-687	142-872	204-1067	151-459

303 BDL-Below Detection Limit

304 Table 5 shows the highest range of CI, Fe and AI contained in Nkaiti and Mbulungu. 305 These places are 7 and 5 km, respectively away from the phosphate mine. The highest 306 range of concentration observed in these places might be influenced by the heavy 307 metal resulting from of contaminated atmospheric particulates from the factory, and 308 phosphate ore. They are being deposited in high amount in vegetable leaves [33, 34]. 309 Considering Idara ya maji which is only 1km from the polluting source, contains 310 significant amount of CI. Apart from Nkaiti, Idara ya maji contain greater range values of Ni (0-4 mg/kg). The CI and Ni metals contained in vegetables of this place might be 311 312 reaching via various means such as air transportation, water runoffs, smoke and dust 313 chemicals all the way from the Minjingu industry

314

315 Mbulungu indicates high concentration range of Mn, Sr and Cs. Table 5 shows the 316 highest range of Mn from 32-142mg/kg. Amin reported in Pakistan the range of Mn 317 between 90 to 128.70 mg/kg [35]. The amount of Mn reported by Amin is lower than 318 that obtained in this study. The highest range of Ni was found in Nkaiti (0-13 mg/kg) 319 while Okorosaye-Orubite and Igwe[36] recorded the highest range of Ni (5.37±0.4-320 12.5±0.16 mg/kg), this amount is lower than that found in this study. Therefore 321 phosphate mine may be considered as the main contributing factor to the increasing 322 range levels of Ni.

323

324 Generally the field area contained the higher concentration range levels as compared 325 to the control site. The nearby place to the mine like Idara ya maji, which is1km from the mine, was thought to be contaminated with heavy metal by means of water run 326 327 offs and air. But for the distant places 5 and 7 km from the mine, suggests that 328 vegetables were contaminated by means of aerosol movement.

329

330 Table 6. Comparison of metal concentration in Minjingu vegetable species and other 331 studies (a) Chinach

Element	Minjingu ^a (mg/kg)	India –Naini, Arhabad ^ь	Bangladesh Parkish ^c	Tanzania DSM ^d
		(mg/kg)	(mg/kg)	(mg/kg)
Fe	329±3.0	69.98 mg/kg	58.094±1.3	0.10-0.11%
Ni	-	66.55mg/kg	-	-
Sr	50±1.1	-	0.54±0.02	6.63-9.83
Mn	63±0.2	-	5.28±0.063	0.01-0.11%
CI	415±4.4	-	-	2.95-3.37%
AI	111±4.0	-	-	-
Cs	42±1.2	-	-	-

334 335

337

336

(b) Sweet potato leaves

Element	Minjingu ^a (mg/kg)	Bangladesh Parkish ^b (mg/kg)	Tanzania DSM [°] (mg/kg)	India Gujirat ^d (mg/kg)	Tanzania DSM (mg/kg) ^e
Fe	359±1.5	68.671±4.53	0.01-0.02	6.559	105 (170-180)
Ni	-	<0.1	-	0.334 (0.125-4.493)	-
Sr	43±0.2	-	41.00-110	-	141.8 (98.06-100)
Mn	39±0.1	1.22±0.016	39.96	-	38.238
CI	272±2.3	-	2.23-2.93%	-	2.20% (2.23-2.93)
AI	92±1.3	-	-	-	-

Cs

338

^aThis study, ^b[38], ^c[39], ^d[40], ^e[41].

339 In the study conducted in many parts of Africa [31], spinach vegetables were found to 340 contain 17 mg/kg of iron. In this study spinach contained high amount of 329 mg/kg. 341 This amount is greater than that found in most of African vegetables, but also it is 342 above other studies of India and Bangladesh in Table 6 (a). Unlike Bangladesh 343 (Parkish), Tanzania (Dar es Salaam) and in the present study: India (Naini-Arhabad) 344 contain high concentration values of Ni (66.55 mg/kg), while other places contained 345 none. Sr, Mn and CI were present in Bangladesh and in Dar es Salaam vegetables but 346 in low concentrations as compared with Minjingu. Al and Cs went missing in other 347 studies however Miniingu vegetables showed elevated contents. Therefore spinach in this study contains high accumulation of Sr, Mn, Cl, Fe, Al and Cs compared with 348 349 other studies. This can be associated with nearby phosphate source. 350

Al and Cs were absent in sweet potato leaves of India, Bangladesh and Dar es Salaam as it were in spinach of these places, but present in the current study. As compared to spinach, sweet potato leaves contain lowest levels of heavy metals generally in all studies listed on Table 6 (b). This may be ascribed to roots and nature of vegetable specie forming a barrier to absorption of heavy metals leading to poor uptake of these metals in sweet potato leaves. So the consumption of sweet potato leaves in Minjingu is encouraged rather than spinach.

358The elements Fe, Ni, Sr, Mn, Cl, Al and Cs contained in Chinese cabbages, Ethiopian359mustard and cowpea leaves of Minjingu were not found elsewhere in the literature.

360

361 3.4 Correlation coefficient Analysis

362

363 Correlation coefficient "r" is any number that falls between -1 to +1 to determine if two 364 paired sets of data are related. The correlation coefficient r provides the magnitude 365 and direction of a linear association between two variables. The correlation coefficient 366 r of -1 or +1 shows a perfect linear relationship, while r=0 shows no evidence for 367 correlation [42]. Dependent and independent variables are perfectly correlated at +1 368 and -1, strong relationship is exhibited at 0.75 and 1 (-0.75 and -1), moderate 369 relationship at 0.5 and 0.75 (-0.5 and -0.75), while 0.25 and 0.5 (-0.25 and -0.5) shows a 370 weak relationship. At 0.25< (-0.25<) there is hardly or no relationship at all [43]. The 371 correlation coefficient was used in this study to identify a probable common source of 372 heavy metals in vegetables.

373

The *p*-value lies between 0 and 1. When p<0.05 means there is an evidence (1-20 chance or 5% or alpha). At p<0.01 means a strong evidence exists, 1 in 100 and when p<0.001, 1 in 1000 more significant. It can be said that as p approaches 0 the significance or evidence increases, alternatively, the lower the *p*-value the higher the significance level or the evidence. For p>0.05 shows no significance level or very weak evidence [44,45].

380

At the significance level of $p \le 0.05$ the r shown the weak correlation between Mn and CI (r=0.30), Cs and AI (r=-0.29), Fe and Mn (r= -0.28), Cs and CI (r=-0.27), AI and CI (r=0.24), Fe and Ni (r=-0.20) and a very weak correlation was observed between Fe and Sr (r=0.15), Ni and CI (r=0.13). Comparing these results with Basha and Rajaganesh [46] in Andhra Pradesh-India, there was a very strong correlation between Fe and AI (r=0.71) while in this study it was r=0.73. This good correlation of Fe and AI may indicate that contamination of these metals originates from the natural sources as Fe

and AI are among the most abundant elements on the earth's surface [26] and from
 the accumulated heavy metal deposited in soils

391

392

393

394Table 7. Pearson Correlation Coefficient of Heavy metals in soil and395Vegetables.

396

	Fe	Cs	Mn	Sr	Ni	ΑΙ	CI	
Fe	1							
Cs Mn	-0.31 -0.28	1 0.96	1					
Sr	0.15	0.33	0.46	1				
Ni	-0.20	0.58	0.74	0.88	1			
AI	0.73	-0.29	-0.45	-0.44	-0.73	1		
CI	0.50	-0.27	-0.30	0.58	0.13	0.24	1	

397

- 398
- 399

Note: Unbolded: Correlation is significant at the 0.01 level. Bolded: Correlation is significant at the 0.05 level.

Therefore in this study the main anthropogenic source of heavy metals might be associated with the mining activities at the phosphate mine, going on close to the grown vegetables. Consequently, the Minjingu residents are under a constant and prolonged exposure to these metals which may lead to deteriorating health effects 404 [47].

- 405
- 406

407 4. CONCLUSIONS

408

409 The main objective of this study was to investigate the heavy metal concentration 410 values in both soils and vegetables samples of Minjingu village. The Wavelength 411 Dispersive X-ray Fluorescence (WDXRF) recorded the concentration of 7 heavy metals 412 (Ni, Fe, Al, Cl, Cs and Mn). The concentration values of heavy metals in field study 413 were higher than the control site. The results indicate that soils were contaminated 414 with heavy metals having the mean concentration of 53±0.4 For Mn, 40±0.2 for Sr, 415 2059±4.2 for Fe, 760±2.7 for Al, 12±0.3 for Cs and 4±0.04 for Ni in mg/kg which were above the MTLs, except for C. Elements detected in vegetables shown the mean 416 417 concentrations of 60±1.2 for Mn, 68±0.1 for Sr, 620±2.36 for Fe, 284±1,13 for Al, 56±0.5 418 for Cs, 13±0.1 for Ni and 714±0.7 for Cl in mg/kg beyond Minimum limits set by FAO 419 and WHO.

420

421 The reference and experimental results for soil and vegetables have revealed that the 422 optimized machine has given the best results, whereas experimental data very close to the reference values. Furthermore, MDL for vegetables and soil show that the 423 424 WDXRF has very good, accurate results. The correlation coefficient results shows the 425 heavy metals in vegetables were significantly correlated with those in soils at a level 426 of 99% and 95% level with anthropogenic activities. This indicates that heavy metal in 427 field vegetables were greatly influenced by heavy metal accumulated in soil and from 428 the contaminated atmospheric air.

429	
430 431	ACKNOWLEDGEMENTS
432 433 434 435 436 437 428	The authors are very grateful for the cooperation received from the Minjingu people. They allowed us to use soil and vegetables samples for our study. Appreciation is for the management of African Minerals and Geosciences Center (AMGC) for granting permission to their laboratory facilities during data analysis. The cooperation of the department of Physics University of Dar es Salaam staff is highly appreciated.
430	COMPETING INTERESTS
440 441	Authors declare that, there is no any competing interest
442 443 444	COMPETING INTERESTS
445 446 447	AUTHORS' CONTRIBUTIONS
448 449 450	Both Authors YIK and ST designed together the study, performed the analysis, wrote the paper and managed the literature searches.Both authors have read and approved the manuscript for submission
451 452 453	REFERENCES
454	1. Simon F, Mtei KM, Martin K. Heavy Metal Contamination in Agricultural
455	Soils and Rice in Tanzania: A Review. International Journal of
456	Environment Protection and Policy. 2016; 4:16-23.
457	2. Szilas C. The Tanzania Minjingu Phosphate Rock-Possibilities and
458	Limitations for Direct Application. PhD Thesis, Department of
459	Chemistry, Royal Veterinary and Agricultural University, Denmark;
460	2002.
461	3. Chao Su, LiQin J, Zhang WJ. A Review of Heavy Metal Contamination
462	in the Soil Worldwide: Situation, Impact and Remediation Techniques.
463	International Academy of Ecology Environmental Sciences. Hong
464	Kong, China; 2014.

465
4. Zhang L, Qianjiahua L, Chang L. Heavy Metal Pollution, Fractionation,
466
467 and Potential Ecological Risks in Sediments from Lake Chaohu
467 (Eastern China) and the Surrounding Rivers. Int. J. Environ. Res. Public
468
468

- 469 5. Al Jassir MS, Shaker A, Khalid MA. Deposition of Heavy Metal on
 470 Green Leafy Vegetables sold on Roadsides of Riyadh City, Saudi
 471 Arabia. Bull. Environ. Toxicology. 2005; 75:1020-1027.
- 472 6. Chibuike GU and Obiora SC. Heavy Metal Polluted Soils: Effects on
 473 Plants and Bioremediation Methods. Applied and Environmental Soil
 474 Science. 2014; 1-12.
- Pan XD, Wu PG, Jiang XG. Levels and Potential Healthy Risk of Heavy
 Metals in Marketed Vegetables in Zhenjiang, China. Scientific report 6.
 no.20317; 2016.
- Bouka E, Povi Lawson E, Kwashie Eklu-G, Kodjo A, Messanvi G. Heavy
 Metal Concentrations in Soil, Water Manhot Esculenta Tuber and Oreo
 Chromis Niloticus Around Phosphate Exploitation area in Togo.
 Research Journal of Environ. Toxicology. 2012;1819-3420.
- 9. Nasser HM. Sultan S. Gomes R and Shamsun N. Heavy Metal
 Pollution of Soil and Vegetables near Roadside at Gazpur, Bangladesh.
 Journ. of Agricultural Research. 2012; 37(1):1-17.
- 485 10. Knoll FG. Radiation Detection and Measurement 3rd Ed. John Wiley &
 486 Sons, Inc. 21-473; 2000.

- 487 11. Bruker AXS GmbH Introduction to X-ray Fluorescence Analysis, XRF.
 488 Fundamental, Principals and Instrumentation Manual; 2011.
- 489 12. Bushberg JT, Seibert JA, Leidholdt EM, Boone JM. The Essential
 490 Physics of edical Imaging 3rd Edn. Interaction of Radiation with Matter
 491 Philadelphia, USA. 2012.
- 492 13. Schlotz R and Uhlig S. Introduction to X- ray Fluorescence (XRF).
 493 Bruker AXS GmbH, Karlsruhe, West Germany. 2006;2-42.
- 494 14. Bruker Introduction to X-ray Fluorescence Analysis, Karlsrushe:
 495 Bruker; 2004
- 496 15. Tuisku A. Wavelength Dispersive X-ray Fluorescence Method
 497 Development for Asphaltene Samples. Metropolia University of Applied
 498 Sciences. 2018;1-45.
- 499 16. Bertin EP. 'Crystal and Multilayers Lagmuir, Blodgett Films Used as
 500 Analyzers in Wavelength-Dispersive X-ray Spectrometers" in
 501 J.W.Robinson, Edn. Handbook of Spectroscopy, CRC Press,
 502 Cleverland. 1974; 1:157-166.
- 50317. Koleleni YI and Tafisa S, Health Risk and Concentration Assessment504of Vegetables and Soils from Minjingu,Tanzania by WDXRF to be505published in Asian Journa of Advanced Research and Reports 2019.

- 506 18. URT (United Republic of Tanzania) Population distribution and housing
 507 census by Administrative Areas National Bureau of Statistics.
 508 Ministry of Finance, Dar es Salaam; 2012.
- 19. IAEA Reference Sheet for Trace and Minor Elements in Soil (IAEA-Soil
 7). Analytical Quality Control Services. Vienna, Austria; 2000b.
- 20. IAEA Reference Sheet for Trace and Minor Elements in Cabbage (IAEA 359) Analytical Quality Control Services. Vienna, Austria; 2000.
- 513 21. Koleleni YI and Mbike SA. Analysis of Heavy Metals in Soil and Maize
 514 Grown around Namungo Gold Mine in Ruangwa District, Lindi Region
 515 in Tanzania Using X-ray Fluorescence. Chem. Scie. Intern. Journ. 2018;
 516 24(4):1-18.
- 517 22. Koleleni YI and Mosha PA. Evaluation of Essential Elements and 518 Heavy Metals in Sardine Fish from Kivukoni, Kunduchi and Bagamoyo 519 Fish Market in Tanzania. Phys. Scie. Inter. Journ. 2018; 20(2):1-16.
- 520 23. Giri S, Singh AK, Mahato MK. Metal Contamination of Agricultural Soils
 521 in the Copper Mining areas of Singhbhum Shear Zone in India. Journal
 522 of Earth Systems and Science. 2007; 126:49-62.

24. Mileusnic M, Mapani BS, Kamuna AF, Ruzicic S, Mapaure I,
 Chimwamurombe PM. Assessment of Agricultural soil Contamination
 by Potential Toxic Metal Dispersed from Improperly Disposed
 Tailings, Kombat Mine, Namibia. Journal Geochem. Explor. 2014;
 144:409-420.

528 25. Galuszka A, Migaszewski ZM, Dolegowska S, Michalik A, Duczmal529 Czernikiewicz A. Geochemical Background of Potentially Toxic Trace
530 Elements in Soils of the Historic Copper Mining Area. A Case Study
531 from Miedzianka Mountain, Holy Cross Mountains, South-Central
532 Poland. Environ. Earth Scie. 2015; 74(6):4589-4605.

- 53326. Fleischer M. The Abundance and Chemical Distribution of Chemical534Elements in the Earth's crust. J. Chem. Educ. 1954; 31(9):446-455.
- 535 27. FAO The State of the World's Land and Water Resources for Food and
 536 Agriculture (SOLAW) Managing Systems at Risk 2011a, Food and
 537 Agriculture Organization of the United Nations/Earth Scan. Rome,
 538 London; 2011.
- 28. Rahemel S, Razael M, Ekhlas J, Zarei SH, Akhlagi M. Abdollahzadeh
 SM. Sefidkar R. Mazloomi SM. Heavy Metals (Pb, Cd, Cu, Zn, Ni, Co) in
 Leafy Vegetables Collected from Production Sites: their Potential
 Health Risk to the General Population in Shiraz, Iran. Environ. Monit.
 And Assess. 2018; 190:650-664.
- 29. Ninamonu LA, Ogidi AO, Eneji IS. Analysis of Heavy Metals Content of
 Fluted Pumpkin (Telfairia Occidentalis) Leaves Cultivated on the South
 Bank of River Benue, Nigeria. Food Scie. And Quality
 Management. 2015; 39:1-8.

548	30. Mamboleo TF, Msuya JM, Mwanri AW. Vitamin C, Iron, Zinc Levels of
549	Selected Africa Green Leafy Vegetables at Different Stages of Maturity.
550	African Journ. Biotech. 2018; 17(17):567-573.
551	31. FAO/WHO Fruit and Vegetables for Health-Report of a Joint FAO/WHO
552	Workshop, 1-3 September, Kobe, Japan; 2004.
553	32. Jape VW. Pattern and Determination of Vegetable Intake in Tanzania.
554	Thesis for Award of Master's Degree in Agriculture Faculty of science
555	Department of Food Economics, University of Copenhagen; 2017.
556	33. Koleleni YIA. Levels of Aerosol in Dar-es-Salaam Tanzania Compared
557	to Some Other Cities. Discovery and Innovation. 2003; 15(3):202-212.
558	34. Balkhair KS and Ashraf MA. Field Accumulation Risks of Heavy Metal
559	in Soil and Vegetable Crop Irrigated with Sewage Water in
560	Western Region of Saudi Arabia. J. of Biological Sciences. 2015; 23:32-
561	44.
562	35. Amin NU, Hussein ASZ, Alamzeb S, Begun SM. Accumulation of Heavy
563	Metals in Edible Parts of Vegetables Irrigated with Water and their Daily
564	Intake to Adults and Children, Mardan District. Pakistan Food Chem.
565	Journ. 2013; 136:1515-1523.
566	36. Okorosaye-Orubite K and Igwe FU. Heavy Metals in Edible Vegetables
567	at Abandere a Solid Waste Dump Sites In Port Harcourt, Nigeria. Journ
568	of Applied Chemistry. 2017; 10(11):37-46.

- 37. Yadav A, Yadav PK, Shukla DN. Investigation of Heavy Metal status in
 Soil and vegetables grown in urban area of Allahabad, Uttar Pradesh,
 India. Inter. Journ. of Scie. And Res. 2013; 3(9):1-7.
- 38. Tasrina RC, Rowshon A, Mustafizur AMR, Rafiqul I, Ali MP. Heavy
 Metals Contamination in Vegetables and its Growing Soil. Journ. of
 Environ. Anal. Chem. 2015; 2:142-152..
- 39. Koleleni YIA. Elemental Composition of Vegetables in the Dar e
 Salaam Market Using WDXRF Analysis. Merit Research Journal of Food
 Science and Technology.2016; 4(1):001-008.
- 40. Nirmal Kumar JI, Soni H, Kumar RN. Characterization of Heavy Metals
 in Vegetables Using Inductive Coupled Plasma Analyzer (ICPA). Journ.
 Of Appl. Scie. Environ. Manage. 2007; 11(3):75-79.
- 41. Othman OC. Heavy Metals in Green Vegetables and Soils from
 Vegetable Gardens in Dar es Salaam, *Tanzania*. Department of
 Chemistry Tanz. J. Sc. 2001; 27:1-12.
- 42. Mukaka MM. A Guide to Appropriate Use of Correlation Coefficient in
 Medical Research. Malawi Medical Journ. 2012; 24(3):69-71.
- 43. Ratner B. The Correlation Coefficient; Its Value Range Between +1/-1 or
 do they? Journal of Targeting, Measurement and Analysis for
 Marketing. 2009; 17(2):139-142.

589	44. Greenland S, Senn SJ, Carlin JB, Poole C, Goodman SN, Ahman DG.
590	Statistical Tests, <i>p</i> -values, Coefficient Intervals and Power: a Guige
591	to Misinterpretations. European Journal of Epidemiology. 2016;
592	31:337-350.
593	45. Kang J, Hong J, Esie P, Bernstein KTM, Aral S. An Illustration of Errors
594	in using <i>p</i> -values to Indicate Clinical Significance or Epidemiological
595	Impotence of a Study Finding. Sex Transm. Dis. 2017; 44(8): 495 497.
596	46. Basha SA and Rajaganesh K. Microbial Bioremediation of Heavy Metal
597	from Textile Industry Dye Effluents Using Isolated Bacterial Strains.
598	Int. J. of Current Microbial. Appl. Scie. 2014; 3(5):785-794.
599	47. Khan MRL, Satter MA, Jabin SA, Abedin N, Islam MF, Lisa LA, Paul DP.
600	Mineral and Heavy metal contents of Some Vegetables Available in
601	Local Market of Dhaka City in Bangladesh. Journal of Environmental
602	Scie. Toxicology and Food Technology. 2015; 9(5):1-6.
603	