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# Evaluation of Antioxidant, Antimicrobial, Antityrosinase and Cytotoxic Potentials of *Isatis cappadocica* subsp. *alyssifoli as a Potent Pharmaceutical Resource*

Running Title: Biological Activity of Isatis cappadocica

# 10 ABSTRACT

11 *Isatis* species, which are endemic across most of Turkey, exhibit antibacterial, anticancer and 12 antiviral effects. The aim of this study was to determine of antioxidant, antimicrobial, 13 tyrosinase inhibitor, cytotoxic activities, and phenolic profile of polar extracts of Isatis 14 cappadocica Desv. We analyzed the antioxidant properties of extracts using total phenolic content (TPC), ferric reducing antioxidant power (FRAP), cupric reducing antioxidant 15 16 capacity (CUPRAC), and 2,2-diphenylpicrylhydrazyl (DPPH) radical scavenging activity. The phenolic composition of methanolic extract of *I. cappadocica* was analyzed by reverse 17 18 phase high performance liquid chromatography (RP-HPLC). Extracts' antimicrobial 19 properties were evaluated based on the agar well diffusion technique. Tyrosinase inhibitory 20 activity was measured colorimetrically. Methanolic extract yielded better FRAP and 21 CUPRAC results and aqueous extract yielded better DPPH activity. Benzoic acid, and sinapic 22 acid were detected as major phenolic compounds. Methanolic extract was particularly 23 effective against all the bacteria investigated, apart from Yersinia pseudotuberculosis. 24 Methanol extract was exhibited tyrosinase inhibitory activity. The methanol extract has 25 caused to death of cells by dosage in the high concentrations cytotoxic activity on the PC-3 26 and 3T3 cell lines. The results showed that *I. cappadocica* could be used as a natural source in 27 the food, cosmetic, and drug industries due to their rich antioxidant, antimicrobial, cytotoxic 28 and tyrosinase inhibitor activities.

29 Key Words: *Isatis cappadocica*, Antioxidant, Antimicrobial, Antityrosinase, Cytotoxicity

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#### 31 INTRODUCTION

32 Very large numbers of modern drugs and medicines have been obtained from natural sources, 33 often as a result of their employment in traditional remedies. Numerous medicinal plants are 34 known to exhibit therapeutic properties [1,2]. At least 80% of the world population, largely in 35 developing countries, is still thought to employ traditional remedies based on plant extracts 36 [3,4]. Plants are of particular interest as possible sources of natural antioxidants. They contain a range of antioxidant compounds that provide resistance against reactive oxygen species 37 38 (ROS) [5,6]. Radicals are implicated in molecular transformations and genetic mutations in 39 numerous organisms. Oxidative stress is well-known to cause various degenerative and 40 chronic diseases, such as cancer, diabetes and cardiovascular disease [7,8]. Antioxidant-based 41 medications play major roles in the prevention and treatment of such diseases as 42 atherosclerosis, stroke, diabetes, Alzheimer's disease and cancer [9]. Despite the growing 43 application of antibiotics and other chemicals, factors such as the emergence of drug-resistant 44 forms and undesirable ecosystem impacts are restricting their use [10]. Increasing research is 45 therefore being conducted into appropriate alternatives. Brassicaceae (Cruciferea) is a 46 cosmopolitan family containing approximately 350 genera and 3000 species. Species from 47 this family are employed for antidiabetic, antibacterial [11], anticancer [12], antiarthritic [13], 48 and antirheumatic [14] purposes, as well as being powerful insecticides [15]. Isatis, 49 particularly common plant species, consist of biennial, herbaceous shrubs from the family Brassicaceae. The genus consists of approximately 40 taxa, 24 being endemic to Turkey 50 51 [16,17]. *Isatis* species exhibit antibacterial, anticancer, and antiviral activities. The 52 compounds in these species are known to be effective against numerous disorders, such as 53 meningitis, encephalitis, mumps, influenza, erysipelas, and heat rash. The roots of these plants 54 are particularly rich in antibacterial and anticancer chemical substances [18].

The objectives of this study were (i) to investigate antioxidant activities using different tests, (ii) to quantify the main phenolic content and (iii) to estimate the antimicrobial capacities against various bacteria and yeast in *Isatis cappadocica* subsp. *alyssifoli* extracts (iv) to investigate tyrosinase inhibitory activity and (v) to determine the content of phenolic acid compounds by high performance liquid chromatography (HPLC) and the cytotoxic effect on PC-3, and 3T3 cells of the methanolic extract.

#### 61 MATERIALS AND METHODS

# 62 Chemicals and Instrumentation

63 The following chemicals and reagents were employed in this study: 2,2-Diphenyl-1-64 picrylhydrazyl (DPPH), and 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide 65 (MTT) (Sigma-Aldrich); butylated hydroxytoluene (BHT) (Supelco); gallic acid, sodium carbonate, sodium hydroxide, iron (III) chloride, copper (II) chloride (CuCl<sub>2</sub>), ammonium 66 67 acetate (NH<sub>4</sub>Ac), neocuproine, mushroom tyrosinase (EC 1.14.1.8.1, 30 U), levodopa (L-68 DOPA), disodium phosphate, sodium dihydrogen phosphate (Sigma); methanol, ethanol, 69 and acetonitrile acetic acid. dimethyl sulfoxide. (Merck); 6-hydroxy-2,5,7,8-70 tetramethylchroman-2-carboxylic acid (Trolox), 2,4,6-tripyridyl-s-triazine (TPTZ), and 71 Folin–Ciocalteau reagent (Fluka), and polytetrafluoroethylene membranes (Sartorius). 72 A Spectro UV-Vis Double PC-8 auto cell spectrophotometer (Labored Inc.) was used to

measure absorbance values. Microplate spectrophotometer system (Epoch, Erlangen,
Germany) was used to measure the Optical densities (OD). Deionized water purified in an
Elgacan® C114 Ultra Pure Water System Deioniser (The Elga Group, Buckinghamshire,
England) was used in the preparation of all solutions.
Evaporation was performed with an IKA® RV 05 Basic (IKA®, Werke, USA) rotary

evaporator system, and extraction procedures were performed with a Heidolph promax 2020

79 shaker. Dissolution procedures were carried out using a Heidolph Reax top vortex and Elma®

Transsonic Digital ultrasonic water bath (Germany). A Hanna Instruments microprocessor pH
meter was also employed as necessary. To weighing chemicals, powders and other samples
were used Precision Balance (The Pioneer PX, Ohaus). HPLC studies were carried using
Shimadzu Corporation, LC 20 AT, Kyoto, Japan.

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# 85 Plant Material and Preparation of Extracts

I. cappadocica specimens were collected in 2016 from Erzincan (Turkey), and were identified 86 87 by Prof. Ali Kandemir. Voucher specimens were deposited in the herbarium of the Erzincan University Science Faculty (herbarium number: 10861). Fifty gram (50 g) of dried plant 88 89 powder and then mixed this with 500 mL methanol. That mixture was then stirred over a 24-h 90 period at room temperature, and subsequently filtered. The filtrate obtained was evaporated 91 using a rotary evaporator. Finally, antioxidant, antimicrobial, cytotoxicity, and antityrosinase 92 activities were studies using the extract obtained at the end of these procedures. For HPLC 93 analysis, the extract was subjected to further dissolution in HPLC grade methanol and was 94 additionally filtered through 0.45-um membranes.

# 95 HPLC Conditions

96 The standards adopted for HPLC analysis consisted of vanillic acid, p-hydroxybenzoic acid, 97 syringaldehyde, p-coumaric acid, sinapic acid, benzoic acid and quercetin. Stock solutions of the prepared standards were diluted at a concentration range of 5-100  $\mu$ g mL<sup>-1</sup> to elicit the 98 99 calibration curve. HPLC analysis of phenolic compounds involved a reverse phase column 100  $(150 \times 4.6 \text{ mm i.d}, 5 \text{ }\mu\text{m})$  (Waters Spherisorb, Milfort, MA, USA), on a gradient program 101 with a two-solvents system [A: 100% methanol; B: 2% acetic acid in water (pH 2.8)], and a constant solvent flow rate set to 1.5 mL min<sup>-1</sup> on a HPLC system (Table 1). The injection 102 103 volume was set to 20 µL. Signals were determined at 232, 246, 260, 270, 280, 290, 308, and 104 328 nm based on a diode array detector (DAD) detection with a column temperature of 25°C.

# 105 **Determination of Antioxidant Capacity**

106 Total phenolic quantities in extracts were calculated using the method described by Folin-107 Ciocalteu [19]. Gallic acid was used as a standard. TPC was expressed as mg of gallic acid 108 equivalents per gram of 100 g sample. To summarize, 0.01, 0.02, 0.03, 0.04 and 0.05 mg/mL 109 concentrations of gallic acid were made ready in methanol, together with 0.1 and 1 mg/mL 110 concentrations, also in methanol. In the following stage, 0.5 mL of each sample was placed 111 into test tubes and then mixed with 0.5 mL of 0.2 N Folin-Ciocalteu reagent and with 1.5 mL 112 of 2% sodium carbonate. The tubes were next sealed using parafilm and incubated for 2 h at 113 20 °C. Finally, absorbance values were read spectrophotometrically at 760 nm. All 114 measurements were conducted in triplicate. TPC value was calculated with the following 115 equation using the calibration graph: TPC = (The sample absorbance corresponds to [Gallic acid])  $\mu$ M 116

117 The quantity of polyphenolic compounds were indicated as mg of gallic acid equivalents

118 (GAE)/g sample.

- 119 The ferric reducing antioxidant power (FRAP) assay involves calculation of the iron-reducing
- 120 capacities of a specific extract [20]. Following exposure to 2,4,6-tripyridyl-S-triazine (TPTZ),

121 the  $Fe^{2+}$ -TPTZ complex forms a blue color that can be read at 593 nm. In summary, we added

- 122 3.0 mL of working FRAP reagent to an appropriate volume/concentration of extract. This was
- 123 next incubated for 4 min at 37 <sup>o</sup>C, and the absorbance was finally measured against a ferrous
- 124 sulfate standard at 593 nm. Trolox was also calculated under identical conditions as a standard
- 125 antioxidant compound for comparative analyses. A calibration graph was plotted according to
- 126 results. The FRAP value was calculated as follows:
- 127 FRAP = (The sample absorbance corresponds to [Trolox])  $\mu$ M
- 128 The results were expressed as  $\mu$ M Trolox equivalent of g sample.

- 129 DPPH radical-scavenging activity is linked to the DPPH cation radical scavenging capacity of
- 130 the antioxidant [21]. Briefly, we combined 0.75 mL of DPPH reagent (0.1 mM in methanol)
- 131 with 0.75 mL of tea extract or standard. This was then exposed to vigorous vortexing and then
- allowed to stand for 30 min in the dark at room temperature. Discoloration occurring in DPPH
- 133 was calculated using the spectrophometric method at 517 nm. The percentage inhibition of the
- 134 discoloration resulting from the plant extract was calculated using BHT as standard.
- 135 The percent reduction of the DPPH radical was calculated using the following equation:
- 136 DPPH inhibition (%) =  $100 (Asample/Acontrol) \times 100$
- 137 SC<sub>50</sub> value (representing the concentration causing 50% scavenging of DPPH radical) of
- 138 extract was stated as mg/mL.
- 139 Extracts' cupric reducing antioxidant power (CUPRAC) levels were measured by means of
- 140 the spectrophotometric method [22]. We first mixed 1 mL of CuCl<sub>2</sub> solution  $(1.0 \times 10^{-2} \text{ M})$ , 1
- 141 mL of neocuproine solution  $(7.5 \times 10^{-3} \text{ M})$  and 1 mL NH<sub>4</sub>Ac buffer solution inside a test tube.
- 142 Various different extract concentrations were combined with the initial mixture for a final
- 143 volume of 4.1 mL. All test tubes were next incubated for 30 mins. Absorbance was measured
- 144 at 450 nm against a reagent blank. CUPRAC values were calculated with the following
- 145 equation using the calibration graph:
- 146 **CUPRAC = (The sample absorbance corresponds to [Trolox])**  $\mu$ **M**
- 147 CUPRAC values were expressed as µM Trolox equivalent per gram of sample.
- 148 Cytotoxicity Potential Evaluation
- 149 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyl-tetrazolium bromide (MTT) assay was used to
- 150 evaluate the cytotoxic potential of *I.cappadocica* aqueous and methanolic extracts. In this test
- 151 the viable cells metabolize the yellow water soluble MTT to purple hydrophobic formazan
- 152 crystals. For this, human prostate cancer cells (PC-3, ATCC CRL-1435) and Mouse fibroblast
- 153 cells (3T3, ATCC CRL-1658) were cultured in suitable medium (F12K DMEM for PC-3 and

154 DMEM for 3T3 cells) supplemented with fetal bovine serum (10%) and antibiotic (100 U/mL 155 penicillin and 100 mg/mL streptomycin) for 24 hours before exposure to different 156 concentrations (180-5000  $\mu$ g/mL for aqueous and 500 – 1500  $\mu$ g/mL for methanolic extracts) 157 of herbal extracts. After 24 hours exposure period 25 µL of 5 mg/mL MTT were added for 158 every well and incubated for farther 2 hours. The supernatants were discarded and 100  $\mu$ L of 159 **Dimethyl sulfoxide (DMSO)** was added for each well to dissolve the formazan crystals. 160 Microplate spectrophotometer system at 590 nm (wavelength 670 nm) was used to measure 161 the OD. Cells exposed to 1% DMSO were evaluated as solvent control group while non-162 exposed cells accepted to growth control group. The inhibition of enzyme activity (cell death) 163 was calculated compared to the solvent group, the concentration of extracts that caused a 50% 164 inhibition of enzyme activity in the cells  $IC_{50}$  was used to express the cytotoxic potential [23].

# 165 Antimicrobial Activity Assessment

Escherichia coli ATCC 25922, Yersinia pseudotuberculosis ATCC 911, Pseudomonas aeruginosa ATCC 43288, Staphylococcus aureus ATCC 25923, Enterococcus faecalis ATCC 29212, Listeria monocytogenes ATCC 43251, Bacillus cereus 709 ROMA, Mycobacterium smegmatis ATCC607, Candida albicans ATCC 60193, and Saccharomyces cerevisiae RSKK 251 were obtained from the Hifzissihha Institute of Refik Saydam (Ankara, Turkey). For material preparation, we dissolved the extract in DMSO in a stock solution of 178–256 mg/mL.

The agar-well diffusion method [24], including a number of modifications previously reported by [25] was applied for susceptibility screening. Bacteria were suspended in Mueller Hinton (MH) broth (Difco, Detroit, MI), and yeast-like fungi in yeast extracts broth. All microorganisms were next diluted to a level of approximately 106 colony-forming units (cfus) per mL. Sabouraud Dextrose Agar (SDA) (Difco, Detriot, MI) was employed in the case of yeastlike fungi, while we used brain heart infusion (BHI) agar for *M. smegmatis* [26]. These were 179 applied to the surface of MH and SD agars using the 'flood inoculation' technique, and then 180 dried. Wells with a diameter of 5 mm were next created from the agar using a sterile cork-181 borer. Next, 8900- 12800  $\mu$ g/50  $\mu$ L of the extract materials was added to the wells. The plates 182 were subsequently incubated for 18 h at 35 °C. M. smegmatis was cultured over the course of 183 3-5 days on BHI plates at 35 °C. Zones of inhibition were calculated against the test organism 184 to measure antimicrobial activity. Ampicillin (10  $\mu$ g), streptomycin (10  $\mu$ g), and fluconazole 185  $(5 \mu g)$  were applied as standard drugs, with dimethylsulfoxide being employed as the control. Finally, minimal inhibition concentration values ( $\mu g m L^{-1}$ ) were determined for I. 186 187 cappadocica. 188 **Antityrosinase Activity** 189 Tyrosinase inhibitory activity (TIA) measurements were performed with various concentrations (500, 100, 50 and 25 µg/mL) of kojic acid solutions as standard [27]. 190 191 Tyrosinase solution (46 U/mL), different concentrations (500, 100, 50 and 25 µg/mL) of

192 methonolic plant extract solutions were prepared. 120 μL of phosphate buffer (0,2 M, pH 7.0),

193 and 40 µL tyrosinase solution for A wells; 160 µL of phosphate buffer (0,2 M, pH 6.8) for B

195 solution for C wells; 120 µL of phosphate buffer (0,2 M, pH 7.0) and 40 µL sample solution

wells; 80  $\mu$ L of phosphate buffer (0,2 M, pH 6.8), 40  $\mu$ L tyrosinase solution and 40  $\mu$ L sample

196 for D wells were added and mixed in a 96-well plate and incubated for 10 min at 23°C. L-

- 197 DOPA solution (2.5 mM, 40 μL) was added to all wells and incubated for 10 min at 23°C.
- 198 Reaction mixture absorbance was read at 490 nm using the spectrophotometric method on a199 microplate reader.
- 200 TIA percentages were determined using the formula % inhibition = [[(A-B)-(C-D)] / (A-B)] x
- 201 100

- 202 Then, the logarithm of the sample concentration was calculated and graph were plotted with
- 203 these results. Using the equation of the graph, the value of  $IC_{50}$  (half-maximal inhibitory 204 concentrations) was calculated.
- 205
- 206 **RESULTS**
- 207 Identification of Phenolic Compounds by RP-HPLC
- 208 Chromatograms of the various phenolic standards and methanolic extract employed are shown
- 209 in Figures 1-2. Amounts of phenolic compounds determined in the different samples are
- shown in Table 1. The results indicated the presence in the methanolic extract of the plant of
- sinapic acid (12.23 mg/g) and benzoic acid (48.98 mg/g).

# 212 Antioxidant Activity

- 213 TPC values determined for the aqueous and methanolic extracts were  $22.1 \pm 0.0144$  and 10.1
- $\pm 0.0056$  mg GAE/g sample, respectively (Table 2).
- 215 DPPH scavenging activity values determined for aqueous and methanolic extracts in this
- 216 study were  $0.0425 \pm 0.0017$ ,  $0.0661 \pm 0.0014$  mg/mL, respectively (Table 2). The extracts
- 217 exhibited a lower radical scavenging capacity than BHT (0.0074 ± 0.0004 mg/mL). FRAP
- 218 values for aqueous and methanolic extracts were  $848 \pm 0.053$ ,  $398 \pm 0.057 \mu M$  Trolox/g
- sample, respectively (Table 2). The CUPRAC activity of the aqueous and methanolic extracts
- in this study was determined as  $2189 \pm 1.141$ ,  $4377 \pm 2.156 \mu$ M Trolox/g sample, respectively (Table 2).

# 222 Cytotoxicity Potential Evaluation

- 223 In order to determine the cytotoxicity potential of the aqueous and methanolic extracts of *I*.
- 224 *cappadocica* on PC-3 and 3T3 cell lines MTT assay was used after 24 hour exposure period.
- 225 Our results show that the aqueous extracts did not cause significant cytotoxicity in both cell
- 226 lines (maximum cell death was less than 7 %) at the tested concentrations whereas methanol

- extracts caused dose-dependent cell death in high concentrations (Figure 3,4); the IC<sub>50</sub> values
- were calculated to be 1188.73 and 1075.99 in PC-3 and 3T3 cell lines, respectively.

# 229 Antimicrobial Activities of I. cappadocica Extracts

- 230 The antimicrobial activities of I. cappadocica extracts against the bacteria tested were
- assessed in terms of the presence of inhibition diameters (Table 3), and minimal inhibition
- concentrations (Table 4). The methanolic extract exhibited antimicrobial effect against *E. coli*,
- 233 P. aeruginosa, S. aureus, E. faecalis, L. monocytogenes, B. cereus, and M. smegmatis, but not
- 234 *Y. pseudotuberculosis, C. albicans, S. cerevisiae.*

235 Tyrosinase Inhibitory Activities of I. cappadocica Extracts

- 236 Tyrosinase inhibition in our study involved the use of L-DOPA as substrate and kojic acid as
- a positive control. It was found that only methanol extract inhibited tyrosinase enzyme. The

half-maximal inhibitory concentration (IC<sub>50</sub>) of the methanolic extract (891.2509  $\pm$  1.48 µg

- 239 mL<sup>-1</sup>) on tyrosinase were higher than the kojic acid  $(63.0957 \pm 0.32 \ \mu g \ mL^{-1})$  (Table 5).
- 240

#### 241 DISCUSSION

242 Phenolic compounds have been identified as potent chain-breaking antioxidants [28]. They 243 are important components of plants with radical-scavenging capacities resulting from their 244 hydroxyl groups [29]. An earlier study suggested that polyphenolic compounds ingested at levels of 1.0 g per day from a stem- and vegetable-rich diet may exhibit suppressive effects on 245 246 mutagenesis and carcinogenesis in humans [30]. Similar to our findings, Karakoca K, et al. 247 determined the total content of phenolic compounds varied from 1.64 to 98.23 mg GAE/g 248 extract in the root extracts of *Isatis floribunda* Boiss. ex Bornm [31]. Miceli N, et al. 249 determined that the total phenolic content was  $191.05 \pm 2.94$  mg GAE/g in extract of *Isatis* 250 tinctoria L. [32]. The phenolic composition of plant extracts is affected by different factors 251 such as variety, climate, and storage, processing [33].

252 Comparing our results with those of Mohn et al. only six phenolic compounds were already 253 detected, i.e., peaks 8, 9, and 22, namely sinapic acid, ferulic acid, and isoscoparin were 254 reported as constituents of dichloromethane extract whereas peaks 5, 6, namely sinapic acid, 255 and benzoic acid were found in the methanol extract. In another study they identified the 256 phenolic acid compounds of aqueous ethanol extracts obtained from *Isatis microcarpa* Boiss. 257 and *Pseuderucaria clavate* Boiss. & Reut. from the family Brassicaceae [34]. Karakoca K, et 258 al, identified the phenolic acid compounds of *I. microcarpa* and *P. clavata* as ferulic acid and gallic acid. However, caffeic acid was only determined in *I. microcarpa* [31]. As a result of 259 260 this study, the phenolic acid compounds of *I. cappadocica* have been identified as sinapic 261 acid, and benzoic acid. The sinapic acid is a bioactive phenolic acid and has the potential to 262 attenuate various chemically induced toxicities. Sinapic acid and its derivatives, particularly 263 4-vinylsyringol, are natural compounds with a diverse range of reported health benefits, 264 including antioxidant, anti-inflammatory, anticancer, antimutagenic, antiglycemic, 265 neuroprotective, and antibacterial activities [35]. Benzoic acid is employed as a preservative 266 in the food industry since it suppresses mold, yeast [36] and a number of bacteria. It is also 267 one component of Whitfield's ointment, used as a remedy for fungal skin diseases such 268 as tinea, ringworm, and athlete's foot [37].

Various different mechanisms may be responsible for antioxidant activity, including the inhibition of chain initiation and decreased peroxide capacity, radical scavenging and decomposition. However, no single test is available for investigating the antioxidant profile of a specific sample. Various techniques involving different approaches and mechanisms must therefore be applied to analyze the antioxidant capacity of phytocomplexes or isolated compounds obtained from plants [38].

275 Various methods are available for measuring antioxidant activities. Extracts are highly276 complex entities, frequently consisting of large numbers of chemical compounds with

277 different functional groups, polarities and chemical behaviors. Results may therefore be 278 scattered results, depending on the assay used. Multiple assays will therefore yield greater 279 information concerning the antioxidant potential of an extract. In this study, mainly three 280 methods, DPPH, FRAP, and CUPRAC were used. Free radicals play a major role in the 281 oxidation of unsaturated lipids [39]. DPPH radical has been employed as a stable free radical 282 for measuring the antioxidant activity of natural compounds [40]. This relies on the reduction 283 of alcoholic DPPH solution in the presence of a hydrogen-donating antioxidant deriving from 284 the formation of the non-radical DPPH–H. Wang XH, determined DPPH scavenging activity in the methanol, ethanol and water extract at 2.0 mg dw/mL of the I. indigotica Fort. and 285 286 found only 34.85% in the water extract [41]. Karakoca K, et al. reported that DPPH 287 scavenging activity was found in *Isatis floribunda* Boiss. ex Bornm. flower and root 288 methanol, ethanol and water extracts at 2.0 mg/mL concentration and the highest DPPH scavenging activity was determined in the flower water extract as 89.58 % [31]. DPPH 289 290 scavenging activity values determined for aqueous extract in this study were  $0.0425 \pm 0.0017$ 291 mg/mL. From the present results it may be postulated that even if *I. cappadocica* extracts than 292 BHT have less DPPH scavenging activity, it reduce the DPPH radical to corresponding 293 hydrazine when they react with hydrogen donors in antioxidant principles.

294 We used the ferric reducing antioxidant assay in this study, a simple and accurate test based 295 on the reduction of ferric 2, 4, 6- tripyridyl-S-triazine [Fe (III) -TPTZ] to the ferrous 2, 4, 6-296 tripyridyl-S-triazine [Fe (II) – TPTZ] complex by a reductant at low pH. The assay can be 297 easily standardized, and has often been used to determine the antioxidant activity of various 298 plants and fruits and a number of biological samples. The antioxidant ability of fractions and 299 compounds was estimated on the basis of FRAP values, with greater absorbance indicating 300 greater ferric reducing power. In this study, FRAP values for methanolic extract were  $398 \pm$ 301  $0.057 \mu$  M Trolox/g sample. Karakoca K, et al. reported that the highest result for ferric ion reducing power (A700 nm 0.50) was found in the water extract while the lowest values for
ferric ion reducing power were found in the n-hexane extract (A700nm 0.11) in the flower
extracts [31].

305 Various previous studies have applied the CUPRAC assay in order to determine the cupric-306 reducing power activities of plant extracts or antioxidant compounds [42]. This assay is based on the reduction of  $Cu^{2+}$  to  $Cu^{1+}$  by antioxidant compounds in the presence of neocuproine. 307 308 The method offers a number of significant advantages, such as simplicity of operation, the 309 transparency of the endpoint and mechanism, the fact that instrumentation is easily accessible. and optimal intra- and inter-assay reproducibility [43]. The CUPRAC activity of the 310 methanolic extract in this study was determined as  $4377 \pm 2.156 \mu M$  Trolox/g sample. 311 Karakoca K, et al. reported that the highest Cu<sup>2+</sup> reducing power were found in the flower 312 313 water extract (A450nm 0.39) and in the root methanol extract (A450nm 0.61) of Isatis 314 floribunda Boiss. ex Bornm. Also, they found that BHT, at 31.25 µg/mL the concentration, 315 exhibited remarkably higher cupric ion reducing power (A450nm 0.39) than the extracts [31]. 316 In a study by Karakoca K, et al., methanol extract of I. floribunda herb was observed to 317 exhibit cytotoxic effects of 5.88%, 6.27 and 13.25 respectively in MCF12A cells at 318 concentrations of 250, 500 and 1000 µg / mL [31]. Miceli N, et al. evaluated the cytotoxic 319 effect of I. tinctoria by MTT test and observed that the leaf part of I. tinctoria decreased 320 anaplastic human thyroid carcinoma (CAL-62) cell line by 80% [32]. The cytotoxic activity 321 of dichloromethane, ethyl acetate, methanol extracts of microcarpa I. were investigated in 322 hepatic (HEPG2) and breast carcinoma (T47D) cell lines, dichloromethane extract was found 323 to be the most active ones with IC<sub>50</sub> values 20.8  $\mu$ g / mL and 34.3  $\mu$ g / mL in T47D and 324 HEPG2 cell line respectively [40]. The cytotoxic effects of I. cappadocicawas not evaluated 325 previously, The non-cytotoxicity of water extract and the relatively high IC<sub>50</sub> values of 326 methanolic extracts of *I. cappadocica* could be evaluated as a sign of low toxicity. Further

327 studies are warranted evaluate the toxicity of *I. cappadocica* before any commercial 328 application. Increasing numbers of reports concerning the antimicrobial properties of 329 medicinal plants are emerging from various parts of the world. Faiyaz A, et al. adopted the 330 agar well diffusion method and reported that the methanol and ethanol seed extracts (at the 331 concentration of 40 mg) of the Raphanus sativus Linn. (Brassicacea) plant exhibited a 332 significant antimicrobial effect on S. aureus (ATCC25923, 13.50 and 19.00 mm), E. coli (ATCC 25922, 12.50 and 14.50 mm) and *P. aeruginosa* (ATCC 27853, 14.60 and 21.3 mm) 333 334 [41]. Karakoca K, et al. found that the methanol and ethanol flower extracts (at the 335 concentration of 2.5 mg/disc) showed antimicrobial activity against the pathogens of S. aureus (ATCC 25923, 10.49 and 12.92 mm), E. coli (ATCC 35218, 12.74 mm for only the 336 337 ethanol extract) and *P. aeruginosa* (ATCC 27853, 11.60 mm for the methanol extract) [31]. In 338 another study they investigated the antimicrobial activity of ethanol and water extracts of 339 Isatis microcarpa J. Gay ex Boiss. against a range of pathogen micro-organisms (E. coli, S. 340 aureus, B. subtilis, Pseudomonasspp., and Salmonella spp.) [34]. The extracts studies 341 exhibited various degrees of antimicrobial activity. However, water extract exhibited no 342 activity against the pathogens investigated in our study. Karakoca K, et al. investigated 343 antimicrobial activity recorded from flower and root ethanol extracts against S. aureus (ATCC 344 25923; 12.92 mm and 12.95 mm, respectively) and E. coli (O157:H7; 13.51 mm and 11.93 345 mm, respectively) [31]. In another study they investigated fresh juice of *Raphanus sativus* L. 346 var. radicula (Brassicaceae) and R. sativus L. (Brassicaceae) in terms of antimicrobial activity against B. cereus, E. coli, S. aureus, and P. aeruginosa [46]. The extracts only 347 348 exhibited antimicrobial activity against *B. cereus* (13 mm and 12 mm, respectively). In our 349 study, methanolic extracts showed various antimicrobial activities against the same 350 microorganisms. The results indicated that the methanolic extract showed various

- antibacterial activities against different pathogenic bacteria. The extract could therefore beused to source antibiotic substances for possible treatment of bacterial infections.
- 353 The enzyme tyrosinase plays a major role in mammalian melanin synthesis. Melanin is known 354 to protect the skin against ultraviolet (UV) damage by absorbing UV sunlight and through the 355 eradication of reactive oxygen species. Excessive production or abnormal melanin 356 pigmentation results in esthetic anxieties. There is therefore a need for potent tyrosinase 357 suppressors [47]. Our results seem to suggest that *I. cappadocica* extract may be a potential 358 candidate for use in the design and development of novel tyrosinase inhibitors as anti-359 browning agents. I. cappadocica may be effective as an anti-browning agent in the search for 360 novel tyrosinase inhibitors in cosmetic products.
- 361 CONCLUSIONS
- 362 In conclusion, the results of this study indicated that extracts of *I. cappadocica* may be use as
- 363 raw material by the pharmaceutical, cosmetic, and food industries because of their
- 364 antioxidant, antimicrobial, antityrosinase, and cytotoxic potentials.
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- 366 **Conflict of Interest:** The authors declare that no potential conflict of interest.
- 367
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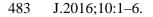
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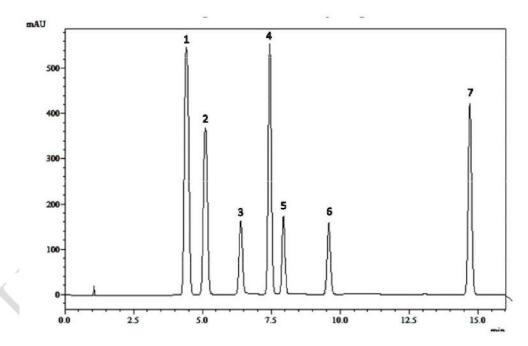
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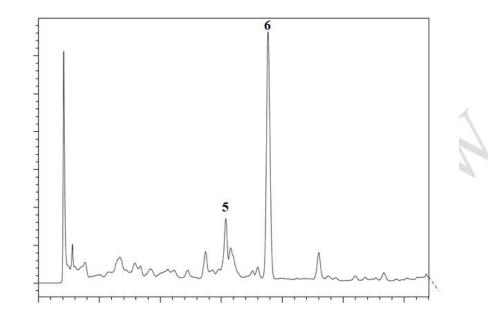


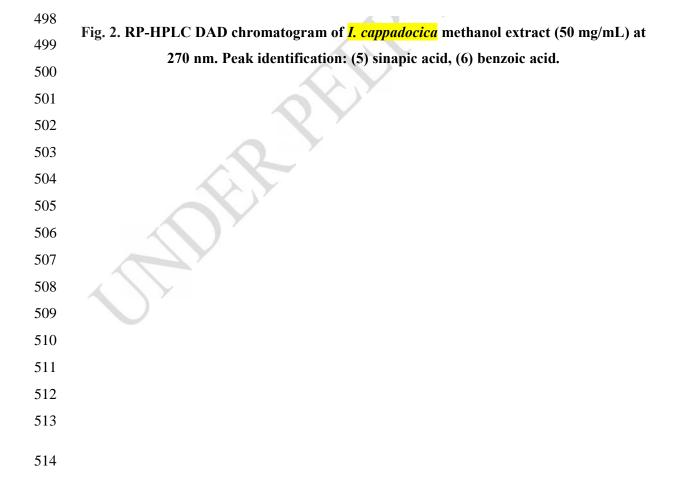
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Fig. 1. RP-HPLC chromatogram of phenolic standards (50μM) searched in *I*.
 *cappadocica* samples detected at 270 nm by DAD. Peak identification: (1) *p*-hydroxy benzoic acid, (2) vanillic acid, (3) syring aldehyde, (4) *p*-coumaric acid, (5) sinapic acid, (6) benzoic acid, (7) quercetin.

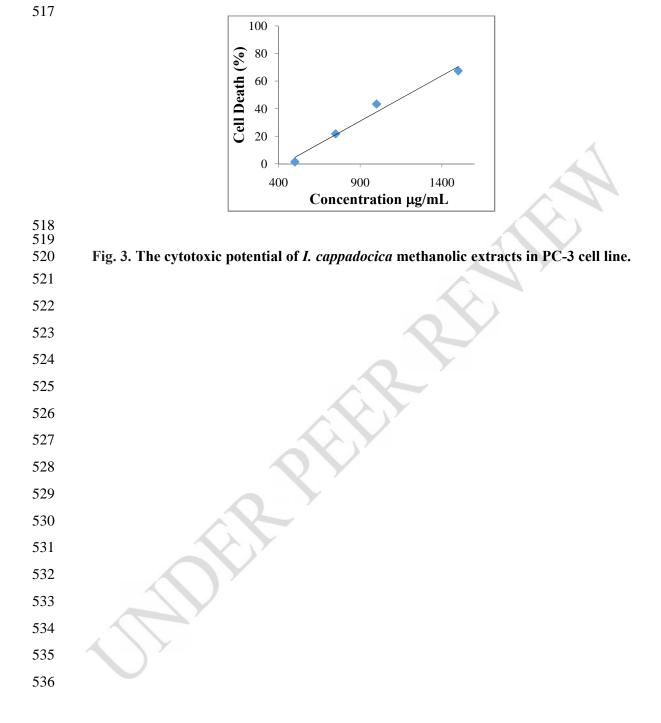
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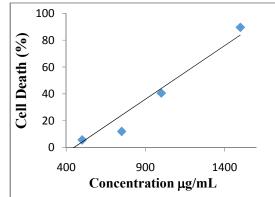


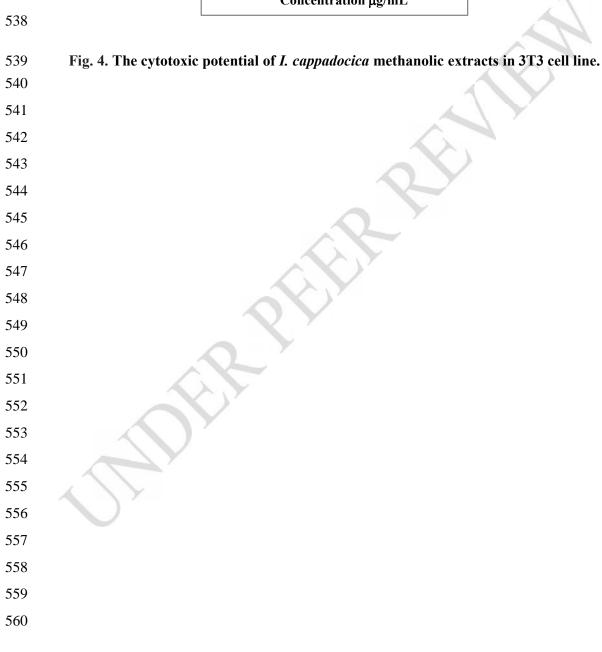


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_	Phenolic compounds	Retention time (min)	Amount (mg g <sup>-1</sup> )
_	<i>p</i> -hydroxy benzoic acid	4.197	
	Vanillicacid	5.318	-
	Syringaldehyde	6.132	-
	<i>p</i> -coumaric acid	7.407	1
	Sinapic acid	7.894	12.23
	Benzoic acid	9.432	48.08
	Quercetin	14.688	17
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# Table 1. Phenolic composition of the methanolic extract of *I. cappadocica*

578	Table	<mark>e 2. The antioxida</mark>	nt activities of	<mark>I. cappadocica ex</mark>	tracts
	Test Compounds	TPC <sup>1</sup>	FRAP <sup>2</sup>	CUPRAC <sup>3</sup>	DPPH <sup>4</sup>
	Aqueous extract	$22.1 \pm 0.0144$	$848 \pm 0.053$	$\frac{2189 \pm 1.141}{2189 \pm 1.141}$	$0.0425 \pm 0.0017$
	Methanolic extract	$10.1 \pm 0.0056$	$\frac{398 \pm 0.057}{2}$	4377 ± 2.156	$0.0661 \pm 0.0014$
	BHT				$0.0074 \pm 0.0004$
579	Results were expressed	d as mean ± standard	deviation.		
580	<sup>1</sup> Total phenolic conten	t expressed in mg of	gallic acid equiv	alent (GAE) per gra	m of dry plant weight.
581	<sup>2</sup> FRAP value expresse	ed as µM trolox equiv	valents (TE) per g	gram of dry plant we	eight.
582 583	<sup>3</sup> Trolox equivalent and gram of dry plant weig		FEAC) value exp	pressed in µM trolo	x equivalents (TE) per
584	<sup>4</sup> Concentration of test	sample (mg/mL) requ	uired to produce	50% inhibition of th	e DPPH radical.
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# Table 3. Inhibition diameters values of *I. cappadocica* extracts

	Microorganisms and Inhibition Diameters (mm)										
<mark>Tested</mark> Compounds	Quantity (µg/mL)	7 <mark>Gram negative</mark> bacteria			<mark>Gram positive</mark> bacteria				<mark>No</mark> gram bacteria	Yeast Like Fungi	
		Ec	Yp	Pa	Sa	Ef	Lm	Bc	Ms	Ca	Sc
<mark>Methanolic</mark> Extract	10000	8	-	6	6	8	6	8	15	5	-
Aqueous Extract	10000	-	-	-	-	-	-	-		7-1	-
Ampicillin	10	10	10	18	35	10	10	15		-	-
Streptomycin	10							1	35		
Fluconazole	5						~	1	Y	25	25

Ec: *E. coli* ATCC 25922, Yp: *Y. Pseudotuberculosis* ATCC 911, Pa: *P. Aeruginosa* ATCC 27853, Sa: *S. aureus* ATCC 25923, Ef: *E. faecalis* ATCC 29212, Lm: *L. monocytogenes* ATCC 43251, Bc: *B. cereus* 702
Roma, Ms: *M. smegmatis* ATCC607, Ca: *C. albicans* ATCC 60193, Sc: *S. cerevisiae* RSKK 251, (-): noactivity of test concentrations (10 000 μg/mL).

<mark>Test</mark> Compounds	<mark>Quantity</mark> (μg/mL)	hacteria			<mark>Gram positive</mark> bacteria			<mark>⁄e</mark>	<mark>No gram</mark> bacteria	<mark>Yeast Like</mark> Fungi	
		Ec	Yp	Pa	Sa	Ef	Lm	Bc	Ms	Ca	Sc
<mark>Methanolic</mark> Extract	10000	350	-	700	700	350	700	350	62.25		-
<mark>Aqueous</mark> Extract	10000	-	-	-	-	-	-	-	-	P	-
Ampicillin	10	10	18	>128	35	10	10	15		) -	-
Streptomycin	10							1	4		
Fluconazole	5							Ã.		<8	<8

#### Table 4. Minimal inhibition concentration (MIC) values of *I. cappadocica* extracts 623

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627       Roma, Ms: M. smegmatis ATCC607, Ca: C. albicans ATCC 60193, Sc: S. cerevisiae RSKK 251, (-)         628       noactivity of test concentrations (10 000 μg/mL).         629       630         630       631         632       633         633       634         635       636         636       637         638       639         640       641         642       642	625	Ec: E. coli ATCC 25922, Yp: Y. pseudotuberculosis ATCC 911, Pa: P. aeruginosa ATCC 27853, Sa: S.
<ul> <li>noactivity of test concentrations (10 000 µg/mL).</li> <li>629</li> <li>630</li> <li>631</li> <li>632</li> <li>633</li> <li>634</li> <li>635</li> <li>636</li> <li>637</li> <li>638</li> <li>639</li> <li>640</li> <li>641</li> <li>642</li> </ul>		aureus ATCC 25923, Ef: E. faecalis ATCC 29212, Lm: L. monocytogenes ATCC 43251, Bc: B. cereus 702
630         631         632         633         634         635         636         637         638         639         640         641         642	628	noactivity of test concentrations (10 000 µg/mL).
631         632         633         634         635         636         637         638         639         640         641         642	629	
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633         634         635         636         637         638         639         640         641         642		
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Table 5. Tyrosinase inhibitor activities of I. cappadocica extracts					
Test Compounds	IC <sub>50</sub> <mark>values</mark> (μg/mL)				
Aqueous extract	> 1000				
Methanolic extract	891.2509 <mark>± 1.48</mark>				

 $63.0957 \pm 0.32$ 

645 Results were expressed as mean  $\pm$  standard deviation. IC<sub>50</sub>: Half-maximal inhibitory concentrations

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Kojic Acid