

Cardioprotective Effect of Marine Astaxanthin on Doxorubicin-Induced Cardiotoxicity in Normal Rats

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ABSTRACT

Background: Doxorubicin (DOX) is an effective antineoplastic drug indicated to treat many cancerous diseases but its clinical usefulness is limited by many side effects. The main and the most serious one is DOX induced cardiotoxicity. Many strategies have been tried to minimize this side effect such as addition of cardioprotective agent to DOX treatment protocols.

Aims: The aim of this work was directed to investigate whether marine astaxanthin (ATX), a xanthophyll carotenoid pigment with potent antioxidant effect, could protect heart against the cardiotoxicity induced by DOX.

Methodology Forty Male Wister rats were divided into four equal groups and treated for one week as follow: Group I rats were treated with normal saline (2 ml/kg, x7, i.p.) and considered as control group. Group II rats were treated with ATX (40 mg/kg, x7, i.p.). Group III rats were treated with normal saline (2 ml/kg, x7, i.p.) and a single dose of DOX (20 mg/kg, i.p.) at day 7. Finally, group IV rats were treated with ATX (40 mg/kg, x7, i.p) and with a single dose of DOX (20 mg/kg, i.p.) at day 7. After 24 and 48 hrs. of treatment, rats were anesthetized and prepared for collection of blood samples and heart isolation. The cardioprotective effect of ATX against DOX induced cardiotoxicity were evaluated by measurement of the serum level of cardiac enzymes CPK by colorimetric assay and CK-MB by Eliza. Also the levels of serum total antioxidant capacity (TAC) were measured colorimetrically. in addition, the Malondialdehyde (MDA), reduced glutathione, glutathione peroxidase (Gpx) levels and superoxide dismutase (SOD) were determined in heart tissues homogenate by colorimetric method. In addition, Heart sample were taken for histopathology studies.

Results: The Addition of ATX to DOX significantly ($p < 0.05$) decreased the serum level of cardiac enzymes (CPK, CK-MB) and increased the serum total antioxidant capacity in compare with these levels in sera of rats treated with DOX only. This addition also significantly decreased the level of malondialdehyde and increased the reduced glutathione and glutathione peroxidase and superoxide dismutase significantly in the heart tissues homogenate in compare to corresponding levels in rats treated with DOX alone. Histopathological investigation of cardiac tissues confirmed the biochemical studies, where addition of ATX to DOX treatment protocol showed that the fragmentation of the muscle fiber revealed normal with central vesicular nuclei and prevented a marked disruption of normal cardiac architecture which resulted from DOX treatment.

Conclusion: Marine astaxanthin provides excellent cardioprotective effect against doxorubicin induced cardiotoxicity in rats.

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Keywords: [Doxorubicin, astaxanthin, cardioprotective effect]

1. INTRODUCTION

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Doxorubicin was firstly used clinically in cancer therapy in the late 1960s. It is considered as one of the most potent antitumor anthracycline. DOX could be administered alone or with other chemotherapeutic agents in the treatment protocols of many types of cancers such as leukemias, lymphomas, soft-tissue sarcomas and solid tumors. Unfortunately, its cytotoxic effects are limited by its cardiotoxicity [1,2], The main side effect of DOX, which could lead to congestive heart

23 failure [3]. It has been reported that the cardiomyopathy and congestive heart failure after
24 treatment with DOX is dose-dependent [4,5]. Doxorubicin induces its cardiotoxicity by many
25 mechanisms such as DNA and RNA damages, induction of oxidative stress through liberation of
26 reactive oxygen species, lipid peroxidation, increase the endoplasmic reticulum-mediated
27 apoptosis, inhibition of autophagy and interference with of calcium homeostasis [2,6]. In addition,
28 DOX metabolism produces superoxide anion and hydroxyl radical which lead to toxic
29 manifestation in the cellular membrane of the normal cells. Also, it has been reported that this
30 toxicity is mediated through cardiac tissues inflammation [7]. **Between the importance of DOX in**
31 **cancer treatment and the increase of the incidence of its induced cardiotoxicity, it has become**
32 **increasingly important to find pharmacological remedies with protective effects against this**
33 **serious side effect** [7,8]. Variety of approaches have been investigated as the addition of natural
34 compound with chemopreventive or anticancer properties to the DOX treatment protocol
35 [9,10,11]. Astaxanthin is a natural reddish carotenoid pigment belongs to the xanthophylls family.
36 It has a potent antioxidant, antitumor, anti-inflammatory, anti-lipid peroxidation and
37 cardioprotective effects [12,13,14]. Intra-peritoneal administration of ATX lead to faster absorption
38 with higher bioavailability than oral administration in oncorhynchus mykiss [15]. ATX is
39 extensively distributed in all tissues after oral administration and metabolized by CYP1A following
40 oral ingestion in the rat [16]. The plasma ATX elimination half-life was estimated to be 21 ± 11 hr.
41 after oral dose in human [17]. In our laboratory, we found that ATX potentiated the cytotoxic
42 activity of DOX against the growth of Ehrlich ascites carcinoma cells in vivo (data not shown).
43 Therefore, the present study was undertaken to test whether ATX could protect the heart against
44 DOX-induced cardiotoxicity in normal rats through prevention of oxidative stress.

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46 **2. MATERIAL AND METHODS**

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48 **2.1. Drugs and Chemicals**

49 Doxorubicin hydrochloride was purchased from Ebewe pharma Austria. Astaxanthin was
50 purchased from Haihang Industry Co., Ltd. CK-MB ELIZA kit (Cat No. E-EL-R1327) was
51 purchased from Elabscience biotechnology Inc. (USA) and CPK kit (Cat No. CF13000120) was
52 obtained from Centronic GmbH, (Germany). Total antioxidant capacity kit (Cat No. GT 2513),
53 reduced glutathione kit (Cat. No. GR 2511), glutathione peroxidase kit (Cat No. GP 2524),
54 glutathione -S- transferase kit (Cat. No. 2519), malondialdehyde kit (Cat No. MD 2529), Catalase
55 kit (Cat. No. CA 2517), Superoxide dismutase kit (Cat. No. SD 2521) were purchased from
56 Biodiagnostic Co.(Dokki, Giza, Egypt).

57 **2.2. Animals and housing**

58 Male Wistar Albino rats (8-10 weeks of age, 250-300 gm. b.wt.) were provided from **the animal**
59 **house at** College of Pharmacy, King Abdulaziz University, Jeddah, Saudi Arabia. The rats were
60 acclimatized for 7 days before experiments. A commercial balanced diet and water *ad libitum*
61 were provided **all over** the experiments.

62 **2.3. Experimental design**

63 Forty Male Wistar rat were randomly distributed into four equal groups, 10 animals in each group.
64 Rats of group I were injected with normal saline (2 ml/kg, x7, i.p.) and considered as control
65 group. group II animals were treated with ATX (40 mg/kg, x7, i.p.). Rats of group III were treated
66 with normal saline (2 ml/kg, x7, i.p.) and a single dose of DOX (20 mg/kg, i.p.) at day 7. Finally,
67 group IV rats were treated with ATX (40 mg/kg, x7, i.p.) and at day 7 treated with a single dose of
68 DOX (20 mg/kg, i.p.). After 24 and 48 hrs. of treatment, rats were anesthetized and prepared
69 gently for collection of blood samples in non-heparinized tubes from each rat by cardiac puncture
70 according to the IACUC recommended standard methods for blood collection. The samples were

71 left to clot for 30 minutes then centrifuged for serum separation which was stored at – 80 °C to
72 evaluate different biochemical parameters.

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74 **2.4. Evaluation of Cardiotoxicity of DOX Treatment in Presence and Absence of ATX**

75 **2.4.1 Evaluation of Serum Creatine Phosphokinase (CPK)**

76 Creatine kinase activity was determined colorimetrically using CPK kit (Centronic GmbH,
77 Germany) according to the method of Szasz et al [18].

78 **2.4.2 Evaluation of Serum Serum Creatine Kinase MB Isoenzyme (CK-MB)**

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80 The serum level of CKMB was evaluated in rats' serum using Rat Creatine Kinase MB
81 isoenzyme, CK-MB ELISA Kit, according to the manufacturer protocol.

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83 **2.4.3. Measurement of Serum Antioxidants Activities and Oxidative Stress**

84 The Total serum antioxidant capacity was **measured** by colorimetric method, according to the
85 method of Koracevic et al.[19]. In the heart tissues homogenate the reduced glutathione was
86 measured according to the method of Beutler et al.[20]. Glutathione Peroxidase (GPx) was
87 determined by colorimetric method according to the method of Paglia et al. [21] and
88 Malondialdehyde level was determined by colorimetric method according to the method of
89 Ohkawa et al. [22]. Superoxide dismutase (SOD) was measured colorimetrically in the cardiac
90 tissues homogenate according to the method of Nishikimi et al.[23].

91 **2.5 Histopathological Examination**

92 After blood collection, rats were sacrificed by gently decapitation, chest opened and hearts were
93 extracted. Heart sample was taken immediately and washed with saline. Part of **the** left ventricle
94 of the heart was fixed in 10% phosphate buffered formalin and processed for paraffin blocks.
95 Serial histological longitudinal sections of 5-µm thickness were cut, mounted on glass slides and
96 stained with haematoxylin and eosin (H&E) for general structure [24]. Half gm. of the remaining
97 cardiac tissues was homogenized in 5 ml of phosphate buffer saline on ice, using an electric
98 homogenizer (Potters, German).

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100 **2.6. Statistical Analysis**

101 Statistical analysis of the data was carried out using computer program package (SPSS, version
102 21). All data are expressed as mean with their standard error of mean (SEM). One-way analysis
103 of variance (ANOVA) was used to compare differences between experimental groups. It was
104 followed by the least significance difference (LSD) test. However, two-sample t-test and its P-
105 value to analyze the significance of the difference in the samples mean. Differences were
106 considered significant at $P < 0.05$.

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108 **3. RESULTS**

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110 **3.1. Effect of DOX and/or ATX on Cardiac Enzymes**

111 Table 1 showed the effect of DOX and/or ATX on the serum level of CPK. The level of serum
 112 CPK was significantly increased (2.14 and 2.05 fold) after 24 and 48 hrs. of DOX treatment,
 113 respectively. On the other hand, addition of ATX to DOX showed a significant decrease in CPK
 114 level in compared to DOX treated rats 24 and 48 hrs. of treatment. Table 2 showed the effect of
 115 DOX and/or ATX on the serum CK-MB level in rats. There were significant increases in CK-MB
 116 level (7.19 and 6.8 fold) in DOX treated rats compared to control after 24 and 48 hrs. treatment,
 117 respectively. While, addition of ATX to DOX nearly restored the CK-MB level to the normal at the
 118 two time points tested.

119 **Table 1: Effect of DOX and/or ATX on CPK Activity in Rats' Serum.**

Treatment	CPK level (U/L)	
	24 hrs.	48 hrs.
Normal saline	350 ± 6.78	361.53 ± 8.62
ATX	344.19 ± 9.37	344.19 ± 3.83
DOX	748.64 ± 11.42 ^a	741.21 ± 6.60 ^a
ATX and DOX	411.05 ± 19.21 ^{a, b}	413.53 ± 17.67 ^{a, b}

121 *DOX (20 mg/kg, i.p.) was injected in male Wistar rats pretreated either with ATX (40 mg/kg, x7, i.p.) or*
 122 *normal saline (2 ml/kg, x7, i.p.). Data are expressed as mean ± SEM of five male Wistar rats after 24*
 123 *hrs. and 48 hrs. ^a Significantly different from control at P-value < 0.05, ^b Significantly different from*
 124 *corresponding DOX at P-value < 0.05. one way ANOVA with LSD post test.*

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Table 2: Effect of DOX and/or ATX on Serum CK-MB Level

Treatment	CK-MB (pg/ml)	
	24 hrs.	48 hrs.
Normal saline	106 ± 2.02	106.40 ± 1.96
ATX	105.80 ± 2.58	108.80 ± 1.28
DOX	763.80 ± 5.03 ^a	727 ± 7.41 ^a
ATX and DOX	378.60 ± 5.41 ^{a, b}	347.60 ± 4.09 ^{a, b}

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DOX (20 mg/kg, i.p.) was injected in male Wistar rats pretreated either with ATX (40 mg/kg, x7, i.p.) or saline (2
 129 *ml/kg, x7, i.p.). Data are expressed as mean ± SEM of five male Wistar rats 24 hrs. and 48 hrs. after treatment. ^a*
 130 *Significantly different from control at P-value < 0.05, ^b Significantly different from corresponding DOX at P-value*
 131 *< 0.05, one way ANOVA with LSD post test*

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132 3.2. Effect of DOX and/or ATX on the Serum Antioxidant Capacity

133 Table 3 showed the effect of DOX and/or ATX on the total antioxidant capacity (TAC) level in rats'
 134 serum. There was a significant increase in TAC in ATX treated rats (1.26, 1.16 fold) compared to
 135 control rats after 24 and 48 hrs. of treatment, respectively. However, there was a significant
 136 decrease (1.4 and 1.54 fold) in serum TAC level in DOX treated rats in compare with control after
 137 24 and 48 hrs. of treatment, respectively. Combination DOX and ATX in the treatment protocol
 138 showed a significant increase (1.26, 1.11 fold) in serum TAC level compared to control after 24
 139 and 48 hrs., respectively.

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141 **Table 3: Effect of treatment with DOX and/or ATX on Serum Total Antioxidant Capacity**

Treatment	TAC (mmol/L)	
	24 hrs.	48 hrs.
Normal saline	1.23 ± 0.07	1.31 ± 0.05
ATX	1.55 ± 0.01 ^a	1.52 ± 0.01 ^a

DOX	0.88 ± 0.01 ^a	0.85 ± 0.04 ^a
ATX and DOX	1.53 ± 0.01 ^{a, b}	1.46 ± 0.02 ^{a, b}

142 DOX (20 mg/kg, i.p.) was injected in male Wistar rats pretreated either with ATX (40 mg/kg, x7, i.p.)
 143 or saline (2 ml/kg, x7, i.p.)
 144 Data are expressed as mean ± SEM after 24 and 48 hrs. (n=5). ^a Significantly different from control at
 145 P-value < 0.05, ^b Significantly different from corresponding DOX at P-value < 0.05, one way ANOVA
 with LSD post test.

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147 Table 4 showed the effect of DOX and/or ATX on GSH level in rat's heart homogenate. There
 148 were significant decreases (1.7 and 1.8 fold) in GSH level in DOX treated rats compared with
 149 control after 24 and 48 hrs. of treatment, respectively. While, in presence of ATX the GSH levels
 150 maintained nearly to the normal values (104.6 and 104.78 mg/g tissue) respectively.

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152 **Table 4: Effect of DOX and/or ATX on Reduced Glutathione (GSH) level in rats' heart**
 153 **homogenate.**

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Treatment	GSH (mg/g tissue)	
	24 hrs.	48 hrs.
Normal saline	118.95 ± 6.10	118.33 ± 6.07
ATX	125.39 ± 8.54	120.95 ± 5.90
DOX	71.26 ± 0.95 ^a	67.27 ± 1.88 ^a
ATX and DOX	104.78 ± 2.71 ^{a, b}	104.61 ± 1.16 ^{a, b}

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156 DOX was injected (20 mg/kg, i.p.) in male Wistar rats pretreated either with ATX (40 mg/kg, x7, i.p.) or saline (2 ml/kg, x7,
 157 i.p.). Data are expressed in mean ± SEM of the experiment in male Wistar rats after 24 hrs. and 48 hrs. (n=5). ^a
 158 Significantly different from control at P-value < 0.05 ^b Significantly different from corresponding DOX at P-value < 0.05,
 one way ANOVA with LSD post test.

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160 3.3. Effect of DOX and/or ATX on Lipid Peroxidation in the Rats Cardiac Tissues.

161 Table 5 showed the effect of DOX and/or ATX on malondialdehyde (MDA) level in the rat's heart
 162 homogenate. There were significant increases (3.5 and 3.7 fold) in MDA level in DOX treated rats
 163 compared with control after 24 and 48 hrs. of treatment, respectively. While, addition of ATX to
 164 DOX showed a significant reduction in MDA levels and return it nearly to normal values (47.10
 165 nmol/g tissue and 43.30 nmol/g tissue) after 24 and 48 hrs. of treatment, respectively.

166 **Table 5: Effect of DOX and/or ATX on malondialdehyde (MDA) level in rats' heart**
 167 **homogenate.**

Treatment	MDA (nmol/g tissue)	
	24 hrs.	48 hrs.
Normal saline	37.30 ± 1.49	37.46 ± 0.95
ATX	33.24 ± 1.79	31.56 ± 0.55
DOX	128.36 ± 2.99 ^a	139.90 ± 1.11 ^a
ATX and DOX	47.10 ± 1.11 ^{a, b}	43.30 ± 0.63 ^{a, b}

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169 DOX (20 mg/kg, i.p.) was injected in male Wistar rats pretreated either with ATX (40 mg/kg, x7, i.p.) or saline (2
 170 ml/kg, x7, i.p.). Data are expressed as mean ± SEM of the experiment in male Wistar rats after 24 hrs. and 48 hrs.
 171 (n=5). ^a Significantly different from control at P-value < 0.05, ^b Significantly different from corresponding DOX at P-
 172 value < 0.05, one way ANOVA with LSD post test.

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174 **Table 6: Effect of DOX and/or ATX on GPx on level in rats' heart homogenate:**
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Treatment	GPx (U/mg tissue)	
	24 hrs.	48 hrs.
Normal saline	6.68 ± 0.37	6.09 ± 0.12
ATX	6.41 ± 0.21	6.76 ± 0.15
DOX	2.96 ± 0.08 ^a	3.38 ± 0.07 ^a
ATX and DOX	4.60 ± 0.08 ^{a, b}	5.21 ± 0.05 ^{a, b}

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 177 *DOX (20 mg/kg, i.p.) was injected in male Wistar rats pretreated either with ATX (40 mg/kg, x7, i.p.) or saline (2*
 178 *ml/kg, x7, i.p.). Data are expressed as mean ± SEM of five male Wistar rats after 24 hrs. and 48 hrs.^a*
 179 *Significantly different from control at P-value < 0.05,^b Significantly different from corresponding DOX at P-value*
 180 *<0.05, one way ANOVA with LSD post test.*

181 Table 7 represented the effect of DOX and/or ATX on superoxide dismutase (SOD) activity in
 182 rats' serum. There were significant decreases (1.6 and 1.72 fold) in SOD activity in DOX treated
 183 rats compared to control after 24 and 48 hrs. of treatment, respectively. Addition of ATX to DOX,
 184 maintaining the SOD activity nearly to the normal values (3.35 and 4.01 U/ml).

185 **Table 7: Effect of DOX and/or ATX on SOD activity in rats' Cardiac Tissues Homogenate.**
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Treatment	SOD activity (U/ml)	
	24 hrs.	48 hrs.
Normal saline	3.57 ± 0.22	4.01 ± 0.39
ATX	3.81 ± 0.31	4.43 ± 0.40
DOX	2.23 ± 0.02 ^a	2.32 ± 0.22 ^a
ATX and DOX	3.35 ± 0.03 ^{a, b}	4.01 ± 0.22 ^{a, b}

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 189 *DOX (20 mg/kg, i.p.) was injected in male Wistar rats pretreated either with ATX (40 mg/kg, x7, i.p.) or*
 190 *saline (2 ml/kg, x7, i.p.). Data are expressed as mean ± SEM of five male Wistar rats after 24 hrs. and 48*
 191 *hrs.^a Significantly different from control at P-value < 0.05,^b Significantly different from corresponding DOX*
 192 *at P-value <0.05, one way ANOVA with LSD post test.*

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 194 Figure 1 showed Light photomicrographs of rat's cardiac tissues from control group treated with
 195 normal saline (2ml /kg) showing normal branching muscle fiber with central vesicular nuclei.
 196 Fibroblasts with flat nuclei are noted in the surrounding endomysium and blood capillaries are
 197 present between the cardiac muscle fibers.

198 Light photomicrograph (Figure 4) showed the effect of DOX (20 mg/kg) treatment on the
 199 myocardium tissues of the rats. DOX treatment showed a marked disruption of normal cardiac
 200 architecture, congestion of blood vessels and capillaries, condensed pyknotic peripheral nuclei
 201 and multiple areas of fragmented cardiac muscle fibers.

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205 These changes have been attenuated when pretreated with ATX. Treatment with DOX (20
206 mg/kg) + ATX (40 mg/kg) showed that most of cardiac muscle fibers regained its normal
207 structure but localized areas of myocytolysis and shortening of cardiac muscle fibers are still
208 noted (Figure)

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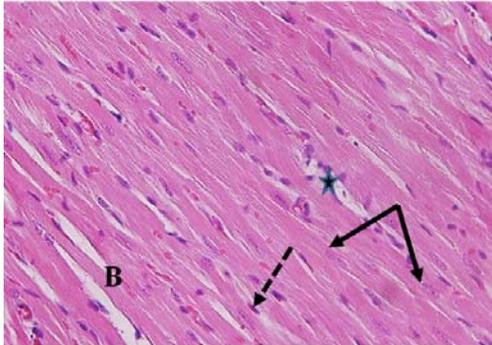


Figure 1: Photomicrograph of a section of myocardium of a rat of the control group showing branching (B) muscle fiber with central vesicular nuclei (arrows). Fibroblasts with flat nuclei are noted in the surrounding endomysium (dashed arrow). Blood capillaries are present between the cardiac muscle fibers (★). (H & E x 400).

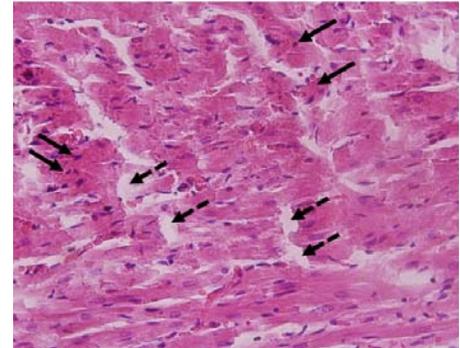


Figure 2: Photomicrograph of a section of myocardium of a rat after 24 hrs. of treatment with DOX(20 mg / kg i.p.) showing loss of normal organisation of cardiac muscle fibers revealing deeply acidophilic sarcoplasm and peripheral pyknotic nuclei. Numerous areas of muscle fibers shortening (dashed arrows) are noted. (H & E x 400).

UNDER PEER REVIEW

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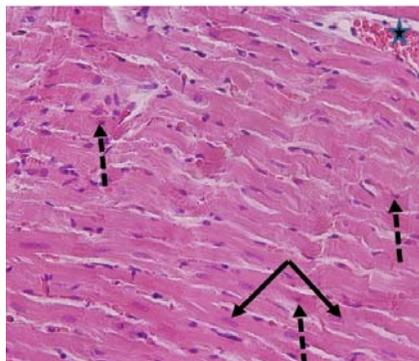


Figure 3: Photomicrograph of a section of myocardium of a rat after 24 hrs. of treatment with ATX (40mg/kg,x7,i.p.) + single dose of DOX (20 mg/kg i.p.) at day 7 showing normal structure of most of the cardiac muscle fibers (arrows). Few still reveal deeply acidophilic sarcoplasm and peripheral pyknotic nuclei (dashed arrows). Localized dilated congested capillaries are noted (★) (H & E x 400).

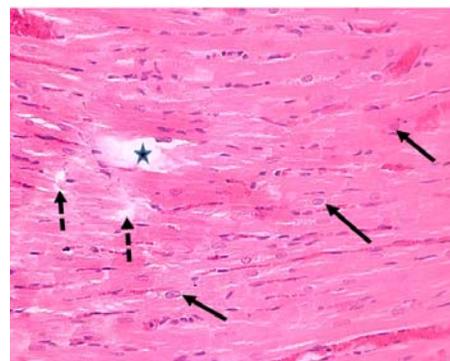


Figure 5: Photomicrograph of a section of myocardium of a rat after 48 hrs. of treatment with ATX (40mg/kg,x7,i.p.) + single dose of DOX (20 mg/kg i.p.) at day 7 showing most of cardiac muscle fibers regained its normal structure (arrows). But localized areas of myocytolysis (★) and shortening of cardiac muscle fibers are still noted (dashed arrows). (H & E x 400).

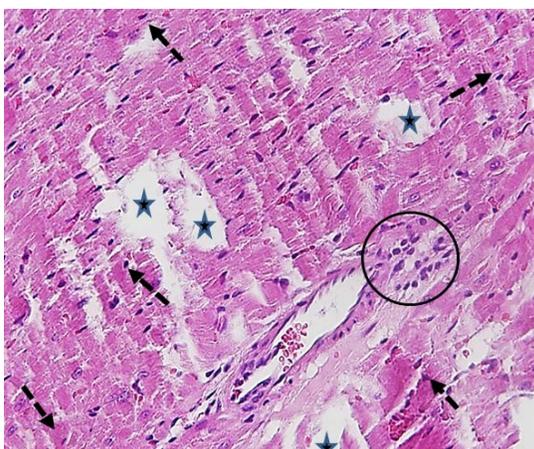


Figure 4: Photomicrograph of myocardium section of a rat after 48 hrs. of treatment with DOX (20mg/kg,i.p.) showing marked disruption of the myocardium architecture. Areas of myocytolysis (★), cardiac muscle fibers with deeply acidophilic sarcoplasm and peripheral pyknotic nuclei (dashed arrows) and perivascular polymorphnuclear cell infiltration are noted (○). (H & E x 400)

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4. DISCUSSION

266 Doxorubicin is one of the **effective** and widely used **antineoplastic** drugs **indicated** for treatment of
267 many kinds of **cancers** either alone or in combination with other **antineoplastic drugs**. However, its
268 clinical usefulness is limited by its detrimental adverse effects as cardiotoxicity which may be
269 exaggerated to reach heart failure [25]. Cardiotoxicity is the major and the most serious adverse
270 effect of DOX which limit its clinical usefulness. Many strategies have been tried to minimize this
271 serious side effects by using combination treatment with cardioprotective agent and synthesis of
272 DOX liposomes [7,8,9,10,26,27,28].

273 Among the possible potential chemosensitizer is ATX which has cytotoxic activity [29,30,31] and
274 chemoprotective effect against chemotherapy adverse effects [12,29,32]. In our laboratory, it has
275 been proven that ATX sensitized DOX cytotoxic activity against the growth of Ehrlich ascites
276 carcinoma cells *in-vivo* (data not shown). Therefore, our current study focus on the protective
277 effect of ATX against DOX-induced cardiotoxicity. The mechanisms by which DOX exerts its
278 cardiotoxicity are not clear enough and still under investigation. Although there are several
279 cellular pathways involved in DOX induce cardiotoxicity such as release of vasoactive
280 substances, mitochondrial deteriorations, lipid peroxidation and depletion of the cellular
281 antioxidants such as glutathione. As ROS liberation plays an essential role in the DOX induced
282 cardiotoxicity we and other researchers focused on the potential involvement of ROS in DOX
283 induced cardiotoxicity [2,3,4,6,33].

284 It is well known that the heart tissues are highly susceptible to oxidative stress due to its
285 inherent decreased detoxifying natural antioxidants [8,11].

286 In animal's studies, the acute cardiotoxicity induced by DOX was associated with high level of
287 ROS liberation **and** lipid peroxidation. Moreover **cardiac tissues injuries are** associated with
288 elevation of the level of CPK and CK-MB enzymes. It is well known that these enzymes are
289 released from the heart muscle cells when they are injured and their activities in the blood after
290 myocardial injury reflect the extent of damage in its musculature [34,35]. Our results showed that
291 there was a significant reduction in serum total antioxidant capacity, reduced glutathione level,
292 glutathione peroxidase level and superoxide dismutase activity in the cardiac tissues after DOX
293 treatment (tables 3, 5, 6, 7). In addition, there was a significant increase in the lipid peroxidation
294 in term of malondialdehyde level in the cardiac tissues which was significantly increased to (3.4
295 and 3.7 fold) 24 and 48 hrs. after DOX treatment, respectively (Table 5).

296 These results are in a good agreement with others who reported the cardiac toxicity after DOX
297 treatment. Their findings reported the decrease in the serum level of TAC and increase in the
298 level of MDA after DOX administration in the rats' cardiac tissues [11,36,37,38].

299 Addition of ATX to DOX maintained the serum total antioxidant capacity, superoxide
300 Dismutase, malondialdehyde level and glutathione peroxidase level in rats hearts tissues nearly
301 to the normal values in compare with animal treated with DOX alone.

302 It has been reported that the treatment with DOX increase CPK level and Ck-MB as a sequences
303 of DOX induced cardiotoxicity as a good marker to evaluate the toxic deterioration in cardiac
304 tissues [7,39].

305 In the present study, there was a significant increase in CPK level after 24 and 48 hrs. of DOX
306 treatment, respectively in compare with control (table 1). This result was confirmed by a significant
307 increase of the specific cardiac marker CK-MB at the same two time points tested (Table 2).

308 Addition of ATX showed a cardioprotective effect against DOX induced cardiotoxicity. These
309 findings were confirmed by a significant reduction of the total CPK levels in ATX + DOX treated
310 rats compared with rats treated with DOX alone. This cardioprotective effect of ATX were further
311 confirmed by a significant reduction in CK-MB level in ATX + DOX treated rats in compare with
312 animals treated with DOX alone (Table 2).

313 These results agree with Gross et al.[40], Monroy-Ruiz et al.[41] and Binu et al.[42] who
314 reported that ATX has a cardioprotective effect through scavenging of free radicals involved in
315 deterioration and remodeling of cardiomyocytes and tissues such as superoxide anion and
316 reduction of oxidative stress markers involved in cardiotoxicity from the arachidonic acid and
317 linoleic acid pathways.

318 In harmony with our results, Nakao et al.[43] reported that ATX protects heart tissues damage
319 through its antioxidant properties. Moreover, Nishigaki et al.[44] stated that ATX minimize the
320 glycated protein/iron chelate-induced toxicity through suppression of lipid peroxidation and protein
321 oxidation and enhance the activity of antioxidant enzymes in human umbilical vein endothelial
322 cells.

323 The current study showed that DOX-induced cardiotoxicity is minimized by quenching of ROS
324 and hydrogen peroxide which is one of the proposed molecular mechanisms involved in the DOX
325 induced cardiotoxicity and induction of apoptosis in cardiomyocytes [45].

326 Our results are in a good agreement with Wang et al.[46] who concluded that quenching of
327 H₂O₂ or over expression of glutathione peroxidase decreased DOX-induced apoptosis in
328 endothelial cells and cardiomyocytes but not in tumor cells. This may explain that the ATX
329 provides a cardiomyocytes protective effect with potentiation of DOX cytotoxicity in EAC cells.

330 In contrary to our results, one of the molecular mechanisms of DOX induced cardiotoxicity is
331 induction of apoptosis in endothelial cells and cardiac cells through activation of p53 protein. In
332 our results ATX upregulated the expression of p53 gene in tumor cells (data not shown) as
333 synergistic mechanism to potentiate the DOX cytotoxic effects which may be falsely explain that
334 ATX increase the DOX-induced cardiotoxicity.

335 This discrepancy could be refuted as reported by Wang et al. [46] who found that DOX caused
336 early activation of p53 in tumor cells that was followed by caspase-3 activation and DNA
337 fragmentation. These findings suggest that the transcriptional activation of p53 in DOX-induced
338 apoptosis in endothelial and cardiac cells may not be as crucial as it is in tumor cells. Therefore,
339 the cytotoxicity of DOX is potentiated through over expression of p53 gene by ATX in EAC cells
340 but not in cardiomyocytes.

341 Histopathological studies confirmed the biochemistry results where DOX causes loss of
342 normal organization of cardiac muscle fibers revealing deeply acidophilic sarcoplasm and
343 peripheral pyknotic nuclei. Moreover, numerous areas of muscle fibers shortening are noted.
344 While, rats treated with ATX + DOX have less histopathological deteriorations (Figures 1, 2, 3, 4
345 and 5).

346

347 **5. CONCLUSION**

348

349 This research concluded that astaxanthin has the ability to reduce the cardiotoxic effect of DOX
350 through inhibition of oxidative stress.

351 **COMPETING INTERESTS**

352

353 The authors declare that they have no competing interests.

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355

356 **CONSENT OF PUBLICATION**

357

358 All authors approved the publication of this article

359

360 **ETHICAL APPROVAL (WHERE EVER APPLICABLE)**

361

362 All the animal studies were approved by the ethical research committee unit at the College of
363 Medicine, King Abdulaziz University (Reference No.112-18).

364

365 **COMPETING INTERESTS DISCLAIMER:**

366 Authors have declared that no competing interests exist. The products used for this research are
367 commonly and predominantly use products in our area of research and country. There is
368 absolutely no conflict of interest between the authors and producers of the products because we
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