

**BACTERIOCIN PRODUCTION BY *LACTOBACILLUS PLANTARUM* NRIC 0383,
MEASURED IN TERMS OF ITS ANTAGONISTIC ACTIVITY AGAINST BACTERIA
PATHOGENS OF SELECTED VEGETABLES**

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Authors' contributions

This work was carried out in collaboration between all authors. Author TAI designed the study, performed the statistical analysis, wrote the protocol, and wrote the first draft of the manuscript. Authors CCI and IOO managed the analyses of the study. Author GMG managed the literature searches. All authors read and approved the final manuscript.

Abstract

This study was carried out to measure the optimum condition for Bacteriocin production by *Lactobacillus plantarum*. Bacteriocin production with the candidate bacterium *Lactobacillus plantarum* NRIC 0383) was optimized by varying the incubation temperature and adjusting the pH of the production medium, whilst estimating bacteriocin production in terms of the antagonistic activity (zone of inhibition mm) against bacteria pathogens of selected vegetables using the well diffusion assay. Bacteriocin production was highest at temperatures of 30 and 35°C and pH values of 6.0 and 6.5, further decrease or increase in temperature and pH values markedly decreased bacteriocin production. Increase in bacteriocin production as regards time was observed between the 24th -36th hours of incubation, contrariwise increased incubation time was accompanied by a decline in bacteriocin production. The present study provides detailed information on bacteriocin production (estimated in terms of the antagonistic activity) as it relates to specific isolates strains.

31 Key words: Bacteriocin; *Lactobacillus plantarum*; antagonistic activity,

32 1. INTRODUCTION

33 Lactic acid bacteria (LAB) are a diverse group of gram positive, catalase negative,
34 oxidase negative, and micro-aerophilic organisms (17). They are generally recognized as safe
35 bacteria (GRAS status) and play an important role in food and feed fermentation and
36 preservation, either as the natural microflora or as starter cultures under controlled conditions
37 (13). Bacteriocins are of interest in the food industry and their potential application in food bio
38 preservation has prompted the need to isolate and identify best performing LAB species in terms
39 of bacteriocin production and for their subsequent degree of antagonism to pathogenic and food
40 spoilage micro-organisms (1). Many bacteriocins are heat-stable and retain their activity after
41 several months of frozen or refrigerated storage and after drying. Bacteriocin production can be
42 influenced by culture conditions, such as incubation atmosphere, pH, temperature and microbial
43 growth phase (3; 13; 17; 18; 15). Several studies have shown that bacteriocin production is
44 dependent on environmental factors like pH, temperature, composition and constitution of food
45 (2). When investigating novel candidates, there are many considerations that will determine their
46 usefulness in food systems. One of the most significant criteria is the ability to withstand thermal
47 processing (6). Thermal processing is used extensively within the food manufacturing process
48 and can have adverse effects on the bio-active capability of a bacteriocin, potentially rendering it
49 less effective (5). The chemical and physical properties of a food, e.g. pH and fat content, can
50 also have a significant role in the suitability of a particular bacteriocin (9). Antimicrobial effects
51 of bacteriocins against sensitive microorganisms depends on environmental factors like pH,
52 temperature, composition and constitution of food (6). Whereas bacteriocins are mostly
53 synthesized by gram (+) bacteria, they are also produced by gram (-) bacteria (2). Due to their

54 nature, they are inactivated by proteases in the gastrointestinal tract. Most of the LAB
55 bacteriocins identified so far are thermostable cationic molecules that have up to 60 amino acid
56 residues and hydrophobic patches (4). When investigating novel candidates, there are many
57 considerations that will determine their usefulness in food systems. One of the most significant
58 criteria is the ability to withstand thermal processing (6). Thermal processing is used extensively
59 within the food manufacturing process and can have adverse effects on the bio-active capability
60 of a bacteriocin, potentially rendering it less effective (5). In this study bacteriocin production
61 was estimated against different bacterial strains.

62 2. MATERIALS AND METHODS

63 2.1 Bacterial Strains

64 Bacterial strains (*Staphylococcus aureus* CIP 9973, *Pectobacterium carotovorum* Pec1,
65 *Enterobacter cloacae* AS10, *Klebsiella aerogenes* OFM28, *Proteus mirabilis* UPMSD3 and
66 *Escherichia coli* 2013C-3342) used in this study were isolated from selected vegetable (Tomato
67 (*Solanum lycopersicum*), Cucumber (*Cucumis sativus*), Cabbage (*Brassica oleracea*), Eggplant
68 (*Solanum melongena*), Green Beans (*Phaseolus vulgaris*) and Pumpkin (*Telfairia occidentalis*)
69 samples and were referred to as the indicator (test) strain. *Lactobacillus plantarum* NRIC 0383
70 originally isolated from fermented cow milk in the Microbiology Laboratory of the Federal
71 university Makurdi and characterized using 16S rRNA gene sequencing.

72 2.2 Screening of bacteriocin-producing isolates

73 2.2.1 Preparation of Cell-free supernatant (CFS) and Neutralized Cell Free Supernatant 74 (NCFS)

75 *Lactobacillus plantarum* isolate from Cow milk was incubated in 20ml of MRS broth for
76 24 hours. Cell-free supernatant (CFS) was then obtained by centrifugation at 10,000 rpm for 10
77 minutes (Sorvall RC6 PLUS, Thermo-electron Corporation, Asheville, NC, USA) to separate

78 bacterial cells and supernatant. The supernatant was filtered through a sterile 0.22 µm syringe
79 filter (Chromatographic Specialties Incorporated, Canada). Neutralized Cell Free Supernatant
80 (NCFS) was prepared by adjusting the pH of CFS to 7.0 with 1ml of Na OH to exclude the
81 antimicrobial effects of organic acids. Inhibitory activity due to hydrogen peroxide (H₂O₂) was
82 eliminated by the addition of 1 mL of catalase. Samples were then heated to 100°C for 10
83 minutes to inhibit enzyme activity (10).

84 **2.2.2 Determination of the Influence of different growth conditions on bacteriocin** 85 **production**

86 Bacteriocin production with the candidate bacterium (*Lactobacillus plantarum* NRIC
87 0383) was carried out using the method of Ogunbanwo *et al.* (11). Bacteriocin production was
88 optimized by varying the incubation temperature of the production medium individually at 25°C,
89 30°C, 35°C, 40°C, 45°C and 28°C and by adjusting the pH of the production medium to 4.5,
90 5.0, 5.5, 6.0, 6.5 and 7.0 (control) using 1N HCL (36.5 grams of hydrochloric acid (HCl) is a 1 N
91 (one normal) solution of HCl) or 1N NaOH (prepared by dissolving 40.0 g of NaOH in 1 litre of
92 water). A normal is one gram equivalent of a solute per liter of solution. All the Flasks
93 containing 100 ml of MRS broth were then aseptically inoculated with 100 µL of overnight
94 culture of *Lactobacillus plantarum* NRIC 0383 and incubated at 120 rpm in an orbital shaker
95 (IKA™ 10316411) for 60 hours at temperature of 35°C. Neutralized cell free supernatant
96 (NCFS) was collected from each flask by centrifugation and membrane (0.22µm) filtration at
97 every 12 hour interval (0, 12, 24, 48, 60), bacteriocin production in terms of antagonistic activity
98 (mm) was then examined against the different vegetable pathogens using the well diffusion
99 assay

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103 **2.2.3 Bacteriocin production in terms of antagonistic activity (mm)**

104 Antimicrobial activity of NCFS of *Lactobacillus plantarum* was determined using the
105 method of Noraphat *et al.* (10). This was done by inoculating One ml of each indicator strain
106 (*Escherichia coli*, *Staphylococcus aureus*, *Pectobacterium carotovorum*, *Enterobacter cloacae*,
107 *Klebsiella aerogenes* and *Proteus mirabilis*) previously adjusted to 1.5×10^8 CFU/mL into 20 ml
108 of semisolid Brain heart infusion agar (BHI) medium maintained at 50°C and then poured into a
109 petri dish. After solidification, two wells (8 mm diameter) were cut. Neutralized CFS (NCFS) of
110 *L. plantarum* earlier treated with 1 ml of catalase (Sigma-Aldrich Corporation, USA) at 25°C for
111 30 mins to eliminate the possible inhibitory action of H₂O₂ and previously adjusted to pH 7.0
112 with 1 m of NaOH in order to rule out possible inhibition effects due to organic acids, was then
113 placed in the second well. After an incubation period of 37°C for 24 hour, the incubated plates
114 were examined for zone of clearance around the individual wells. If inhibitions zones were found
115 in the second well, the isolates were considered to be able to produce bacteriocin like substances
116 (BLS).

117 **3. RESULTS AND DISCUSSION**

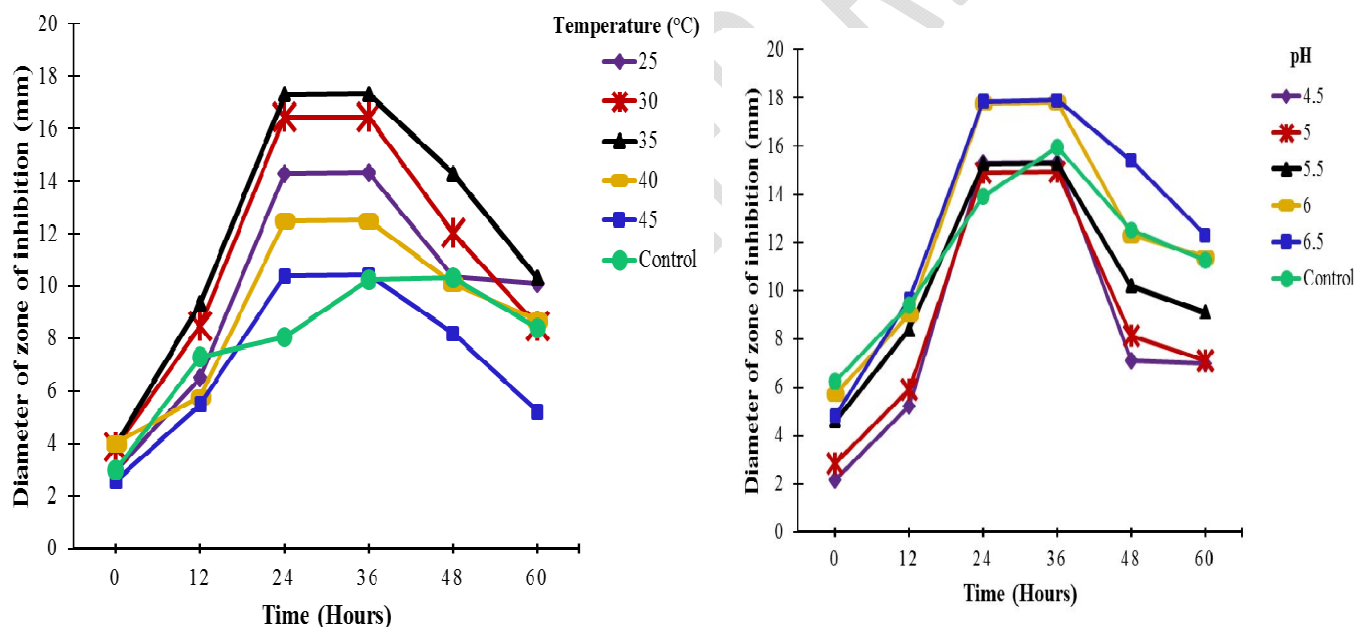
118 **3.1 Optimization of growth conditions for Bacteriocin production**

119 Bacteriocin production can be significantly influenced by pH, temperature, incubation
120 time, and other environmental factors (14). Bacteriocin production was estimated in terms of the
121 antagonistic activity (zone of inhibition mm) against the indicator strains (*Enterobacter cloacae*
122 AS10, *Escherichia coli* 2013C-3342, *Pectobacterium* Pec1, *Klebsiella aerogenes* OFM28,
123 *Proteus mirabilis* UPMSD3 and *Staphylococcus aureus* CIP 9973).

124 Among the tested pH maximum bacteriocin production in terms of antagonistic activity
 125 was recorded at pH of 6.5 against *E. cloacae* AS10 and valued at 4.80 ± 0.03 mm to 17.80 ± 0.05
 126 mm at incubation time of 12 to 60 hours. Highest inhibitory activity (17.35 ± 0.04 mm) of
 127 bacteriocin of *L. plantarum* NRIC 0383 against *E. cloacae* AS10 was observed at a temperature
 128 of 35°C (figure 1).

129 Highest Bacteriocin production measured as inhibitory activity against *E.coli* 2013C-
 130 3342 ranged from 5.51 ± 0.05 mm to 16.55 ± 0.02 mm at a temperature of 35°C with peak
 131 production occurring at the 36th hour while at pH of 6.5 peak bacteriocin production of $15.00 \pm$
 132 0.03 mm was observed (figure 2).

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134 Figure 1: Influence of different levels of temperature and pH on bacteriocin production
 135 estimated in terms of antagonistic activity of bacteriocin against *Enterobacter*
 136 *cloacae* AS10

137 Legend:

138 Control = Room temperature at 28°C ; pH: 7.0

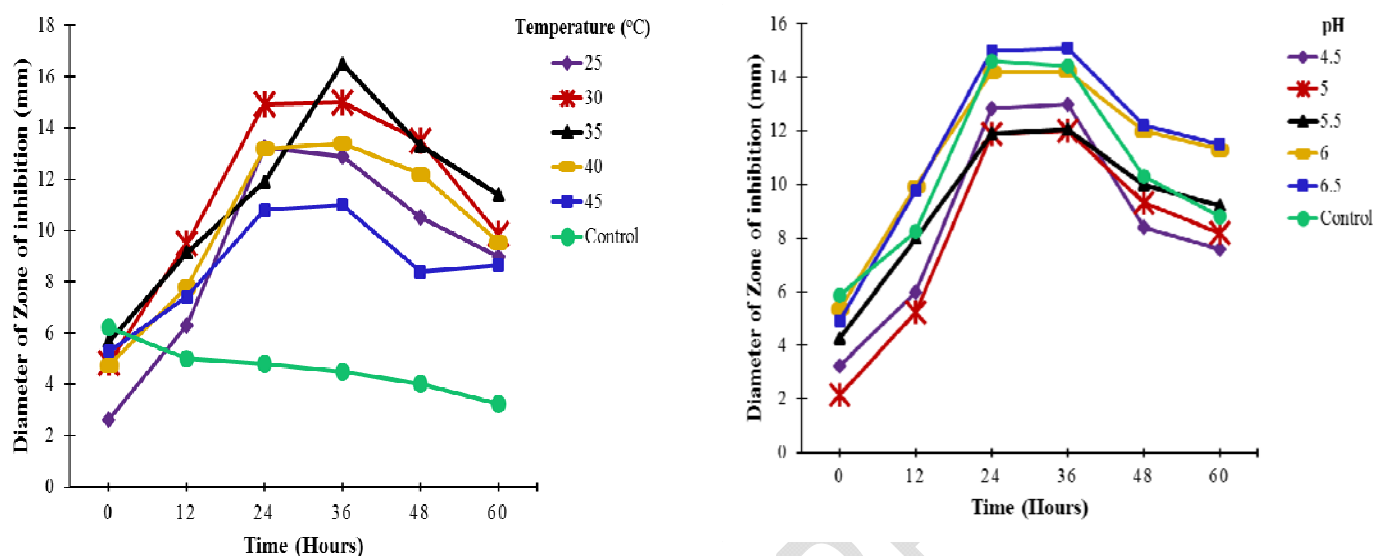
139 Time = Incubation time per Hour

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145 Figure 2: Influence of different temperature and pH values on bacteriocin production estimated
146 in terms of the antagonistic activity of bacteriocin against *E. coli* 2013C-3342

147 Legend:

148 Control = Room temperature at 28°C, pH: 7.0

149 Time = Incubation time per Hour

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161 Maximum bacteriocin production determined from its inhibitory activity against *K. aerogenes*
162 OFM28 occurred between the 12th and 36th hour at all tested temperatures and pH, with
163 maximum production value of 3.90 ± 0.04 mm to 14.27 ± 0.01 mm occurring at 35°C and $5.44 \pm$
164 0.10 mm to 15.40 ± 0.04 mm at pH 6.5 respectively (figure 3).

165 Increased bacteriocin production expressed as antibacterial activity (12.42 ± 0.01 mm and
166 14.33 ± 0.15 mm to) against *P.carotovorum* Pec 1 was observed at the 36th hour at temperature
167 of 35°C while at pH of 6.5 maximum Bacteriocin production of 15.30 ± 0.02 mm and $15.31 \pm$
168 0.05 mm was recorded at the 24 and 36th hours of incubation (figure 4).

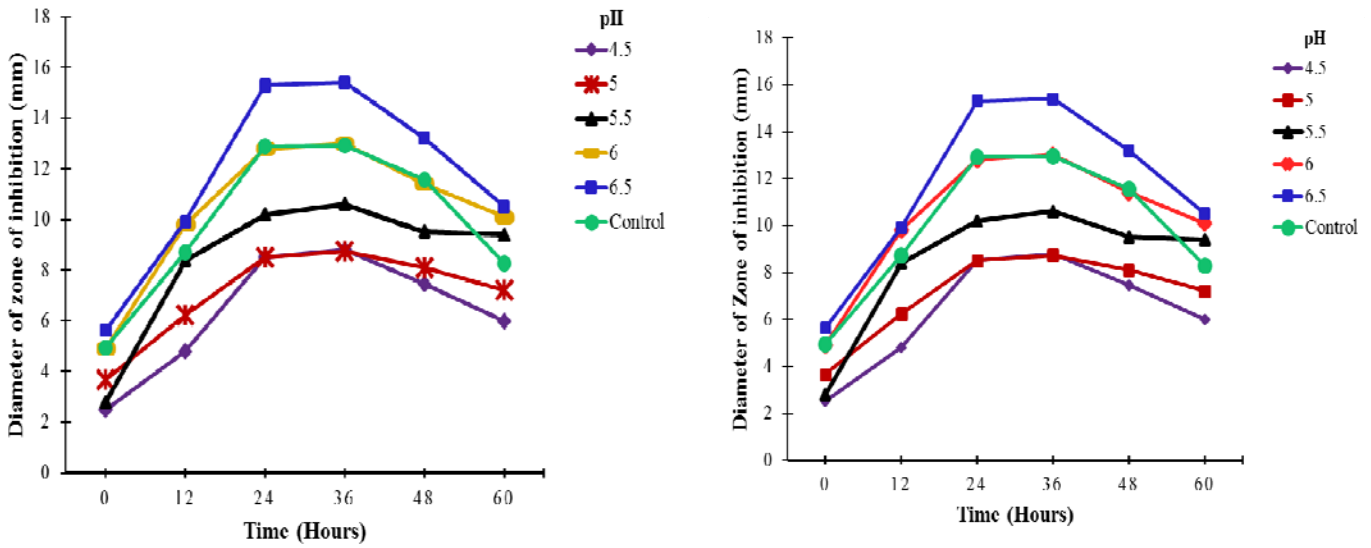
169 Increased Bacteriocin production against *P. mirabilis* UPMSD3 (10.60 ± 0.13 mm to
170 15.28 ± 0.03 mm) occurred between the hours of 12 and 48, with peak production occurring at
171 temperature of 35°C while at pH of 6.5, Maximum bacteriocin production expressed as
172 antimicrobial activity against *P. mirabilis* UPMSD3 was measured at 12.49 ± 0.04 mm at the
173 36th hour as shown in figure 5. Maximum bacteriocin production of 14.61 ± 0.02 mm expressed
174 as inhibitory activity against *P. mirabilis* at pH of 7.0 was observed at the zero hour of
175 incubation.

176 Bacteriocin production measured in terms of inhibitory activity against *S. aureus* CIP
177 9973 was observed to be 12.51 ± 0.04 mm and 13.07 ± 0.02 mm at temperature of 35°C and pH
178 6.5 (Figure 6) respectively. At pH of 5.0 maximum inhibitory activity of 12.13 ± 0.12 mm was
179 observed at the 36th hour.

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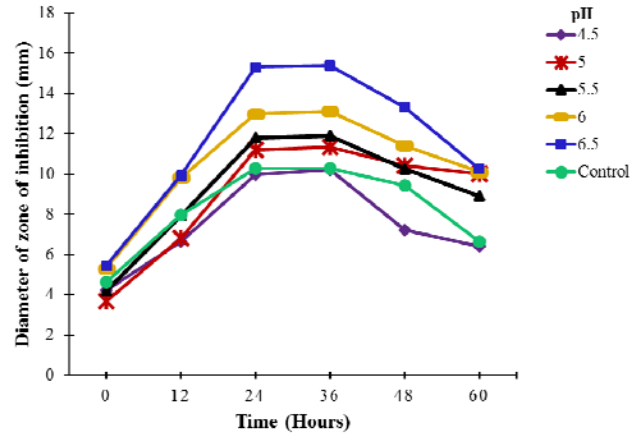
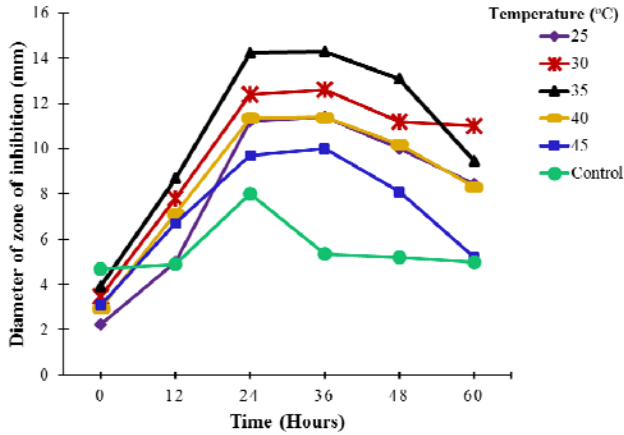
184 Figure 3: Influence of different levels of pH and Temperature on bacteriocin production
185 estimated in terms of the antagonistic activity of bacteriocin against *K. aerogenes* OFM28

186 Legend:

187 Control= Room temperature at 28°C, pH: 7.0
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189 Time = Incubation time per Hour
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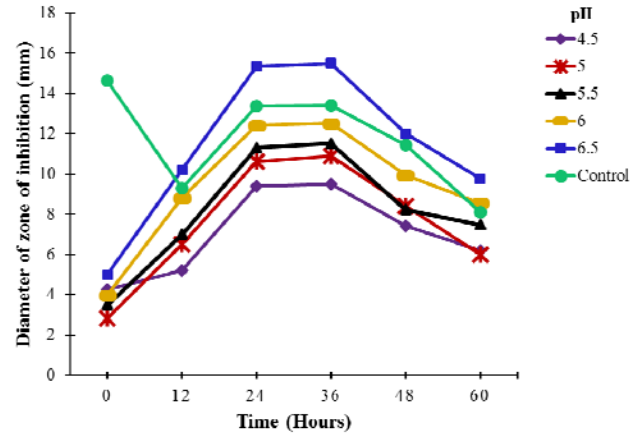
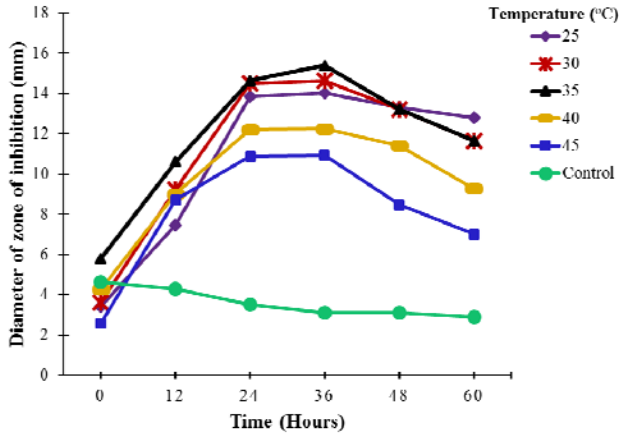
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 207 Figure 4: Influence of different levels of pH and Temperature on bacteriocin production
 208 estimated in terms of the antagonistic activity of bacteriocin against *P. carotovorum* Pec1

209 Legend:

210 Control = Room temperature at 28°C, pH: 7.0

211 Time = Incubation time per Hour

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228 Figure 5: Influence of different levels of pH and Temperature on bacteriocin production
 229 estimated in terms of the antagonistic activity of bacteriocin against *P. mirabilis* UPMSD3

230 Legend:

231 Control = Room temperature at 28°C, pH: 7.0

232 Time = Incubation time per Hour

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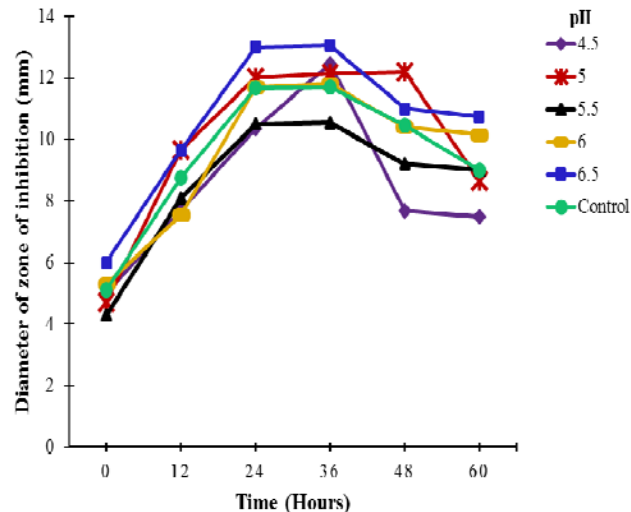
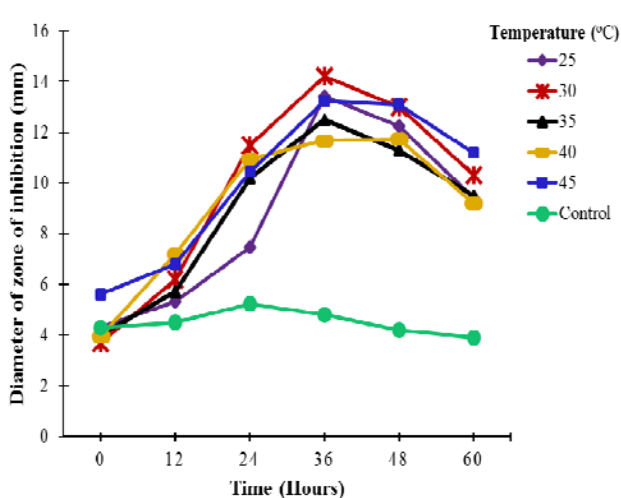
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247 Figure 6: Influence of different pH values on bacteriocin production estimated in terms of the
 248 antagonistic activity of bacteriocin against *S. aureus* CIP 9973

249 Legend:

250 Control = Room temperature at 28°C, pH: 7.0

251 Time = Incubation time per Hour

252 The results obtained in this study revealed that the optimal production of bacteriocin from
 253 *Lactobacillus plantarum* NRIC 0383 occurred at pH of 6, comparably the optimum pH for
 254 certain bacteriocin production was reported to be less than 5.0 as reported by Noraphat *et al.*
 255 (10). According to Yi *et al.* (16), pH has the greatest influence on bacteriocin production and the
 256 more the bacteriocins being pH tolerant the better are the chances for its selection in the food
 257 system. Results from the study showed that Neutralized cell free supernatant remained active,
 258 against sensitive target strain (*Staphylococcus aureus* CIP 9973, *Pectobacterium carotovorum*
 259 *subsp. carotovorum* Pec1, *Enterobacter cloacae* AS10, *Klebsiella aerogenes* OFM28, *Proteus*
 260 *mirabilis* UPMSD3 and *Escherichia coli* 2013C-3342) even when the pH was adjusted to pH 7.
 261 Maximum bacteriocin production in terms of antagonistic activity was recorded at pH 6.0,
 262 however, further increase in pH was found to mitigate bacteriocin production as expressed in the
 263 inhibitory activities. The result of Saranya and Hemashenpagam (12) report is in consonance
 264 with the result obtained in this study who found out that the optimum pH for bacteriocin
 265 production was usually 5.5 to 6.0. Bacteriocin production in alkaline conditions are now gaining
 266 more attention in many food industries because the pH of several food products vary from
 267 natural to alkaline (7).

268 Bacteriocin production was highest at temperatures of 35°C, further decrease or increase in
269 temperature markedly decreased bacteriocin production. Highest activity of bacteriocin of *L.*
270 *plantarum* NRIC 033 (15.31 ± 0.05mm) was recorded against *P. carotovorum* Pec1 at 35 °C
271 while the activities of bacteriocin decreased with increasing temperature. This is not in
272 consonance with the results of Moonchai *et al.* (8) who reported that bacteriocin production by *L.*
273 *lactis* was optimum at 30°C. Control samples at temperatures of 28°C and pH of 7.0 showed
274 varying levels of bacteriocin production as seen in the inhibitory activities. Optimal bacteriocin
275 production by *L. plantarum* NRIC 0383 was best at pH of 6.5 and temperature of 35°C.

276 **Conclusion**

277 This research has shown that bacteriocin production by *L. plantarum* NRIC 0383 was highest at
278 temperatures of 30 and 35°C and pH values of 6.0 and 6.5, further decrease or increase in
279 temperature and pH values markedly decreased bacteriocin production. Increase in bacteriocin
280 production as regards time was also observed between the 24th -36th hours of incubation
281 irrespective of the target strain, contrariwise increased incubation time was accompanied by a
282 decline in bacteriocin production. The study of the optimal conditions for bacteriocin production
283 is important as it fosters maximal bacteriocin production, inhibitory activity as a measure of
284 bacteriocin production further authenticates the potency of bacteriocin being produced for use as
285 antimicrobial agents against food spoilage pathogens.

286 **COMPETING INTERESTS**

287 Authors have declared that no competing interests exist.

288

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