

**BIOASSAY- GUIDED FRACTIONATION OF *CARICA PAPAYA* SEED EXTRACTS AGAINST POTASSIUM BROMATE- INDUCED NEPHROTOXICITY DETECTED FATTY ACID- RICH COMPOUNDS AND PREVENTS OXIDATIVE STRESS IN RAT'S KIDNEY**

**ABSTRACT**

**Aim:** To identify the bioactive constituents of *Carica papaya* seed with effect against potassium bromate –induced nephrotoxicity and oxidative stress in renal tissue of rat.

**Study design:** For each state of polarity, twenty male Wistar rats were divided into four groups, five rats per group; normal control, KBrO<sub>3</sub> control, *papaya* fraction control and KBrO<sub>3</sub> group administered with required concentration of extract of *C. papaya* seed for 48 hours.

**Place and Duration of Study:** Department of Biochemistry Laboratory, Faculty of Basic Medical Sciences, Bayero University Kano, Nigeria.

**Methodology:** A bioassay-guided screening of powdered *C. papaya* seed and its fractions was carried out against KBrO<sub>3</sub> –induced nephrotoxicity and oxidative stress. The tests carried out include serum urea, creatinine, uric acid and electrolytes. Also the following markers of oxidative stress were assayed in renal homogenates; superoxide dismutase (SOD), catalase (CAT), glutathione peroxidase (GPx), reduced glutathione (GSH) and malondialdehyde (MDA). Spectroscopic analysis of the most active fraction was also carried out.

**Results:** Fractionation of *C. papaya* seed yielded fractions and sub-fractions with potency against KBrO<sub>3</sub> –induced increases in serum urea, creatinine, uric acid and electrolytes as well as the level of MDA. Furthermore there were increases in activities of SOD, CAT, GPx and level of GSH. F1 was the most active fraction. Spectroscopic analysis of F1 identified six functional groups and ten compounds. Seven of the compounds have been previously reported to possess antioxidant activities: 9-octadecenoic acid (z)- 2- hydroxyl-1- (hydroxymethyl) ethyl ester, 17-octadecynoic acid, Hexadecanoic acid methyl ester, 1,2-benzenedicarboxylic acid butyl 2-ethylhexyl ester, 9,12-octadecadienoic acid (z,z) methyl ester, 10-octadecenoic acid methyl ester and 9,17-octadecadienal (z).

**Conclusion:** Fractions of *C. papaya* seed contain bioactive compounds that could prevent KBrO<sub>3</sub> – induced nephrotoxicity and oxidative stress in rats however isolation and administration of each compound was recommended for a more convincing result.

Keywords: bioassay- guided fractionation, *Carica papaya* seed, nephrotoxicity, oxidative stress

**1. INTRODUCTION**

The use of herbal preparation for medicinal purposes appears to be gaining international attention by the day, particularly in developing countries including Nigeria. The world Health Organization (WHO) has recognized herbal medicine as an alternative treatment to several diseases [1]. Plant contain several secondary metabolites which when harnessed can prevent or cure diseases, or promote general wellbeing [2]. It is estimated that natural products and their derivatives contributes over 50% of all drugs in clinical use and that the pharmaceutical industry is mainly reliant on the diversity of secondary metabolites in medicinal plants for discovery of new drugs [3,4]. The scientific procedures for harnessing medicinal plant requires phytochemical screening of plant extracts, isolation and identification of active principles, evidence of non-toxicity and the study of its mechanism of action [5].

Potassium bromate, a white crystalline powder used as food additive in bread to improve flour and condition dough and also used in cosmetic as a component of hair weaving solutions has been reported to cause multiple organ toxicity with the kidney being the most affected organ [6]. Nephrotoxic doses of KBrO<sub>3</sub> can lead to increased serum urea and creatinine and induce oxidative stress in the kidney leading to impaired glomerular filtration and tubular cell toxicity [7,8].

Although the actual mechanism by which KBrO<sub>3</sub> induces nephrotoxicity has not been elucidated, previous workers have reported that increased production of reactive oxygen species and oxidative

52 stress are strongly suspected for the toxic renal effect of the substance [6,7]. However data on the  
53 preventive effect of medicinal plants on  $\text{KBrO}_3$ -induced oxidative stress and nephrotoxicity are quite  
54 few despite the advances made by herbal medicine and such data appears uncoordinated. *Carica*  
55 *papaya* seed, a medicinal plant material with several therapeutic applications is known to possess  
56 phytochemicals with potent effect against oxidative stress and nephrotoxicity caused by  $\text{KBrO}_3$  [9, 10].  
57 We have also demonstrated the relative safety of this plant material even at high dose of 5000mg/ kg  
58 body weight [11]. The present study goes further to identify the functional groups and bioactive  
59 constituents in methanol extract of *C. papaya* seed with potency against nephrotoxicity and oxidative  
60 stress.

## 61 2. MATERIALS AND METHODS

### 62 2.1 Chemicals and Assay Kits

63 Potassium bromate, Dichromate solution, hydrogen peroxide, reduced glutathione, sodium azide,  
64 Epinephrine, tris (hydroxymethyl) aminomethane (Tris), [2-[4-(2-hydroxyethyl)-1-  
65 piperazinyl]ethanesulfonic acid], HEPES, Trichloroacetic acid (TCA), hydrogen peroxide,  $\text{H}_2\text{O}_2$ ,  
66 Thiobarbituric Acid (TBA) were supplied by Labtech Chemicals Lagos, Nigeria. The assay kits for  
67 GGT, ALP, maltase and LAP were obtained from Spectrum diagnostics Germany, Dialab Production  
68 Neudorf Austria, Elabscience biotechnology USA and Bioway Nanjing China respectively. All other  
69 chemicals used meet the requirements of the American Chemical Society Committee on Analytical  
70 reagents.

### 71 2.2 Plant Sample and Preparation

72 25 matured unripe *C. papaya* was bought from Na'ibawa market Kano, Nigeria and identified by the  
73 department of Plant Biology, Bayero University Kano, Nigeria with an accession number, BUKHAN  
74 0012. Each of the plant samples was cut into two to remove the seeds which was washed with tap  
75 water, shade-dried and ground into fine powder using an electric blender.

### 76 2.3 Preparation of Extracts

77 The dried powdered *C. papaya* seed (312.5g) was soaked in 900ml of hexane, chloroform, ethyl  
78 acetate, methanol and water sequentially for 24 hours and shaken at regular intervals [12]. In each  
79 case, the extracts were then sieved first with cheese cloth and then with Watman filter paper No 1.  
80 The filtrate was concentrated to dryness in a water bath preset at  $45^\circ\text{C}$ . The procedure was repeated  
81 three times for each of the extraction solvents. The weight of each crude extract was measured and is  
82 shown on Figure 1. Methanol seed extract was then fractionated because of its active properties  
83 against  $\text{KBrO}_3$ -induced nephrotoxicity.

### 84 2.4 Fractionation Procedures

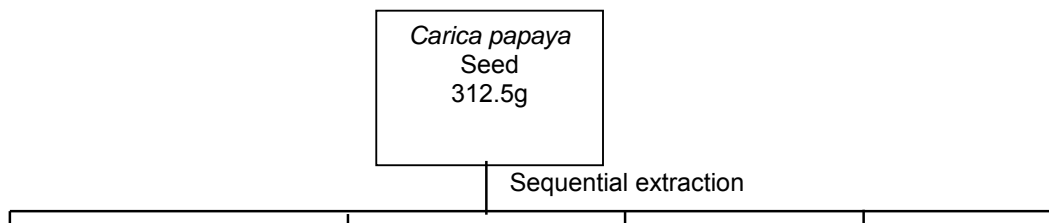
85 12g of methanol seed extract of *C. papaya* was partitioned on silica gel by column chromatography  
86 using gradients of ethyl acetate (EtOAc)/ n-hexane (Hex) and chloroform ( $\text{CH}_2\text{Cl}_2$ )/ methanol (MeOH).  
87 Twenty stages of polarities were used: 100% EtOAc, 90% EtOAc/ Hex 10%, 80% EtOAc/ Hex 20%,  
88 70% EtOAc/ Hex 30%, 60% EtOAc/ Hex 40%, 50% EtOAc/ Hex 50%, 40% EtOAc/ Hex 60%, 30%  
89 EtOAc/ Hex 70%, 20% EtOAc/ Hex 80%, 10% EtOAc/ Hex 90%, Hex 100% and 100%  $\text{CH}_2\text{Cl}_2$ ,  
90 90%  $\text{CH}_2\text{Cl}_2$  /10% MeOH, 80%  $\text{CH}_2\text{Cl}_2$  /20% MeOH, 70%  $\text{CH}_2\text{Cl}_2$  /30% MeOH, 60%  $\text{CH}_2\text{Cl}_2$  /40%  
91 MeOH, 50%  $\text{CH}_2\text{Cl}_2$  /50% MeOH, 40%  $\text{CH}_2\text{Cl}_2$  /60% MeOH, 30%  $\text{CH}_2\text{Cl}_2$  /70% MeOH, 20%  $\text{CH}_2\text{Cl}_2$   
92 /80% MeOH, 10%  $\text{CH}_2\text{Cl}_2$  /90% MeOH, 100% MeOH. A total of 267 aliquots of  $50\text{cm}^3$  each were  
93 collected and later pooled to eight sub-fractions according to their chemical profiles analyzed by thin  
94 layer chromatography. All the eight fractions were recovered from the solvents by using a rotary  
95 evaporator preset at  $45^\circ\text{C}$  and later stored at  $4^\circ\text{C}$  pending use. Figure 1 depicts the general scheme  
96 of fractionation.

#### 97 2.4.1 Thin Layer Chromatography (TLC)

98 TLC was performed to select suitable solvent system for column chromatography and to pool similar  
99 fractions after isolation. Pre-coated TLC plates were prepared by drawing the baseline and solvent  
100 front on the plate. A thin capillary tube was dipped into the sample solution and spotted onto the  
101 baseline. The plate was then put into the developing chamber saturated with non polar and polar  
102 solvents at different ratios. The spot developed was visualized under ultra-violet lamp with both short  
103 and long wavelengths 254 and 365nm respectively [13].

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133 Figure 1: fractionation process of powdered *Carica papaya* seed

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### 135 **2.5 Experimental Animals**

136 Healthy young male Wistar rats were raised for the study until each weighs between 120-150g. The  
137 study was carried out at the animal house unit of the department of Biological Sciences, Bayero  
138 University Kano, Nigeria. All animal procedures were performed according to the guide for the care  
139 and use of laboratory animals of the National Institute of Health as well as the Animal Welfare Act.

### 140 **2.6 Experimental Design**

141 At each stage of extract's polarity, the animals were randomly divided into four groups into metal-  
142 plastic cages as shown below. Each group contains five rats. Solution of  $KBrO_3$  was administered  
143 orally as a single dose of 100mg/kg body weight of rats to the test and  $KBrO_3$  control groups while  
144 animals in the normal control and *papaya* fraction control groups were administered equivalent  
145 volume of distilled water and the concerned *C. papaya* seed fraction respectively. All the animals were  
146 observed for 48 hours

147 Group one, normal control: given equivalent volume of distilled water

148 Group two,  $KBrO_3$  control: given  $KBrO_3$ , 100mg/kg bw

149 Group three, *papaya* control: given required volume of *papaya* fraction

150 Group four, treatment: given 100mg/ kg bw  $\text{KBrO}_3$  + required volume of *papaya* fraction

### 151 2.6.1 Collection of blood sample

152 All the animals were sacrificed at the elapse of the 48 hours experimental period and blood samples  
153 were collected in lithium heparin tubes and centrifuged at 4000 rpm for 5 minutes to collect the serum  
154 which is stored at 4°C.

### 156 2.6.2 Preparation of Renal Homogenates

157 After the animal sacrifice, the kidneys of each rat was removed, horizontally cut into two equal parts  
158 and kept in ice-cold 154mM NaCl and 5 mM Tris-HEPES buffer, pH 7.5. The cortex and medulla were  
159 carefully separated using a sharp scalpel and homogenized separately in a glass Teflon homogenizer  
160 in 2 mM Tris-HCl, 50mM mannitol buffer, pH 7.0, to get a 10% (w/v) homogenate. These  
161 homogenates were diluted to 5% with Tris-mannitol buffer followed by high speed homogenization  
162 (20,000 rpm) in an Ultra Turrex homogenizer [14]. Brush border membrane vesicle (BBMV) was  
163 isolated from renal cortex at the elapse of the experimental period [15]. The renal homogenates and  
164 the BBMV were frozen immediately after preparation pending analysis.

## 165 2.7 Determination of Biochemical Parameters

### 166 2.7.1 Serum urea, creatinine and uric acid

167  
168 Urea was determined in serum by the diacetyl monoxime method using kit from Randox Laboratories  
169 Ltd, UK. Creatinine level was assayed in deproteinized serum based on its reaction with saturated  
170 picric acid to give a yellow-red complex using kits from Randox Laboratories Ltd, UK while uric acid  
171 level was determined by the measurement of quinoneimine dye complex using kit from Linear  
172 Chemicals Barcelona, Spain.

### 174 2.7.2 Serum electrolytes

175  $\text{Na}^+$ ,  $\text{K}^+$ ,  $\text{Cl}^-$  and  $\text{HCO}_3^-$  were all estimated in serum by spectrophotometric measurement using kits  
176 from Teco Diagnostics Anaheim, USA.  $\text{Na}^+$  determination was based on its reaction with excess  
177 uranium and ferrocyanide to produce a chromophore that is measured spectrophotometrically.  $\text{K}^+$   
178 determination was based on the measurement of the turbidity formed when  $\text{K}^+$  react with ferric ion to  
179 form a complex that is measured spectrophotometrically while  $\text{Cl}^-$  determination was based on the  
180 formation of mercuric thiocyanate which then react with ferric ion to form a complex that is measured  
181 using spectrophotometer and  $\text{HCO}_3^-$  determination is based on the reaction catalyzed by phosphoenol  
182 pyruvate carboxylase to form oxaloacetate which undergoes further reactions to form a complex that  
183 is measured spectrophotometrically.

### 184 2.7.3 Antioxidant activity

185  
186 The following parameters that indicate induction of oxidative stress were assayed in homogenates of  
187 cortex and medulla; catalase (CAT) (EC 1.11.1.6), superoxide dismutase (SOD) (EC 1.15.1.1),  
188 glutathione peroxidase (GPx) (EC 1.11.1.9), reduced glutathione (GSH) and malondialdehyde (MDA).  
189 CAT activity in renal tissues was determined by the quantitation of chromic acetate formed at pH 7.0  
190 [16] while SOD activities were determined by the inhibition of auto oxidation of epinephrine at pH 10.2  
191 [17]. GPx activity was determined by the splitting of  $\text{H}_2\text{O}_2$  with oxidation of GSH at pH 7.4 [18] while  
192 the level of GSH was quantified in deproteinised samples by measurement of 5', 5'-dithiobis-(2-  
193 nitrobenzoic acid) (DTNB) [19]. Malondialdehyde was determined by the measurement of  
194 thiobarbituric acid reactive substances (TBARS) [20].

## 195 2.7 Spectroscopic Identification of Functional Groups and Bioactive Compounds

196 The identification of the main functional groups in the most active fraction of methanol extract of *C.*  
197 *papaya* seed (F1) was carried out using Fourier Transform Infrared Spectroscopy (FTIR) detection  
198 system [21] while the identification of the main bioactive compounds of F1 was carried out using GC-  
199 MS detection system. 1 $\mu\text{L}$  of the extract was subjected to analysis using Agilent Technologies 6890N  
200 GC system coupled with JEOL Mass spectroscopy. The sample was injected into the Agilent J&W  
201 HP-5 capillary column (30m x 0.2mm x 0.25  $\mu\text{m}$ ) fused with silica. The injection temperature was  
202 maintained at 220°C. The oven temperature of GC was programmed with an initial temperature of

203 50°C and increased up to 250°C at the rate of 10°C per minute. Helium (He) was used as the carrier  
 204 gas system with the flow rate of 1ml/min. GC-MS interface temperature was maintained at 250°C.  
 205 Identification of compounds was based on the comparison of the spectral values with the National  
 206 Institute of Standards and Technology (NIST) Chemical Web book database. In addition the peak  
 207 area percentage contributed by each of the compounds detected was calculated [22]

## 208 2.9 Statistical Analysis

209 Results are expressed as mean  $\pm$  SDM and n =5 for all readings. One-way analysis of variance  
 210 (ANOVA) was used to analyze data and a difference of (P<0.05) was considered significant.

## 211 3. RESULTS

### 212 3.1 *In vivo* Nephroprotective and Antioxidant activity of Extracts

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214 The results for the biochemical tests carried out on serum and renal homogenates of rats for  
 215 the most active fraction (F1) alone are highlighted below;

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#### 217 3.1.1 Serum urea creatinine and uric acid

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219 Administration of KBrO<sub>3</sub> resulted in significant increases (P<0.05) in serum levels of urea, creatinine  
 220 and uric acid as compared with normal control however co-administration of the most active fraction of  
 221 partially purified methanol extract of *C. papaya* seed decreased these changes in rats receiving the  
 222 dual therapy. There was no significant change (P>0.05) in the serum levels of these kidney function  
 223 parameters in animals that were administered the most active fraction of partially purified methanol  
 224 extract of *C. papaya* seed only.

225

226 Table 1: Effect of concurrent administration of most active fraction of partially purified methanol extract  
 227 of *Carica papaya* seed and potassium bromate on serum urea, creatinine and uric acid of rats

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	Urea(mMol/l)	Creatinine(Mg/dl)	Uric acid (mg/dl)
Normal control	8.44 $\pm$ 0.56	3.80 $\pm$ 0.57	5.49 $\pm$ 0.21
KBrO <sub>3</sub> control	14.82 $\pm$ 0.53 <sup>a</sup>	7.07 $\pm$ 0.25 <sup>a</sup>	6.63 $\pm$ 0.30 <sup>a</sup>
<i>Papaya</i> control	8.52 $\pm$ 0.33	3.59 $\pm$ 0.33	5.49 $\pm$ 0.19
F1 + KBrO <sub>3</sub>	9.87 $\pm$ 0.53 <sup>b</sup>	4.01 $\pm$ 0.64 <sup>b</sup>	5.39 $\pm$ 0.03 <sup>b</sup>

229 n= mean of five sample  $\pm$  SDM

230 <sup>a</sup> is significant (P<0.05) from normal control, <sup>b</sup> is significant (P<0.05) from KBrO<sub>3</sub> control

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#### 232 3.1.2 Serum electrolytes

233

234 There was significant increases (P<0.05) in the serum levels of Na<sup>+</sup>, K<sup>+</sup>, Cl<sup>-</sup> and HCO<sub>3</sub><sup>-</sup> when KBrO<sub>3</sub>  
 235 was administered to rats as compared with normal control however when KBrO<sub>3</sub> was concurrently  
 236 administered with the most active fraction of partially purified methanol extract of *C. papaya* seed it  
 237 resulted in decreases in these electrolytes towards normal control values. In rats administered with  
 238 only F1, no significant (P>0.05) change was observed.

239

240 Table 2: Effect of concurrent administration of most active fraction of partially purified methanol extract  
 241 of *Carica papaya* seed and potassium bromate on serum electrolytes.

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	Na <sup>+</sup> (Mmol/l)	K <sup>+</sup> (Mmol/l)	Cl <sup>-</sup> (Mmol/l)	HCO <sub>3</sub> <sup>-</sup> (Mmol/l)
Normal control	139.86 $\pm$ 2.01	8.97 $\pm$ 0.30	103.83 $\pm$ 5.02	5.45 $\pm$ 0.56
KBrO <sub>3</sub> control	144.76 $\pm$ 2.09 <sup>a</sup>	24.89 $\pm$ 0.44 <sup>a</sup>	143.60 $\pm$ 5.11 <sup>a</sup>	23.69 $\pm$ 1.68 <sup>a</sup>
F1 control	138.48 $\pm$ 2.34	9.19 $\pm$ 0.52	103.46 $\pm$ 5.77	5.15 $\pm$ 0.54
F1 + KBrO <sub>3</sub>	139.87 $\pm$ 1.07 <sup>b</sup>	9.35 $\pm$ 1.26 <sup>b</sup>	103.40 $\pm$ 4.32 <sup>b</sup>	6.11 $\pm$ 0.61 <sup>b</sup>

243 n= mean of five sample  $\pm$  SDM

244 <sup>a</sup> is significant (P<0.05) from normal control, <sup>b</sup> is significant (P<0.05) from KBrO<sub>3</sub> control

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#### 246 3.1.3 Antioxidant Activity in homogenates of renal cortex and medulla

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248 KBrO<sub>3</sub> induced a considerable decreases (P<0.05) in the activities of antioxidant enzymes studied  
 249 namely CAT, SOD, GPx and level of GSH and significantly increases (P<0.05) MDA concentration in  
 the homogenates of renal cortex and medulla of rats. The severity of KBrO<sub>3</sub> toxicity was more in

250 cortex than medulla. However co-administration of most active fraction of *C. papaya* seed extract  
 251 significantly ( $P < 0.05$ ) prevented these effects. Administration of F1 alone did not significantly ( $P > 0.05$ )  
 252 affect any of these markers of oxidative stress.

253

254 Table 3: Effect of concurrent administration of the most active fraction of partially purified methanol  
 255 extract of *Carica papaya* seed and potassium bromate on some parameters of oxidative stress in  
 256 homogenates of renal cortex and medulla of rats.

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	CAT	SOD	GPx	GSH	MDA
Normal control					
Cortex	71.76±2.48	21.16±1.70	49.49±1.11	3.16±0.57	15.41±1.00
Medulla	42.67±1.83	12.84±0.41	18.27±0.92	1.36±0.53	8.18±0.63
<i>Papaya</i> control					
Cortex	72.16±1.24	20.64±0.28	49.74±1.24	3.40±0.48	15.47±1.46
Medulla	43.56±1.21	12.74±0.61	19.63±0.94	1.42±0.32	8.74±1.07
KBrO <sub>3</sub> control					
Cortex	44.92±1.46 <sup>a</sup>	13.58±0.56 <sup>a</sup>	24.89±1.41 <sup>a</sup>	0.54±0.19 <sup>a</sup>	32.70±0.84 <sup>a</sup>
Medulla	22.86±1.13 <sup>a</sup>	7.77±0.69 <sup>a</sup>	12.45±1.34 <sup>a</sup>	0.21±0.02 <sup>a</sup>	23.39±1.11 <sup>a</sup>
F 1+ KBrO <sub>3</sub>					
Cortex	71.52±1.62	18.39±1.02 <sup>b</sup>	42.23±1.65 <sup>b</sup>	2.14±0.39	19.17±1.24 <sup>b</sup>
Medulla	41.17±2.43	9.30±1.13 <sup>b</sup>	16.36±1.07	1.12±0.12 <sup>b</sup>	7.91±0.42 <sup>b</sup>

258 n= mean + SD for five different preparation;

259 CAT = Catalase; SOD= Superoxide dismutase; GPx = glutathione peroxidase

260 Activities of CAT and GPx are in units/mg protein, SOD activity is in units/mg protein/min, MDA concentration is  
 261 in units/mg protein, GSH concentration is in  $\mu\text{mol}/\text{min}$  tissue

262 <sup>a</sup> is significant ( $P < 0.05$ ) from normal control, <sup>b</sup> is significant from KBrO<sub>3</sub> control

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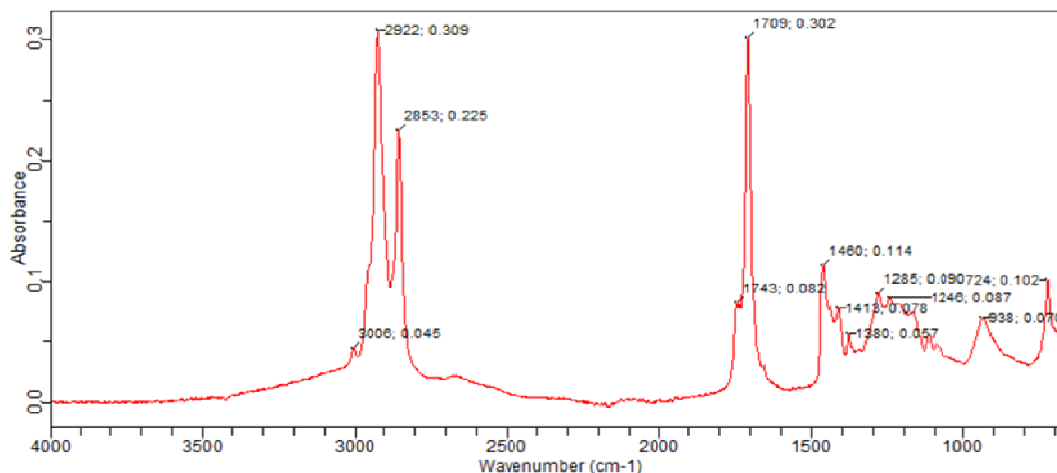
### 264 3.2 Identification of Functional Groups and Bioactive Compounds

#### 265 3.2.1 Infrared spectroscopic analysis

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267 The functional groups were identified by the absorption frequency of the infrared waves in wave  
 268 number in  $\text{cm}^{-1}$ . The infrared (IR) shows the presence of six major functional groups and the  
 269 absorption frequency of each of the functional groups vary from one to another. Figure 2 shows the IR  
 270 chromatogram of F1 while the identified functional groups are shown on table 4.

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272

273 Figure 2: Infrared chromatogram of most active fraction of methanol extract of *Carica papaya* seed

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275 Table 4: Functional groups from FTIR spectra of the most active fraction of methanol extract of *Carica*  
 276 *papaya* seed

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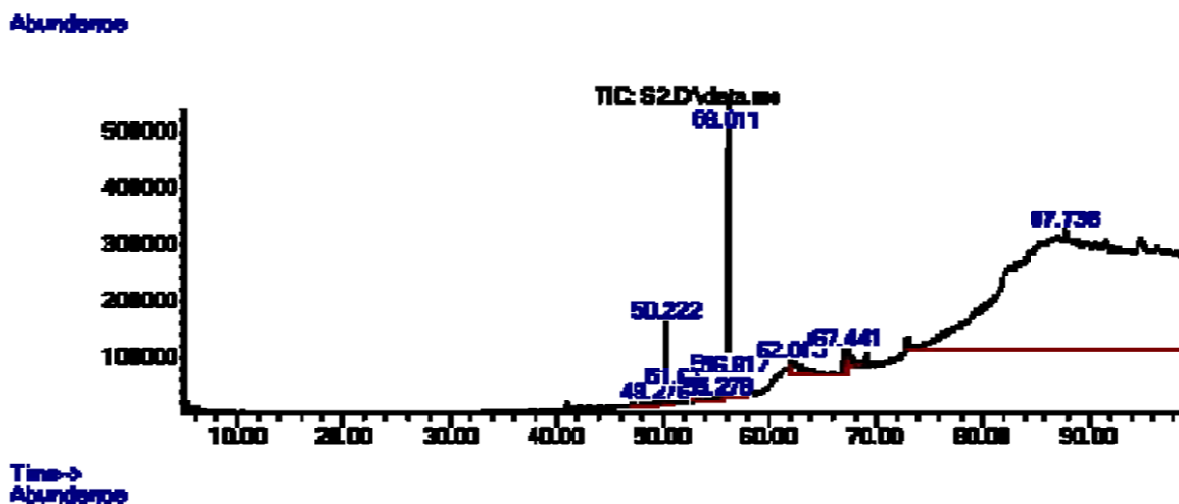
Frequency ( $\text{cm}^{-1}$ )	Functional group	Name of functional group
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2922	C=C	Alkene (stretch)
2853	-CH <sub>2</sub> or RCHO	Alkane or aldehyde
3006	C=C	Alkene
1709	COOH or RC(=O)R'	Carboxylic acid or ketone
1743	RCOOR'	Ester
1413	-CH <sub>3</sub>	Methyl (bend)

278

### 279 3.2.2 Gas chromatography- mass spectroscopic analysis

280 Analysis of F1 by GC-MS resulted in the detection of ten different compounds of which five are esters,  
 281 two carboxylic acids, two aldehydes and an alkane. The major phytochemical present in terms of  
 282 relative abundance is 9-octadecenoic acid (z)- 2- hydroxyl-1- (hydroxymethyl) ethyl ester with area  
 283 percentage of 95.87% whereas the remaining nine compounds existed in minute quantities. The  
 284 chromatogram is shown on Figure 3 while the list of the identified compounds with other important  
 285 properties is shown on table 5.



286

287 Figure 3: Gas chromatogram of most active fraction of methanol extract of *Carica papaya* seed

288 Table 5: GC-MS Identified compounds in the most active fraction of methanol extract of *Carica papaya* seed and some of their properties  
 289

Peak No.	RT (minutes)	Area %	Compound	Molecular formula	Molecular weight (g/mol)	Reported antioxidant and/ or renal protective activity
1	47.270	0.11	17-octadecynoic acid	C <sub>18</sub> H <sub>32</sub> O <sub>2</sub>	280.452	Oyekan (2005) [23]
2	50.222	0.44	Hexadecanoic acid, methyl ester	C <sub>17</sub> H <sub>34</sub> O <sub>2</sub>	270.457	Tyagi and Agarwal (2017) [24]
3	51.614	0.10	1,2-benzenedicarboxylic acid butyl 2-ethylhexyl ester	C <sub>20</sub> H <sub>30</sub> O <sub>4</sub>	334.456	Adeyemi <i>et al.</i> (2017) [25]
4	55.278	0.26	7,11-hexadecadienal	C <sub>16</sub> H <sub>28</sub> O	236.399	No activity reported
5	55.791	0.12	9,12-octadecadienoic acid (z,z) methyl ester	C <sub>18</sub> H <sub>34</sub> O <sub>2</sub>	280.452	Osman <i>et al.</i> (2014) [26]
6	56.011	1.50	10-octadecenoic acid, methyl ester	C <sub>19</sub> H <sub>36</sub> O <sub>2</sub>	296.495	Ezekwe and chikezie (2017) [27]
	56.817	0.16	Methyl stearate	C <sub>19</sub> H <sub>38</sub> O <sub>2</sub>	298.511	No activity reported
7	62.019	0.83	Cycloeicosane	C <sub>20</sub> H <sub>40</sub>	280.540	No activity reported
8						
9	67.074	0.31	9,17-octadecadienal, (z)	C <sub>18</sub> H <sub>32</sub> O	264.453	Sotiroudis <i>et al.</i> (2010) [28]
10	87.736	95.87	9-octadecenoic acid (z)-, 2-hydroxy-1-(hydroxymethyl) ethyl ester	C <sub>21</sub> H <sub>40</sub> O <sub>4</sub>	356.547	Okokon <i>et al.</i> (2017) [29]

290 RT= retention time

### 291 3 DISCUSSION

292 Previous literature has reported the preventive effect of crude *C. papaya* seed extract against  $\text{KBrO}_3$  –  
293 induced nephrotoxicity and oxidative stress in renal tissues of rats [10] and this has justified the folkloric  
294 use of the plant in traditional practice for ameliorating poison- related renal disorders. In the present  
295 study, bioassay of extracts from different fractions of *C. papaya* seed obtained by use of different solvent  
296 of varying polarities has pointed attention towards the potent phytochemicals that could be responsible for  
297 the bioactivity of *C. papaya* seed against  $\text{KBrO}_3$ –induced nephrotoxicity and oxidative stress in rat.  
298

299 In the fractionation processes of *C. papaya* seed extracts, the preventive effect of each fraction against  
300  $\text{KBrO}_3$  –induced nephrotoxicity and oxidative stress in renal tissues give a strong proof of the potency of  
301 this plant material. The methanol extract of *C. papaya* seed was selected because of its strong preventive  
302 effect against  $\text{KBrO}_3$  –induced insults on renal tissues and when fractionated, it yielded eight fractions,  
303 each with reduced preventive activities with fraction F1 being the most active fraction. This suggests that  
304 there could be other phytochemicals or factors which could have acted in synergy to influence the activity  
305 of the crude extract. Previous literature has stated that likely interaction between compounds can improve  
306 its solubility and enhance its bioavailability [30]. Synergistic cooperation has been reported to be  
307 beneficial since it can influence the activity of compounds against drugs and other xenobiotics [31].  
308 However, notwithstanding the influence of synergy among phytochemicals and its beneficial effect on  
309 bioavailability, isolation of active constituents of plant material is required to guide its characterization and  
310 study of its mechanism of action which is essential for standardization of phytomedicine [5].  
311

312 Infrared spectroscopy showed that alkane, alkene, aldehyde, carboxylic acid, methyl and ester are the  
313 functional groups with likely roles in interaction of *C. papaya* seed extracts with  $\text{KBrO}_3$  or the toxic  
314 intermediates generated by its metabolism in the prevention of nephrotoxicity. Interestingly, some of  
315 these functional groups namely carboxylic acid, alkane and methyl are also found in L-methionine, a  
316 conventional drug that is used in clinical practice to ameliorate acetaminophen- induced hepatic and renal  
317 injuries (32). Thus it could be suggested that *C. papaya* seed extracts could have employed similar  
318 mechanism as L-methionine in preventing  $\text{KBrO}_3$  –induced nephrotoxicity and oxidative stress in renal  
319 tissues of rats.  
320

321 Identification of compounds with previous report of antioxidant activities from fraction F1 has strongly  
322 highlighted the phytochemicals that could be responsible for the bioactivity of *C. papaya* seed against  
323  $\text{KBrO}_3$  –induced renal action. 9-octadecenoic acid (z)-2- hydroxyl-1-(hydroxylmethyl) ethyl ester, the major  
324 compound among the identified phytochemicals in terms of relative percentage with 95.87% or its  
325 derivatives has been previously identified from fraction of husk extract of *Zea mays*. The workers reported  
326 that this phytochemical could possess antioxidant activity after it was found to significantly ( $P < 0.05$ )  
327 increase the activities of SOD, CAT, GPx and GSH level and decreases the level of MDA in the kidney of  
328 alloxan- induced diabetic rats [29].

329 Furthermore, 17-octadecynoic acid has been strongly suspected to possess a positive effect on intra-  
330 renal blood flow in rats [23] while hexadecanoic acid methyl ester and 1,2-benzenedicarboxylic acid butyl  
331 2-ethylhexyl ester that were previously identified from ethanol leaf extract of *Pistia stratiotes L. and*  
332 *Lagenaria breviflora R.* fruit respectively were reported to possess antioxidant activities among other  
333 therapeutic significance [24, 25]. 9,12-octadecadienoic acid (z,z) methyl ester was previously isolated  
334 from *Caesalpinia gilleisii* flower. The researchers stated that this phytochemical possess antioxidant  
335 activity and could prevent  $\text{CCl}_4$  –induced increases in alanine amino transferase (ALT), aspartate  
336 aminotransferase (AST) and GSH in hepatic tissues of rats [26], 10-octadecenoic acid methyl ester was  
337 previously identified from *C. papaya* aqueous root extract where it was strongly suspected to be  
338 responsible for the reversal of the increases in serum levels of urea and creatinine, and ALP, AST and  
339 ALT in renal and hepatic tissues of diabetic rats respectively [27], 9,17-octadecadienal (z) was previously  
340 identified from *Cucumis sativus*. The investigators reported that this compound exhibited *In vitro*  
341 antioxidant activity and therefore could be useful for *In vivo* application [28].

### 342 5. CONCLUSION

343 This research has described a guided process for identifying compounds from *C. papaya* seed extract  
344 with bioactivity against  $\text{KBrO}_3$  - induced nephrotoxicity and oxidative stress. A group of compounds which

345 have been reported previously to possess antioxidant activities were among the compounds identified.  
346 Therefore, isolation and characterization of these compounds could identify a source of new  
347 nephroprotectant and antioxidant against potassium bromate renal action. The most active fraction F1  
348 substantially prevented  $\text{KBrO}_3$ -induced oxidative stress in kidney tissues. It was therefore hypothesized  
349 that the active components in F1 could have acted either individually or in synergy with one another to  
350 prevent  $\text{KBrO}_3$ - induced nephrotoxicity and oxidative stress in kidney of rat.

351

## 352 **COMPETING INTERESTS**

353 Authors have declared that no competing interests exist.

354

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