## Original Research Article

2
 3

# Effect of Locally Formulated Watermelon and Moringa Syrup Booster on the Growth Performance of Heterobranchus bidorsalis Fingerlings

7

5

8 9

### ABSTRACT (ARIAL, BOLD, 11 FONT, LEFT ALIGNED, CAPS)

10 11

**Aim**: This is to access the effectiveness of formulated Watermelon (*Citrullus lanatus*) and *Moringa oleifera* booster on the growth performance of *Heterobranchus bidorsalis* and the rate at which the formulated fish growth booster was efficiently utilized by *Heterobranchus bidorsalis* fingerlings.

**Study design**: Twelve plastic tanks (30litre each) were randomly arranged and labeled into 4 Treatments (T.1, 2, 3 and 4) with two replicates (R1, 2) and (R1, 2) at a stocking density of 20 fishes (*Heterobranchus bidorsalis* fingerlings) per tank.

**Place and duration of study**: The experiment was conducted in the laboratory at the Department of Applied and Environmental Biology, Rivers State University for a period of 12 weeks (3 months), between November 2016-March 2017.

**Methodology**: Total of 240 *Heterobranchus bidorsalis* fingerlings with an initial mean weight (1.61±0.23g) and length (5.13±0.26cm) were acclimated for one week. After acclimation. The fishes were fed twice daily (9am and 6pm) with 10% 0f their body weight after coating 2ml/ 1kg<sup>-1</sup> of the commercial feed with their individual growth booster syrup and allowed to air-dry for about 20 minutes. *Heterobranchus bidorsalis* fingerlings were scooped for the measurements exercise at one week interval after which they were returned to their various tanks.

**Results**: The result of this study recorded the experimental diets with optimum growth and survivability. From the result, it was deduced that, Commercial feed coated with watermelon syrup booster recorded the best performance in the growth variables of mean weight (26.36 ±3.19g), mean length (13.61±1.35cm), mean weight gain (24.64±3.00g), mean length gain (8.38±1.35cm), relative weight gain (25.36±3.19) while Commercial feed coated with commercial syrup booster (CbCf) recorded the best performance in growth variables of Daily Growth Rate (15.15±0.55) and Specific Growth Rate (2.69±0.03%) against *Moring* growth booster and commercial feed (control). However, there was less mortality as the fishes in different treatment tanks survived above 90%.

**Conclusion**: It could be summarized that Commercial feed coated with watermelon syrup booster (WbCf) had the best growth performance against the control groups although their values were not significantly impacted (p>0.05) when compared with other experimental diets.

12 13

14

15

Keywords: Commercial feed coated with commercial syrup booster - CbCf, Commercial feed only - Cf, Commercial feed coated with watermelon syrup booster - WbCf, Commercial feed coated with *Moringa* syrup booster - MbCf, *Heterobranchus bidorsalis*.

16 17 18

19

### 1. INTRODUCTION

202122

Aquaculture is a practice used all over the world, especially in some African Countries; millions of people practice aquaculture and have used it immensely in ancient times as their means of livelihood [5]. Fish rearing/ Aquaculture practices needs less labor input compared

to other agricultural practices and the expected profit margin when properly maintained is usually on the high side. For a small scale fish farmer who wishes to culture *Heterobranchus bidorsalis*, the fluctuating level of ingredients contained in commercial feed becomes a barrier. This necessitates an innovative approach in utilizing an available formulated extract from watermelon and *Moringa* growth booster to enhance the nutrients contained in the feed.

Growth boosters are effective growth promoters, formulated to supplement balance feed and digestion in the target organism. Growth boosters are classified as Acidifiers, probiotics, synbiotics, phytogenics, feed enzymes and immune stimulants. Watermelon and *Moringa* syrup booster used are categorized under phytogenics.

Phytogenics are gotten from herbs, spices, aromatic plant etc. They are agents of microbes, fungi, virus, oxidation etc. they aid in digestion as such, increase the palatability of feed and activate endogenous digestive enzymes, they are said to play major roles on the gut microflora [7]. Given the level of production of both crops by local farmers, bolstered by the enhanced awareness of the nutritional value of both plant products, there is a need to incorporate the product into preparation of high energy level fish booster for enhanced productivity of catfish.

According to [6], Heterobranchus bidorsalis which belongs to the Clariidea family can do well on formulated and less expensive feed. The Clariidea can equally survive in low oxygen and pH environment. The high cost and undulate (fluctuating) quality as well as the uncertain availability of fish feed has led to the need to identify alternative growth booster to supplement fish feed. The inadequacy of nutritive fish feed ingredients has been a major constraint to the survival of fish culture in the competitive global food production system [2], as such, fish nutrition experts world over have considered the need to review a natural growth promoter especially from plant source to boost growth performance in fish farming. On this note, plant products comprising Moringa oleifera leave as well as Watermelon (Citrullus lanatus) were been utilized.

Considering the plant species used for the locally formulated booster, *Moringa oleifera* which belongs to the *Moringaceae* family is said to have originated from southern foothills of the Himalayas in northwestern India. It is generally planted in tropical and subtropical areas where its young seed pods and leaves are eaten as vegetables. Various parts of *Moringa oleifera* contain some important minerals, essential amino acids, such as methionine, cystine, tryptophan [3], it is also a good sources of energy, protein, vitamins, carotene, and phenolics. *Moringa* is said to have peculiar functions which is essential to human, animal, aquatic lives etc. Considering the benefits (nutritional and medicinal) of *Moringa oleifera*, it has been promoted as a "healthful" food, traditionally used to fight some popular ailments. Watermelon (*Citrullus lanatus*) is becoming an everyday fruit like apples, bananas and oranges because of its usefulness and antioxidant properties. Watermelon was also considered because its rind and seed are not usually consumed with the whole fruit, the pulp is the major parts been consumed especially in Nigeria. This fact adds to the increase of solid food waste

responsibility. To prevent agricultural health related hazards, some measures like the utilization of watermelon rind and seed as a growth booster were considered.

### 2. MATERIALS AND METHOD/ EXPERIMENTAL DETAILS/ METHODOLOGY

This research was carried out in the laboratory at the Department of Applied and Environmental Biology, Rivers State University located at Longitude 4.799° N and Latitude 6.983° S, Rivers State, Nigeria.

### 2.1 Materials

Heterobranchus bidorsalis fingerlings, Commercial feed (skretting), Moringa oleifera leaves, watermelon seed, rind and pulp, commercial booster (leegrow), triple beam balance (ohaus), scoop net, masking tape, meter rule (in cm) and twelve plastic tanks (30litre each).

### 2.2 Moringa syrup booster formulation

Fresh *Moringa* leaves used for this study were harvested from the Departmental garden at Rivers State University, Rivers state Nigeria while other raw materials were purchased from Ugo Resource and Health Farm Limited in Delta State Nigeria. The leaves were sorted out, washed thoroughly, spread on a tray with evenly spaced openings. The leaves were air-dried under shade at the laboratory for 3 days. After drying, the leaves were thoroughly blended in a fine powdery form. 20% of the blended *Moringa* leaf was mixed with 20% distilled water, 50% sucrose base (binder), 10% of vitamin and mineral premix. The proximate content of the aqueous extract was analyzed for Moisture, Ash, Protein, Fats and Carbohydrates (see Table 1).

### 2.3 Watermelon syrup booster formulation

Watermelon fruits were bought and brought to the Research Laboratory at the Department of Applied and Environmental Biology, Rivers State University, Rivers State Nigeria. It was properly washed and sliced, seeds were picked out, rind was carefully scraped and chopped, and pulp obtained. 50% of Watermelon (pulp, rind and seed) was thoroughly blended and mixed with 40% sucrose base (binder) and 10% of vitamin and mineral premix were used in watermelon growth booster formulation. The proximate content of the formulated Booster were analyzed as (see Table 1).

### 2.4 Collection of Fish

Total of two hundred and fourty (240) Heterocbranchus bidorsalis fingerlings (mean weight,  $1.65 \pm 0.23$ g; mean length  $5.13 \pm 0.26$ cm) were obtained from from National Institute of Marine and Oceanographic Research, Sapele branch in Delta State Nigeria (NIOMOR). The fishes were transported in a transparent aquarium to the experimental laboratory. State, Nigeria. The fishes were put into a transparent aquarium and taken to the laboratory. Heterobranchus bidorsalis fingerlings were evenly distributed into twelve plastic tanks (30litres each) at a stocking density of 20 fingerlings per tank. They were acclimated for one week during which they were placed on a maintenance diet with a commercial feed (skretting) once daily at 3% of their body weight. Water lettuce was introduced in the setup to enhance acclimation.

### 2.5 Experimental Procedures

After acclimation, twelve plastic tanks (30litre each) were randomly arranged and labeled into 4 Treatments (T. 1, 2, 3 and 4) with two replicates (R1, 2) and (R1, 2).

- T1- Commercial booster with commercial feed (CbCf) positive control.
- T2- Commercial feed only (Cf) Negative control.
- T3- Watermelom booster with commercial feed (WbCf)
- T4- Moringa oleifera booster with commercial feed (MbCf)

Fingerlings were weighed and measured to determine its initial mean weight and length. The fishes were fed twice daily (9am and 6pm) with 10% of their body weight after coating the commercial feed with their individual growth booster syrup and allowed to air-dry for about 20 minutes.

Water was siphoned from each treatment tank daily and refilled from the tap maintaining its original water volume (25 liter). Weekly mean weight of the fishes in each labeled plastic tank were taken (to the nearest 0.01g) with OHAUS Triple Beam Balance (2610 g), weekly mean length from individual standard lengths of the fishes in each labeled plastic tank were also recorded (to the nearest 0.1cm) with a meter rule.

Heterobranchus bidorsalis fingerlings were scooped for the measurements exercise at one week interval after which they were returned to their various tanks. Growth performance was determined and

some nutrient utilization variables were recorded followed by the observation period of three months (Nov 2016- Feb 2017).

### 2.6 Monitoring of Physico-chemical Parameters

Temperature and pH values were measured daily using glass thermometer and pH kit respectively. The recorded values of Temperature was at 27-28.9 °C while pH was within the

139		range of 6.0-6.5, other physico-chemical parameters were obtained using Extech instrument
140		(DO at 700 mg / I) from Institute of Pollution Studies (IPS) RSU and the values obtained were
141		recorded in Table 2.
142		
143	2.7 G	rowth parameters
144		
145		Growth performance, condition factor and survivability were calculated as follows;
146		(a) Initial Mean Weight = (g / fish)
147		(b) Final Mean Weight = (g / fish)
148		(c) Initial Mean Length = (cm / fish)
149		(d) Final Mean Length = (cm / fish)
150		(e) Mean Weight Gain (g) = W1-W0 (Where W1=Final Weight, W0=Initial Weight)
151		(f) Mean Length Gain (cm) = L1-L0 (Where L1=Final Length, L0=Initial Length)
152		
153		(g) Daily Growth Rate (g) = Mean Weight Gain (g)
154		Initial Body Weight (g)
155		
156		(h) Relative Weight Gain (g) = <u>W1-W0 (g)</u>
157		W0 (g) (Where W1=Final Weight, W0=Initial
158		Weight)
159		
160		
161		(i) Specific Growth Rate = $Ln(W1) - Ln(W0) * 100$
162		Т
163		
164		(Where Ln= Log e Final Weight- Log e Initial Weight, T= Culture period)
165		
166	2.8 S	tatistical Analysis
167		Morphomeric data were analyzed. This involves measurement of standard fish length and
168		weight at one week interval for a period of three months. Data generated were subjected to
169		one way analysis of variance (ANOVA). The mean were compared with Duncan's Multiple
170		Range Descriptive Test. The result computation was done using Statistics Software for Social
171		Science (SPSS) version 22. Differences among mean were separated with Turkey Mean
172		Separation at p<0.05.
173		
174	•	DECLUITO AND DISCUSSION
175 176	3.	RESULTS AND DISCUSSION
177		Table 1 showed the proximate analysis of Moringa, watermelon and commercial syrup
178		booster. This result showed that the moisture content in Moringa was significantly higher
179		(P=0.05) than that of the control (commercial syrup booster) and watermelon syrup

booster. Comparing proximate composition variables of Ash and crude protein content of the growth boosters, the control (commercial syrup booster) showed a significantly higher (P=0.05) result against *Moringa* and watermelon booster. Fats content of commercial syrup booster is significantly lower (P=0.05) than that of *Moringa* and watermelon syrup growth booster. Carbohydrate is significantly higher (P=0.05) in commercial syrup booster followed by watermelon and *Moringa* has the least.

### Table 1: Proximate Analysis of Moringa, Watermelon and Commercial Syrup Booster

191	Variables	Samples/compositions (%)

	<i>Moringa</i> Syrup Booster	Watermelon Syrup Booster	Commercial Syrup Booster
Moisture	47.81±0.77 <sup>a</sup>	36.55±0.64 <sup>b</sup>	20.37±0.57°
Ash	0.14±0.13 <sup>bc</sup>	0.09±0.04 <sup>bc</sup>	0.59±0.00 <sup>a</sup>
Protein	0.19±0.12 <sup>bc</sup>	0.18±0.11 <sup>bc</sup>	0.59±0.00 <sup>a</sup>
Fats	0.61±0.13 <sup>ab</sup>	0.53±0.06 <sup>ab</sup>	0.07±0.03°
Carbohydrates 192	51.24±0.64°	62.66±0.24 <sup>b</sup>	77.31±0.47 <sup>a</sup>

<sup>\*</sup>Mean ±SD in the same column with different superscript are significantly different (*P*<0.05)

Table 2 Showed Physicochemical Parameters of water sample. Temperature and pH values were measured daily using glass thermometer and pH kit. The recorded values of Temp was within the range of 27-28.9°C while pH was within the range of 6.0-6.5, other physico-chemical parameters were obtained using Extech instrument (Do 700) from Institute of Pollution Studies (IPS) RSU and the values obtained were recorded.

Compositions

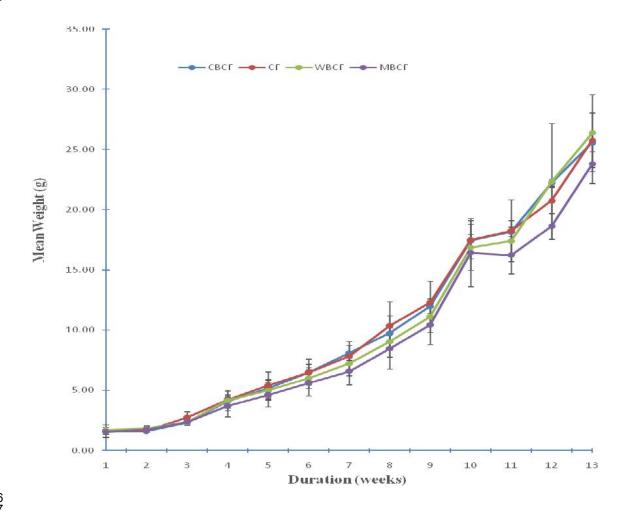
 Table 2:
 Physicochemical Parameters of Water Sample

205	Parameters

Temperature (° C)	30
PH	6.0-6.5
Dissolved Oxygen (mg / I)	5.97
Conductivity(µS / cm)	116

	Salinity (%)	0.05
	BOD (mg / I)	3.4
	Turbidity (NTU)	1.06
206	Total Dissolved Solid (mg / I)	60

Figure 1 showed mean weight of Heterobranchus bidorsalis fed different experimental. Commercial feed coated with watermelon syrup booster (WbCf) recorded the highest mean weight followed by commercial feed coated with commercial syrup booster (CbCf) positive control. Commercial feed (Cf) negative control also recorded gradual increase in mean weight. Commercial feed coated with Moringa syrup booster (WbCf) had the least mean weight. There was gradual increase in mean weight in all the experimental diet from week 1 to 8, week 9 to 12 recorded a significantly higher (p<0.05) weight increase.



216 217 218

Fig. 1: Mean weight of Heterobranchus bidorsalis fed experimental diets.

219 Key: CbCf Commercial feed coated with commercial syrup booster Cf Commercial feed only

WbCf Commercial feed coated with watermelon syrup booster

MbCf Commercial feed coated with *moringa* syrup booster

Figure 2 showed mean length of *Heterobranchus bidorsalis* fed different experimental diet: Commercial feed coated with commercial syrup booster (CbCf), commercial feed (Cf), commercial feed coated with watermelon syrup booster (WbCf) and commercial feed coated with *Moringa* syrup booster (MbCf). Experimental diet WbCf had the highest mean length followed by (Cf) negative control, CbCf and WbCf which recorded the least mean length. The increase in length was not significantly different (p>0.05) from week 1 (start value) to the 12<sup>th</sup> week.

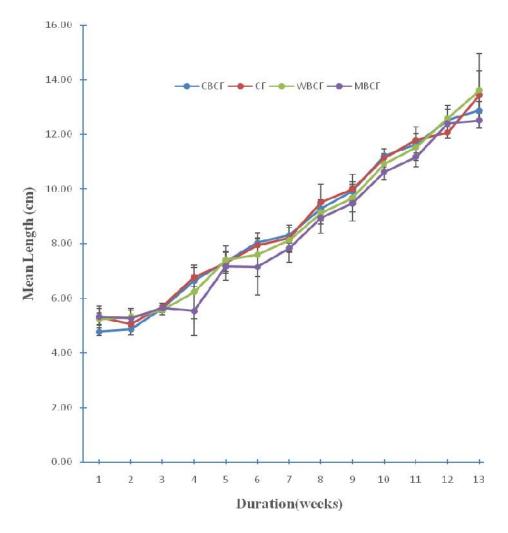


Fig. 2: Mean Length of *Heterobranchus bidorsalis* experimental diets at different durations

Key: CbCf Commercial feed coated with commercial syrup boosterCf Commercial feed only

WbCf Commercial feed coated with watermelon syrup booster

MbCf Commercial feed coated with *moringa* syrup booster

Figure 3 showed Mean weight gain of *Heterobranchus bidorsalis* fed different experimental diets. From this figure, Commercial feed coated with watermelon syrup booster (WbCf) recorded the highest mean weight gain, followed by commercial feed only (negative control). Commercial feed coated with commercial syrup booster (CbCf) and *Moringa* syrup booster (MbCf) had the least mean weight gain. The increase in mean weight gain of all the experimental diets from week 1-8 was not significantly impacted (p>0.05). There was significant different (p<0.05) from week 8-12 as such, a sharp increase in weight gain was recorded.

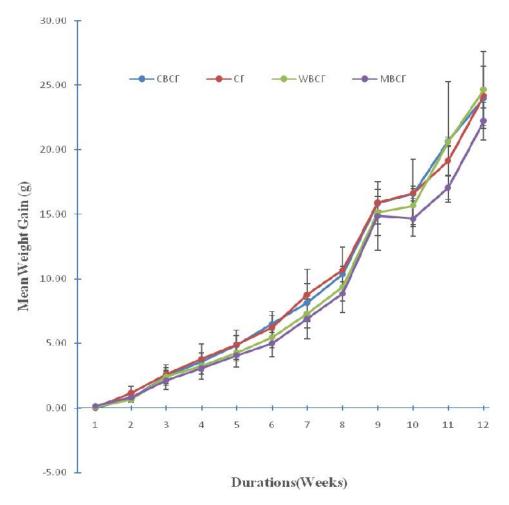


Fig. 3: Mean weight Gain of *Heterobranchusbidorsalis* fed with experimental diets at different durations.

Key: CbCf Commercial feed coated with commercial syrup booster
Cf Commercial feed only

WbCf Commercial feed coated with watermelon syrup booster

MbCf Commercial feed coated with *moringa* syrup booster

Figure 4 showed mean length gain of *Heterobranchus bidorsalis* fed different experimental diets. Commercial feed coated with watermelon syrup booster (WbCf) recorded the highest mean length gain, (see Fig.4), followed by commercial feed only (negative control). Commercial feed coated with commercial syrup booster (CbCf) and *Moringa* syrup booster (CbCf and MbCf) had the least mean weight gain (Fig.4)

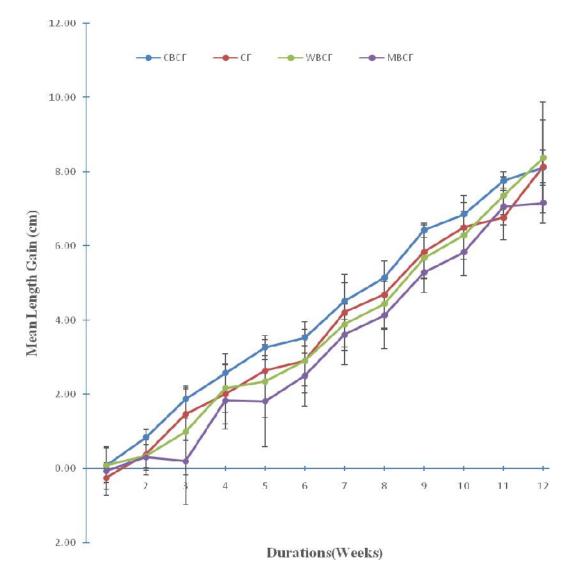


Fig. 4: Mean Length Gain of *Heterobranchus bidorsalis* fed with experimental diets at different durations

Key: CbCf Commercial feed coated with commercial syrup booster

Cf Commercial feed only

WbCf Commercial feed coated with watermelon syrup booster

MbCf Commercial feed coated with *moringa* syrup booster

Figure 5 showed the Daily growth rate of *Heterobranchus bidorsalis* fed different experimental diets. Here, the control: commercial feed coated with commercial syrup booster (CbCf) and commercial feed only (Cf) had the best daily growth performance while commercial feed coated with watermelon and *moringa* syrup booster had the least daily growth rate performance(Fig.5) Also, a gradual increase in daily growth rate of all the experimental diets from week 1-7 were recorded. On the 8<sup>th</sup> week, there was sharp increase in daily growth rate which affected from week 9 to the end of the experimental duration.

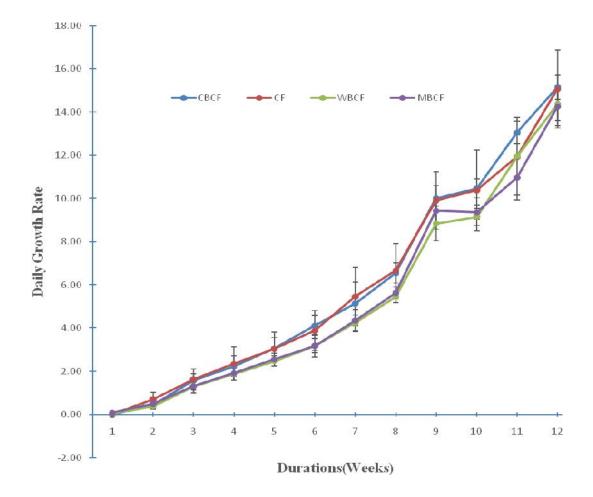


Fig. 5: Daily Growth Rate of *Heterobranchus bidorsalis* fed with experimental diets at different durations

Key: CbCf Commercial feed coated with commercial syrup booster

289	Cf	Commercial feed only
290	WbCf	Commercial feed coated with watermelon syrup booster
291	MbCf	Commercial feed coated with <i>moringa</i> syrup booster

Figure 6 showed Relative weight gain of *Heterobranchus bidorsalis* fed different experimental diets. This figure showed rapid Relative weight gain of all the experimental diets from week 8-12. Experimental diet commercial feed coated with watermelon syrup booster (WbCf) recorded the highest Relative weight gain against the control groups (CbCf and Cf). Commercial feed coated with *Moringa oleifera* syrup booster (MbCf) had the least Relative weight gain.

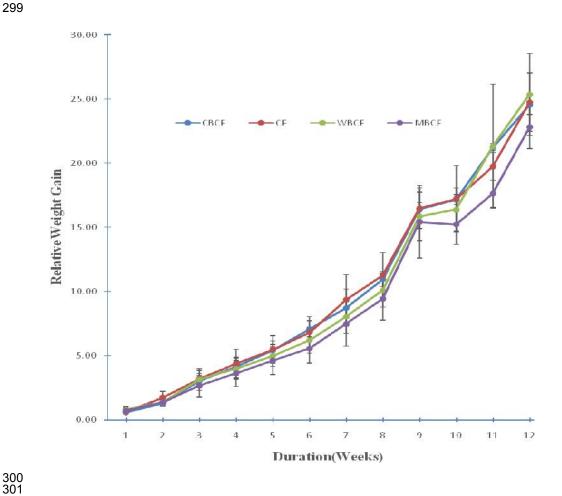


Fig. 6: Relative Weight Gain of *Heterobranchus bidorsalis* fed with experimental diets at different durations

306	Key:	CbCf	Commercial feed coated with commercial syrup booster
307		Cf	Commercial feed only
308		WbCf	Commercial feed coated with watermelon syrup booster
309		MbCf	Commercial feed coated with moringa syrup booster

Figure 7 showed specific growth rate of *Heterobranchus bidorsalis* fed different experimental diets. The control: commercial feed coated with commercial syrup booster (CbCf) and commercial feed only (Cf) recorded the highest specific growth rate(Fig.7) against the other experimental diets: commercial feed coated with watermelon and *moringa* syrup booster which had the least specific growth rate (Fig.7). Specific growth rate was also negatively affected in week 1. Week 2-12 recorded increase in specific growth rate although the values were not significantly different (p>0.05) from each other.

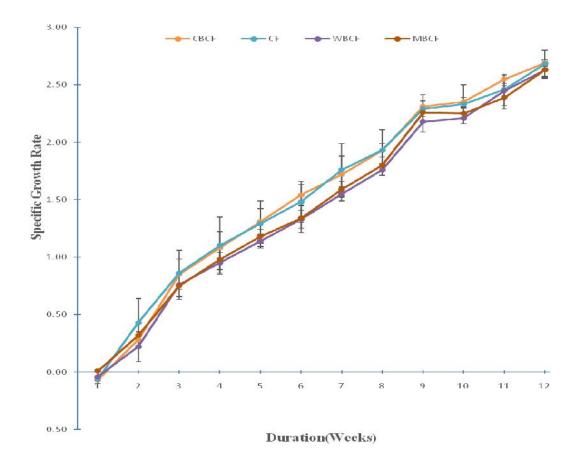


Fig. 7: Specific Growth Rate of *Hetrobranchus bidorsalis* fed with experimental dietsat different durations

Key:	CbCf	Commercial feed coated with commercial syrup booster
	Cf	Commercial feed only
	WbCf	Commercial feed coated with watermelon syrup booster
	MbCf	Commercial feed coated with moringa syrup booster

Figure 8 showed the survivability of *Heterobranchus bidorsalis* fed different experimental diets. Commercial feed only (Cf) had 100% survivability from week 1-5, commercial feed coated with *moringa* and watermelon syrup booster (MbCf and CbCf) also had 100% survivability only in week 1. Generally, *Heterobranchus bidorsalis* fed all experimental diets survived above 90%.

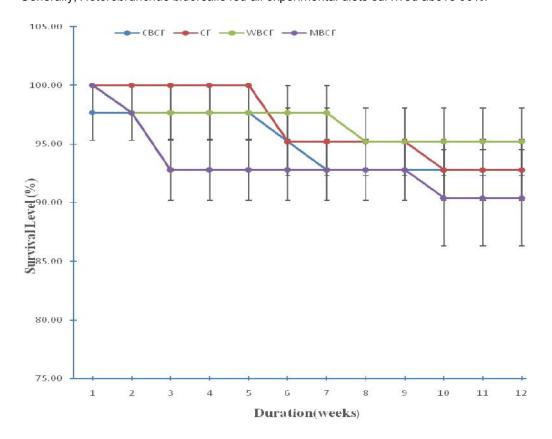


Fig. 8: Survivability of *Heterobranchus bidorsalis* fed with experimental diets at different duration

Key:	CbCf	Commercial feed coated with commercial syrup booster
	Cf	Commercial feed only
	WbCf	Commercial feed coated with watermelon syrup booster
	MbCf	Commercial feed coated with <i>moringa</i> syrup booster

Table 3 showed the overall growth and nutrient utilization variables of *Heterobranchus bidorsalis* fed with all experimental diets. The growth pattern observed from growth variables under the experimental diet of commercial feed coated with commercial syrup booster (CbCf) indicated non significantly different (P>0.05) WbCf recorded the highest numerical values in growth (P>0.05) from other diets while CbCf had the highest in nutrient utilization variables of protein efficiency ratio (PER) and feed conversion efficiency (FCE).

Table 3: Cummulative variables of *Heterobranchus bidorsalis* fed with all experimental diets after the trial period (mean±SD)

VARIABLES	CbCf	Cf	WbCf	MbCf
Initial Mean Weight	1.58±0.04 <sup>b</sup>	1.60±0.51 <sup>b</sup>	1.71±0.20 <sup>a</sup>	1.56±0.19 <sup>b</sup>
Initial Mean Length	4.77±0.15 <sup>c</sup>	5.30±0.40 <sup>a</sup>	5.13±0.22 <sup>b</sup>	5.33±0.30 <sup>a</sup>
Final Mean Weight (g)	25.56±0.76 <sup>a</sup>	25.76±2.27 <sup>a</sup>	26.36±3.19 <sup>a</sup>	23.79±1.64 <sup>b</sup>
Final Mean Length (cm)	12.88±0.33 <sup>b</sup>	13.44±0.89 <sup>ab</sup>	13.61±1.35 <sup>a</sup>	12.50±0.28 <sup>c</sup>
Mean Weight Gain (g)	23.98±0.75 <sup>a</sup>	24.16±2.31 <sup>a</sup>	24.64±3.00 <sup>a</sup>	22.22±1.45 <sup>b</sup>
Mean Length Gain (cm)	8.11±0.48 <sup>a</sup>	8.14±1.25 <sup>b</sup>	8.38±1.49 <sup>a</sup>	7.16±0.55 <sup>c</sup>
Daily Growth Rate	15.15±0.55 <sup>a</sup>	15.07±1.8 <sup>a</sup>	14.37±0.76 <sup>b</sup>	14.25±0.87 <sup>b</sup>
Relative Weight Gain (%)	24.56±0.76 <sup>a</sup>	24.76±2.27 <sup>a</sup>	25.36±3.19 <sup>a</sup>	22.79±1.64 <sup>b</sup>
Specific Growth Rate (%)	2.69±0.03 <sup>a</sup>	2.68±0.12 <sup>a</sup>	2.63±0.06 <sup>b</sup>	2.63±0.08 <sup>b</sup>
Survivability (%)	92.80±2.58 <sup>a</sup>	92.80±2.58 <sup>a</sup>	95.20±2.88 <sup>a</sup>	90.40±4.08 <sup>a</sup>
3 (11)				

<sup>\*</sup>Mean ±SD in the same row with different superscript are significantly different (P<0.05)

Key: CbCf Commercial feed coated with commercial syrup booster
Cf Commercial feed only
WbCf Commercial feed coated with watermelon syrup booster
MbCf Commercial feed coated with moringa syrup booster

The use of formulated syrup booster from watermelon and Moringa coated with commercial feed has revealed that, Heterobranchus bidorsalis fed with the experimental diet CbCf, Cf recordedno significant difference (P>0.05) in growth variables. Experimental diets of commercial feed coated with watermelon syrup booster WbCf had the highest Final Mean Weight (26.36±3.19g) and Length (13.61±1.35cm) when compared with other experimental diets: CbCf (25.26 ± 0.76g, 12.88 ± 0.33cm), Cf (25.76  $\pm$  2.77g, 13.44  $\pm$  0.89cm). MbCf had the lowest value (23.79  $\pm$  1.64g, 12.05  $\pm$  0.28cm) in final mean weight and length. The calculated Digestible Energy level of the three booster used were (256.10 kcal / kg) for WbCf, Moringa Growth Booster (211.17 kcal / kg) and (312.23 kcal / kg) for CbCf. In contrast to the present findings, high percentage in carbohydrates (62.66 and 51.24%) from proximate analysis of the growth boosters (watermelon and Moringa oleifera) (Table 1) is not comparable with the result obtained from United State Department of Agriculture, National Nutrient Data base USDA. USDA proximate analysis in 2016 on Moringa oleifera and watermelon recorded a higher carbohydrates proportion (8.28 and 7.55g). This justifies Carbohydrates as an important nonprotein energy source for fish and should be included in the diet at an appropriate level to maximize the use of dietary protein for growth and to facilitate movement of nutrient at the Gastro Intestinal Tract (GIT) which supports nutrient absorption (Shiau and Linn, 2001).

Commercial feed coated with watermelon syrup booster showed poor performance on Daily Growth Rate (DGR) (14.37±0.76) while commercial feed coated with commercial syrup booster CbCf had the highest value on variables of DGR (15.15±0.55%), Specific Growth Rate (2.69±0.03%), but the values were not significantly different at P>0.05 when compared to other experimental diets. The poor growth performance from the experimental diets commercial feed coated with *Moringa* syrup booster MbCF is similar with that of Ritcher and Afuang *et al.*, (2003) who reported that, at more than 10%

- concentration of *Moringa oleifera* inclusion in feed meal, the bitter taste of saponin and phenol becomes obvious, as such, causing low feed intake which invariably affects growth response.
- 387 This crude protein level in CbCf is contrary to the report of Olugbemi and Dada, (2013). They
- recorded higher crude protein level in feed additives (Aqua pro) for African catfish. With this results, it
- 389 can be said that watermelon syrup booster recorded the highest value in most of the growth variables
- 390 although comparing with other experimental diets, the values were not significantly impacted (p>0.05).

### CONCLUSION

- 393 From the overall observations, this research has revealed Watermelon growth booster be apromising
- 394 fish feed supplement having shown the highest growth performance. According to Dada and
- Olugbemi (2013) a lot of literatures exist on other growth booster (Aqua booster, Aqua pro, Leegrow)
- 396 unlike that of Citrullus lanatus and Moringa oleifera as a fish growth booster. As such, fish farmers
- 397 should look inward on the utilization of watermelon growth syrup booster for effective growth
- 398 performance of catfish.

399

### REFERENCES

400 401 402

1. Afung, W., Siddhuraju, P and Becker, K). Comparative nutritional evaluation of raw, methanol extracted residues and methanol extracts of Moringa (*Moringa oleifera* Lam.) leaves on growth performance and feed utilization in Nile tilapia. Aquaculture. 2003; 34: 1147-1159.

404 405 406

407

403

 Alphonsus, O., Ebere, S. and Joseph, O. Replacement of fish meal with maggot in African catfish (*Clarias gariepinus*) diets. Department of Animal Science, Anambra State University Igbariam. Bioline International journal. . 2009; (9): 666 - 671.

408 409 410

3. Becker, K., and Francis, G.). Anti-nutritional factors present in plant – derived alternative fish feed Ingredients and their effects in fish. Aquaculture. 2001 (199): 3 - 4.

415

416

4. Dada, A. and Olugbemi, B. Dietary effects of two commercial feed additives on growth performance and body composition of African catfish, *Clarias gariepinus* fingerlings. Federal University of Technology Akure, Ondo State, Nigeria. African Journal of Food Science. . 2013; 7(9): 325 - 328.

417 418 419

 Food and Agricultural Organization (FAO). FAO Technical Guidelines for Responsible Fisheries. Precautionary approach to capture fisheries and species introduction. 1996; (2):54

420 421 422

6. Huisman, E. and C.J. Reproduction, growth, health control and Aquacultural potential of the African catfish, Clarias gariepinus. Aquaculture. 1987; (63): 1 - 14.

423 424 425

7. Manner, K. Effects of phytogenic feed additives on growth performance and ileal nutrient digestibility in broiler chicken. Poultry Science. 2011; 90(12): 2811 - 2816. diol: 10.3382/ps.2011-01515. PMID 22080020.

430

8. Richter, N, Siddhruraju, A, Becker, K. Evaluation of nutritional quality of *Moringa* (*Moringa oleifera* Lam) leaves as alternative protein source of fish meal. Aquaculture. 2003; 217: 599 - 611.

431 432 433

434

9. Shiau, S. and Lin, Y. Carbohydrates utilization and its protein-sparing effect in diets for grouper (*Epinephelus malabaricus*). Animal Science. 2001; 73: 299 - 304.

# UNDER PEER REVIEW

435

436 10. United State Department of Agriculture, National Nutrient Data base USDA. Agricultural Research Service. National Nutrients Database for Standard Reference. 2016; Released 28.