

1 Hematological parameters associated with malaria and its 2 controls

3 ABSTRACT

4 **Introduction:** Haematological parameters comprise haemoglobin, haematocrit, red cell
5 indices, red cell distribution width (RDW), total and differential leukocyte counts, and
6 platelet counts used as routine screening tests for patients with varied diseases. In Africa,
7 most cases of malaria are diagnosed on the basis of clinical symptoms and treatment is
8 presumptive rather than based on laboratory confirmation. Careful study of the
9 haematological changes would enable the differentiation of malaria from other diseases that
10 present with similar symptoms. This research aimed to evaluate the hematological parameters
11 associated with malaria and its controls. **Materials and Methods:** A convenient cross-
12 sectional techniques was used for the study for which the sample size was determined by
13 using the formula; $n = Z^2 (P) (1-P) / (A)^2$. The haematological profile was performed using
14 the Sysmex 2000i automated blood cell counter machine. **Results and Discussion:** The
15 erythrocyte profiles (RBC, HB, HCT, RDW-SD and RDW-CV) are highly affected by
16 malaria, whereas MCH, MCHC, and MCV did not show significant variations between the
17 positive malaria cases and negative malaria cases. Means of haemoglobin concentrations,
18 RBC count and HCT values for cases with positive malaria were significantly lower than
19 negative malaria cases and controls for all the age groups and sexes. **Conclusion:** The study
20 showed that there was haematological profiles between the positive and negative malaria
21 cases and this can be used in conjunction with clinical and microscopic parameters to
22 heighten the suspicion of malaria as well as prompt initiation of therapy for the diagnosing
23 malaria.

Comment [OP1]: Not necessary here. Just tell us the total sample collected and which participants did you used as well as the type of sample collected.

24 Keywords

25 Haematological parameters, leukocytosis, parasite density, *Plasmodium*, Malaria,
26 haemoglobinopathy

Comment [OP2]: Check for gross typographical and grammatical errors.
2. All abbreviations should be defined first before using.
Why did you examined both negative and positive malaria cases?

28 Introduction

29 Malaria is an infectious disease caused by a protozoan called *Pplasmodium species* (phylum
30 Apicomplexa) that is transmitted through the bite of an infected *Aanopheles* mosquito. The

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31 species that causes this infection in human include *Plasmodium falciparum*, *Plasmodium*
32 *malariae*, *Plasmodium ovale* and *Plasmodium vivax*¹. Reports indicated that the deaths of 1.5
33 to 2.7 million per annum are attributed to 300-500 million acute cases of malaria that occurs
34 worldwide each year². However, *P. falciparum* (*P. falciparum*) is the major cause
35 of the disease and is responsible for about 90% of malaria infections and 80% of malaria
36 deaths in sub-Saharan Africa for which Ghana is not an exception^{3,1}. In Ghana, the estimated
37 cases of malaria reported in children below 5 years was nearly 4 million with approximately
38 21 thousand deaths and fatality rate of 0.53%⁴. The increase in malaria infections is an
39 impediment to the world's population and is as a result of deteriorating health systems,
40 growing drug and insecticide resistance, climate change, natural disasters and armed
41 conflict^{5,6}. In general, malaria accounts for 10% of Africa's disease burden and cost the
42 continent \$12 billion annually^{7,8,9,10}. Report indicates that in Ghana, funding provided by the
43 government from the Global Fund, the World Bank and bilateral donors to control malaria
44 was close to US\$ 60 million and US\$ 40 million in 2006 and 2007 respectively⁴.

45
46 Haematological profile also known as haemogram which comprises full blood count (FBC),
47 full blood exam (FBE) or blood panel is a test that gives information about the cells in a
48 patient's blood¹¹. It is used for clinical purposes, monitoring, screening and case finding for
49 example of patients with symptoms such as fatigue or weakness, infection, inflammation,
50 bruising, or bleeding¹¹. The abnormal high or low blood counts may be due to the presence
51 of disease for which blood count tests are performed in medicine to provide an overview of
52 a patient's general health status¹¹. These tests comprise haemoglobin, haematocrit, red cell
53 indices, red cell distribution width (RDW), total and differential leukocyte counts, and
54 platelet counts which are used as routine test for patients to complement diagnosis of
55 diseases¹². Report indicated that haematologic aberrations are the most common
56 complications encountered in malaria and play a major role in the fatality¹³. These changes
57 associated with malaria infection are well recognized but specific changes may vary with
58 level of malaria endemicity, background haemoglobinopathy, nutritional status, demographic
59 factors, and malaria immunity¹⁴. This study aimed to evaluate hematological parameters
60 associated with malaria and its controls. The haematological changes would enable the
61 differentiation of malaria from other diseases that are present with similar symptoms such as
62 anaemia and thrombocytopenia which are common among patients with *Plasmodium*
63 *falciparum*¹⁵.

Comment [OP3]: Check for misspelled and merged words.
2. Also check for gross typographical and grammatical errors.
3. Make sure all claims reported here are current and exact. (use 2010-2019 reports).

64 **Materials and Methods**

65 **Materials, equipments and reagents**

66 Mechanical Mixer (Roller), Capillary Tubes, Draining Rack, Refrigerator, Analytical
67 Balance, Pasteur Pipettes, Measuring Cylinder (50ml, 100ml and 500ml), XT-Sysmex 2000i
68 Haematology Analyzer, Staining Rack, Brown Borosilicate Bottle, Tourniquet, Gallon
69 (1litre)EDTA Vacutainer Tubes (1.5-2.2mg/ml), 70% Isopropanol, Sysmex XT-2000i
70 Reagents Pack, Sysmex XT-2000i Quality Control Samples (low, normal and high), surgical
71 Gloves, Laboratory Coat, Cotton Wool, Gauze, Syringes and Needles (21 gauge hypodermic
72 needles) and Test Tubes were obtained from and were all of analytical grade unless otherwise
73 stated.

Comment [OP4]: Not necessary here. Consider expunging it.

74 **Methods**

75 **Study area**

76 The study was carried out in the following Polyclinics using random sampling technique
77 including Mamprobi, Ussher town, Dansoman, Princess Marie and La in Accra Metropolis in
78 the Greater Accra region of Ghana. The region has an estimated population of 1.6 million and
79 is located in the coastal savannah zone with average annual rainfall of 730 mm. Malarial
80 transmission in the region is between May to October with perennial and hyper-endemic
81 seasonal peak rainy season.

Comment [OP5]: Citation needed here.

Comment [OP6]: Citation needed here.

83 **Ethical Issues**

84 Ethical approval was obtained from Research and Ethical Review Committee of the
85 University of Ghana Medical School, College of Health Science Korle-Bu, Ghana.

87 **Study Population and Sample size Determination Protocol**

89 The samples were drawn from the population of patients who attended the
90 Polyclinics/Hospitals laboratory from January to August, 2009 with fever or clinical signs
91 and symptoms suggestive of malaria based on World Health Organization (WHO) criteria. A
92 convenient cross-sectional study from each of the five (5) study sites were used to obtain a
93 total of 414 and 214 cases. The sample size was determined by using the formula; $n = Z^2 (P) (1-P) / (A)^2$; Where n= Minimum sample size, Z= Confidence level (1.96), P= Prevalence of
94 malaria in Accra (14.8%) and A= Allowable error = 0.05. Based on the above formula, the
95

Comment [OP7]: Which type of Sample? Blood, stool, urine ?

96 calculated minimum sample size of 300 subjects was enrolled for the study. All subjects who
97 | were presented to the Polyclinic/Hospital Laboratory with request cards from specified
98 clinicians indicating suspected malaria were included in the study. The clinicians in each of
99 the study sites were briefed and given an abstract of the study. The selection of the cases for
100 the study depended on their expertise and was required to indicate by writing the diagnosis on
101 the laboratory request card.

102

103 | **Administration of Questionnaire**

104

105 | A structured questionnaire was also administered to each consenting participant volunteer to
106 document information on demographics, current symptoms and previous malaria episodes
107 and treatments. Two hundred and fourteen (214) apparently healthy Blood donors and
108 Children from first cycle Schools who were located in the areas where the cases were
109 obtained and whose peripheral blood film screen was negative for the malaria parasite served
110 as controls.

111

112 | **Laboratory Analysis**

113 Tubes were transported in an ice chest within 4 h to the Central Laboratory, where cell counts
114 were performed using Sysmex XT-2000i automated haematology analyzer. All samples taken
115 for the day were processed starting with the very first subject's sample. Whenever samples
116 had to be delayed beyond the 4 h, they were kept in a refrigerator at 2°C - 8°C after which
117 they were brought to room temperature before processing by allowing it to warm at minimum
118 of 15 mins, then mixed, by rotation, for at least 5 mins.

119 | **Automated Counting**

120 | **Complete blood count and differential test using Sysmex XT-2000i Automated** 121 **haematology Analyzer**

122 The Sysmex XT-2000i automated haematology analyzer installed at Central Laboratory of the
123 Korle-Bu Teaching Hospital was used for the test analysis. Standardization, calibration of
124 instrument and processing of samples were done according to the manufacturer's instructions.
125 Quality control of the Sysmex XT-2000i was determined on a daily basis by analysis of three
126 different manufacturer-provided samples (low, normal and high) with known cell counts. The

127 rapid diagnostic tests, Paracheck® Malaria *P.falciparum* (Orchid Biomedical Systems,
128 India), was used to screen control subjects for malaria according to the manufacturer's
129 instruction.

130 Statistical analysis

132 Data collected were entered into a database and analyzed using statistical software package,
133 SPSS version 8.1, Excel and Epi-info.

135 Results

136 Haematological profiles predictive of malaria

137 Haematological profiles predictive of malaria were carried out for the most significant
138 predictors of malaria using the likelihood ratios for children less than 5 and 6-16 years and
139 adult males and females in (Table 1) and (Table 2) respectively.

144 **Table 1. Likelihood ratios for various haematological parameters in diagnosis of**
145 **malaria in children.**

146

CHILDREN <5 YEARS			CHILDREN 6-16 YEARS		
Variables	Likelihood ratios	P values	Variables	Likelihood ratios	P values
HB (g/dl) <11.0	1.64	<0.001	HB (g/dl) <11.5	2.72	<0.001
RBC($\times 10^{12}/L$)<4.00	6.71*	<0.001	RBC($\times 10^{12}/L$) <4.00	9.06*	<0.001
HCT (%) <34.0	4.05*	<0.001	HCT (%) <35.0	2.77*	<0.001
MCH (pg) <24.0	0.24	<0.001	MCH (pg) <25.0	1.32	<0.001
MCV (fl) <75.0	0.39	<0.001	MCV (fl) <77.0	1.00	1.00

Comment [OP8]: Check for misspelled and mismatched words.
2. Check for typographical and grammatical errors and correct.
3. All protocol used should carry a citation of previous study.

Comment [OP9]: At which Confidence limit did you take your decision?

MCHC (g/dl) <31.0	0.96	0.655	MCHC (g/dl) <31.0	0.63	<0.001
RDW-SD (fl) >47.0	1.82	<0.001	RDW-SD (fl) >47.0	0.71	0.002
RDW-CV(%)>17.0	0.82	0.479	RDW-CV (%) >17.0	0.55	<0.001
PLT (x10 ⁹ /L) <200	10.17*	<0.001	PLT (x10 ⁹ /L) <170	3.39*	<0.001
PDW (fl) >16.0	3.92*	<0.001	PDW (fl) >16.0	3.86*	<0.001
MPV (fl) <9.4	0.87	0.258	MPV (fl) <9.4	4.01*	<0.001
P-LCR (%) < 21.0	1.90	<0.001	P-LCR (%) < 21.0	6.20*	<0.001
PCT (%) <0.15	7.61*	<0.001	PCT (%) <0.15	2.22	<0.001
TWBC (x10 ⁹ /L) >15.0	1.00	1.000	TWBC (x10 ⁹ /L)>13.0	8.92*	<0.001
NEUT# (x10 ⁹ /L) >8.0	1.64	<0.001	NEUT# (x10 ⁹ /L)>8.0	4.23*	<0.001
LYMP# (x10 ⁹ /L) <6.0	1.23	0.106	LYMP# (x10 ⁹ /L)<1.0	0.74	0.003
MONO# (x10 ⁹ /L) >1.0	1.08	0.411	MONO# (x10 ⁹ /L) >1.0	13.2*	<0.001
EO# (x10 ⁹ /L) <0.1	1.02	0.820	EO# (x10 ⁹ /L) <0.1	2.09	<0.001
BASO# (x10 ⁹ /L) >0.1	4.85*	<0.001	BASO# (x10 ⁹ /L) >0.1	1.00	1.00

147 *= Haematological profiles with the most significant predictors for the presence of malaria
148 for children less than 5 and 6-16 years

Comment [OP10]: Provide Key to describe acronyms in the table above. Table should be self explanatory.

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150 **Reference range used was obtained from Dacie and Lewis¹⁶.**

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154 **Table 2. Likelihood ratios for various hematological parameters in diagnosis of malaria**
 155 **in adults.**

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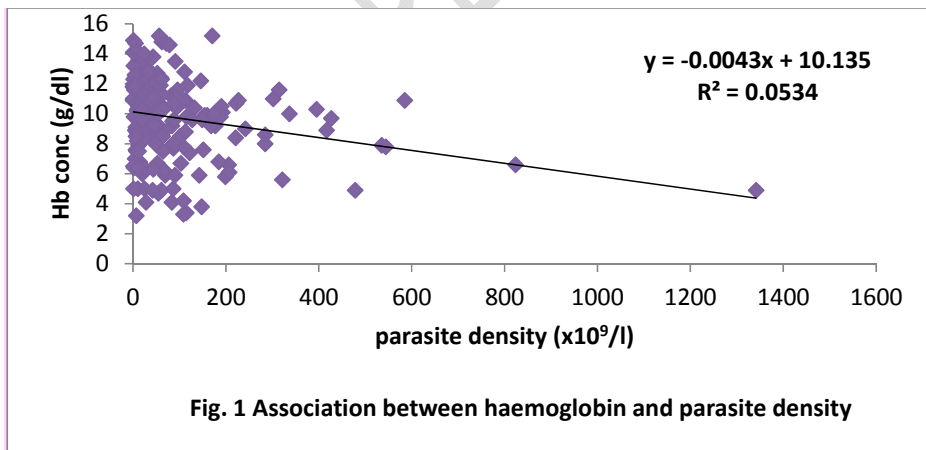
ADULT MALES ABOVE 16 YEARS			ADULT FEMALES ABOVE 16 YEARS		
Variables	Likelihood ratios	P values	Variables	Likelihood ratios	P values
HB (g/dl) <13.0	0.65	<0.001	HB (g/dl) <12.0	3.89*	<0.001
RBC(x10 ¹² /L) <4.40	1.56	<0.001	RBC (x 10 ¹² /L) <4.00	7.68*	<0.001
HCT (%) <38.0	6.16*	<0.001	HCT (%) <35.0	3.81*	<0.001
MCH (pg) <23.0	1.89	<0.001	MCH (pg) <24.0	0.87	0.243
MCV (fl) <72.0	1.48	0.006	MCV (fl) <71.0	2.48	<0.001
MCHC(g/dl) <30.0	1.12	0.260	MCHC (g/dl) <30.0	0.87	0.243
RDW-SD (fl) >49.2	1.20	0.173	RDW-SD (fl) >47.0	1.79	<0.001
RDW-CV (%) >17.6	0.69	0.027	RDW-CV (%) >16.0	0.80	0.061
PLT (x 10 ⁹ /L) <145	6.17*	<0.001	PLT (x 10 ⁹ /L) <140	10.20*	<0.001
PDW (fl) <9.8	0.34	<0.001	PDW (fl) <9.4	0.41	<0.001
MPV (fl) <9.2	9.82*	<0.001	MPV (fl) >12.4	2.47	<0.001
P-LCR(%) >44.6	0.91	0.170	P-LCR (%) >42.0	0.20	<0.001
PCT (%) <0.16	3.11*	<0.001	PCT (%) <0.15	8.52*	<0.001
TWBC(x 10 ⁹ /L) <3.2	1.64	<0.001	TWBC (x 10 ⁹ /L) <3.2	4.58*	<0.001
NEUT#(x10 ⁹ /L) <1.20	2.33	<0.001	NEUT# (10 ⁹ /L) <1.40	1.61	<0.001
>4.60	1.37	0.007			

NEUT% >70.0	2.39	<0.001	NEUT% >65.0	2.03	<0.001
LYMP# (x 10 ⁹ /L) <1.13	4.80*	<0.001	LYMP# (x 10 ⁹ /L) <1.20	6.63*	<0.001
LYMP% <24.0	2.17	<0.001	LYMP% <28.0	2.54	<0.001
MONO# (x 10 ⁹ /L) >0.74	2.48*	<0.001	MONO# (x 10 ⁹ /L) >0.70	1.33	0.030
MONO% >13.6	1.37	0.007	MONO% >12.0	6.83*	<0.001
EO# (x 10 ⁹ /L) <0.02	2.33	<0.001	EO# (x 10 ⁹ /L) <0.02	3.61*	<0.001
EO% <0.31	3.84*	<0.001	EO% <0.36	1.97	<0.001
BASO# (x 10 ⁹ /L) <0.01	1.72	<0.001	BASO# (x 10 ⁹ /L) <0.01	2.70	<0.001
BASO% <0.10	2.81	<0.001	BASO% <0.10	0.59	<0.001

157 *= Haematological parameters with the most significant predictors for the presence of
 158 malaria for adult males and females.

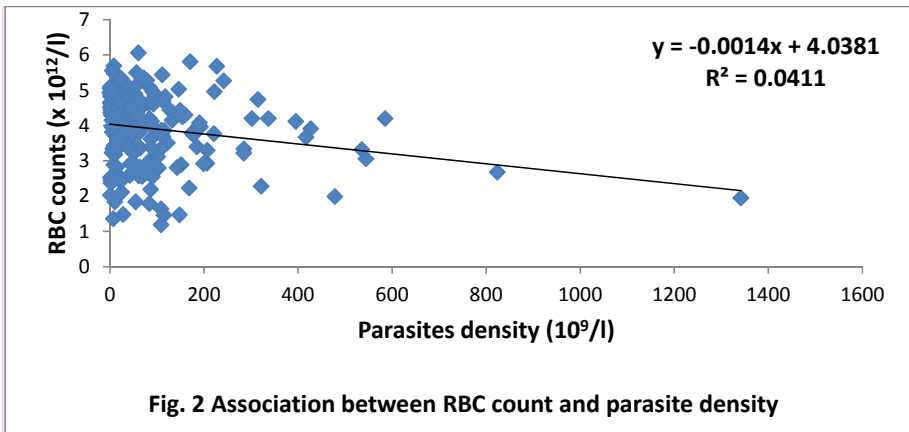
159 Reference ranges used was obtained from Akuetteh¹⁷.

160 **Correlation between each haematological profile and parasite density.**

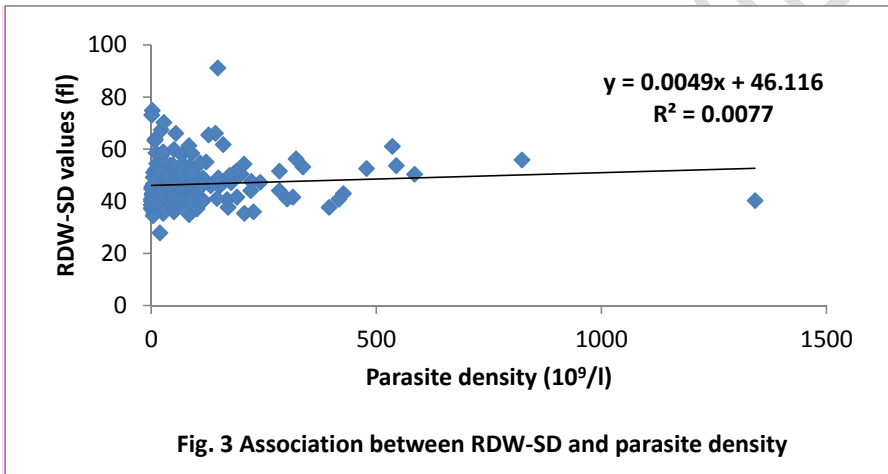


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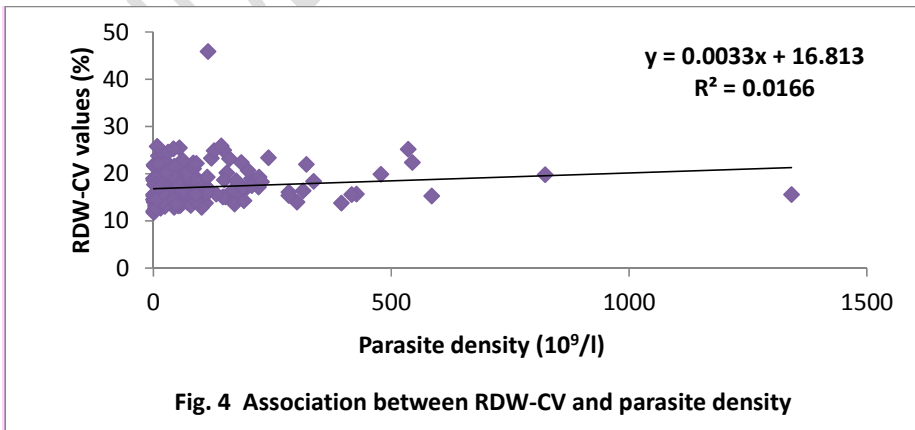
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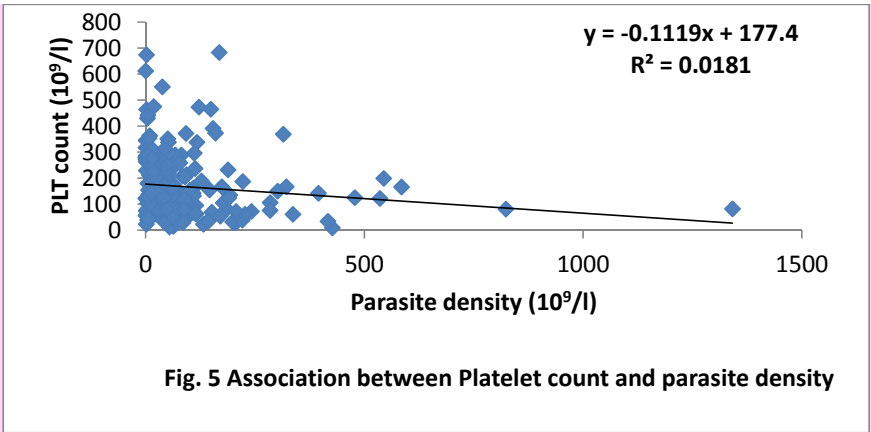
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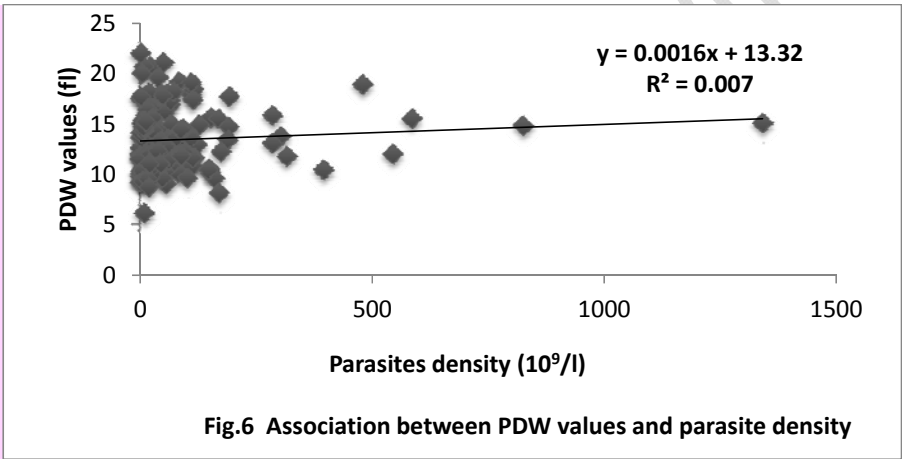
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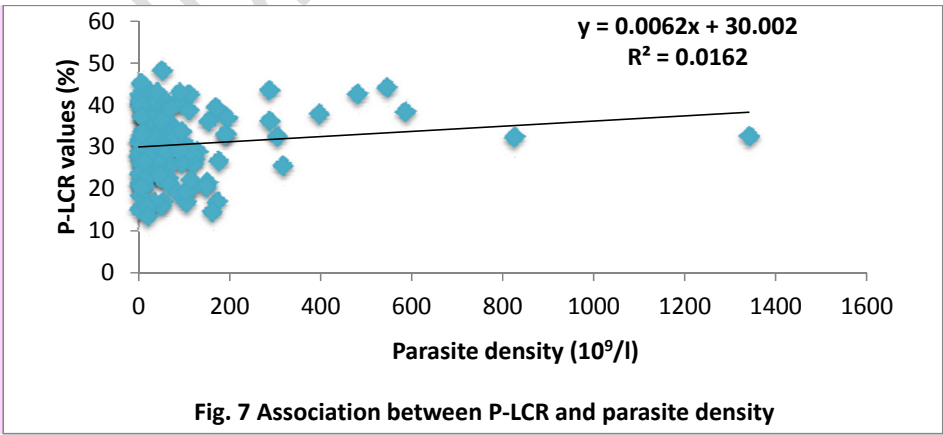
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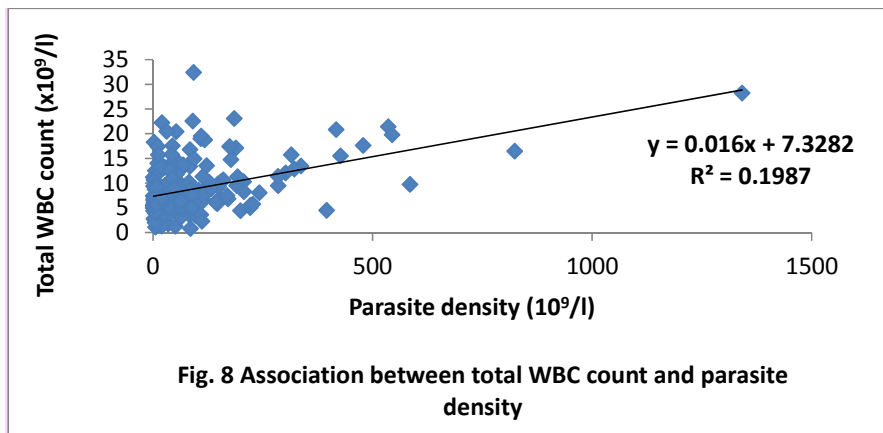
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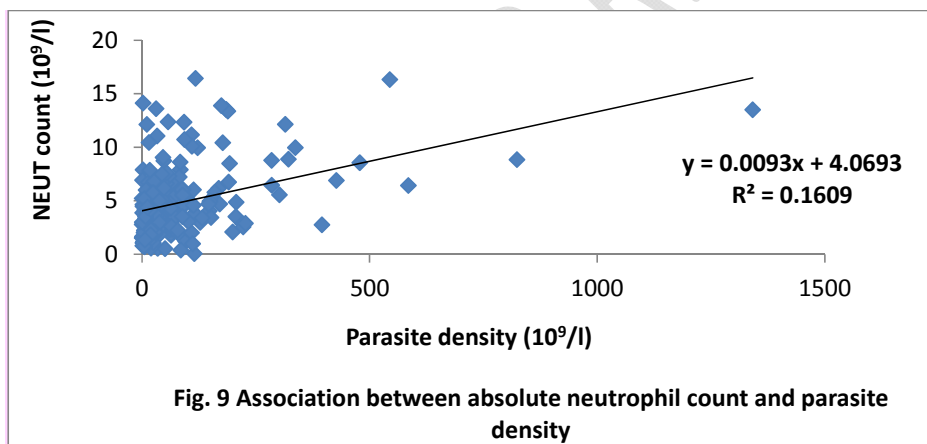
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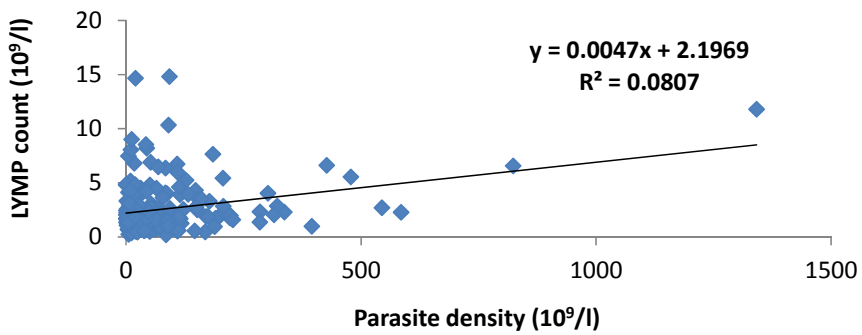


Fig. 10 Association between absolute lymphocyte count and parasite density

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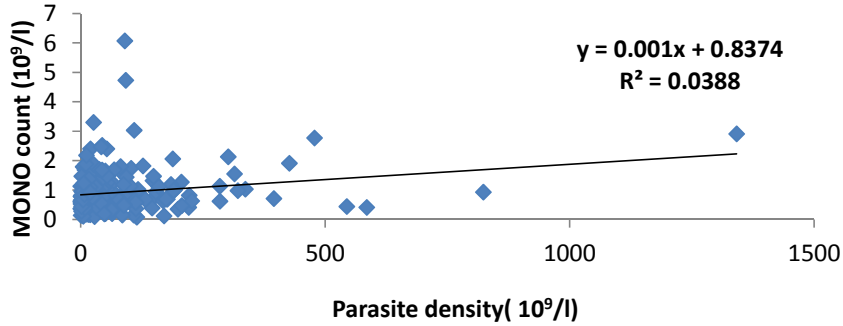


Fig. 11 Association between absolute monocyte count and parasite density

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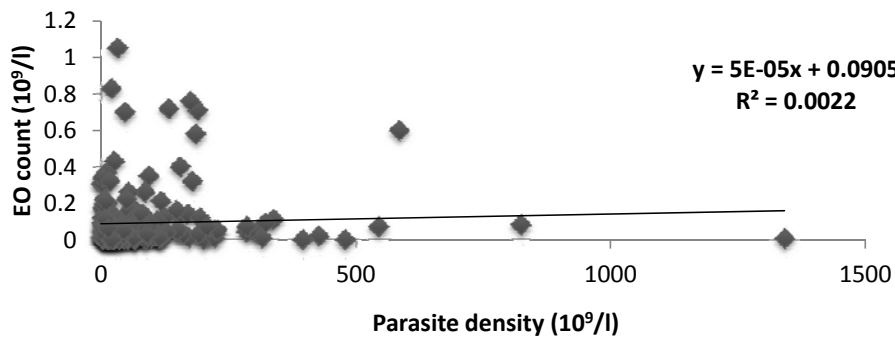
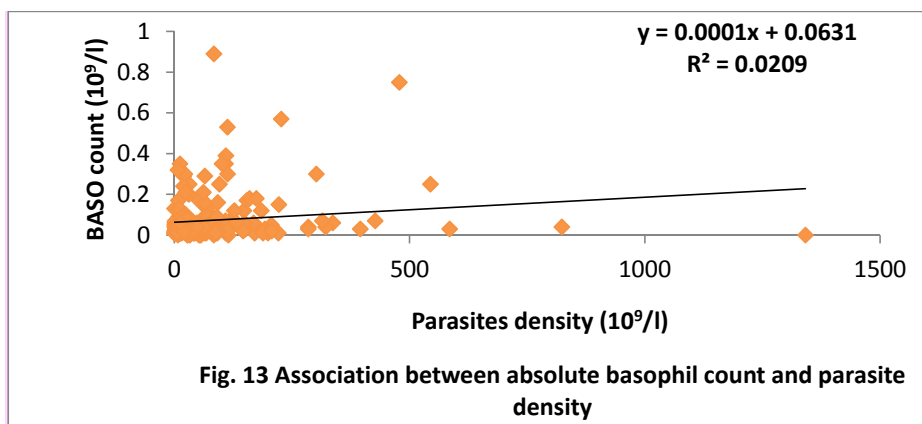


Fig. 12 Association between absolute eosinophil count and parasite density

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186 **Discussion**

Comment [OP11]: Make Figures self explanatory. They are too cumbersome and not easy to understand by a layman.

187 In the study (Table 1 and 2) it was identified that, various hematological profiles give
 188 likelihood indication of diagnosing malaria but there was variation on age and sex. Anemias
 189 was not a good predictor of malaria for children less than 5 years, 6-16 years and adult
 190 females and have been confirmed by a previous study in India where they observed
 191 likelihood of 1.95 of Hb at < 10g/dl. This could be attributed to low hemoglobin
 192 concentrations associated with these categories probably due to poor nutrition and
 193 physiological variations. However, from (Table 2) anemia was 3.89 times more likely to be
 194 associated with malaria in adult males RBC's and HCT were better predictors of malaria in
 195 the various age categories than Hb.

196 A platelet count was better predictors of malaria in all the age and sex categories, a previous
 197 observation which this study also confirmed. In a study on over two thousand patients with
 198 fever, Erhart *et al.*¹⁸ reported platelet count of less than $150 \times 10^3/\mu\text{l}$ increases the likelihood of
 199 malaria by 12-15 times whiles Lathia *et al.*¹⁹ reported likelihood of malaria by 5.04 at $150 \times$
 200 $10^3/\mu\text{l}$ and Laura *et al.*²⁰ reported 14.7 for *P. falciparum* infection at $150 \times 10^3/\mu\text{l}$. The
 201 likelihood of 10.17, 3.39, 6.17 and 10.2 was reported at platelets counts less than $200 \times$
 202 $10^3/\mu\text{l}$, $170 \times 10^3/\mu\text{l}$, $140 \times 10^3/\mu\text{l}$ and $145 \times 10^3/\mu\text{l}$ for children under 5, 6-16 years, adult
 203 females and males respectively.

204 PCT presented in (Table 1 and 2) with significant likelihood of 7.61 and 8.02 for children less
 205 than 5 years and adult males respectively. The reason for this observation is attributed to the
 206 fact that PCT is proportional to platelets counts just as HCT is proportional to HB and RBC
 207 count.

208 Another striking observation in this study is the increase in likelihood of MPV (4.01 and
209 9.82) for children, 6-16 years and adult females respectively. There is no literature to support
210 this observation but may be due to the presence of increase younger platelets in positive
211 malaria cases the same way increase in MCV is associated with reticulocytosis in malaria.
212 In this study, leukocytosis, absolute neutrophilia, monocytosis and eosinopenia were
213 observed to be good predictors of malaria in children between 6-16 years of age with
214 likelihood of 8.92, 4.23, 13.2 and 2.09 respectively. For children less than 5 years, absolute
215 basophilia was the only leukocyte predictor associated with the presence of malaria.
216 However, leukopenia, absolute lymphopenia, monocytosis and eosinopenia were profiles that
217 gave high likelihood ratio for adult males while absolute lymphopenia and eosinopenia were
218 the only strong predictors of malaria for adult females.

219 There was a strong negative association between HB and parasite density ($r = -0.23$). This
220 means that higher parasites density is associated with lower HB concentrations. The
221 coefficient of determination ($r^2 = 5.3\%$), (figure 1).

222 There was a strong negative association between RBC count and parasite density ($r = -0.203$).
223 This suggests that higher parasites density is associated with lower RBC count. The
224 coefficient of determination ($r^2 = 4.1\%$), (figure 2).

225 There was no association between MCV, MCH and MCHC values and parasites density ($r = -$
226 $0.05, -0.08$ and -0.02 respectively). This means that higher parasites density is not associated
227 with lower MCV, MCH and MCHC values respectively. The coefficient of determination (r^2
228 $= 0.41\%, 0.68\%$ and 0.05% respectively).

229 There was a weak positive association between RDW-SD values and parasites density ($r =$
230 0.09). This indicates that higher parasites density is associated with higher RDW-SD values.
231 The coefficient of determination ($r^2 = 0.8\%$), (figure 3). There was a weak positive association
232 between RDW-CV values and parasites density ($r = 0.13$). This means that higher parasites
233 density is associated with higher RDW-CV values. The coefficient of determination ($r^2 =$
234 1.7%), (figure 4).

235 There was a weak negative association between platelets count and parasites density ($r = -$
236 0.13). This suggests that higher parasites density is associated with lower platelets count.
237 The coefficient of determination ($r^2 = 1.8\%$), (figure 5).

238 There was a very weak positive association between PDW values and parasites density ($r =$
239 0.08). This means that higher parasites density is associated with higher PDW values. The
240 coefficient of determination ($r^2 = 0.7\%$), (figure 6).

241 There was no association between MPV and PCT values and parasites density ($r = -0.009$, -
242 0.0015 respectively). This means that higher parasites density is not associated with lower
243 MPV and PCT values respectively

244 There was a weak positive association between P-LCR values and parasites density ($r =$
245 0.13). This indicates that higher P-LCR values are associated with higher parasites density.
246 The coefficient of determination ($r^2 = 1.7\%$), (figure 7).

247 There is a strong positive association between total WBC count and parasite density ($r =$
248 $+0.45$). This suggests that higher parasites density is associated with high total WBC counts.
249 The coefficient of determination ($r^2 = 20\%$) (Figure 8)

250 There is a strong positive association between absolute neutrophil count and parasite density
251 ($r = +0.40$). This means that higher parasites density is associated with higher absolute
252 neutrophil count. The coefficient of determination ($r^2 = 16\%$), (figure 9) There is a weak
253 positive association between absolute lymphocyte count and parasite density ($r = +0.28$). This
254 means that higher parasites density is associated with higher absolute lymphocytes counts.
255 The coefficient of determination ($r^2 = 8.0\%$) (Figure 10).

256 There is a strong positive association between absolute monocyte count and parasite density
257 ($r = +0.20$). This suggests that higher parasites density is associated with higher absolute
258 monocyte count. The coefficient of determination ($r^2 = 4.0\%$), (figure 11).

259 There is a very weak positive association between absolute eosinophil count and parasite
260 density ($r = +0.05$). This means that higher parasites density is associated with higher
261 absolute eosinophil count. The coefficient of determination ($r^2 = 0.23\%$), (figure 12). There
262 is a weak positive association between absolute basophil count and parasite density ($r =$
263 $+0.14$). This means that higher parasites density is associated with higher absolute basophil
264 count. The coefficient of determination ($r^2 = 2.1\%$), (figure 13).

Comment [OP12]: Each outcome should have supporting literatures that are current and relevant to the study.
Give reasons for each outcome.

267 | **Conclusions**

268
269 | The haematological profiles give likelihood indication of diagnosing malaria but there was
270 variation on age and sex. Anaemia, low RBC count, HCT, PLT, PCT, leukopenia, absolute
271 lymphopenia, monocytosis and eosinopenia can heighten the suspicion of malaria in adult
272 males. The degree of anaemia, low HCT, low RBC, low platelets, leukocytosis, absolute
273 neutrophilia, monocytosis and lymphopenia is associated with the parasites density level.

274 Haematological profiles can be used in addition to the clinical and microscopic parameters to
275 heighten the suspicion of malaria, and prompt initiation of the therapy.

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277

278

279 **Reference**

- 280 1. Mendis, K., Sina, B., Marchesini, P., Carter, R. 2001. "The neglected burden of
281 *Plasmodium vivax* malaria." *Am J Trop Med Hyg* **64** (1-2 Suppl): 97-106.
- 282
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284 malaria. *Am J Trop Hyg.* **71**(Suppl 2):1-15.
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Comment [OP13]: References are too obsolete and need to be changed. Recent ones (2010-2019) are advised to be used.

UNDER PEER REVIEW