Original Research Article

MODULATORY EFFECT OF ASCORBIC ACID ADMINISTRATION ON RECTAL TEMPERATURE, PERCENTAGE OF EXCITABILITY AND BODY WEIGHT CHANGES OF WEST AFRICAN DWARF GOATS TRANSPORTED BY ROAD

ABSTRACT

This study was conducted with the aim of evaluating the modulatory effect of ascorbic acid supplementation on rectal temperature, body weight changes and percentage excitation of West African Dwarf (WAD) goats transported by road for eight hours. A total of twenty eight (28) male West African dwarf goats of eight months to one year old were used for this study. The animals were divided into four groups of seven animals each. Animal in group A and C were given ascorbic acid at the dosage of 250mg/kg body weight while group B and D were only given 10ml of sterile water each. Animals in group A and B were transported while those in group C and D were inside the pen on the day of transportation. The rectal temperature obtained at the experimental site before and after transportation in all the groups were not significantly ($p>0.05$) different. On the day of journey, rectal temperature of animals rise from 38.25±0.19^{o}C to 39.44±0.12 in group B, from 38.58±0.13 to 39.42±0.11^{o}C in group D while it fluctuate between 38.38±0.15 and 38.00±0.15^{o}C in group A eight hour into the journey. At the end of the journey, there was significant ($p<0.05$) difference between the ascorbic acid supplemented groups and non-ascorbic acid supplemented groups. the average live weight of WAD goats in kg before the transportation were 9.14±0.52, 8.85±0.58, 8.87±0.37 and 8.93±0.59kg in groups A, B, C and D respectively. Although there was no significant ($p>0.05$) difference in the live weight of goats in the various groups pre and post transportation but a percentage difference of 3.06, 5.53, 3.38 and 4.45 was obtained in group A, B, C and D respectively. Weight of animals in group A (9.83±0.45kg) and group C (9.32±o.34kg) were higher than the weight recorded in group B (9.00±0.95kg) and D (8.80±0.69kg) seven days post transportation. The percentages of excitation recorded immediately after transportation in ascorbic acid supplemented groups were significantly ($p<0.05$) higher than the non-ascorbic acid supplemented groups.

In conclusion, transportation of WAD goats constitute stress which could have adverse effect on rectal temperature, live weight and excitability scores, thus it is recommended that ascorbic acid should be administered to goats prior to transportation to ameliorate the stress.

Key words: Road transportation, ascorbic acid administration, WAD goats, rectal temperature, percentage of excitation and live weight changes

1. INTRODUCTION

Goat production is increasingly becoming a major source of animal protein in Nigeria, contributing over 30 percent to the total meat consumption in the country (1). Goat population has witnessed a positive growth rate in the last twenty (20) years (2) and the goats are inevitably subjected to transportation for the purpose of marketing and slaughter outside places where they are produced (3). Handling, loading, food deprivation, vibrations, centrifugal forces, confinement, poor air quality and mixing of unfamiliar groups are some of the potential sources of stress during transportation (4). Adverse climatic conditions such as high or low temperatures and high relative humidity are also additional stress sources to animals during transportation (5).Transportation stress has remarkable physiological effects such as increased adrenal cortical activity, decreased immunity, increased morbidity and mortality due to infectious diseases and weight loss (6; 4). As a result, transportation stress has both economic (productivity) and welfare concerns (7). Live weight loss during transportation and handling is of particular economic importance in small ruminants since the digestive tract comprises a greater proportion of live weight than in cattle and swine (8).

Anti-oxidants such as vitamin C and E are free radical scavengers, which protect the body defense system against excessive produced free radicals during transportation stress and stabilize health status of the animals (9). Vitamin C has 2-fold importance: (i) it spares vitamin E (10) and (ii) it helps in reduction of tocopheroxyl radicals back to its active vitamin E (11). Although ruminants can synthesize vitamin C (12), a large reduction in plasma vitamin C concentration was reported in calves stressed by housing conditions (13) and heat stressed cows (14). Oral supplementation of vitamin C effectively alleviated stress in sheep (15) and goats (16; 17).

Several studies have evaluated the responses of small ruminants to transportation stress in different geographical parts of Nigeria (17; 16; 3). There is paucity of information in the available literature on the excitability score and live weight of WAD goats to stress due to road transportation in the middle belt area of Nigeria considering the fact that this animals are indigenous to this area, and the main mode of transportation is by road which has been documented by various authors to be stressful (18). Hence, this experiment was designed to evaluate the effect of road transportation stress on rectal temperature, excitability score and weight loss on this group of animals and the possible role of ascorbic acid.

2. METHODOLOGY

2.1 Study Area

The study was conducted at Small Ruminant Unit of University of Agriculture Teaching and Research Farm Makurdi, Benue State, Nigeria. Makurdi is located in Latitude 6 – 8 ^{0} N and Longitude 6 – 10 ^{0} E. The area is warm with a minimum temperature range of 17.3 – 24.5^{0} C and a maximum temperature range of 26.5 - 42^{o}C with annual rainfall of 1,317 – 1,323 mm which spans between 6 - 7months (19) while the relative humidity is between 47- 85% (20).

2.2 Experimental Animals and Management

Twenty eight (28) West African Dwarf male goats, eight months to one year old served as the subjects of this study. The goats were sourced from Makurdi metropolis. They were reared under the semi intensive management system and were kept in four of the pens in the building meant for small ruminant in the farm. The building has a long corridor of about 1m long with each pen measuring 285 x 285cm for animals on both sides of the corridor. The pen has a large wide windows measuring 180 x 126cm with a wire mesh for natural ventilation. The goats were not restrained inside the pen and were stocked at a rate of 1m^{2}/goat. Two weeks before transportation, the goats were screened for common diseases and prophylactic treatment against ecto- and endoparasites was given. Thereafter, the goats were individually vaccinated with NVRI PPR vaccine against PPR and were ear-tagged to enable identification.

2.3 Experimental protocol/ Design

Twenty eight (28) selected animals were randomly allotted into four groups of seven each (Group A– D). Animals belonging to each group were identified and numbered with plastic ear-tag during the study.

The grouping of the animals was done as follows:

Group A (n=7): animals in this group were subjected to ascorbic acid administration prior to transportation.

Group B (n=7): animals in this group did not receive ascorbic acid but were transported together with those in group A.

Group C (n=7): ascorbic acid was administered to this group but they were not transported.

Group D (n=7): animals in this group acted as the negative control group (they were given only distilled water and were not transported).

2.3 Measurement of rectal temperature

The rectal temperature was measured using a standard thermometer (Divine care®, Nigerian Ltd) at 7:00, 13:00 and 18:00h for three consecutive days before and after transportation. The thermometer was inserted through the anus into the rectum of each goat and was left there for five minutes after which the value was read as correspond to the level of the rising mercury in the thermometer indicating the end of the reading (21).

2.4 **Weight measurement and percentage excitation estimation**

The live weight of each WAD goat was measured using a standard weighing scale (Sunbeam Coy, USA) in the morning on the day of transportation, immediately after transportation and seven days post transportation. Percentage of excitations were recorded during weighing of each goat as described by Kannan *et al*, (8) and Adenkola and Alilu, (21).

2.5 **Transportation of animals**

On the day of transportation, the goats in group A (n = 7) and group C (n = 7) were orally and individually administered with Ascorbic Acid (Juhel® Nigeria Ltd) at 200 mg/kg (22) dissolved in 10 ml of water, while 7 goats in groups B and D were given 10 ml of sterile water. The administrations was made between 15 to 30 minutes before loading the goats into the vehicle. Food and water were withdrawn 12 h before the journey and throughout the journey period. The vehicle travelled along Makurdi - Otukpa road from University of Agriculture Makurdi Teaching

and Research Farm on tarred smooth and rough road for 8hrs at the speed of 40-50km/h covering a total of 400km and back to the starting point. After completing the journey, the goats were unloaded at the spot where they were originally loaded and given feed and water.

2.6 Vehicle design

A standard Peugeot bus (J5), popularly used in the middle belt region of Nigeria for transportation of livestock was used to transport the rams. The inner compartment of the vehicle measured 3.63 x 1.35 x 1.7 m high. The side walls of the vehicle 'from the floor to the roof were completely covered with corrugated aluminum sheets, which were smooth with no protrusion of sharp edge and 'with a window, which provided for adequate ventilation. Each window measured 1.02 by 0.51 m on both sides of the vehicle and was at the height of about 0.71m from the floor. A door which measured 1.3m by 1.59m was provided at the rear end of the vehicle. Other transportation procedures were carried out in accordance with the standard guidelines governing the welfare of livestock during road transportation (23). They were made to stand inside the vehicle in rows without any form of restraint. The journey commenced at 9:00 am on the day of transportation.

3. RESULTS

3.1 Effects of ascorbic acid administration, loading and eight hours of road transportation on rectal temperature of the goats

Rectal temperature (RT) of the goats at the experimental site before transportation, during and after transportation are shown in fig 1-3.

The RT value was lowest at 7:00h in all the groups with the values of 37.61 ± 0.19^0C, 36.97 ± 0.30^0C, 37.67 ± 0.24^0C and 37.28 ± 0.20^0C in groups A, B, C and D respectively on the first day. The value of rectal temperature obtained at 7:00h on the second and third day before transportation was not statistically significant ($p>0.05$) in all the groups.

On the first day at 13: 00 h, the values of RT obtained in group B with the values of 38.08 ± 0.15 ^{0}C was significantly ($p<0.05$) lower than the values of RT in group D with a value of 38.74 ± 0.13^0C. On the second day at the same time, values of 38.91 ± 0.14^0C and 39.00 ± 0.18^0C was obtained in groups A and D. this value were significantly ($p<0.05$) higher than the value of 38.23 ± 0.26^0C obtained in group B. however, there was no significant ($p>0.05$) difference in the

144 value obtained on the third day pre transportation at 13: h in all the groups. The value of RT
145 obtained at 18: h, was not statistically significant in all the groups on the first, second and third
146 day of rectal temperature determination.

147 On the day of journey, the RT values obtained before the commencement of the journey was
148 38.38 ±0.15^{0}C, 38.25±0.19^{0}C, 38.57±0.26^{0}C and 38.58±0.13^{0}C in groups A, B, C, and D
149 respectively. These values were not significantly ($p>0.05$) different in all the groups. The RT
150 value obtained in group A decreased from initial values of 38.38±0.15^{0}C before the journey to
151 38.00±0.15^{0}C in the eighth hour of the journey. Similar observation was seen in group C with
152 initial value of 38.57±0.26^{0}C and final value of 38.37±0.20^{0}C. The RT value obtained in group C
153 was not significantly ($p>0.05$) different from the values obtained in group A. the RT value in
154 groups B and D during the journey increased from 38.25±0.19^{0}C to 39.44±0.12^{0}C in group **B**
155 and 38.58±0.13^{0}C to 39.42±0.11^{0}C in group D at the eighth hour of journey. At the fourth hour
156 into the journey and at the end of the journey, there was significant ($p<0.05$) difference between
157 the ascorbic acid treated groups (A and C) and the non-ascorbic acid treated groups (B and D).

158 The overall RT value three days after the journey at 7:00h was 37.46±0.42^{0}C, 37.00±0.27^{0}C,
159 37.37±0.23^{0}C and 37.15±0.09^{0}C which rose to 38.96±0.32^{0}C, 39.08±0.07^{0}C, 38.93±0.11^{0}C and
160 39.11±0.09^{0}C by 18:00h in group A, B, C, and D respectively. These values were not
161 significantly ($p>0.05$) different from each other statistically.

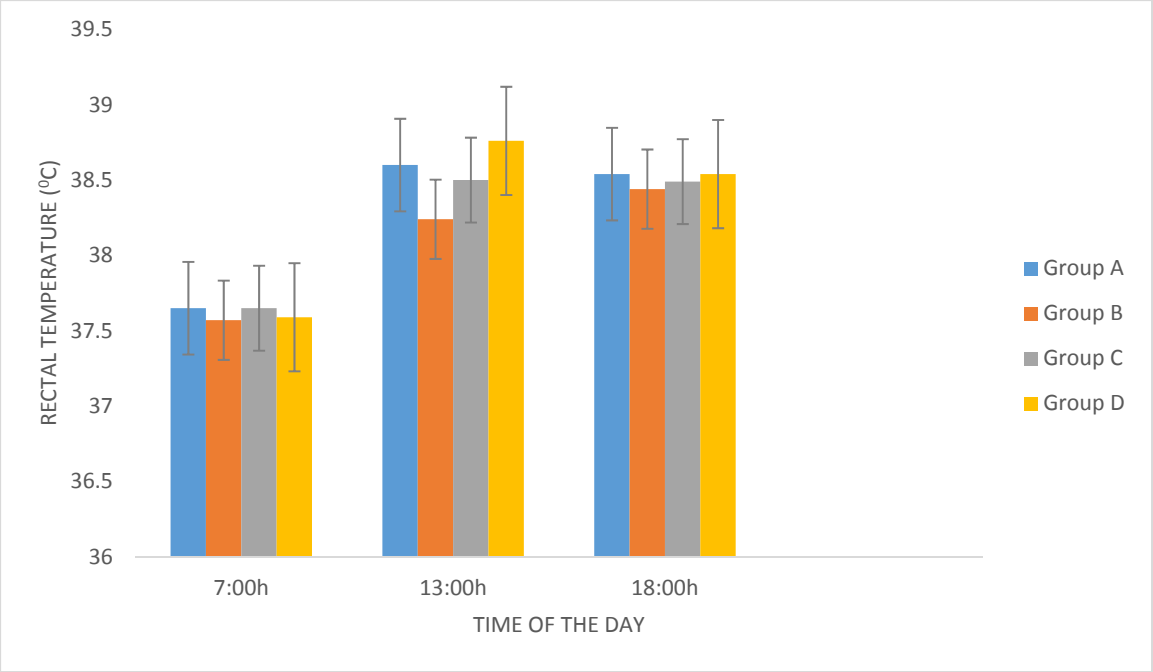

Fig 1: Rectal temperature of goats at the experimental site before transportations.

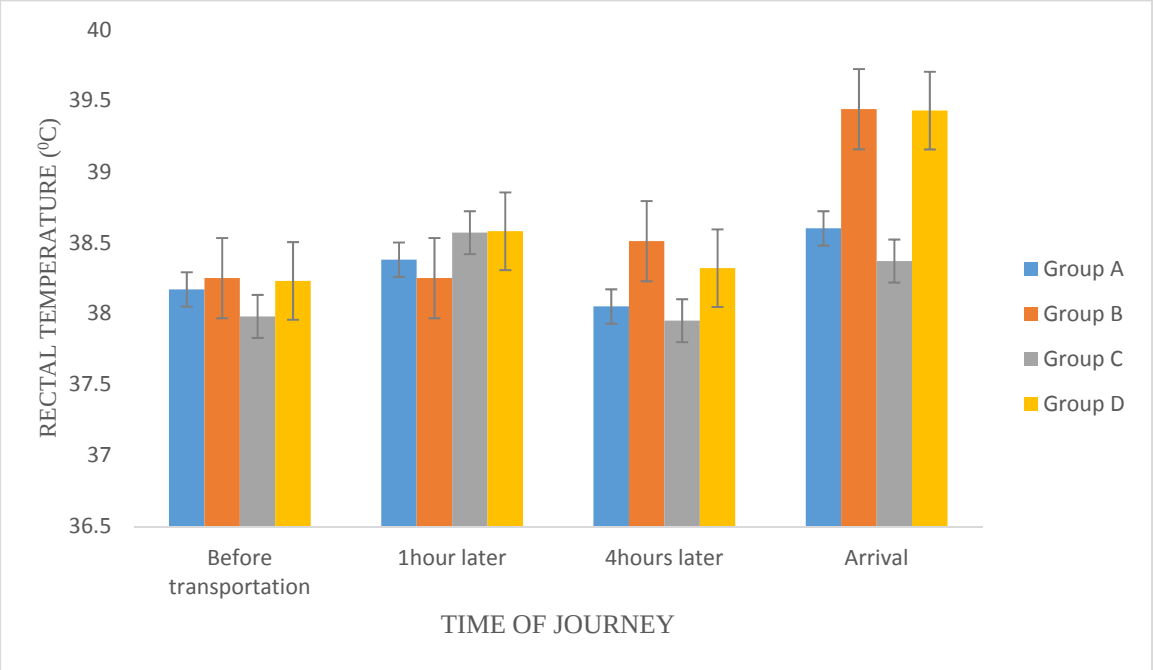

Fig 2: Effects of ascorbic acid administration and eight hours of road transportation on rectal temperature of goats on the day of transportation.

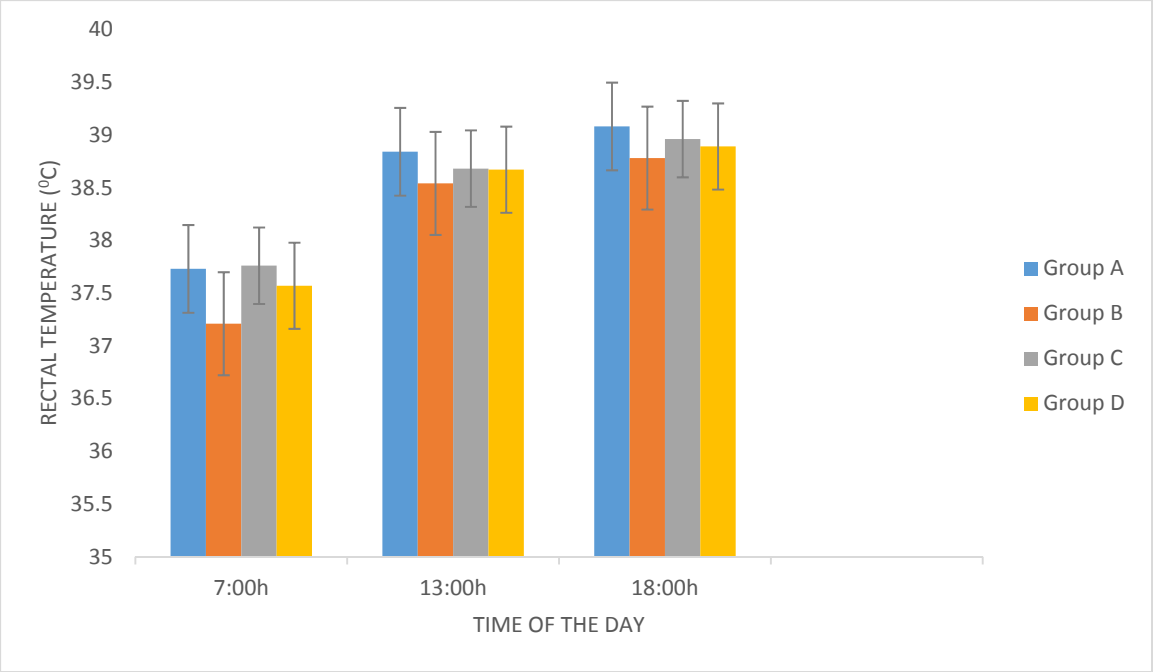

Fig 3: Average rectal temperature of goats at the experimental site after transportation

3.2 Effects of ascorbic acid administration and eight hours of road transportation on body weight of the goats

The average body weight of the West African dwarf (WAD) goats in kg pre- transportation were 9.14±0.52kg, 8.85±0.58 kg, 8.87±0.37 kg, and 8.93±0.59 kg in Groups A, B, C, and D respectively as shown in fig 4 and Table 1. There was no statistically significant ($p>0.05$) difference in the live weights recorded in all the group pre- transportation. Also there was no significant ($p>0.05$) difference between the live weight of the goats' pre-transportation and post transportation; however, a percentage difference of 3.06, 5.53, 3.38 and 4.45 was obtained in group A, B, C and D respectively. Weight of the animals in group A (9.83±0.45kg), and group C (9.32±0.34kg) were higher than the weight recorded in group B (9.00±0.95kg) and group D (8.80±0.69kg) 7days post transportation.

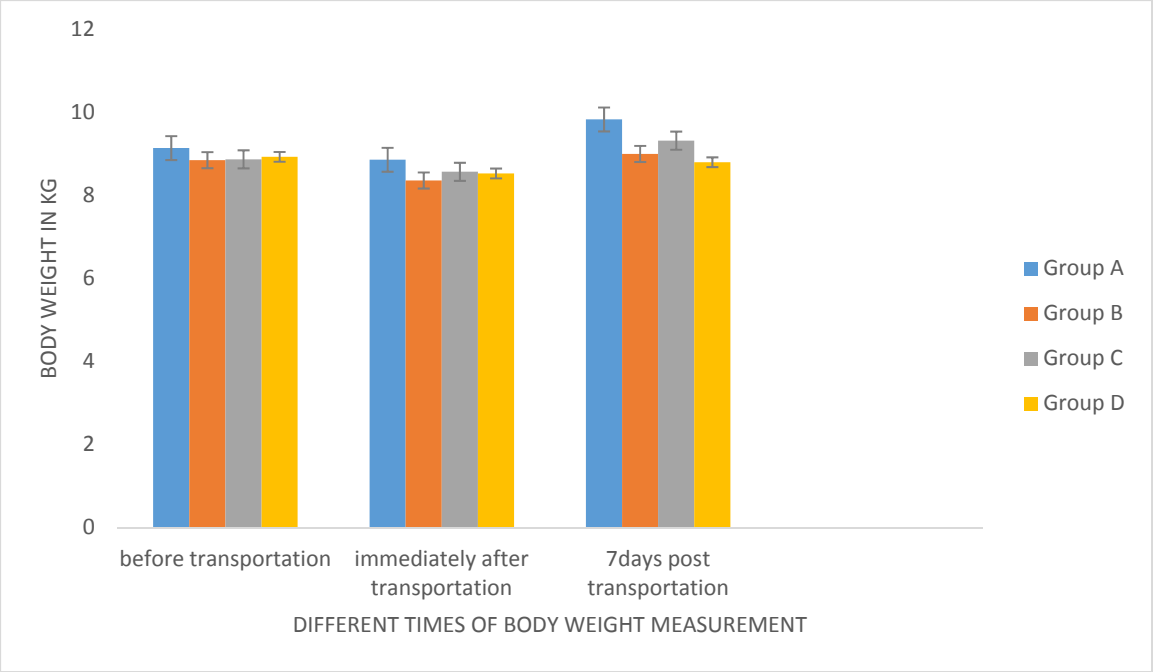

Figure 4: Body weight changes of WAD goats in kilo grams (Kg) at different time of weight measurement.

TABLE 1: BODY WEIGHT CHANGES OF WEST AFRICAN DWARF GOATS

Groups	Before transportation	Immediately after transportation	7days post transportation	Percentage difference between before and after transportation
Group A	9.14±0.52	8.86±0.49	9.83±0.45	3.06
Group B	8.85±0.58	8.36±0.51	9.00±0.95	5.53
Group C	8.87±0.37	8.57±0.34	9.32±0.34	3.38
Group D	8.93±0.59	8.53±0.59	8.80±0.69	4.45

The mean ±SEM body weights of WAD goats in Kg of different groups at different time of weight taking.

3.3 Effects of ascorbic acid administration and road transportation on percentage excitation of the goats

The results of the percentage of excitation in all the treatment groups are shown in Fig 5. Percentage of excitation recorded in group A had the values of 60.71±5.05% and group C with the value of 71.43±6.52%, while groups B and D had the percentage of excitation with the values of 57.14±4.61% and 50.00±0.00% respectively. There was significant ($p<0.05$) difference when group C was compared with groups B and D pre- transportation. Immediately after transportation, the highest excitability score of three was recorded in groups A and C with the values of 60.71±5.05% and 67.85±4.61% while the lowest values of 39.29±5.05% was recorded in groups B and D respectively. These values were significantly ($p<0.05$) higher in the ascorbic acid treated groups than the non-ascorbic acid treated groups. However, there was no significant ($p>0.05$) difference in the obtained values for the percentage of excitation 7days post transportation.

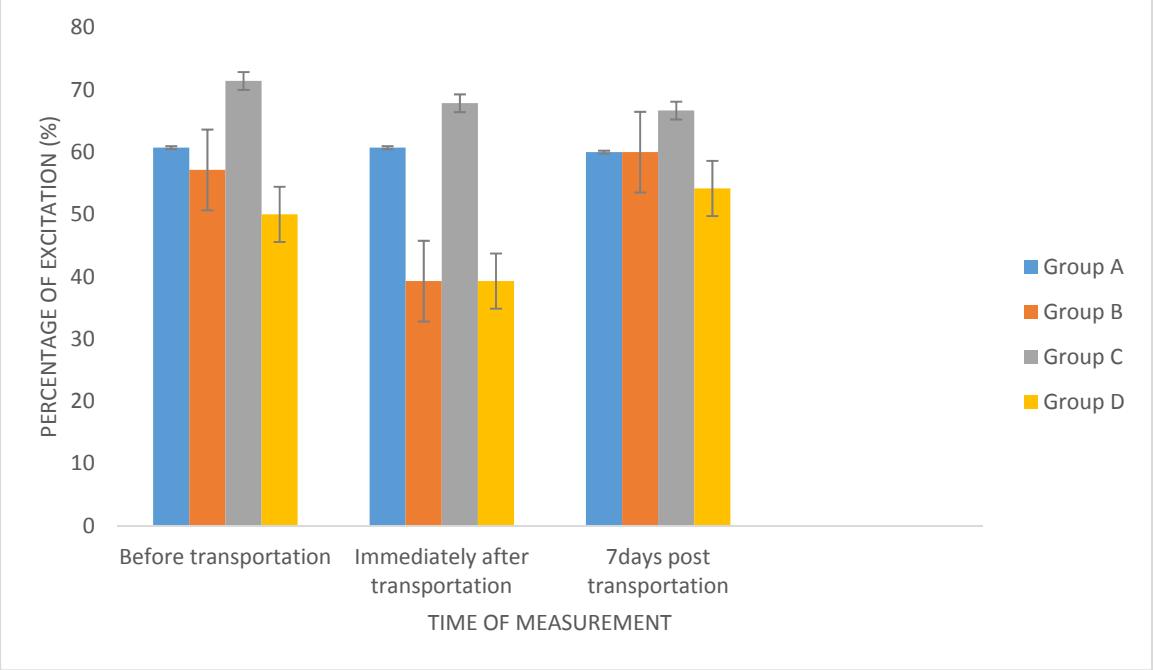

Figure 5. Percentage excitation of WAD goats following administration of ascorbic acid before loading, immediately after transportation and seven days post transportation respectively.

4. DISCUSSION

Rectal temperature (RT) is a true reflection of internal body temperature and a reliable index of thermal balance (24). The RT values recorded in all the goats were within the established normal range value (38 – 40^0C) documented for goat in the tropic (9). This implied that the goats were healthy and fit for the journey. The result obtained in this study indicate variations in RT of goats at different hours of recordings as evidenced by gradual increase in RT from 7:00h to 18:00h in all the groups especially in the values recorded before and after the journey. The fluctuations in RT values in this present study agrees with the findings of (25) and (26) who reported that RT values vary with the hour of the day and ambient temperature which could be above or below the zone of comfort. In this study, we observed that the RT values recorded at 13:00h were not significantly ($p>0.05$) different from the values of RT recorded at 18:00h. This finding does not agree with the report of (9), who recorded a highest RT value at 13:00h in the same study location. This difference could be due to variation in meteorological parameter, season of research, specie and age of the animal used. The non-significant ($p>0.05$) difference observed in the RT of all the animals before the journey, could be due to the fact that more time was needed for the effect of ascorbic acid to be manifested in groups A and C following the administration. This is in agreement with the result of (27) and (16) in goats; (28) in pigs and (29) in chicken who reported that ascorbic acid administration did not exert any significant effect on the RT during loading.

However, the RT values obtained 1 hour into the journey increased even to the 8th hour significantly ($P < 0.05$) and this effect is more in the group which was not administered any antioxidants. The effect seen could be attributed to the high concentration of free radicals generated as this free radical generation increases with the hour of journey and the effect is more in the groups B and D in which an antioxidant was not administered, while the effect was less in the groups in which the antioxidants was administered. Free radical generation has been known to inhibit the hypothalamic thermostat (30) in modulating the RT in animal subjected to environmental stress, and this environmental stress has been demonstrated to cause oxidative stress and impairs *antioxidants in vivo* (31) and therefore antioxidants supplementation has been shown to be beneficial in reducing the adverse effect of environmental stress (32) and stress induced tissue damage. The finding in this study agrees with the earlier work of (28) and (3) who

241 administered vitamin C to pigs and rams and transported them for eight hours respectively.
242 Antioxidants vitamins have been shown to prevent or reduce considerably the free radicals
243 induced damages to body cells (33).

244 The little decrease in the live weight of the control animals (B and D)seen immediately
245 after transportation in this present study demonstrate that road transportation of WAD goat was a
246 bit stressful and has adverse effect on the wellbeing of this animals. This finding is in
247 concordance with the report of (5 and 34). Loss of live weight during transportation is mostly
248 due to loss of water (dehydration) and deprivation of food. High ambient temperature may also
249 cause weight loss through loss of moisture from the respiratory tract. According to (5), animals
250 can lose when they are subjected to greater energy demands, such as those required to maintain
251 balance or for thermoregulation in transport.

252 Unlike the control goats, the live weight of goats treated with ascorbic acid did not change
253 significantly after the journey, which implied that ascorbic acid apparently reduced the negative
254 effects of transportation in goats. This result agrees with those of (16) in goats; (28), in pigs; (35)
255 in rabbits. The increase in live weight of the experimental goats 7days post transport observed in
256 this study is in line with the report of (36), who reported that ascorbic acid supplementation
257 enhance full weight gain and better feed utilization in piglets.

258 Therefore administration of ascorbic acid pre-transportation in goats may reduce decrease in live
259 weight often encountered during transportation thereby enhancing the productivity and
260 profitability of goats in the study area.

261 The results obtained on the percentage of excitation demonstrated that transportation of
262 goats, apparently, has adverse effects on the nervous system of the animals as evidenced by a
263 decrease in the values of percentage of excitation in groups B and D. This progressive decrease
264 in percentage of excitation in this group of animals (control animals) reflected the state of
265 physical and mental alertness of the animals, indicating sensorimotor reflex and neuromuscular
266 coordination. This decrease may be due to generation of free radical which possibly induced
267 lipid per oxidative damage to the brain (37) and impairs the activity of the cerebral cortex,
268 because brain is highly vulnerable to oxidative damage due to high utilization of inspired oxygen
269 and the large amount of easily oxidized polyunsaturated fatty acid (38). Free radicals play an
270 important role in neurodegenerative disorders by oxidizing the macromolecules like protein,

deoxyribonucleic acid and lipids leading to the common final pathways for cell death (38). The increased excitability scores recorded in the treatment groups administered with AA is in line with the findings of (9) who demonstrated that ascorbic acid protects the cholinergic receptors from free radical induced oxidative damage. This finding is also in agreement with the result obtained by (30) which showed the pre- treatment with antioxidant continuously reversed stress-induced neurobehavioral changes in rat. Percentages of excitation recorded in all treatment groups seven (7) days post transportation were not significantly ($p>0.05$) different from the values obtained pre-transportation. This finding shows that ascorbic acid facilitated the rapid transition of the state of depression that followed excitation (occurring during transportation) immediately after the journey, indicating a re-activation of the nervous system. This study has also demonstrated that ascorbic acid improves brain function and mood as observed by (8).

5. CONCLUSION AND RECOMMENDATION

Road transportation of livestock is very stressful; the impaired homeostatic mechanisms associated with road transportation can be modulated by antioxidant administration (ascorbic acid) and thus reduced economic losses incurred due to road transportation of livestock.

ETHICAL APPROVAL

Ethical approval for the animals that were used in this study was obtained from the research ethic committee of College of Veterinary medicine, Federal University of Agriculture, Makurdi, Benue State, Nigeria.

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