

Spermatozoa characteristics, serum metabolites and testicular oxidative stress traits in guinea pigs (*Cavia porcellus*) fed on *Zanthoxylum leprieurii* fruit

10 **ABSTRACT**

Zanthoxylum leprieurii belong to aromatic plants. Its fruit is commonly used as spice in soups and as medicine in many African countries. Because of its phytochemical composition, it can also be used as antioxidant. In the present study, effects of aqueous extract of *Z. leprieurii* fruit on reproductive function in male guinea pig (*Cavia porcellus*) was evaluated. Fifty male guinea pigs with an average weight of 320.56 ± 30 g, aged 4 months were used. They were divided into 5 groups (G1, G2, G3, G4 and G5) of 10 animals each. During 60 days, animals of G1 were daily given distilled water orally, while G2 received 100 mg/kg body weight (bw) of vitamin C. In the other hand, G3, G4 and G5 received respectively by the same method 50, 100 and 200 mg/kg bw of aqueous extract of *Z. leprieurii*. At the end of the treatment, all animals were sacrificed for evaluating the genital organs weight, sperm characteristics, serum levels of reproductive hormones and stress biomarkers. Results revealed that the weight of testes, epididymis, vas deferens and accessory glands did not significantly affect ($p>0.05$) in cavies exposed to different treatments compared to control animals. There was a significant ($p<0.05$) increase in serum content of FSH at 100 mg/kg. bw (26.67 ± 3.51 ng ml⁻¹) and LH at 50 mg/kg. bw (10.71 ± 2.42 ng ml⁻¹) in animals exposed to aqueous extract of *Z. leprieurii* with reference to the control groups. In addition, there is a non-significant increase ($p>0.05$) of the level of testosterone in the treated cavies compared to controls. Aqueous extract induced significant ($p<0.05$) increase in sperm mobility and sperm count in treated cavies with respect to the controls. The testicular activities of superoxide dismutase, catalase and peroxidase increased significantly ($p<0.05$) in guinea pigs exposed to aqueous extract of *Z. leprieurii* compared with those of control (G1). The reverse effect was observed concerning the concentration of malondialdehyde. In conclusion, the aqueous extract of *Z. leprieurii* fruit efficiently improves male reproductive characteristics by increasing level in reproductive hormones and an improvement of anti-oxidative enzymes activities.

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12 **Keywords:** Aqueous extract, *Z. leprieurii*, male guinea pig, reproduction.

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16 **1. INTRODUCTION**

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18 In Africa especially in tropical region, the use of plants and its extract for the treatment and management of diseases has been in existence since ancient times. Factors such as poverty and illiteracy still militate against availability and accessibility of conventional medical services. A larger number of tropical plants and their extract possess diverse bioactive molecules such as phenols, terpenes, tannins, alkaloids rich in various properties: anti-oxidant, anti-inflammatory, anti-cancer, anti-microbial and aphrodisiac [1]. These properties can be used in animal production to neutralize the effects of endogenous and exogenous in benefic of growth and productivity. Many studies in the area of animal production have shown that the decrease in animal growth and productivity is linked to poor quality of feed and water, climate changes, psychological and hormonal disorders and drug [2-5]. As a solution, the breeders previously used in animal diet, antibiotics as food additives to enhance their performances. Unfortunately, the use of that feed additive have been prohibited due to its side effects attached to microbial resistance, cell apoptosis and reprotoxicity [6].

28 Nowadays, natural plants products with marked pharmacological activities and available all year round, cheap, accessible
29 and often with minimal side effects [7, 8] are massively used to improve animal performances. Many plants among which
30 *Zanthoxylum lepreurii* due to their bioactive molecules (phenols, alkaloids and terpenes) have been reputed to improve
31 animal reproduction characteristics [9-11].

32 The seeds of *Zanthoxylum lepreurii* are largely used as spices by the people of Cameroon and especially those from
33 west region. It belongs to the family Rutaceae and it is an aromatic, spiny, thicket forming deciduous shrub or tree.
34 Ethnomedically, it is used in the treatment and management of muscle spasm, varicose vein, raynaud disease, arthritis,
35 rheumatism, neuralgia, fever, toothache and gum diseases [9]. Abdou [12] showed that the fruit of this plant possess
36 compounds such as phenols, flavonoids, tannins, vitamins A, E and C. These molecules possess diverse activities
37 including antioxidant properties which can be exploited to reduce the reactive oxygen species attacks in membrane and
38 nucleic acids of animal cell tissues in which the spermatozoa. This effect would subsequently increase the thickness of
39 spermatozoa membrane, their mobility, their viability and their concentration [13]
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41 Despite frequent and regular use, there is no reported work related to the effect of this plant on male reproductive
42 function. The study was thus intended to bridge the gap in our continued efforts to establish the effects of local food
43 spices and medications on male reproductive function.

44 45 46 2. MATERIAL AND METHODS

47 Selection of Animals and experimental feeding

48 Fifty male guinea pigs (*Cavia porcellus*) reared at the Teaching and Research Farm of the University of Dschang were
49 used. Their average body weight was 320.56 ± 30 g at the beginning of the assay. They were identified individually using
50 numbered earrings and housed in identical cages of 100 cm x 80 cm x 60 cm (length, width and height) under standard
51 conditions with free access to water and feed (Table 1). The average ambient temperature of the experimental housing was
52 22,5°C. All experiments were carried out in compliance with the recommendations Guide of the National Academy of
53 Sciences on the care and use of laboratory Animals [14] and approved by the department of animal science.

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72 **Table 1:** Composition and chemical characteristics of the experimental diet

Ingredients	Quantities (kg)	Chemical Characteristics
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Corn	26.50	Metabolizable energy (kcal/kg) :	2600.00
Bran wheat	25.00	Crude protein (%) :	19.00
Rice bran	12.00	Crude cellulose (%) :	14.18
Soy beans cake	6.00	Calcium (%) :	10.05
Cotton cake	6.00	Phosphorus (%) :	0.68
Palm kernel cake	13.00	Sodium (%) :	0.28
Fish meal	2.00	Lysine (%) :	1.01
Sea shells	2.00	Methionine(%) :	0.40
Palm oil	2.00		
Sal	0.50		
Premix10% *	5.00		

*Premix 5%: mixture of vitamins A, B complex, D, K, and E plus iron, Cu, Zn, Se, Mn, methionine, lysine principally and incorporated at 5% in diet.

Plant material

The seed of *Zanthoxylum* were bought from Dschang (Menoua division in Cameroon) local market. They were dried sheltered from the sun, and then grinded at the mill. The obtained powder was used for extractions, using 6 liters of distilled water for 1 kilogram of powder. The filtrate was dried in the oven at 45 °C to obtain a paste used to prepare the *Z. lepreurii* aqueous extract at different concentrations.

Phytochemical screening of *Z. lepreurii*

The phytochemical screening of *Z. lepreurii* aqueous extract (Table 2) was done as described by Ngbede [15] and Ngbede [16].

Table 2 : Phytochemical constituent of *Z. lepreurii* aqueous extract

Constituents	(+) present ; (-) absent
Alkaloïds	-
Phenols	+
Tannins	+
Saponins	+
Flavonoids	+
Steroids	-
Triterpenes	+

Experimental design

Animals were distributed into 5 groups (G1, G2, G3, G4 and G5) of 10 animals each, comparable in term of body weight. During 60 days, animals of G1 were daily given orally distilled water (1 ml/kg bw), G2 received 100 mg/kg bw of vitamin C

90 diluted in distilled water, while G3, G4 and G5 received respectively 50, 100 and 200 mg/kg bw of aqueous extract of *Z.*
91 *leprieurii*, dissolved in distilled water. The animal's body weight was recorded weekly and the doses of vitamin C and *Z.*
92 *leprieurii* aqueous extract adjusted accordingly.

93 In the present study, the doses of *Z. leprieurii* were selected in reference of those used in the work of Kpomah et al. [17]
94 on diherbal mixture of *Zanthoxylum leprieurii* and *Piper guineense* on male wistar rats. In fact, the authors showed that the
95 mixture of *Zanthoxylum leprieurii* and *Piper guineense* at doses of 100 and 150 mg/kg body weight increases the serum
96 content in testosterone and progesterone, the mount, the intromission and the ejaculatory frequency.

97 Blood and organs collection

98 Twenty-four hours after the last administration of the vitamin C and aqueous extract solutions, animals were anesthetized
99 using ether vapor and blood samples were collected by cardiac puncture for the measurement of hormonal
100 concentrations. After the sacrifice, testes, epididymis, vas deferens and sexual accessory glands were excised out and
101 weighed.

102 The cauda epididymis of each animal were minced in 10 ml of 0.9% NaCl solution (37 °C) for sperm characteristics
103 evaluation. For sperm mobility, a drop of the obtained solution was placed on a slide and observed at magnification 400x
104 under the light microscope (Leica) and the mobility score was attributed according to the method described by Boiti [18].
105 The sperm count was done using the Thomas haemocytometer, while the integrity of the plasma membrane was
106 evaluated using the hypo-osmotic test [19].

107 Evaluation of oxidative stress indicators

108 A 15% (weigh/volume) homogenate was prepared using left testis of each animal. Thus, the testis was crushed in cold
109 0.9% NaCl solution followed by a centrifugation (3000 rpm, 30 min). The supernatant obtained was used to evaluate the
110 testes content in oxidative stress indicators. The malondialdehyde concentration was determined using the thiobarbituric
111 acid metho, [20] the superoxide dismutase activity was evaluated according to the method describe by Dimo [21]. The
112 catalase (CAT) activity was assessed using the chromic acetate method [22] and the glutathione peroxidases (GPx)
113 activity was determined by the potassium iodate method [23].

114 Evaluation of reproductive hormones

115 The serum concentration in testosterone, FSH and LH were measured using the instructions from ELISA kit (Omega
116 Diagnostics) (Scotland, United Kingdom).

117 Statistical analysis

118 Data analysis were performed using one-way ANOVA, followed by Duncan's test at 5 % significance. All analyses were
119 done using SPSS IBM statistics software 20.0. The results are expressed as mean ± standard deviation.

120 121 122 3. RESULTS AND DISCUSSION

123 124 Weight of genital organs in male guinea pigs

125 The effects of the aqueous extract of *Z. leprieurii* on the weight of sexual organs in guinea pig are presented in table 3.
126 The weights of testes, epididymis, vas deferens and accessory glands were comparable ($p>0.05$) among treatments.
127 Although the values of these characteristics were statistically comparable, an increase was observed in the animals
128 treated with aqueous extract with reference to the negative control (T0-).
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133 **Table 3:** Effects of the aqueous extract of *Z. leprieurii* fruit on the relative weight of genital organs in cavy

Relative weight of	Control	Doses of <i>Z. leprieurii</i> extract (mg/kg bw)
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genital organs (g/100 g bw)	T0 ⁻ (n=12)	T0 ⁺ (n=12)	50 (n=12)	100 (n=12)	200 (n=12)	P- value
Testis	0.43±0.03 ^a	0.48±0.05 ^a	0.54±0.08 ^a	0.47±0.05 ^a	0.48±0.08 ^a	0.26
Epididymis	0.08±0.01 ^a	0.09±0.02 ^a	0.10±0.03 ^a	0.10±0.01 ^a	0.09±0.02 ^a	0.52
Vas deferens	0.42±0.09 ^a	0.40±0.08 ^a	0.43±0.08 ^a	0.43±0.04 ^a	0.46±0.08 ^a	0.89
Accessory glands	0.04±0.01 ^a	0.04±0.01 ^a	0.05±0.01 ^a	0.04±0.01 ^a	0.05±0.00 ^a	0.67

134 a: within the same raw, values with the same letters are not significantly different ($p>0.05$) n: Number of cavy. Bw, body weight; T0-,
135 group receiving 1 mL/kg bw of distilled water; T0+, group receiving 100 mg/kg bw of vitamin C; P, Probability.

136 Characteristics of spermatozoa in guinea pigs

137 Table 4 summarizes the effects of the aqueous extract of *Z. leprieurii* on caudal epididymal sperm characteristics in male
138 guinea pigs. The sperm mobility, sperm count per cauda and per gram of epididymis and spermatozoa with entire plasma
139 membrane increased significantly ($p<0.05$) in animals treated with aqueous extract of *Z. leprieurii* compared to controls
140 (T0- and T0+). However, the highest sperm mobility and the sperm count was observed in animals exposed to 200 mg/kg
141 bw compared to the others.

142 **Table 4:** Effects of the aqueous extract of *Z. leprieurii* fruit on the caudal epididymal sperm characteristics in male guinea
143 pigs

Sperm characteristics	Controls		Doses of <i>Z. leprieurii</i> extract (mg/kg bw)			P value
	T0 ⁻ (n=12)	T0 ⁺ (n=12)	50 (n=12)	100 (n=12)	200 (n=12)	
Mobility (%)	67.50±1.73 ^e	76.67±0.58 ^c	80.00±0.00 ^b	74.00±1.41 ^d	88.33±1.15 ^a	0.00
Number/cauda epididymis (10 ⁷)	06.50±0.17 ^c	04.67±0.63 ^d	07.81±0.38 ^b	10.50±0.43 ^a	10.42±0.38 ^a	0.00
Number/g of cauda epididymis (10 ⁷)	29.83±1.25 ^c	39.55±2.37 ^b	55.51±1.23 ^a	37.23±1.38 ^b	54.88±1.71 ^a	0.00
Spermatozoa with EPM (%)	60,0±0,50 ^c	52,5±0,58 ^d	75,0±0,82 ^b	72,67±0,58 ^a	75,33 ±0,58 ^a	0,00

144 a, b, c, d, e, within the same raw, values with the same letters are not significantly ($p>0.05$) different. N, Number of guinea
145 pigs. Bw, body weight. T0-, group receiving 1 mL/kg bw of distilled water. T0+, group receiving 100 mg/kg bw of vitamin C;
146 EPM, entire plasma membrane.

148 Effect of aqueous extract of *Z. leprieurii* on serum metabolites in male guinea pigs

149 As shown in Table 5, the total cholesterol decreased significantly ($p<0.05$) in *Z. leprieurii* aqueous extract treated guinea
150 pigs irrespective of the dose as compared to the negative control. The oral administration of *Z. leprieurii* aqueous extract
151 in guinea pigs did not significantly ($p>0.05$) affect the serum content in total proteins. With respect to the controls, the
152 serum content in FSH increased in cavies exposed to *Z. leprieurii* aqueous extract, but that increase was significant only
153 at dose of 100 mg/kg bw. The serum content in LH increased significantly ($p<0.05$) in cavies treated with 50 mg/kg bw of
154 *Z. leprieurii* aqueous extract compared to control (T0-). The level of testosterone increased but not significantly ($p>0.05$) in
155 guinea pigs treated with aqueous extract of *Z. leprieurii* at doses of 100 and 200 mg/kg bw compared to the controls.

159 **Table 5:** Effects of aqueous extract of *Z. leprieurii* fruit on serum metabolites in male guinea pigs

Serum metabolites	Controls		Doses of <i>Z. leprieurii</i> extract (mg/kg bw)			P-value
	T0 ⁻ (n=12)	T0 ⁺ (n=12)	50 (n=12)	100 (n=12)	200 (n=12)	
Total cholesterol (mg/dl)	104.66±5.45 ^a	90.03±7.34 ^{bc}	85.36±10.74 ^c	90.03±7.72 ^{bc}	101.16±7.57 ^{ab}	0.02
Total proteins (g/dl)	3.76±0.65	4.16±0.94	3.63±0.6	4.04±0.18	3.78±0.42	0.81
FSH (mIU/ml)	14 ±3.67 ^b	12±3.74 ^b	16.5±4.81 ^b	26.67±3.51 ^a	18.25±4.72 ^b	0.00
LH (mIU/ml)	9.74±1.17 ^{ab}	7.92±1.71 ^{ab}	10.71±2.42 ^a	7.14±0.33 ^b	8.71±1.89 ^{ab}	0.04
Testosterone (ng/ml)	1.36±0.38	1.43±0.31	1.21±0.12	1.53±0.46	1.57±0.32	0.54

160 a, b, within the same line, values with the same letters are not significantly (P>0.05) different. n: Number of cavies. bw: body weight. T0⁻, group receiving 1 mL/kg bw of distilled water. T0⁺, group receiving 100 mg/kg bw of vitamin C; FSH, follicle stimulating hormone; LH, luteinizing hormone.

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164 Effect of *Z. leprieurii* extract on some oxidative stress indicators in male guinea pigs

165 As shown in Table 6, the testicular activities of catalase (CAT), superoxide dismutase (SOD) and peroxidase glutathione (GPx) significantly increased (p<0.05) in cavies treated with aqueous extract of *Z. leprieurii* compared to the controls. The concentration of malondialdehyde (MDA) significantly decreased (p<0.05) in animals treated with the aqueous extract of *Z. leprieurii* irrespective of the dose compared to the controls.

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170 **Table 6:** Effects of aqueous extract of *Z. leprieurii* on oxidative stress indicators in male guinea pigs

Oxidative stress indicators	Controls		Doses of <i>Z. leprieurii</i> extract (mg/kg bw)			P-value
	T0 ⁻ (n=12)	T0 ⁺ (n=12)	50 (n=12)	100 (n=12)	200 (n=12)	
MDA(μM/g of testis)	1.23±0.05 ^a	1.14±0.02 ^b	0.68±0.08 ^d	0.64±0.04 ^d	0.95±0.03 ^c	0.00
CAT(μM/min/g of testis)	6.68±0.33 ^c	6.21±0.04 ^d	7.89±0.09 ^b	7.72±0.05 ^b	12.25±0.02 ^a	0.00
SOD(U/min/mg of testicular protein)	0.32±0.01 ^c	0.47±0.03 ^c	0.81±0.16 ^b	0.87±0.14 ^b	1.04±0.07 ^a	0.00
GPx (μmol/min/g of testis)	26.99±0.68 ^c	25.84±0.95 ^d	30.05±0.44 ^b	32.83±0.55 ^a	29.44±0.3 ^b	0.00

171 **Superscripts** ^{a, b, c, d} within the same raw differ significantly (P<0.05), n, Number of cavies. bw., body weight. T0⁻, group receiving 1 mL/kg bw of distilled water. T0⁺, group receiving 100 mg/kg bw of vitamin C; MDA, Malondialdehyde. CAT, Catalase; SOD, Superoxide dismutase; GPx, Glutathione peroxidase.

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175 3.2. Discussion

176 The chemical screening of *Z. leprieurii* aqueous extract carried out in the present study revealed the presence of phenols, tannins, triterpenes, saponins flavonoids. These molecules have been reputed to have diverse activities (antioxidants, antibacterial, anti-inflammatory, antiseptic, antiparasitic, and immunomodulatory properties) susceptible to improve the animal reproductive characteristics [6, 5]

180 In this study, the effects of aqueous extract of *Z. leprieurii* fruit on reproductive parameters in male guinea pigs were determined. The weights of the testis, epididymis, vas deferens and accessory sex glands increased dose-dependently in animals submitted to aqueous extract of *Z. leprieurii* compared to the controls. These results are comparable to those found in male rats treated with ethanol extract of the fruits of *Xylopiya aethiopica* at doses of 30, 100 and 300 mg/kg bw [24]. In rats treated with aqueous extracts of *Psidium guajava* leaves (100, 200 and 300 mg/kg bw) [25, 26] and in male guinea pigs treated with essential oil of *Psidium guajava* leaves (80, 100 and 120μl /kg bw), [29] the similar results were also recorded. This observation might be explained by the action of antioxidant compounds such as phenols, flavonoids, tannins, terpenoids and saponins revealed in this extract following the phytochemical tests [27]. These molecules could

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188 have neutralized free radical attacks [28] or inhibiting enzymes responsible of their production and then protecting cells
189 against oxidative stress. The weight, size and secretory function of testes, epididymis and seminal vesicle are closely
190 regulated by androgens. [29]. In fact, Androgens, especially testosterone have anabolic properties which are
191 characterized by an increased synthesis of proteins and therefore muscle mass. Androgens then contribute to the
192 increased volume and weight of the testis and epididymis by stimulating protein synthesis [29, 30] The increase in the
193 serum content of testosterone observed in the present study would induce that of the sexual organ weights.

194 Sperm count, mobility and entire plasma membrane are considered to be important factors that affect fertility [31]. The
195 sperm with high density of spermatozoa could contained an important proportion of active spermatozoa capable to fertilize
196 an ovum [13]. It can also be diluted to have a high volume used to fertilize a large number of females in the case of
197 artificial insemination. In the other hand, spermatozoa with high mobility rate move rapidly in female genital track and has
198 an advantage to meet an ovum at the ampullary-isthmic junction and fuse with it [13]. In the present study, the *Z. lepreurii*
199 markedly increased the sperm count and the spermatozoa mobility in guinea pigs. This effect would be a result of *Z.*
200 *lepreurii* bioactive molecules with antioxidant properties. These molecules reduce the spermatozoa membrane and
201 nucleic acid attack by reactive oxygen species. This action subsequently decreases the death in the spermatozoa and
202 increases the spermatozoa mobility which is beneficial for reproduction.

203 The serum content of FSH in *Z. lepreurii* treated guinea pigs significantly increased at doses of 100 and 200 (mg/kg bw)
204 with respect to the controls. Some bioactive molecules of *Z. lepreurii* would have a possible action on pituitary gland cells
205 synthesizing the FSH. The elevated sperm count recorded in this study would result in FSH action. FSH has a key role in
206 the spermatogenesis. Together, FSH and testosterone support meiosis, exhibit an anti-apoptotic action on spermatocytes
207 and round spermatids. They act co-operatively to promote spermatid maturation and sperm release [32]. Testosterone is
208 the main male gonadal hormone produced by the interstitial cells of the Leydig in the testes in response to LH [33]. In this
209 study, both serum content in LH and testosterone tend to increase in *Z. lepreurii* treated guinea pigs. The *Z. lepreurii* rich
210 in bioactive molecules (phenols, alkaloids...) with antioxidant properties would protect the pituitary gland cells specialized
211 in the production of LH. The testosterone levels recorded would be a result of the relationship between LH and
212 testosterone.

213 Many environmental insults (poor quality of food and water intake, fluctuation of temperature, highly density in breeding...)
214 induce overproduction of reactive oxygen species responsible for animal cell membrane and nucleic acids impairment.
215 According to Tchoffo, [13] the substances with antioxidant properties inhibit the reactive oxygen species attacks and
216 subsequently improve the animal cell characteristics. In the present study, the malondialdehyde which is the major
217 resulting product from the membrane lipid peroxidation decreased significantly ($p<0.05$) in *Z. lepreurii* aqueous extract
218 treated male guinea pigs. Inversely, the activities of superoxide dismutase (SOD), catalase (CAT) and peroxidase
219 glutathione (GPx) increased significantly ($p<0.05$) in male guinea pigs exposed to aqueous extract of *Z. lepreurii*
220 compared to the controls. The phytochemical test on *Z. lepreurii* revealed that it contains bioactive molecules as phenols
221 and flavonoids. These molecules possess antioxidant properties responsible for *Z. lepreurii* aqueous extract effects. In
222 male animals, the spermatozoa membrane is characterized by a highly presence of polyunsaturated fatty acids rending
223 them susceptible to lipid peroxidation [13]. The *Zanthoxylum* due to their molecules with antioxidant properties could have
224 protect the spermatozoa from reactive oxygen species attacks and subsequently improve their characteristics as recorded
225 in the present study.

226 4. CONCLUSION

227 The results of this study revealed that the *Z. lepreurii* fruit aqueous extract efficiently improved reproductive
228 characteristics by increasing level in reproductive hormones. It also induced an increase in testicular antioxidant enzymes
229 (SOD, catalase, peroxidase) activities and a decrease in MDA level. Based on these effects, the *Z. lepreurii* fruit aqueous
230 extract can be used in male animals to improve its reproductive performances.

233 ETHICAL APPROVAL

234 All experiments were carried out in compliance with the recommendations Guide of the National Academy of Sciences on
235 the care and use of laboratory Animals and approved by the department of animal science, FASA, University of Dschang
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237 COMPETING INTERESTS

238 The authors declare that they have no conflict of interest.
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