

Influence of technique cultivation on some properties of two varieties of yam (*Dioscorea spp*) flour

ABSTRACT

All most of roots, tubers and seeds studied have been carried out under environmental control or glass. These methods had an advantage to minimize environmental effects on crop due to unequal distribution of the nutriment in the soil. This, have been often observed through the variability of size and form of the tubers harvested generally in farm condition. In order to evaluate the variations occurred on the nutritional (Ash, while protein and fat) and functional (clarity and swelling-solubility) values, yams cultivated in nursery gardener sachet have being compared to those of famer condition. This study has been conducted 2013-2014. Yam grown in nursery gardener sachet has the highest ($p < 0.05$) ash content ($4.58 \pm 2.18 \%$) than this of field ($1.53 \pm 0.35 \%$). Flour clarity is also affected by technical cultivation. This property is more improved by the cultivation in nursery gardener ($p < 0.05$). The cultivation in nursery gardener improved ash content and clarity of the suspension of yam flour

Keywords: [Yam, Flour, cultivation technique, nutrition

1. INTRODUCTION

Yam is a tuberous plant belonging to the genus *dioscorea*, a number of species of which represent an important source food for African populations. It is a demanding plant in terms of nutrients and therefore requires fertile soil. Several factors, including viral threat, photoperiod, culture period, influence plant growth and yield. Generally, late plantings are less productive [1]. Yam production is heavily dominated by West Africa with over 95% [2]. However, the scarcity of fertile land due to the extensive mode of agriculture practised by the farmers leads them to opt for other less demanding crops such as cassava, rubber. In practice, the farmers

redouble efforts in soil preparation. Because the cultivation of yam in the mound or ridge of larger size (0.8-1 m high) requires more work and means [3]. This agricultural practice could be a factor contributing to soil degradation through the resulting erosion. Also, global warming and reduced rainfall could have an adverse effect on yam productivity. According to modelling work, production yield is expected to fall by 2050 [4]. In order to cope with the decline in production, it would be wise to find ways and techniques that could contribute to improving the cultivation of yams in this new climate change context. This is how the cultivation of yams in biodegradable nursery bags was initiated. It uses cow dung, pork dung, sawdust and poultry manure as inputs. It thus contributes to the reduction of the pollution caused by the activities generating this waste encountered in the city or in the periphery. The objective of this study is to compare the nutritional and functional properties of flour obtained in nursery culture with that obtained in mound.

2. MATERIAL AND METHODS

Two yam varieties: bête-bête (*Dioscorea alata*) and kangba (*Dioscorea cayenensis*) were grown in nursery gardener sachet (Figure 1a) and field (figure 1b) at University of Nangui Abrogoua (Abidjan, Côte d'Ivoire). The watering has been done what is necessary. The nursery gardener sachet has been filled up with the same land of field enriched with droppings and arranged (1 m x 0.5 m). For the field conditions, the mounds are distant from more than one meter. The plots (625 m²) and climate condition were the same. Randomized block design with three replications was used for the experiment. The flours obtained from above conditions were submitted to nutritional tests. Ash, while protein and fat content were determined [5], and functional properties (clarity and swelling-solubility). Samples were analyzed in triplicates. The average comparison was made by the software SPSS Statistics 25.0 at the threshold of α equal to 5%.



Figure 1. Yam fields; a) yam cultivation in mound, b) yam cultivation in nursery bags. Planting density is higher in cultivation in the nursery bags than the mound. s: stakes, ys : yam stem, m ; mound, nb ; nursery bag.

3. RESULTS AND DISCUSSION

3.1. RESULTS

3.1.1. NUTRITIONAL VALUES

Flours obtained from the bete-bete species grown in buttes and nursery bags have statistically identical sugars, lipids, proteins and pH ($P = 0.05$), except for ash content. The pH values are respectively 1.53 ± 0.35 % and 4.58 ± 2.15 % of dry matter for yam flour grown in the mounds and that obtained in cultivation in the nursery bag. For the kangba variety, the statistical analysis shows significant differences ($P = .05$) only in the sugar content.

The concentration of sugars in yam flour grown in butte (FKb) is high compared to the ones obtained from in nursery bag (FKs). Total sugar content is 4.54 ± 0.20 % and 3.62 ± 0.42 % dry matter respectively for FKb and FKs flours. Other parameters studied, namely ash, lipid, protein, and pH, showed no significant differences ($P = .05$).

86 **Table 1: Nutritional values of yam flour (g/100g of dry matter)**

Varieties	Samples	Ash (%)	Lipids (%)	Total sugar (%)	Reducing sugar (%)	Protein (%)
Bètè-bètè	Nursery gardener	1.53 ±	0.16 ±	4.54 ±	1.4 ± 0.09 ^a	3.66 ±
		0.35 ^a	0.02 ^a	0.07 ^a		.51 ^a
	Field	4.58 ±	0.17 ±	4.17 ±	1.77 ±	3.08 ±
		2.15 ^b	0.03 ^a	0.47 ^a	0.29 ^a	0.17 ^a
Kangba	Nursery gardener	1.62 ±	0.16 ±	4.54 ±	1.64 ±	1.97 ±
		1.08 ^a	0.05 ^a	0.2 ^a	0.01 ^a	0.21 ^a
	Field	2.5 ± 1.6 ^a	0.15 ±	3.62 ±	0.94 ±	2.4 ±
			0.03 ^a	0.42 ^b	0.01 ^b	0.26 ^a

87 Means with the same letter are not significantly different at $P = .05$ for each variety and column

88

89 3.1.2. FUNCTIONAL PROPERTIES OF FLOUR

90 The solubility and swelling powers of yam flour did not varied according to the cultivation
 91 technique (Table2).This, is not the case for the percentage of transmittance. The clarity of the
 92 flour suspension varies considerably from one flour to another, regardless of the type of mound
 93 or sachet cultivation. It is 16,50±0,77% and 14,55±0,28% for the FBS and FBb flour
 94 respectively and 14,35±0,65% and 12,18±0,48% for the FKS and FKb flour respectively.

95

96 **Table 2: Two functional properties of yam flour (g/100g of dry matter)**

Varieties	Samples	Transmittance (%)	Swelling (%)		Solubility (%)	
			65°C	95°C	65°C	95°C
Bètè-bètè	Nursery gardener	16.5 ± 0.77 ^a	15.2 ± 3.95 ^a	26.1 ± 2.5 ^a	7.2 ± 1.7 ^a	16 ± .3.5 ^a
	Field	14.55 ± 0.28 ^b	12.3 ± 3.8 ^a	29.6 ± 3.6 ^a	7.67 ± 1.2 ^a	13.3 ± 2.6 ^a
Kangba	Nursery gardener	14.35 ± 0.65 ^a	15.9 ± 1.3 ^a	28.2 ± 1.9 ^a	7.1 ± 2.6 ^a	14.3 ± 3.5 ^a
	Field	12.18 ± 0.48 ^b	11.2 ± 3.5 ^a	31.3 ± 3.1 ^a	4.6 ± 1.2 ^a	14.7 ± 1.6 ^a

97 Means with the same letter are not significantly different at $P = .05$ for each variety and column

98 3.2. DISCUSSION

99 Statistical analysis of the results obtained showed that there were no significant differences in
100 swelling and solubility, protein and lipid content of the flours studied. It is concluded that this
101 cultivation technique would not influence these biochemical parameters. In fact, whatever the
102 variety and the cultivation technique, the swelling and solubility increase with the cooking
103 temperature. A rise in temperature would be at the origin of this phenomenon. The swelling
104 and solubilizing powers would be more related to the botanical origin than to the variety as
105 well as the cultivation technique [6, 7]. In addition, there is a positive linear correlation between
106 the absorbency and solubilizing power of the flours studied. This was observed in previous
107 work for other tubers [8]. The levels of lipid and protein obtained did not vary with any cultural
108 technique. The levels obtained ranged from 0.15 to 0.17 g / 100g dry matter for lipids and from
109 1.97 to 3.66 g/100g dry matter for protein. These values are lower than those observed by
110 Aruna et al. [9]. According to this work, fermentation of yam flour by *Saccharomyces*
111 *Cerevisia* improves protein content. On the other hand, soaking in water for hours has no
112 impact on the lipid and ash content [10].

113 On the other hand, statistically significant differences were observed in clarity, Ash content
114 and sugar content. The values of clarity are generally lower than those obtained for kangba
115 starch (42 %) [11] and Bètè-bètè starch (31 %) [12]. Craig et al. [13] have shown that the
116 clarity varies considerably with the source of starch, the amylose/amylopectin ratio, the
117 chemical or enzymatic changes, and the addition of solute. Variation in clarity could not be the
118 effect of cultural technique. In fact, it varies within the same tuber, especially for the variety
119 bete-bete. The middle part gives a clearer gel than both ends [14].

120 Ash levels for the Bètè-bètè variety are higher in the bag culture than in the butte culture. The
121 sugar content for the variety kangba, is higher in the butte culture than in the sachet. These
122 observed variations from one culture technique to another could be explained by the effect of
123 environmental conditions on the structural and physico-chemical properties of starch [15].

124 **4. CONCLUSION**

125 The nutritional composition of the flours studied is not influenced by the technical cultivation,
 126 except ash content of bête-bête variety. Yam grown in nursery gardener sachet has the
 127 highest ($P = .05$) ash content (4.58 ± 2.18 %) than this of field (1.53 ± 0.35 %). Flour clarity is
 128 also affected by technical cultivation. This property is more improved by the cultivation in
 129 nursery gardener ($P = .05$).

130 The cultivation in nursery gardener improved ash content and clarity of the suspension of yam
 131 flour

135 **COMPETING INTERESTS**

136 Authors have declared that no competing interests exist.

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