# **Original Research Article**

# Kinetics of Enhancer-monomer for Corneal Crosslinking: two-monomer system

# ABSTRACT

Aims: To derive kinetic equations and analytic formulas for efficacy enhancement of corneal collagen crosslinking (CXL) in a 2-monomer system.

Study Design: modeling the kinetics of CXL

**Place and Duration of Study:** Taipei, Taiwan, between between January 2019 to June, 2019. **Methodology:** Coupled rate equations are derived for two monomers system, [A] for the corneal collagen substrate, and [B] for an additive enhancer, having 3 crosslinking pathways: two radical-mediated (or electron transfer) pathways, and one oxygen-mediated (or energy transfer) pathway. The reactive intermediates [R] and [S] which could interact with oxygen [A], [B], or bimolecular termination. For a type-II (or oxygen-mediated) process, [T] interacts with  $[O_2]$  to form a singlet oxygen  $[O_1]$  which could interact with [A], [B], or relaxed to  $[O_2]$ . Rate equations, based on lifetime of photosensitizer triplet-state and oxygen singlet-state, are used to analyze the measured results in a rose-Bengal system with an enhancer-monomer.

**Results:** Additive enhancer-monomer of arginine added to a rose Bengal photosensitizer may enhance the production of free radicals under a green-light CXL.  $D_2O$  may extends the lifetime of oxygen singlet state and thus improve the efficacy. Our formulas predicted features are consistent with the measured results.

**Conclusion:** Efficacy may be improved by enhancer-monomer or extended lifetime of photosensitizer triplet-state or oxygen singlet state.

Keywords: Corneal crosslinking; corneal keratoconus; efficacy; kinetic modeling; oxygen; riboflavin; rose Bengal, ultraviolet light;.

## **1. INTRODUCTION**

Photochemical kinetics of corneal collagen crosslinking (CXL) has been extensively studied using UVA light and riboflavin (RF) as the photosensitizer [1-6]. Much less efforts have been reported using green-light and rose Bengal (RB) as the photosensitizer [7-9]. Comparison of animal studies of corneal biomechanical properties after in vivo and ex vivo CXL using rose-Bengal–green light (RGX) or riboflavin-UVA (UVX) was reported by Bekesi et al [8] that the CXL anterior part was 100 and 143 to 188 um for RGX and UVX, respectively. We have previously considered a one-monomer system for the UVX, in which type-I is the predominant process [6,10,11]. In contrast, RGX is predominated by an oxygen-mediated type-II process, where the single-monomer radical induced type-I conversion is not very efficient [7]. Therefore, additive enhancer-monomer was proposed by Wertheimer et al [7] for improved overall (type-I plus type-II) efficacy. This article will present a 2-monomer system to analyze the measured results of Wertheimer et al [7], where efficacy may be enhanced by an enhancer-monomer or increase the lifetime of photosensitizer triplet-state and oxygen singlet-state.

## 2. MATERIALS AND METHODS

As shown by Fig. 1, a two-monomer system is proposed: [A] for the corneal collagen substrate and [B] as an additive enhancer. This system involves 3 crosslinking pathways: two radical-mediated (or electron transfer) pathways (1 and 2), and one oxygen-mediated (or energy transfer) pathway (3). The ground state photosensitizer (PS), RB or RF, is excited to its triplet excited state T\* by a quantum yield (q). In a type-I process, [T] interacts directly with [A] and [B] to form the first-radicals R and S, then produce the reactive intermediates R' and S' which could interact with oxygen  $[O_2]$ , [A], [B], or bimolecular termination. For a type-II (or oxygen-mediated) process, [T] interacts with  $[O_2]$  to form a singlet oxygen  $[O_1]$  which could interact with [A], [B], or relaxed to  $[O_2]$ .



Fig. 1 Schematics of 3 photochemical pathways in a two-monomer system, A and B, in the presence of oxygen  $O_2$ , for radical-mediated pathways (1 and 2), and oxygen-mediated pathway (3); where PS is the ground state photosensitizer, having an excited and triplet state PS\* and T\*.

## 2.1 Photochemical Kinetics

The kinetic equations for a previous 1-monomer [A] system [6] are revised for a 2monomer ([A] and [B]) system as follows (noting that [A] and [B] are symmetrically related); where short-hand notations for the concentrations are used: T for triplet state,  $[O_2]$  and X for oxygen ground and singlet state; R,R',S, S' for the radical concentrations;

$$\frac{\partial C(z,t)}{\partial t} = -bI(z,t)C - k_{11}XC + (k_5 + k_3[0_2])T + R_E$$
(1.a)

$$\frac{\partial T}{\partial t} = bI(z, t)C - (k_5 + k_3[O_2] + k_{71}[A] + k_{72}[B])T$$
(1.b)

$$\frac{\partial R}{\partial t} = k_{71} T[A] - k_{12} R R' - 2k_{t1} R^2$$
(1.c)

$$\frac{\partial S}{\partial t} = k_{72}T[B] - k_{22}SS' - 2k_{t2}S^2$$
(1.d)

$$\frac{\partial R'}{\partial t} = 2k_{t1}R^2 - k_{42}R'[A] - k_{12}RR' - 2k_{t1}R'^2 - k_{91}R'[O_2]$$
(1.e)

$$\frac{\partial S'}{\partial t} = 2k_{t2}S^2 - k_{42}S'[B] - k_{22}SS' - 2k_{t2}S'^2 - k_{92}S'[O_2]$$
(1.f)

$$\frac{\partial X}{\partial t} = k_3[O_2]T - (k_6 + k_{11}C + k_{81}[A] + k_{82}[B])X$$
(1.h)

$$\frac{\partial [O_2]}{\partial t} = P - k_3[O_2]T + k_6X - R_E$$
(1.i)

$$\frac{\partial [A]}{\partial t} = -(k_{71}[T] + k_{81}X + k_{41}R' + k_{51}S')[A]$$
(1.j)

$$\frac{\partial[B]}{\partial t} = -(k_{72}[T] + k_{82}X + k_{42}R' + k_{52}S')[B]$$
(1.k)

$$R_{\rm E} = (k_{91}R' + k_{92}S')[O_2] \quad (1.1)$$

where b=83.6a'wq, with w being the UV light wavelength (in cm) and *q* is the triplet state [T] quantum yield, a' in (1/mM/%) and I(z,t) in mW/cm<sup>2</sup>, b=0.62q, for UV light at 365 nm (with a'=204 (1/mM/%). For RGX with green light, the b value is approximately 4 time larger and having a smaller penetration depth of 100 um [8]. Eq. (1.i) also includes an oxygen source term given by  $P=(1-X/X_0) P_0$ , with a maximum rate constant  $P_0$ . All the reaction rate constants are defined by the associated coupling terms. For examples, in Eq. (1.b), k<sub>71</sub> is for the reaction of [A] and T, which has a ground state relaxation rate k<sub>5</sub>; in Eq. (1.c), k<sub>41</sub> is for the reaction of [A] and R, which is coupled with R' by k<sub>12</sub> and a bimolecular termination rate of k<sub>t1</sub>; In Eq. (1.f), k<sub>42</sub> is for the reaction of [A] and R', which is coupled with oxygen by k<sub>91</sub> and a bimolecular termination rate of k<sub>t1</sub>.

The dynamic light intensity is given by [3,4]

$$\frac{\partial I(z,t)}{\partial z} = -A'(z,t)I(z,t)$$
(2.a)

$$A'(z,t) = 2.3[(a' - b')C(z,t) + b'C_0F' + Q']$$
(2.b)

a' and b' are the extinction coefficients of PS and the photolysis product, respectively; Q' is the absorption coefficient of the stroma at UV (365 nm) or green (532 nm) wavelength.

The kinetic equations (1) and (2) may be numerically calculated to find the CXL efficacy, which however is too complex for us to analyze the roles of each of the parameters. For comprehensive modeling we will use the so-called quasi-steady state assumption [2, 3] described as follows. The life time of triplet states of PS, the radicals (R and R'), and the singlet oxygen (X\*) are very short (ns to  $\mu$ s time scale) since they either decay or react with cellular matrix immediately after they are created. Thus, one may set the time dependences, dT/dt=dX\*/dt=dR/dt=dR'/dt=dS/dt=dS'/dt=0, or the so called quasi-steady-state conditions; defining k<sub>91</sub>= k<sub>92</sub>=k, k<sub>81</sub>= k<sub>82</sub>=k\_8, k<sub>71</sub>= k<sub>72</sub>=k<sub>7</sub>, k<sub>41</sub>= k<sub>42</sub>= k<sub>51</sub>= k<sub>52</sub>=k', k<sub>t1</sub>= k<sub>t2</sub>=k<sub>T</sub>; k<sub>37</sub>= k<sub>3</sub>/k<sub>7</sub>, k<sub>18</sub>= k<sub>8</sub>/k<sub>11</sub>, k<sub>57</sub>= k<sub>5</sub>/k<sub>7</sub>, k<sub>61</sub>= k<sub>6</sub>/k<sub>11</sub>, T=blgC, X=blg'[O<sub>2</sub>]K<sub>12</sub>, g=1/(k<sub>37</sub>[O<sub>2</sub>]+[A]+ [B]+k<sub>57</sub>), g'=k<sub>37</sub>g, K<sub>11</sub>= k<sub>37</sub>/(k<sub>61</sub>+ k<sub>11</sub>C+k<sub>18</sub>[A]+k<sub>18</sub>[B]); K<sub>22</sub>= k<sub>37</sub>[1-(k<sub>6</sub>/k<sub>11</sub>)K<sub>11</sub>], K<sub>12</sub>= (k<sub>8</sub>/k<sub>11</sub>)K<sub>11</sub>, Eq. (2) becomes [4,5]

$$\frac{\partial C(z,t)}{\partial t} = -bIg([A] + [B] + K_{11}[O_2])C + R_E$$
(3.a)

$$\frac{\partial [O_2]}{\partial t} = -[bIgCK_{22} + k(R' + S')][O_2] + P$$
(3.b)

$$\frac{\partial[A]}{\partial t} = -[bIgC(1 + K_{12}[O_2]) + k'R_t][A] \qquad (3.c)$$

$$\frac{\partial[\mathbf{B}]}{\partial \mathbf{t}} = -[\mathrm{bIgC}(1 + K_{12}[O_2]) + \mathbf{k}' R_t] [B] \qquad (3.c)$$

$$R_t = R' + S'$$
 (3.e)

The radicals, R, R', S and R', are given by the solution of the following steady-state of Eq. (1.c) and (1.d): For  $k_{12}R' << 2k_TR'$ ,  $k_{22}S' << 2k_TS'$  Eq. (1.c) and (1.d) give steady-state R=[blgC[A]/k\_T]<sup>0.5</sup>, and S=[blgC[B]/k\_T]<sup>0.5</sup>. Using these R and S, we may find the steady-state solution of Eq. (1.e) and (1.f) given by

$$2k_{t1}R^{2} - k_{42}R'[A] - k_{12}RR' - 2k_{T}R'^{2} - kR'[O_{2}] = 0$$
(4.a)

$$2k_{t1}S^2 - k_{52}S'[B] - k_{22}SS' - 2k_TS'^2 - kS'[O_2] = 0$$
(4.b)

Eq. (40 has solution given by, for  $kR'[O_2] >> k'R'[A]$ ,  $k_{12}RR'$  in Eq. (4.a); and  $kS'[O_2] >> k'R'[B]$ ,  $k_{12}SS'$  in Eq. (4.b), R'=S' and both are given by

$$R'(z,t) = \left(\frac{1}{4k_T}\right) \left[-k[0_2] + \sqrt{(k[0_2])^2 + 8k_T B(z,t)} \right] (4.c)$$

where B=bIC, with approximated g[A]=g[B]=1.

For  $(k[O_2])^2 <<8k_TB$ , Eq. (4.c) is further reduced to  $R'=(2B/k_T)^{0.5} k[O_2](1-B')/(4k_T)$ , with  $B'= 0.5k[O_2]/(8Bk_T)^{0.5}$ .

#### 2.2 Conversion Efficacy

Numerical solutions are required for Eq. (4.a) and (4.b). However, analytic formulas are available for the following limiting cases. For  $k_{41}R[A]$ ,  $k_{51}S[B]$  and blgC are the two dominant terms, For  $k_{12}R'>>k_{42}[A]$ ,  $k_{91}[O_2]$ ,  $k_{22}S'>>k_{52}[B]$ , Eq. (4) gives R'+S'=(1-d)(R+S), with  $d=0.25k_{12}/k'$ . Using these approximate solutions of R and R', Eq. (3) reduces to

$$\frac{C(z,t)}{\partial t} = -bIg([A] + [B] + K_{11}[O_2])C + R_E$$
(5.a)

$$\frac{\partial [0_2]}{\partial t} = -bI(k_{37}gC + K_{22})[0_2] + P$$
(5.b)

$$\frac{\partial[\mathbf{A}]}{\partial \mathbf{t}} = -R_T[\mathbf{A}] \tag{5.c}$$

$$\frac{\partial[\mathbf{B}]}{\partial \mathbf{t}} = -R_T[\mathbf{B}] \tag{5.d}$$

$$R_T = \text{bICg}(1 + K_{12}[O_2]) + K_{13}$$
(5.e)

$$K_{13} = k' R \left[ 1 + \left( \frac{[B]}{[A]} \right)^{0.5} \right] - 0.5 K_{23} [O_2]$$
(5.f)

where  $K_{23} = k'k_9/k_T$ ;  $R_E = (k_9K_{13}/k')[O_2]$ ; and  $R = [blgC[A]/k_T]^{0.5}$ . Where we have defined a total rate function ( $R_T$ ) for the monomer conversion consisting of three parts: the coupling of [A] with the triplet-state (the first term blgC), the singlet oxygen ( $K_{12}$  term), and the radicals R' and S' ( $K_{13}$  term). Furthermore,  $K_{13}$  consists of the radical formation and the quenching effect due to oxygen (second term of Eq. (5.e).

The conversion efficacy of monomer [A] is defined by  $C_A=1- [A]/[A]_0 = 1- exp(-S)$ , where the S function is given by the time integral of the total rate function,  $R_T$ , given by Eq. (5.e).

For the type-I predominant case with [A]>> $K_{11}[O_2]$ ,  $R_{E,}$  in Eq. (5.a), we have previously developed approximated analytic formulas for I(z,t) and C(z,t) []

$$I(z,t) = I_0 \exp[-A'z]$$
(6.a)

$$C'(z,t) = C_0 \exp[-B't]$$
 (6.b)

$$A'(z, t) = 2.3(a'C_0 + Q) - A_1t$$
 (6.c)

where B'=bl<sub>0</sub>exp(-A"z),  $A_1=2.3(a'-b')C_0l_0bz$ , with A" is the averaged absorption given by A"=1.15(a'+b')+2.3Q. We note that the  $-A_1t$  term represents the decrease of A', or increase of light intensity due to the PS depletion.

Numerical solution of Eq. (5) will be shown later. Using Eq. (6), analytic solution of Eq. (5.c) and the S-function are available when  $K_{23}[O_2]$  is neglected and [B]<<[A], g[A]=1, as follows

$$S = k'G(z, t)\sqrt{bXI_0C_0/k_T}$$
(7.a)  

$$G(z, t) = [1 - \exp(-B''t)]/B''$$
(7.b)

where B"=0.5(B'- A<sub>1</sub>), X=exp[-A<sub>2</sub>z], with A<sub>2</sub>=2.3(a'C<sub>0</sub>+Q). We note that Eq. (8) defines the dynamic feature of the light intensity which is an increasing function of time due to the depletion of the RF concentration. It also provides the nonlinear dynamic dependence of A'(z,t), given by A<sub>1</sub>t, which is important for optical-thick polymer and for high light dose.

To discuss the role of the lifetimes of the triplet-state  $(T_1)$  and singlet-oxygen  $(T_2)$ , Eq. (5) may be expressed by as follows:

$$\frac{\partial C(z,t)}{\partial t} = -bIC \left[ g([A] + [B]) + KT_2[O_2] \right] + R_E$$
(8.a)

$$\frac{\partial[\mathbf{A}]}{\partial \mathbf{t}} = -\operatorname{bIgC}(1 + K'T_2[O_2])[\mathbf{A}]) - \mathbf{k}'(\mathbf{R}' + \mathbf{S}')[\mathbf{A}]$$
(8.b)

$$\frac{\partial[B]}{\partial t} = -bIgC(1 + K'T_2[O_2])[B] - k'(R' + S')[B]$$
(8.c)

where  $g = k_7 T_1$ ,  $K = k_{11}(k_3/k_7)$ ,  $K' = k_8(k_3/k_7)$ .

$$T_1 = 1/(k_5 + k_3[O_2] + k_7[A] + k_7[B])$$
(9.a)

$$T_2 = 1/(k_6 + k_{11}C + k_8[A] + k_8[B])$$
(9.b)

#### 2.3 Crosslink depth (Z<sub>c</sub>) and Crosslink time (T<sub>c</sub>)

A crosslink depth (Z<sub>c</sub>) and crosslink time (T<sub>c</sub>) are defined by when the efficacy reaches a threshold value (C<sub>T</sub>) at a depth t and z. Using Eq. (7), and let S= S<sub>T</sub>=2 (or C<sub>EFF</sub>=0.86), Z<sub>c</sub> is related T<sub>c</sub> by

$$T_C = \left(\frac{1}{B''}\right) \ln[2B'' / (K'\sqrt{bX'I_0C_0}) - 1]$$
(10)

where K'= k'/ $k_T^{0.5}$ , X'=exp(-A"Z<sub>C</sub>). Eq. (10) is a nonlinear equation of Z<sub>C</sub> which can be numerically plot by rotating the curve of T<sub>C</sub> vs Z<sub>C</sub> to show the curve of Z<sub>C</sub> vs T<sub>C</sub> (to be shown later).

## 3. RESULTS AND DISCUSSION

Numerical results of Eq. (8) will be presented elsewhere, the following important features are available just based on Eq. (8) and (9) without solving them numerically.

## Analysis of UVX and RGX

Eq. (5) defines the conversion rate ( $R_T$ ) of monomers, which has three parts contributed by the the coupling of [A] or [B] with the triplet-state ([T]), the singlet oxygen [O-], and the radicals R' and S' (the K<sub>13</sub> term). As shown by Eq. (5.e) and (6),  $R_T$  proportional to the lifetimes T<sub>1</sub> (for triplet state), and T<sub>2</sub> (for singlet-oxygen), oxygen concentration, [O<sub>2</sub>], and the rate constants (kj). Base on Eq. (5) to (10), we are able to analyze the measured results of Wertheimer et al [7] as follows:

- (a) Eq. (5.c) and (5.e) show that a system is type-I or type-II predominated depending on a ratio  $R_A = [1+k'(R+S)]/(blC)^{0.5}]/(k_3k_8[O_2]/k_7)$ . When  $R_A > 0.8$ , type-I is predominant, whereas type-II is predominant, for  $R_A < 0.2$  (or for large singlet-oxygen rate constant,  $k_3k_8/k_7$ ). In general, both type-I and type-II co-exists initially (with  $R_A$  having a value of 0.5 to 1.5), until oxygen is depleted (or when  $k_3k_8[O_2]=0$ ).
- (b) For UVX system, with K<sub>CP</sub>>>1, as proposed by Kamaev et al [8] Semchishen et al [9] and Lin [4,5] that CXL is predominated by type-I, which does not require oxygen, in contrast to Kling et al [12] proposing type-II oxygen=mediated system. The type-I conversion efficacy, given by C<sub>A</sub>=1-exp(-S), with S is he time integral of R<sub>T</sub>, and has a state-state value proportional to the [C/(bl)]<sup>0.5</sup>, for a bimolecular termination process [5]. In this UVX system, the oxygen inhibition effect reduces the lifetime, as shown by Eq. (6.d) with T<sub>1</sub>=g/k<sub>7</sub>, which has a reduction factor (k<sub>57</sub> + k<sub>37</sub>[O<sub>2</sub>])/([A]+[B]), and thus reduces the conversion efficacy. The oxygen inhibition effect also defines a so called "induction time" for the efficacy function, when oxygen is totally depleted, and thus type-I efficacy starts to increase faster.
- (c) In contrast to UVX, RGX is predominated by an oxygen-mediated type-II process, where the single-monomer radical (R') induced type-I conversion is not very efficient. Therefore, additive enhancer-monomer was proposed by Wertheimer et al [7] for improved efficacy.
- (d) For RGX with an additive enhancer (arginine), the conversion could be enhanced due to the extra radical term in Eq. (6), k'(R+S), in which the total rate function given by Eq. (5.e) has an enhance factor of [1+((k<sub>72</sub>/k<sub>71</sub>) [B]/[A])<sup>0.5</sup>]; which is proportional to the initial concentration ratio [B<sub>0</sub>]/[A<sub>0</sub>], and their rate constant ratio, k<sub>72</sub>/k<sub>71</sub>. Therefore, in the absence of oxygen and without the enhancer [B] (or S=0), the conversion is contributed from k<sub>71</sub>T<sub>1</sub> and k'R, which might not sufficient for effective crosslinking, which is enhanced by the extra monomer [B] and its radical S'. These features are measured by Wertheimer et al [7] that in an O<sub>2</sub>-free environment, arginine was required for an increase in tensile strength.
- (e) In the presence of D<sub>2</sub>O, which extends the lifetime of singlet oxygen, i.e., a smaller relaxation rate ( $k_6$ ), thus a larger T<sub>2</sub> based on our Eq. (7.b). In contrast, sodium azide which quenches singlet oxygen and other reactive radicals (R and S), i.e., increasing of  $k_5$  and  $k_6$ , thus shortening T<sub>1</sub> and T<sub>2</sub>, and partially inhibited RB photobleaching, shown by Eq. (6.a) with a reduced conversion as measured by Wertheimer et al [7]. This feature is also predicted by our quenching factors shown in Eq. (8), Q and Q', which reduce the lifetimes.
- (f) As measured by Wertheimer et al [7], the increase in stiffness of corneas irradiated in air was not enhanced by arginine at low dose of 100 J/cm<sup>2</sup>. This may be analyzed by our formula that the arginine-enhancement factor is proportional to E<sub>F</sub>=(btE<sub>0</sub>k<sub>72</sub>[B<sub>0</sub>]/[A<sub>0</sub>])<sup>0.5</sup>,

with  $E_0$  being the light dose, thus there is a threshold light dose (or intensity x time) and threshold arginine initial concentration  $[B_0]$  to achieve stiffness increase in cornea.

- (g) Our Z<sub>C</sub>-formula, in Eq. (10) show that higher dose (E<sub>0</sub>) is needed for a deeper Z<sub>C</sub>. Thus, for a given depth, the enhanced dose factor (E<sub>F</sub>) of arginine will reduce the required light dose (E<sub>0</sub>). Our formula predicts the measured feature of Wertheimer et al<sup>1</sup> that RB staining solution contained arginine substantial photobleaching occurred at much lower fluence than in incisions without arginine. It also predicts that there is a threshold light dose and enhancement-threshold initial concentration of arginine.
- (h) For RGX, type-II is predominant, as proposed by Wertheimer et al [7], whereas type-I is predominant in UVX [4,5,10,11]. This controversial issue of the role of oxygen in RF-system was explained by Wertheimer et al [7] that O<sub>2</sub> diffused deeper and crosslinking occurs at a greater depth in the tissue, after the crosslinkable sites was reacted. However, our formulas support the kinetic proposed by Kamaev et al [10] and Semchishen et al [11] that type-I and type-II co-exist, initially, and then predominated by type-I after oxygen is depleted.
- (i) Oxygen may play an enhancement or inhibition effect for the overall efficacy. This feature may be analyzed by a ratio between the two-competing components:  $R_B$ = ([B]+(k<sub>3</sub>/k<sub>7</sub>)[O<sub>2</sub>])/k<sub>8</sub>: when  $R_B$ >>1, oxygen plays an inhibition effect, whereas oxygen enhancement occurs only for  $R_B$ <<1 (or for large singlet-oxygen rate constant, k<sub>8</sub>).

## 4. CONCLUSION

Efficacy may be improved by additive enhancer-monomer in a 2-monomer system or extended lifetime of photosensitizer triplet-state or oxygen singlet. Our theory predicts the measured results.

## CONSENT

It is not applicable.

## **ETHICAL APPROVAL**

It is not applicable.

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