

1 **Perception and awareness of ~~Understanding~~ onchocerciasis ~~perception~~**  
2 **treatment ~~experiences~~ in a rural community in Cross River State, Nigeria:**  
3 **~~i~~Implications for control**

4  
5  
6 **Abstract**

7 **Background:** Onchocerciasis is a disease of poverty that ~~had~~ ~~continues to~~ placed huge health,  
8 economic and social burdens on communities at risk. Understanding critical factors that impact  
9 on access to treatment ~~access~~, acceptance and overall control measures are pivotal to the march  
10 towards its elimination.

11  
12 **Objective:** To assess the ~~Onchocerciasis~~ perception of onchocerciasis and level of treatment  
13 experiences in a rural community in Cross River State, Nigeria.

14  
15 **Methodology:**

16 A cross-sectional descriptive study using mixed method was undertaken. Data was/were collected  
17 using pre-tested questionnaire and in-depth interview guide. Quantitative data was analysed using  
18 SPSS while the in-depth interviews were audio taped, transcribed verbatim and thematic analysis  
19 done. Findings were presented in frequencies, charts, percentages, tables and quotes. Tests of  
20 significance were determined using Chi-square ( $\chi^2$ ) at significance level of 5%.

21  
22 **Results:** Ignorance, myths and negative perception about the cause of onchocerciasis pervade  
23 in still persist as n=? (31.2%) of the respondents did not know that the bite of infected Blackfly is  
24 the cause. Some a Attributed the disease on to a curse from the gods (45.3%) and witchcraft  
25 (23.4%) are common. This poor knowledge is associated with level of education ( $p=0.01$ ). Non-  
26 availability of drugs (23.9%) and lack of knowledge on where to access ivermectin (9.8%) were  
27 the major challenges to ivermectin uptake. Inequity in Unequal access to treatment was  
28 identified from the thematic analysis.

29  
30 **Conclusion:** Poor knowledge of the disease, non- ~~Inconsistent~~ availability of ivermectin, ~~myths~~  
31 and misconceptions about cause of onchocerciasis had negatively influenced ~~still pervades with~~  
32 the dangerous consequential drive for poor health-seeking behaviours, discriminatory practices  
33 and poor treatment coverage. By Appropriately integrating contextual knowledge awareness  
34 creation about onchocerciasis into the design of control strategies will facilitate the ~~may present a~~  
35 vantage march towards achieving elimination target.

36  
37 **Key words:** Onchocerciasis; ivermectin treatment; Knowledge; Onchocerciasis; Perception;  
38 Unqual inequity in access.

39  
40 **Running Title:** Perception of o ~~Onchocerciasis~~ perception and ivermectin treatment in a  
41 village ~~treatment experiences~~

**Comment [H1]:** What level of education or lack of it is associated with poor knowledge? Indicate the statistical test used.

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46 **Introduction**

47 Onchocerciasis ~~or (river blindness)~~ is a disease of poverty ~~that had~~ continues to placed huge  
48 health, economic and social burden on communities at risk. The disease is a major problem  
49 among rural communities living in close proximity to rivers in sub-Saharan African countries.  
50 An estimated 25 million people were infected with about 1.23 million people visually impaired  
51 or blind as a result of the disease [1, 2]. Nigeria was estimated to bear a significantly high  
52 burden of the disease with 32 endemic states including Cross River State [3, 4]. In Cross River  
53 State, almost all the 18 local government areas (LGAs) are endemic for the disease and the  
54 ~~onchocerciasis~~ prevalence was estimated to be 10% in 2012 [5], which may be gross  
55 underestimation given lack of credible population data in this environment.

56

57 Community Directed Treatment with Ivermectin (CDTI) is the major control strategy adopted in  
58 African countries by the African Program for Onchocerciasis Control (APOC). CDTI primarily  
59 involves yearly mass drug administration (MDA) of Ivermectin. Despite the successes this  
60 strategy has engendered [6,7,8], meeting target goal set for elimination of onchocerciasis seems  
61 far-fetched [9,10,11]. However, ignorance, myths and misconceptions about onchocerciasis have  
62 been implicated in the drag to elimination. These have equally been acknowledged to lead to  
63 negligence in prevention and control measures and causes acceptance of inappropriate treatment  
64 regimen.

65

66 It has been recognised that knowledge of history and cause of a health condition including the  
67 whole continuum of epidemiology of the disease often promotes health-seeking behaviours and

68 encourages reduction of effects or elimination of the disease [9,11,12,13,14]). Silumbwe *et al*  
69 [14] opined that often programme implementation strategies do not take into account the  
70 contextual factors that impact on overall programme success. Some of the key factors that have  
71 been suggested by many studies include; knowledge of cause and transmission of the infection,  
72 perception of disease symptoms, socioeconomic burdens of the disease, first point of call or  
73 source of treatment, factors affecting treatment regimen such as willingness to pay for treatment  
74 or otherwise, acceptance of treatment and prevention/control measures [8,11,12,13,15].

75  
76 In addition, lack of knowledge of transmission of onchocerciasis can also manifest in  
77 discriminatory and stigmatizing attitudes towards those affected [10,15]. This in turn may  
78 negatively affect the health-seeking behaviours of those affected by onchocerciasis [8,16]. This  
79 may further limit access to ivermectin, acceptance of treatment and overall treatment coverage  
80 [13,17].

81  
82 Another crucial factor ~~in this~~ could be lack of close monitoring of drug treatment and distribution  
83 by ~~c~~Community-directed ~~d~~Distributors (CDD) often occasioned by technical and logistics  
84 limitations ~~and~~ their ~~in~~ability to deliver interventions [1, 2, 5, 18]. It has been equally  
85 suggested that poor compliance to treatment may not be unrelated to long treatment duration (10  
86 – 15 years), interval between doses (one year) that can easily be forgotten and thus missed,  
87 adverse events in ivermectin treatment often leading to rejection of treatments by communities  
88 [1,3,6]. Reinvasion caused by limited treatment coverage area has also been implicated in low  
89 CDTI programme success [15,17,19]. Perhaps this could be attributed to the inconsistent  
90 availability of ivermectin in states and government's inability to complement the efforts of  
91 APOC leading to poor distribution and follow-up in affected communities [2,5,18].

92

93 To attain community participation and design socially/locally acceptable control strategies,  
94 health program planners and implementers should be familiar with people's knowledge, attitude  
95 and practice in relation to onchocerciasis and other cultural innuendos that impact  
96 ~~on onchocerciasis treatment~~ access to treatment, coverage and other control measures [8,10]. The  
97 successful use of ivermectin at community level requires a broad public health program designed  
98 to address barriers to treatments. Understanding the peoples' knowledge and perceptions of  
99 onchocerciasis may stand as important promoters of effective onchocerciasis control strategies  
100 [4,16,20]; especially in gaining the community's buy-in and confidence to participate in control  
101 programme [11,12,16,19]. There is paucity of information as few studies have been carried out to  
102 understand these issues in this environment. Therefore, this study was aimed at assessing the  
103 perception about Onchocerciasis perception and ivermectin treatment among residence  
104 experiences in a rural endemic community in Cross River State, Nigeria. The specific objective  
105 was to generate up to date information on level of compliancethat could upwardly drive demand  
106 for to ivermectin treatment and the implicatio~~to push uptake of on~~ overall onchocerciasis  
107 control measures.

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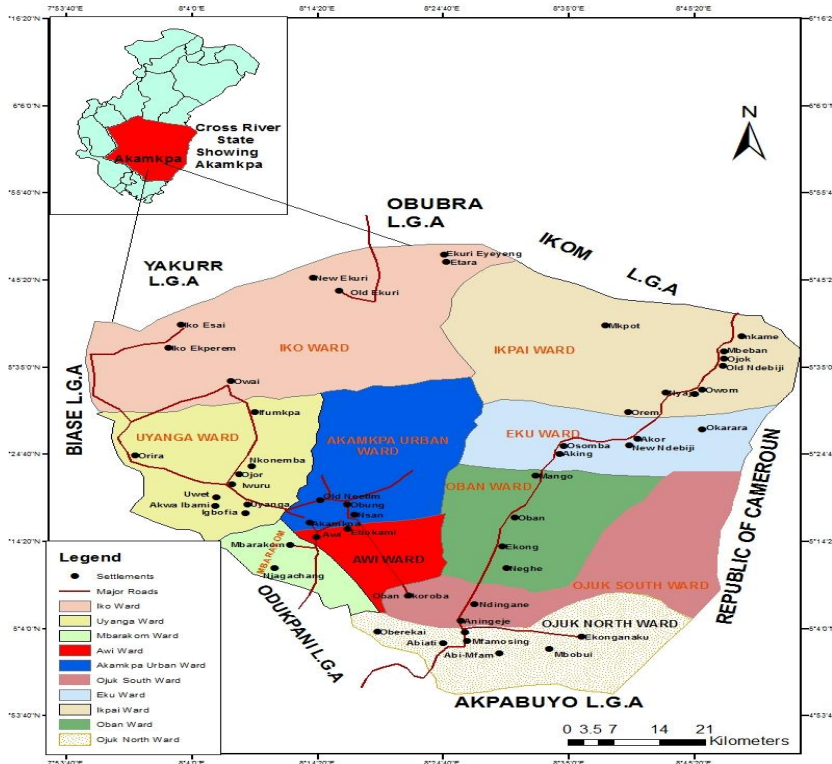
## 109 **Research Methodology**

### 110 *Study setting*

111 The study setting was Akamkpa Local Government Area (LGA) ~~of in~~ Cross River State  
112 (Figure 1) located in the South-South geopolitical zone~~region~~ of Nigeria. It is one of the ~~foei~~  
113 points of oOnchocerciasis endemic focity in the State. Akamkpa LGA lies within longitude 5°  
114 25'; East of the Greenwich Meridian and latitude 8°-31' North of the equator. It has ~~10 political~~  
115 wards (Akamkpa Urban, Awi, Eku, Iko, Ikpai, Mbarakom, Oban, Ojuk North, Ojuk South and  
116 Uyanya) and a projected population from the 2006 census figures to 2017 of about 203,705 using

117 annual growth rate of 3.0%. The study area has the largest forest area in the state and a very  
118 | fertile land, watered by many rivers, streams and springs [that serve as](#) veritable breeding ground  
119 | for blackflies.

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121

122 **Figure 1: Map of Akamkpa Local Government Area, Cross River State, Nigeria**

123 | *Study design, sample size and sampling [method](#)*

124

125 | This study wasis a cross-sectional descriptive study using a mixed method approach comprising  
126 | both quantitative and qualitative data collection methods. The study population was limited to  
127 | individuals residing within Akamkpa Local Governemnt Area of Cross River State aged  
128 | 15years and above. The sample size for this study was 205 for the quantitative data. The sample  
129 | size was determined using the formula for dichotomous descriptive study [21]; employing the  
130 | 10% prevalence of Onchocerciasis in Cross River State estimated by Cross River State NTD  
131 | Centre (Eyo, 2016) at 95% confidence interval and 5% precision. Simple random sampling  
132 | technique was employed to select the respondents. A total of 25 respondents participated in the  
133 | in-depth interviews comprising two from the NTD centre in Calabar, the Primary Healthcare  
134 | Coordinator for Akamkpa LGA, the Officers in-charge in each of the 10 PHCs, two active  
135 | ivermectin CDDsCommunity directed Distributors (CDDs) and 10 community leaders; one from  
136 | each aecross all the wards.

137 |  
138 | The instrument for data collection was semi-structured interviewer-administered questionnaire. It  
139 | comprised of four sections. Section A elicited information on the socio-demographics of the  
140 | respondent<sub>s</sub>. Section B is on knowledge, perceptions and beliefs about Onchocerciasis; while  
141 | Both sections C and D covered Onchocerciasis treatment and factors influencing Onchocerciasis  
142 | treatment respectively. In-depth interview guide was designed to explore the experiences of  
143 | participating individuals residing within Akamkpa LGA. Each interview session lasted for about  
144 | 90 minutes.

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147 | **Data analysis**

**Comment [H3]:** Give the full words (NTD) in bracket

**Comment [H4]:** This is not simple random as acclaimed but rather a purposive selection of key informants.

148 Quantitative data obtained from the study were entered, coded, cleaned and analysed using  
149 Statistical Package for the Social Sciences (SPSS version 20). Quantitative data was presented  
150 using descriptive statistics. Categorical variables were reported as frequencies (and percentages)  
151 while normally distributed continuous variables reported as means and standard deviations. Tests  
152 of significance were determined using chi-square ( $\chi^2$ ). Each in-depth interview was tape  
153 recorded. All audiotapes from the key informants interviewed were transcribed verbatim into  
154 word documents. The transcripts and notes were analysed by themes described in the literature  
155 review as well as novel opinions expressed during the data collection process.

156

### 157 *Ethical considerations*

158 Ethical clearance for conduct of this study was obtained from the Cross River State Ministry of  
159 Health, Health Research Ethics Committee. The research participants were briefed on the  
160 purpose of the study and verbal consent was obtained from those who volunteered to be  
161 enrolled ~~into~~ the study. Participants who did not wish to participate ~~be included~~ in the research  
162 were excluded ~~exused~~ from the study. Participants were provided all the necessary information  
163 about the research and were assured of strict confidentiality and anonymity of data to be  
164 collected.

165

## 166 **RESULTS**

### 167 *Socio-demographic characteristics of respondents*

168

169 A total of 205 respondents responded to all the items in the survey questionnaire; giving a  
170 response rate of 98%. There was a slight preponderance of males; 105 (51.2%) with the

171 respondents (n=205) having a mean age of 31.9 ± 12.3 years (?). The number of Almost a half  
 172 of the respondents that were married is; 103 (50.7%). Respondents with a household size of  
 173 between 4- 6, were in the majority (?), followed distantly by respondents with 1 – 3- member  
 174 household (?). Most of the respondents had attained secondary level of education (113; (55.1%)  
 175 and with those with no formal education being the least (6; (2.9%). The highest proportion of  
 176 the respondents were self-employed (65; (31.7%), followed by civil servants and farmers which  
 177 were equally proportioned (40; (19.5%) amongst the respondents. Most of the respondents had  
 178 lived in the study area (Akamkpa LGA) for more than 15 years (74; (36.1%). The detailed data  
 179 on socio-demographic characteristics of the respondents is shown in Table 1.

**Comment [H5]:** Please insert the figures for male and female

**Comment [H6]:** (?) Insert the Mean age ± SD of Males and Mean age ± SD of Females, respectively.

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**Table 1:**  
**Socio demographic characteristics of respondents, Akamkpa LGA, Cross River State**

Variables	Frequency (n = 205)	Per cent (%)
Sex		
Male	105	51.2
Female	100	48.8
Family Size		
1 - 3	52	25.4
4 - 6	104	50.7
7- 9	35	17.1
>10	14	6.8
Marital Status		
Single	97	47.3
Married	103	50.2
Widowed	3	1.5
Divorced	2	1.0
Educational level		
No formal education	6	2.9
Primary	37	18.1
Secondary	113	55.1
Tertiary	49	23.9
Occupation		
Civil Servant	40	19.5
Farmer	40	19.5
Self-employed	65	31.7
Student	46	22.4
Others	14	6.8
Duration of stay in Akamkpa		

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LGA	17	8.3
<2 years	28	13.7
2 - 5 years	60	29.3
6 – 10 years	26	12.7
11 – 15 years	74	36.1
>15 years		
	Mean	Standard Deviation (SD)
Age (Years)	31.9	12.3

184

### 185 *Knowledge and perception of onchocerciasis*

186 Ignorance, myths and negative perception about the cause of onchocerciasis still persist as 64  
 187 (31.2%) of the respondents did not know that the bite of infected blackfly is the cause (Table  
 188 2). Most attributed the disease to curse from the gods (29, 45.3%) and witchcraft (15, 23.4%).  
 189 ~~Having Cross tabulation of~~ knowledge about cause of onchocerciasis were comparatively higher  
 190 in those with against level of education (at primary, secondary and tertiary) and the reverse was  
 191 the case in of survey respondents without education (Figure 2) was indicated statistically  
 192 significant at 0.5% critical level ( $\chi^2 = 11.32$ ;  $p = 0.01$ ). This becomes all the more significant  
 193 given that majority of the respondents (55.1%) had attained at least secondary level of education  
 194 (Table 1).

195

196 Twenty four Of the 205 survey respondents, 24 (11.7%) acknowledged to have that they suffered  
 197 from onchocerciasis. Those that were diagnosed at the health facility ? (66.7%) and others ?;  
 198 (while 33.3%) of those with onchocerciasis were diagnose during mass screening exercise.  
 199 Having There was also a reported knowledge of family members suffering from the  
 200 disease onchocerciasis only few with 36 (17.6%) affirmed ing knowing and to that. Majority of  
 201 those had one to two infected persons (51.3%) in the family with onchocerciasis (Table 2). This  
 202 could be an indication of how wide-spread onchocerciasis burden is in the study area.

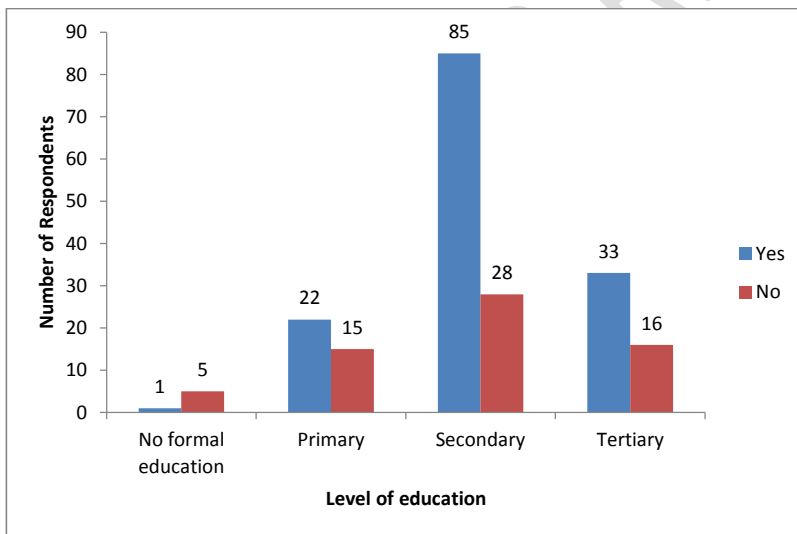
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204 The onchocerciasis prevention methods suggested by [thesurvey](#) respondents (Figure 3) [were](#)  
 205 [hinged on](#) [plays into](#) the knowledge and perception about the cause of the disease (Table 2). [High](#)  
 206 [proportion of](#) [Among the](#) [the](#) respondents [133, \(64.9%\)](#) inferred that good sanitation and personal  
 207 hygiene [\(133; 64.9%\)](#) followed by [\(33; 16.1%\)](#) [were of the view that indicated](#) that wearing of  
 208 protective clothing [was](#) [were](#) the viable [onchocerciasis](#) prevention strategies. Use of mectizan [by](#)  
 209 [\(8; 3.9%\)](#) and health education on prevention [\(5; 2.4%\)](#) [were the](#) key onchocerciasis prevention  
 210 strategies [were the](#) least mentioned by the respondents.

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215 | FIG 2: Knowledge [about the](#) [of](#) cause of [o](#)Onchocerciasis [varied with](#) [by](#) [E](#)educational [L](#)Level

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218 **Table 2: Respondents' onchocerciasis knowledge and treatment profile**

219

Variables	Frequency	Percentages
Knowledge of cause of Onchocerciasis		
Yes	141	68.8

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No	64	31.2
<b>Total</b>	<b>205</b>	<b>100</b>
<b>Lack of knowledge of cause of Onchocerciasis (Attributions)</b>		
Animal	9	14.1
Curse from the gods	29	45.3
Kissing	2	3.1
Witchcraft	15	23.4
Don't know	9	14.1
<b>Total</b>	<b>64</b>	<b>100</b>
<b>Has Onchocerciasis</b>		
Yes	24	11.70
No	181	88.29
<b>Total</b>	<b>205</b>	<b>100</b>
<b>How Onchocerciasis was diagnosed</b>		
Visited health facility	16	66.67
Mass screening exercise	8	33.3
<b>Total</b>	<b>24</b>	<b>100</b>
<b>How long with Oncho</b>		
1 – 3 months	3	12.5
4 – 6 months	2	8.33
7 – 12 months	6	25.00
>12 – 36 months	5	20.83
>36 - 60 months	2	8.33
>60 months	6	25.00
<b>Total</b>	<b>24</b>	<b>100</b>
<b>Treatment Status (Are you on treatment?)</b>		
Yes	21	87.5
No	3	12.5
<b>Total</b>	<b>24</b>	<b>100</b>
<b>Source of treatment</b>		
Community Drug Distributors (CDDs)	18	85.7
Health Facility	2	9.5
Patent Medicine Store	1	4.8
<b>Total</b>	<b>21</b>	<b>100</b>
<b>Family member with Onchocerciasis</b>		
Yes	36	17.56
No	169	82.43
<b>Total</b>	<b>205</b>	<b>100</b>
<b>Number of family member with Onchocerciasis</b>		
1 – 2 persons	20	51.28
3 – 4 persons	8	22.22
5 – 6 persons	3	8.33
≥7 persons	4	11.11
<b>Total</b>	<b>36</b>	<b>100</b>
<b>Oncho MDA participation</b>		
Yes	138	67.3
No	67	32.9
<b>Total</b>	<b>205</b>	<b>100</b>
<b>Duration of Oncho MDA Participation</b>		
< 6 months	10	7.25
6 – 12 months	13	9.42

>12 – 36 months	51	36.96
>36 – 60 months	26	18.84
>60 months	38	27.54
<b>Total</b>	<b>138</b>	
<b>Source of Oncho MDA</b>		
Community Drug Distributors (CDDs)	100	72.5
Health Facility	35	25.4
Patent Medicine Vendor (“Chemist”)	3	2.2
<b>Total</b>	<b>138</b>	<b>100</b>
<b>Payment for treatment</b>		
Yes	8	5.8
No	130	94.2
<b>Total</b>	<b>138</b>	<b>100</b>

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#### 225 *Access and uptake of ivermectin*

226 ~~The CDDs~~Community directed distributors (CDDs) still remain the main stay of onchocerciasis  
 227 treatment (72.5%). Though health facilities (25.4%) and Patent Medicine Vendor, popularly  
 228 known as “Chemist” (2.4%) were reported as the source of treatment for the rest of the  
 229 respondents. A small proportion, ? (5.8%) ~~of the surveyed respondents claimed~~reported paying  
 230 for the treatment (Table 2). ~~The use of CDTI~~This is significant as the Community directed  
 231 ~~treatment with Ivermectin (CDTI)~~ strategy ~~is~~was designed as entirely free-of charge for the  
 232 recipients. ~~When this is tied to about~~Only very few ? (2.9%) ~~of the~~ respondents ~~had~~that  
 233 indicated ~~that~~ cost of ~~the~~ ivermectin was a challenge to its uptake (Table 3). ~~it~~ becomes  
 234 noteworthy with respect to increasing treatment coverage and ultimately elimination targets.

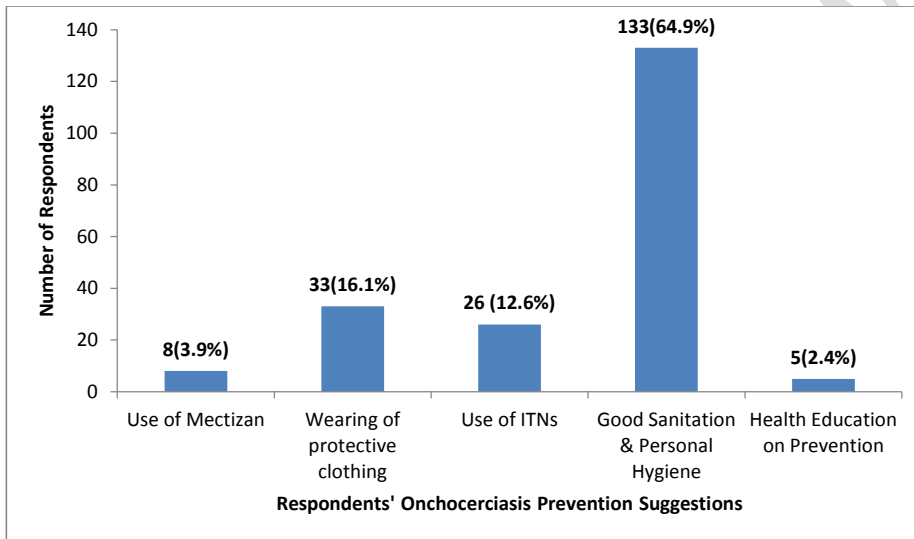
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236 A significant proportion of the respondents reported having difficulties in accessing  
 237 onchocerciasis treatment services (Table 3). Majority indicated ~~that lack of non-~~availability of  
 238 drugs (49; (23.9%) followed closely by lack of knowledge of where to get ivermectin (20;

239 (9.8%). Other access hindering factors mentioned by some survey respondents included  
 240 far distance to health facility (9; (4.4%) and poor attitude of healthcare providers (9; (4.4%).  
 241 Possible adverse drug reaction (12; (5.9%) and rejection of ivermectin (7; (3.4%) were also  
 242 mentioned by survey respondents as affecting the uptake of ivermectin.  
 243



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Fig 3: Reported Respondents' perception about Onchocerciasis prevention strategies

248 **Table 3: List of**  
 249 **Challenges likely to affect ivermectin uptake**  
 250

S/No.	Variables	*Overall Sample population Frequency (n = 205)	
		Sample size (n)	Percentage (%)
a	Drug used for Treatment was not available	49 (23.9)	156 (76.1)
b	Distance to the health facility is too far	9 (4.4)	196 (95.6)
c	I don't know where to get the drugs	20 (9.8)	185 (90.2)
d	Poor attitude of the health care providers	9 (4.4)	196 (96.6)
e	Cost of drug is too high	6 (2.9)	199 (97.1)

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f	I don't like taking the drug	7 (3.4)	198 (96.6)
g	I always forget to take my drugs as when due	6 (2.9)	199 (97.1)
h	The drugs make me feel uncomfortable	12 (5.9)	193 (96.6)

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 252 \*Multiple responses  
 253 (Variables a - e speak to issues of access)  
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	Major Theme	Sub-themes	Quote
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UNDER PEER REVIEW

256  
 257 *Table 4: Study Qualitative results*

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<p><b>Onchocerciasis is a Huge burden</b></p>	<p>occurrence of the diseases due to the terrain, Neglected tropical diseases</p>	<p><i>"Onchocerciasis is definitely a problem; it affects the larger community in the Local Government Area"</i> <i>"Yes, it is a major problem as it is been called a neglected tropical disease"</i></p>
<p><b>Myths and Misconceptions</b></p>	<p>Myths and Misconceptions Cause by witchcraft Curse from god Attack from enemy</p>	<p><i>"The belief in witchcraft still stands, because every small thing that happens to them, they attribute it to witchcraft".</i> <i>"When people fall sick which they don't know the possible cause they will either say it an attack from their enemy or witchcraft"</i> <i>Most people in this community still believe that onchocerciasis is caused by witchcraft due to the nature of the disease</i></p>
<p><b>Discrimination and stigmatization</b></p>	<p>Negative attitude, financial incapacitation, blindness, high social burden</p>	<p><i>"You know predominantly in Akamkpa, a larger number of them are farmers, especially those in the interior, it affect them because most of them will not be able to go to Farm"</i> <i>"Family that has somebody who is affected... the economy and everything in that family will not go on well, because as a father in the family you will not be able to go and fetch out what the family will eat and it will be shame and a mocking of family and stigmatization"</i> <i>"it affects them because when it affects the eye, the eye is the mirror for everybody, if the eye is affected, it means even the family, community or the whole Nation is affected."</i> <i>it doesn't actually kill but it gives indelible marks and some of them develop eye problem that they don't know the origin the economy and everything in that family will not go on well, because as a father in the family you will not be able to go and fetch out what the family will eat and it will be shame and a mocking family and stigmatization</i> <i>The disease makes people to depend on others too much</i></p>
<p><b>Treatment of Onchocerciasis using Mectizan and Abendazole</b></p>	<p>Treatment by faith, belief, prayers</p>	<p><i>They are mostly treated during campaigns; we give them mectizan in combination with Abendazole mostly during campaign.</i> <i>I don't believe the drugs work</i> <i>Due to some peoples Religious belief, they seek the face of God or look for other alternative especially if they don't know the possible causes</i></p>
<p><b>poor community engagement/involvement poor programme Governance and Disillusionment</b></p>	<p>Lack of incentives for volunteers, Poor political commitment, Religious belief, poor attitude,</p>	<p><i>People who work during the first phase, during the second phase, they were not be willing saying that the money given to them is not commiserate with the job.</i> <i>I stopped working to give the drugs because the families were hostile</i></p>

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		<p>poor road network, Hard to reach area Language barrier, Lack of community cohesion</p>	<p>There are people who are living in very remote areas that the drugs cannot reach there, bike cannot get there, others includes language barrier and religion</p> <p>Our leaders think of themselves more. They don't care</p> <p>They pay them a token at the end of their services from the donor agency... There is nothing coming from the community, or PHC</p> <p>Their mentality here is quite difference, even when you take a good thing to them. They will still politicize it. Immediately they see you they will ask what have you brought for us talkless of saying how to support, they will not....</p>
<p><b>Inequity in access</b></p>		<p>increase funding, community participation, poor Availability of Drugs Increasing awareness in hard to reach community</p>	<p>It's something that Government should take control because donor at a time, they may opt out. Like in other programs that we have... if it is Government own it will be sustainable</p> <p>Distribution shouldn't be only during campaign:</p> <p>People should be aware, all those remote area, we should try as much as possible to reach out to them so that the people should be aware</p> <p>they can step down to the community, we have to meet the opinion leaders in the community, the elders also the religious leaders especially those churches that their religion serves as a barrier.</p> <p>People from the Cameroon as they move in they should be able to access the drugs, So I think it should be drug that should be in the facility as they come they find it.</p>

**Comment [H11]:** Table 4 seems to be repetition of what has already been presented in other Tables and in the text of your results. Delete

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266 **Discussion**



267 Improving treatment access and overall coverage are critical targets that must be vigorously  
268 pursued if the set goal of elimination of onchocerciasis by year 2025 is to be achieved. However,  
269 achieving this lofty goal should be predicated on understanding critical factors that impact on  
270 treatment access, acceptance and overall onchocerciasis control measures. This study therefore  
271 sought to understand perceptions and treatment compliance in the ongoing CDTI against  
272 experiences regarding onchocerciasis in a rural setting in Nigeria.

273  
274 ~~The findings of this study showed~~ that a high number ? about (68.8%) of the respondents had  
275 knowledge ~~about that~~ the cause of onchocerciasis to be from the is by bite of an infected black  
276 flies. This is in tandem with ~~Such knowledge\_ various across studies of with~~ 69.4% in South-  
277 East Ethiopia [10] and 70% in Guatemala [15] ~~reporting similar~~ knowledge levels. However,  
278 on the contrary, studies by [13] in Bioko Island, Equatorial Guinea and [16] in Ogun state of  
279 Nigeria reported ~~even~~ lower percentages of 19.3% and 9.8% respectively. This could be due to  
280 differences in educational levels in the study communities

281  
282 ~~With It then follows that about 31% of the respondents in this study did not know that the bite of~~  
283 ~~infected Blackfly can cause onchocerciasis. This is in spite of~~ seemingly moderately high  
284 educational level ~~of the respondents. Most of the survey of~~ respondents (55.1%) ~~had had~~ attained  
285 at least secondary level of education. Unlike i ~~Similarly, in~~ a study carried out in Enugu, Nigeria,  
286 more than half of the respondents (57%) had no knowledge of the cause of onchocerciasis [12].

287 This thus reflects that myths and misconceptions on the causes of onchocerciasis still persist ~~in~~  
288 and the study area as most of the respondents in this study attributed the cause of onchocerciasis  
289 to curse from the gods ( $\epsilon$ 29; (45.3%) and witchcraft ( $\epsilon$ 15; (23.4%)), ~~this is similar to~~ beliefs had

290 | been reported in the study carried out by [10]. Hence, ~~among other consequences, this the~~  
291 | ~~observ~~edation of ongoing misconceptions, ~~and~~ myths, ~~from our survey may lead to the poor~~  
292 | attitude, and practices toward predisposing factors for onchocerciasis infection in the study area.  
293 | Erroneous beliefs about onchocerciasis could lead to abandonment of personal protective  
294 | measures and other preventive practices [5,8,9,10].

295 |  
296 | The pervading ignorance and poor perception on onchocerciasis is evidently reflected with min  
297 | ~~the respondents suggested prevention strategies.~~ Most (64.9%) reported that good sanitation and  
298 | personal hygiene ~~were best for onchocerciasis prevention and control.~~ This is against the small  
299 | proportion that suggested use of Mectizan (3.9%) and health education on prevention (2.4%) as  
300 | viable onchocerciasis prevention strategies. These x-ray the intertwined effects of lack of  
301 | knowledge in reinforcing inappropriate health-seeking behaviours that invariably influence  
302 | treatment distribution, acceptance and coverage [8,11,13].

303 |  
304 | Lack of knowledge and poor perception of onchocerciasis may equally not only manifest in  
305 | discriminatory and stigmatizing attitudes and practices with the consequential drive for poor  
306 | health- seeking behaviours that further limit access to mass drug (ivermectin) administration  
307 | (MDA) [4,17], but may also affect overall efficacy of ivermectin treatment, treatment coverage  
308 | and communities' participation in onchocerciasis control programme [11,12,16,19]. These  
309 | perceptions and ignorance were also re-echoed as major themes from the key-informant  
310 | intervieweds;

311 | *“Most people in this community still belief that onchocerciasis is caused by witchcraft due to the*  
312 | *nature of the disease” (Key informant)*

313 | *“When people fall sick which they don't know the possible cause they will either say it is an*  
314 | *attack from their enemy or witchcraft” (Key informant)*

315  
316 In addition to the foregoing, the fact that the respondents' level of knowledge on the transmission  
317 of onchocerciasis had a statistical significance ( $\chi^2 = 11.32$ ;  $p = 0.01$ ) with their highest attained  
318 level of education. It was suggested that more than formal education may be required to bring  
319 about change that can positively influence onchocerciasis elimination target [7,11,13,16]. More  
320 importantly, this also significantly ties to the fact that this study's respondents are relatively  
321 young with a mean age of  $31.9 \pm 12.3$  years and ought to have access to general information  
322 often facilitated by modern technology that should be of benefit to onchocerciasis prevention and  
323 control strategy. This therefore becomes quite pivotal in the whole scheme of onchocerciasis  
324 control, if sustained efforts at its elimination is to yield great results, the youths as special group  
325 and this generation's successors must be appropriately targeted with basic factual knowledge  
326 about onchocerciasis.

Comment [H12]: Move to result

327  
328 The few proportion of study respondents that affirmed having reported experiencing  
329 onchocerciasis symptoms (11.1%) or having family members with such symptoms (17.6%)  
330 indicated provides insight to the magnitude of onchocerciasis as a public health burden of the  
331 disease in the study area environment. When the sample size ( $n=205$ ) used in this survey was  
332 matched against that of the study total population ( $N=203,705$ ) for Akamkpa LGA as at 2017,  
333 then, with the extrapolation of onchocerciasis prevalence may be far above the prevalence  
334 estimates of over 10% reported in 2012 [5] will very high number of infected persons. This is  
335 despite the fact that MDA of ivermectin has been on in the study area for over seven years.  
336 Findings of the qualitative aspect of this study supports that onchocerciasis is a problem;

337

338 ~~“Onchocerciasis is definitely a problem; it affects the larger community in the Local Government Area”~~  
339 ~~(Key Informant)~~

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340 ~~“Yes, it’s a major problem; as it is been called a neglected tropical disease” (Key Informant).~~

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341  
342 Stigmatization, financial incapacitation and blindness were major socioeconomic variables that  
343 may themes acknowledged from qualitative analysis of this study. The have negative effects of  
344 Onchocerciasis on the family, community and society ~~were also identified by the respondents.~~  
345 These findings not only buttress the health burden posed by onchocerciasis but also strengthen  
346 the fact that Onchocerciasis entrenches at the vicious cycle of poverty, incapacitates and  
347 increases dependency. The aforementioned are were listed supported by [4,9,12,20], that opined  
348 the association of onchocerciasis with poverty, stigmatization, discrimination, unemployment  
349 and other social and economic consequences.

350  
351 Among the ~~“You know predominantly in Akankpa, a larger number of them are farmers,~~  
352 ~~especially those in the interior, it affects them because most of them will not be able to go to~~  
353 ~~Farm”~~

354 ~~“Family that has somebody who is affected... the economy and everything in that family will not~~  
355 ~~go on well, because as a father in the family you will not be able to go and fetch out what the~~  
356 ~~family will eat and it will be shame and a mocking of family and stigmatization”~~

357 ~~“it affects them because when it affects the eye, the eye is the mirror for everybody, if the eye is~~  
358 ~~affected, it means even the family, community or the whole Nation is affected.”~~

359  
360 The preceding statements may thus be suggestive of ongoing challenges to ivermectin uptake, a  
361 experienced by respondents. re Significant proportion of respondents indicated that lack of non-  
362 availability of drugs (23.9%) followed by lack of knowledge of where to get the drugs (9.8%)  
363 demonstrated were the chief ivermectin uptake drag. These could be a proxy of inequality of in  
364 access to treatment, which is. ~~These findings are~~ in consonance with [2,16,17,18] that  
365 inconsistent availability of ivermectin has been implicated in low Community-directed treatment

366 | with ivermectin (CDTI) programme success. ~~This~~It is ~~all-the~~more critical in areas  
367 | ~~with~~experiencing increased influx of displaced and refugee populations as it ~~wass~~ being  
368 | experienced in Cross River State, Nigeria.

369 |  
370 | Other factors reported by respondents include dislike for the drugs (3.4%) and fear of  
371 | ivermectin-related adverse reactions (9.3%).~~These are were~~ in agreements with [15,16] that  
372 | reported fear of adverse reaction as reason for non-compliance with intake of the drugs. Adverse  
373 | events in ivermectin treatment have also been acknowledged to lead to rejection of treatments by  
374 | communities [1,3,6]. ~~Thus, is this~~ could limits treatment coverage and impacts on possible  
375 | reinvasion and perpetuation of onchocerciasis endemic status of the study community.

376 |  
377 | ~~Another onchocerciasis treatment experience reported by respondents is~~ (The issue of payment  
378 | for treatment (5.8%) ~~and with small proportion but a significant number of respondents indicating~~  
379 | that of high cost of treatment (2.9%) should be a source of concern was a challenge to ivermectin  
380 | uptake. This becomes a concerning finding as regards oin attaining onchocerciasis elimination  
381 | targets, given that CDTI are made almost entirely free-of- charge to recipients in communities at  
382 | risk. Made possible by multiple source donations, coordination and collaborations [1,6,9,14,18].

383 |

### 384 | **Conclusion**

385 | Inconsistent in availability of ivermectin, myths and misconceptions about cause of  
386 | onchocerciasis still pervades with the dangerous consequential drive for poor health-seeking  
387 | behaviours, discriminatory practices and poor treatment coverage. These findings may not be  
388 | typical of the study area. ~~The awareness ofus these~~ treatment-experiences and knowledge level

389 | about onchocerciasis may be wide spread among communities at risk. ~~Therefore, improved~~  
390 | ~~consumer knowledge of disease causation~~ is considered a prerequisite for any disease control  
391 | efforts. Better knowledge is shown to have a positive effect on prevention, treatment seeking and  
392 | adherence to treatment, hence facilitates reductions in the socioeconomic burden of the disease.  
393 | Moreover, ~~appropriately~~ integrating contextual knowledge about onchocerciasis into the design  
394 | ~~of control strategies~~ ~~could be considered as may present~~ a vantage ~~point in the~~ march towards  
395 | achieving elimination targets.

#### 396 | **Ethics approval and consent to participate**

397 | Ethical clearance ~~to for~~ ~~conduct of~~ this study was obtained from the ~~Cross River State Ministry~~  
398 | ~~of Health,~~ Health Research Ethics Committee ~~of Cross River State Ministry of Health.~~ The  
399 | ~~research~~ participants were briefed on the purpose of the study and verbal consent ~~was~~ obtained  
400 | from them to enroll into the study. Participants who did not wish to be included in the research  
401 | were ~~excluded~~ ~~excused~~ from the study. Participants were ~~provided all the necessary information~~  
402 | ~~about the research and were~~ assured of ~~handling of data in~~ strict confidentiality and anonymity.

#### 403 | **Competing interest**

404 | The authors declared that ~~is we have~~ no ~~conflict of competing~~ interest ~~whatsoever~~.

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**Comment [H13]:** Follow the guideline for references if it is to capitalize each word or use low case: adopt the format of the journal.

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