

1 **Evaluation of quality and assurance parameters of mulberry**  
2 **silk waste and viscose blended knitted fabrics by using**  
3 **'Fabric Assurance by Simple Testing' (FAST) technique**  
4

5 **ABSTRACT**

6 Fabric handle is one of the influential properties for any fabric and is a guiding factor for  
7 optimum selection of textile materials for specific end uses. The paper deals with  
8 objective analysis of knitted fabrics for fabric hand. Present attempt was made on four  
9 knitted fabrics, blended in proportions of 50% mulberry silk: 50% viscose and 40%  
10 mulberry silk: 60% viscose, each in two different counts. Fabric Assurance by Simple  
11 Testing (FAST) was utilized for determination of properties which is precisely associated  
12 with apparel construction and its lastingness. Fabric samples were subjected to tests  
13 for obtainment of dimensional stability, formability, low load extensibility, bending  
14 rigidity, compression and shear rigidity. Knitted fabric blended in proportion of 50%  
15 mulberry silk: 50% viscose in 20 Nm count was found to be most feasible to large scale  
16 production and garment construction.  
17

18 **KEYWORDS:** Apparel, Fabric, Knitted, Mulberry, Quality  
19

20 **INTRODUCTION**

21 Textile industry is one of the biggest industry in the world with large textile  
22 manufacturing base<sup>1</sup>. The immense progress in the past decades has not only produced  
23 high technology textile goods but has also given way to considerable experimentation  
24 and testing. Quality has grown into a prime requirement in today's competitive market  
25 and can be assessed to a large extent from the performance of the product<sup>2</sup>. Objective  
26 evaluation of the textile materials is a indispensable tool in the present textile trade.  
27 There is a huge rise in production of quality goods due to mechanization. In order to  
28 reap satisfactory performance in the clothing business, an assertive specification in  
29 relation to the critical fabric quality has to be retained. Thus determination of these  
30 aspects objectively is crucial<sup>3</sup>. The fabric hand is one aspect of importance to the

31 fashion industry and consumers, which plays a vital role in guiding consumer's  
32 purchase decision<sup>4</sup>. Customers intuitively examine fabric hand to characterize and  
33 determine quality and its applicability for a definite end use. The property can be  
34 assessed by mechanical and electronic equipments and by human experts by utilization  
35 of psychophysical or psychological methods<sup>5</sup>. Respondents may contradict, however, in  
36 their subjective evaluations of properties, even when the specific marking levels are  
37 provided, and these contrasts may lead to discrepancies in their judgment<sup>6</sup>. To fill this  
38 void, objective evaluations are considered better for assessment of such properties. In  
39 the past, Kawabata system of evaluating hand values was developed which measured  
40 the fabric handle with accuracy; however, the experimentation is highly cumbersome  
41 and time consuming<sup>7</sup>. In this view, FAST system of fabric handle evaluation system has  
42 come into picture, which is much simpler than Kawabata evaluation system and  
43 experimentation cost is also less. Fabric Assurance by Simple testing (FAST) was  
44 developed by CSIRO (Division of Textile Industry, Australia)<sup>3</sup>. The test determines  
45 properties which sharply define ease of garment construction and its durability<sup>8</sup>. This  
46 test method is based on correlations between a number of subjective evaluations of  
47 fabric handle (like smoothness, firmness, fullness, crispiness and hardness) and  
48 corresponding mechanically detectable figures<sup>9</sup>. In the present study, authors have  
49 intended to evaluate fabric hand of blended knitted fabrics. Dimensional stability,  
50 formability, extensibility, bending rigidity, shear rigidity and compression have been  
51 measured by using Fabric assurance by simple testing.

## 52 **MATERIAL AND METHODS**

53 Four types of fabrics were knitted by using blended yarns of two different yarn counts,  
54 each in two different blending proportions viz. 50% mulberry silk: 50% viscose and 40%  
55 mulberry silk: 60% viscose. Blended knitted fabrics were utilized for present course of  
56 experimentation.

57 The property of fabric hand was determined by using Fabric assurance by simple  
58 testing (FAST). The process involved use of tensile testing machine called  
59 extensometer, which measured the force generated when the fabric specimens passed  
60 through a ring<sup>10</sup>. Apart from this, cantilever bending tester and a cloth thickness gauge  
61 were also utilized. Fabrics were subjected to FAST in both wale-wise and course-wise

62 directions for all parameters except compression, weight and shear rigidity.

63 The procedure included four steps of examination. FAST-1 provided a figure for  
64 fabric thickness with micrometre resolution. FAST-2 calculated the values for fabric  
65 bending length and bending rigidity. FAST-3 measured fabric extensibility at low loads  
66 and shear rigidity. FAST-4 was utilized for measurement of dimensional stability,  
67 involving relaxation shrinkage and the hygral expansion<sup>8</sup>. Three readings were obtained  
68 for each sample, while testing individual criterion. Mean was calculated for three  
69 readings for the final value. Below mentioned methods were utilized for judgement of  
70 various parameters.

71 1. **Dimensional stability:** Extent of dimensional deformation of knitted fabrics was  
72 evaluated by computation of parameters like relaxation shrinkage and hygral  
73 expansion.

74

75 ❖ **Relaxation shrinkage:** Dimensional change in fabric was measured by  
76 calculating the percentage change in dimensions after relaxation of fabric after  
77 knitting. Relaxation was carried out at room temperature.

78 ❖ **Hygral expansion:** It was measured by calculating the reversible change in  
79 dimensions of fabric after moisture content is altered.

80

81 Relaxation shrinkage =  $\frac{L1-L3}{L1}$

82

83 Hygral expansion =  $\frac{L2-L3}{L3}$

84

85 where  $L1$  = Length of dry relaxed fabric.  $L2$  = length of wet fabric after relaxation in  
86 water and  $L3$  = length of dry unrelaxed fabric<sup>11</sup>.

87

88 2. **Bending rigidity:** Bending lengths were calculated and converted into bending  
89 rigidities (BS 3356-1961). FAST 2 instruments worked on cantilever principle.

90 3. **Formability:** Compression was applied on the fabric and its ability to withstand  
91 the same in its own plane was measured. It was obtained from both FAST 2 and  
92 FAST 3 equipments.

93 4. **Extension percentage:** Extension in the fabric was measured by applying  
94 various loads viz. 5 gf/cm, 20 gf/cm and 100 gf/cm. It was computed by using  
95 extension meter. The property is associated with looseness of fabric.

96 5. **Compression:** Under this parameter, thickness of the fabric was calculated  
97 under various loads. Compression meter was used for this purpose.

98 ❖ **Surface thickness:**

99 Surface thickness is defined as the difference between the values of thickness at the  
100 two predetermined loads viz 2 gf/cm<sup>2</sup> and 100 gf/cm<sup>2</sup>. The pressure at which thickness  
101 was measured was controlled by adding weights to the measuring cup<sup>11</sup>.

102 ❖ **Relaxed surface thickness:** The values of surface thickness when viewed  
103 against the values of relaxed surface thickness carries higher significance in  
104 terms of fabric hand<sup>12</sup>.

105 6. **Weight:** Weight of the fabrics per meter square was measured by using weighing  
106 balance.

107 7. **Shear rigidity:** The parameter was judged by using tensile extension.

108 **Duration of the study was 2 years.**

109 **RESULTS AND DISCUSSION**

110 The knitted fabric construction was carried out by yarn blends of 50% mulberry silk:  
111 50% viscose and 40% mulberry silk: 60% viscose, in both 15 Nm and 20 Nm yarn  
112 counts. Amount of twist was kept constant for all the yarns (10 twists per inch). All the  
113 fabrics were knitted in plain jersey structure.

114 Developed knitted fabrics were assigned codes for ease of discussion and  
115 understanding (Table 1). Fabric knitted in 50% mulberry silk: 50% viscose yarn and 15  
116 Nm count was called S<sub>1</sub> and fabric made in 40% mulberry silk: 60% viscose in the same  
117 count was assigned code S<sub>3</sub>. In case of 20 Nm yarn count, codes S<sub>2</sub> and S<sub>4</sub> were the  
118 assigned to fabrics with 50% mulberry silk: 50% viscose and 40% mulberry silk: 60%  
119 viscose respectively.

120

121 **Table 1 Coding of developed fabric proportions**

Blending proportion	Yarn count (Nm)	Code assigned
50% mulberry silk: 50% viscose	15	S <sub>1</sub>
50% mulberry silk: 50% viscose	20	S <sub>2</sub>

40% mulberry silk: 60% viscose	15	S <sub>3</sub>
40% mulberry silk: 60% viscose	20	S <sub>4</sub>

122

123 **Table 2 Constructional parameters of knitted fabrics**

Fabric code	Knitted structure	Yarn density (WPI x CPI)	Tightness factor	Fabric thickness (mm)
S <sub>1</sub>	Single jersey	14 x 19	4.533 <sup>a</sup> ± 0.002	0.763 <sup>b</sup> ± 0.012
S <sub>2</sub>	Single jersey	14 x 20	4.532 <sup>a</sup> ± 0.002	0.663 <sup>a</sup> ± 0.012
S <sub>3</sub>	Single jersey	14 x 20	4.534 <sup>a</sup> ± 0.003	0.883 <sup>c</sup> ± 0.024
S <sub>4</sub>	Single jersey	14 x 18	4.529 <sup>a</sup> ± 0.000	0.703 <sup>b</sup> ± 0.003
<b>Critical difference</b>			NS	0.102

124 <sup>a,b,c</sup> Significant at 5 % level of significance, same alphabet= no significant difference,  
 125 different alphabet= significant difference, CD= Critical difference, NS= Not significant

126

127 **1. Dimensional stability**

128 **i) Relaxation shrinkage**

129 It is evident from table 3 that highest values for relaxation shrinkage were calculated for  
 130 fabrics S<sub>2</sub> and S<sub>3</sub>, however, there was not much difference found among the figures of  
 131 four knitted fabrics. Relaxation shrinkage in the direction of wales was found to be  
 132 significantly higher than that of course direction. Since the gap between two crossing  
 133 points in the direction of wales was much greater than in course direction, the fabrics  
 134 found extra capacity to repose. Apart from this, course density was also found to be  
 135 greater than

136 **Table 3 Findings of 'Fabric assurance for simple testing parameters' for blended knitted fabrics**

Parameters		S <sub>1</sub>		S <sub>2</sub>		S <sub>3</sub>		S <sub>4</sub>		CD	
		Wales wise	Course wise	Wales wise	Course wise	Wales wise	Course wise	Wales wise	Course wise	Wales wise	Course wise
Dimensional stability (%)	Relaxation shrinkage	13.4 <sup>a</sup>	3.8 <sup>c</sup>	14.8 <sup>b</sup>	2.1 <sup>b</sup>	14.2 <sup>b</sup>	0.0 <sup>a</sup>	13.1 <sup>a</sup>	5.8 <sup>d</sup>	0.33	0.09
	Hygral expansion	4.2 <sup>c</sup>	2.6 <sup>a</sup>	3.4 <sup>b</sup>	3.0 <sup>b</sup>	0.9 <sup>a</sup>	2.1 <sup>a</sup>	0.9 <sup>a</sup>	7.4 <sup>c</sup>	0.12	0.16
Formability (mm <sup>2</sup> )		9.36 <sup>c</sup>	3.26 <sup>b</sup>	3.26 <sup>a</sup>	2.73 <sup>a</sup>	5.30 <sup>b</sup>	7.37 <sup>c</sup>	3.12 <sup>a</sup>	3.06 <sup>b</sup>	0.23	0.1
Extension (%)	Extension at 5 gm load	0.0 <sup>a</sup>	1.3 <sup>a</sup>	1.0 <sup>b</sup>	6.5 <sup>b</sup>	1.4 <sup>b</sup>	10.1 <sup>c</sup>	4.3 <sup>c</sup>	10.4 <sup>c</sup>	0.15	0.4
	Extension at 20 gm load	5.4 <sup>a</sup>	19.3 <sup>a</sup>	7.0 <sup>b</sup>	21.0 <sup>b</sup>	8.4 <sup>c</sup>	21.0 <sup>b</sup>	11.8 <sup>d</sup>	21.0 <sup>b</sup>	0.3	0.14
	Extension at 100 gm load	18.6 <sup>a</sup>	21.0 <sup>a</sup>	19.1 <sup>b</sup>	21.0 <sup>a</sup>	20.4 <sup>c</sup>	21.1 <sup>b</sup>	21.1 <sup>d</sup>	21.1 <sup>b</sup>	0.48	0.35
	Extension at 5 gm load Bias	4.7 <sup>c</sup>		6.2 <sup>d</sup>		1.7 <sup>a</sup>		3.8 <sup>b</sup>		0.29	
Bending Rigidity (µN.m)		9.0 <sup>d</sup>	7.6 <sup>c</sup>	6.7 <sup>b</sup>	3.3 <sup>a</sup>	8.4 <sup>c</sup>	7.2 <sup>c</sup>	6.0 <sup>a</sup>	4.3 <sup>b</sup>	0.25	0.34
Compression (mm)	Surface Thickness	0.457 <sup>a</sup>		0.607 <sup>c</sup>		0.652 <sup>c</sup>		0.583 <sup>b</sup>		0.02	
	Relaxed surface Thickness	0.452 <sup>a</sup>		0.645 <sup>c</sup>		0.586 <sup>b</sup>		0.587 <sup>b</sup>		0.02	
Weight (g/m <sup>2</sup> )		187 <sup>c</sup>		172 <sup>b</sup>		175 <sup>b</sup>		136 <sup>a</sup>		6.49	
Shear Rigidity (N/m)		26.4 <sup>b</sup>		19.9 <sup>a</sup>		71.0 <sup>d</sup>		32.5 <sup>c</sup>		3.4	

Results significant at 5 % level of significance, CD: Critical difference

139 wales density for the blended knitted fabrics (Table 2), so there was very less space  
140 available for further shrinkage<sup>13</sup>. Fletcher and Roberts<sup>14</sup> mentioned that shrinkage in  
141 areas of all of the grey fabrics and of the finished viscose fabrics increased with knitting  
142 stiffness.

## 143 ii) Hygral expansion

144 Hygral expansion percentage has been measured highest in case of fabric S<sub>1</sub> in the  
145 direction of wales. In the direction of courses, fabric S<sub>2</sub> exhibited highest change in  
146 dimensions. The figures show a similar pattern as seen for relaxation shrinkage in which  
147 higher dimensional changes were witnessed in the direction of wales. Cookson<sup>15</sup> found  
148 a high correlation between relaxation shrinkage and hygral expansion. According to the  
149 CSIRO Wool research laboratories, Ballard<sup>16</sup> found that in fabric having composition of  
150 viscose rayon, high levels of moisture regain percentages lead to higher figures for  
151 hygral expansion. This mostly occurs in the atmospheres of high humidity only. In the  
152 present case, moisture regain values for the yarns used for knitting of fabrics were  
153 found as below (Table 4):

154 **Table 4 Findings of moisture regain of yarns used for knitting**

<b>Moisture regain (yarns used for knitting)</b>				
	Yarn used for fabric S1	Yarn used for fabric S2	Yarn used for fabric S3	Yarn used for fabric S4
<b>Moisture regain (%)</b>	8.517	8.524	9.960	8.614

155  
156 In the areas of high humidity, the swelling shrinkage of fabrics may occur which will be  
157 in equilibrium with high relative humidities. Mostly, larger values of hygral expansion  
158 cause puckering problems<sup>17</sup>, however, values thus obtained for fabrics under  
159 investigation fall in the safe region and were advisable for clothing purpose.

## 160 II. Bending rigidity

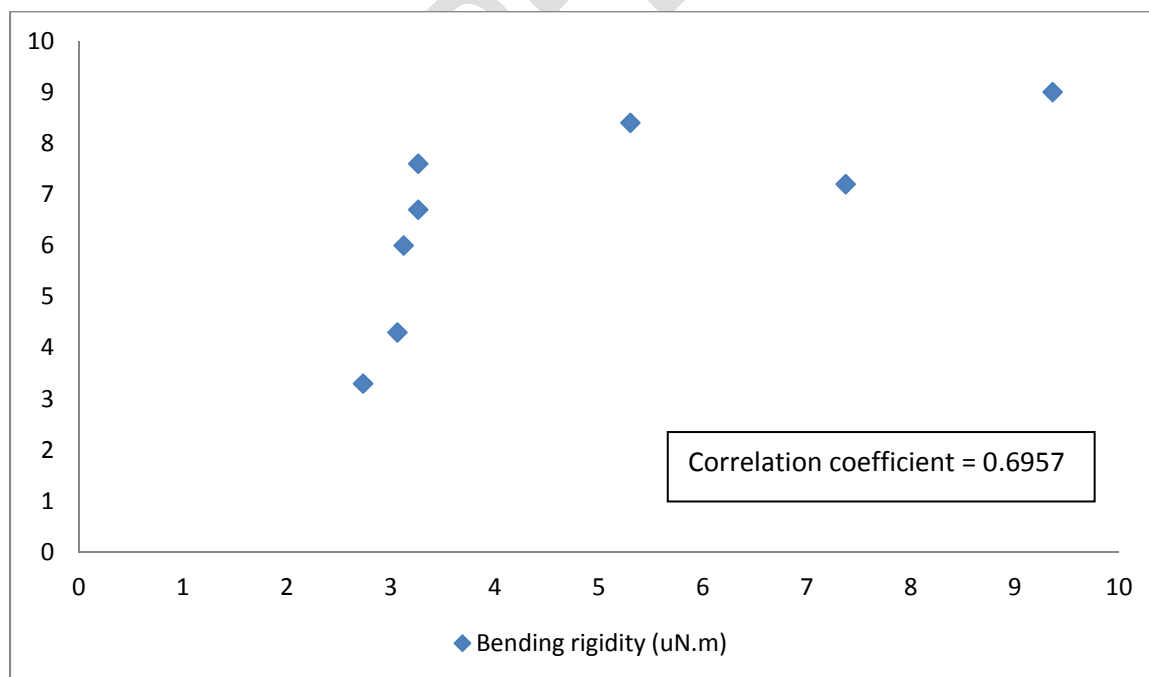
161 Bending rigidities were calculated for knitted fabrics. Findings reveal that fabric S<sub>1</sub> was  
162 most rigid in the direction of wales. A significant difference was found among the values  
163 during statistical calculations at 95% confidence level. Highest rigidity values were  
164 shown by fabric S<sub>3</sub> in coursewise direction. Bending rigidity of fabric S<sub>2</sub> has been found

165 less than fabric S<sub>1</sub>, in both the directions, as its knit structure is less dense because of  
166 finer count. The stiffness of a fabric in bending is dependent on its thickness, the thicker  
167 the fabric, the stiffer if all other factors remain the same<sup>18</sup>. Fabric S<sub>2</sub> with lowest  
168 thickness exhibited lowest bending rigidity in coursewise direction. In the direction of  
169 wales, fabric S<sub>2</sub> and S<sub>4</sub> were found least rigid with no significant difference. Hence fabric  
170 S<sub>2</sub> and S<sub>4</sub> can be called as suitable for apparel use.

### 171 III. Formability

172 High formability values were obtained for all the fabrics with significantly high ( $p \leq 0.05$ )  
173 figure for fabric S<sub>1</sub> in the direction of wales, and that of fabric S<sub>3</sub> in the direction of  
174 courses. Since, low formability give rise to problem of puckering<sup>4</sup>, having present figures  
175 for the property, the chances of crunch were not foreseeable. According to Hooputra *et*  
176 *al*<sup>19</sup>, the ability to bear compression or formability is an outcome of bending property of  
177 the material. Results thus produced for the knitted fabrics were tested for correlation  
178 with bending rigidities of the same (Figure 1). A moderate positive correlation was found  
179 between the two properties clearly depicting that rise in bending rigidity increases  
180 formability of fabrics.

181



182

183 Figure 1 Correlation between Formability and bending rigidity of blended knitted fabrics

184



#### 185 **IV. Extension percentage**

186 Fabric extension of knitted fabrics was calculated on various loads. Fabric S<sub>4</sub> extended  
187 the most both in waleswise and coursewise directions. Fabric S<sub>2</sub> and S<sub>3</sub>, however, also  
188 achieved suitable extension percentages for garment construction. Knitted fabrics tend  
189 to develop high extensions<sup>20</sup>. Low figures of fabric S<sub>1</sub> can be explained by mentioning  
190 that bending rigidity values for the same were found to be highest which led to lower  
191 extension figures under loads. For all the fabrics, much higher extension was witnessed  
192 in coursewise direction than in waleswise direction. According to Gordon and Hsieh<sup>21</sup>,  
193 when tensile loading is applied to the fabric, the yarn within the structure moves until it  
194 jams and then the yarn elongates until it breaks. Under an applied load, plain knitted  
195 fabric has lesser elongation in the walewise direction than in coursewise direction  
196 because waleswise jamming occurs sooner than coursewise jamming. Horizontal  
197 extension is seen after flattening of curvature of lower portion of sinker loops in plain  
198 knitted fabrics. As the load is increased, curved areas tend to straighten<sup>20</sup>.

#### 199 **V. Compression**

200 Under this, surface thickness of the fabric was calculated alongwith thickness under  
201 various loads.

##### 202 **a. Surface thickness**

203 Surface thickness measures the difference in thickness of a fabric measured at  
204 pressures of 2 gf/cm<sup>2</sup> and 100 gf/cm<sup>2</sup>. Fabric S<sub>1</sub> was found to have the least bulky  
205 surface in this case. Fabric S<sub>2</sub>, S<sub>3</sub> and S<sub>4</sub> were found to obtain similar figures for surface  
206 thickness with no significant difference among them. The higher the surface thickness,  
207 higher will be the surface hairiness or bulk of the fabric<sup>22</sup>.

##### 208 **b. Relaxed surface thickness**

209 Figures for this property were found to be lowest for fabric S<sub>1</sub>, and highest for fabric S<sub>2</sub>.  
210 Behery<sup>5</sup> was of the opinion that contrast of the original surface thickness and the  
211 relaxed surface thickness determines the stability of the finish on the fabric while  
212 garment construction. For the present investigation, comparison of both the parameters  
213 shows a gap of less than 0.1 mm for all the fabrics, which shows high stability for  
214 finishes. Fabrics S<sub>1</sub>, S<sub>2</sub> and S<sub>3</sub> exhibited highest ability to handle finish with least  
215 disparity between original surface thickness and relaxed surface thickness.

## 216 VI. Weight

217 Table 3 depicts that weight of fabric S<sub>1</sub> and S<sub>3</sub> was higher than that of fabric S<sub>2</sub> and S<sub>4</sub>.  
218 This was due to the difference in yarn counts of yarns used for the fabrics. Fabric S<sub>1</sub> and  
219 S<sub>3</sub>, having the higher count yarn were found to have significantly more weight than  
220 fabric S<sub>2</sub> and S<sub>4</sub> at 95 % confidence level.

## 221 VII. Shear rigidity

222 Shear rigidity is the measure of performance of fabrics in terms of ability to drape, and  
223 handle while garment construction and usage. Fabric S<sub>3</sub> demonstrated highest amount  
224 of shear rigidity which can be understood by considering the higher yarn density and  
225 tightness factor for the same. Wang *et al*<sup>23</sup> established the relationship between shear  
226 rigidity and tightness factor and it was observed that high tightness factor gives rise to  
227 larger figures for shear rigidity. Fabric S<sub>2</sub> was found least rigid in this case and hence  
228 was considered most drapable.

## 229 CONCLUSION

230 The investigation of FAST parameters for blended knitted fabrics provides data  
231 for comparative analysis of significant properties and to figure out the dependencies of  
232 fabric performance on its constructional properties. The results obtained indicate that  
233 fabric S<sub>2</sub>, proved to be better in performance than fabrics S<sub>1</sub>, S<sub>3</sub> and S<sub>4</sub>, exhibiting low  
234 bending and rigidities in both wale-wise and course-wise directions. Regarding  
235 formability, fabric S<sub>2</sub> scored satisfactory value and chances of crinkling were eliminated.  
236 Fabric S<sub>2</sub>, however, showed dimensional changes during testing for relation shrinkage  
237 and hygral expansion. Findings for compression test depict that fabric S<sub>2</sub> was highly  
238 suitable for handling finishes. Analyzing the relationship between performances of  
239 blended knitted fabrics during Fabric Assurance by Simple Testing (FAST), it can be  
240 concluded that fabric thickness, yarn density and tightness factor were found as  
241 influential parameters in deciding hand properties of fabrics. Keeping in view the  
242 unequalled characteristics of 50% mulberry silk: 50% viscose in 20 Nm yarn count and  
243 lower fabric weight, it is therefore recommended as best suitable apparel use and  
244 commercial production.

## 245 RESEARCH LIMITATION

246 Laboratory tests like (FAST) can only imitate wear and durability conditions.

247 **FOLLOW UP RESEARCH RECOMMENDATIONS**

- 248 1. Subjective evaluation for quality and durability of blended knitted fabrics may be  
249 carried out in order to judge the actual fabric in use.
- 250 2. Comparison of findings of both objective and subjective quality tests can be  
251 done.

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