Mycoflora, Proximate Composition and Mineral Analysis during the Storage of Smoked Dried Crayfish (*Penaeus natialis* - Shrimps)

Abstract

This study was carried out to assess the changes in proximate composition, mineral content and mycoflora associated with smoked dried crayfish Penaeus natialis stored for twenty weeks. Smoked dried crayfish *Penaeus natialis* were purchased at Igbokoda, Ilaje Local Government Market, Ondo State, Nigeria. They were studied under storage for twenty weeks (6 months) and the proximate, mineral and mycofloral analyses were carried out at four weeks interval. The mycoflora were isolated using direct plating and dilution methods on Potato Dextrose Agar (PDA), Saboraud Dextrose Agar (SDA) and Malt Extract Agar (MEA) and identified using their cultural and morphological features about standard procedures accordingly. The fungi isolated using direct plating methods and dilution methods were Aspergillus niger, Aspergillus flavus, Aspergillus fumigates, Rhizopus sp., Phytophthora siskiyouensis, Penicillum sp. and Mucor sp. The proximate analysis result showed a decrease in Ash, fat, and crude fibre content while moisture, crude protein and carbohydrate content increased during the twenty-four weeks storage. The mineral analysis result of the smoked dried crayfish *Penaeus natialis* showed a decrease in Sodium, Potassium, Calcium, Magnesium, Zinc, Iron, Copper, Manganese, Cadmium and Phosphorous respectively. This study showed that the smoked dried crayfish *Penaeus* natialis were contaminated by fungi; which is an indication that the market places where these products were displayed for sale were not hygienic coupled with leaving the products in open air without coverage which could allow products contamination with fungal spores leading to fungal spores germination, deterioration and spoilage of products during storage. Good hygiene, constant product checking and sensitization of the products processors, handlers and sellers will minimize exposure to fungal spores' contamination while mitigating deterioration and spoilage of the products during storage.

Keywords

Storage, Mycoflora, Proximate, Minerals, Shrimps

1. Introduction

Crayfish *Penaeus natialis* is an important flavour ingredient in many Nigerian local preparations. Crayfish are eaten worldwide like other edible crustaceans, only a small portion of the body of a crayfish is eaten in most prepared dishes, such as soups, <u>bisques</u>, only the tail portion is served [1]. Crayfish processing has become a large part of the crawfish industry. Crawfish processing is a modern industry that produces a high-quality product available for consumption worldwide [2,3].

Preservation of crayfish *Penaeus natialis is* very important because it is easily susceptible to deterioration immediately after harvest and to prevent economic losses. The development of machinery that could be employed for effective handling, harvesting, processing and storage of seafood such as fish and crayfish cannot be over-emphasized especially when aquaculture is growing fast in Nigeria [4]. The use of smoke in local fish preservation was reported by Eyo [5]

and the implication of poor postharvest handling of crayfish has also been reported Kumolu-Johnson *et al* [6]. Smoke drying is done to partially cook, remove water, obtain brown colour, improve organoleptic flavour and control microbial and enzymatic actions that may cause spoilage. Preservation effects of smoke derived from the antioxidant and antimicrobial properties of its phenolic compound have been reported by Shehu *et al* [7] and Abou-zaid and Mohammed [8]. In local markets, crayfish is retailed open as small heaps on tables to attract consumers and information on the duration of effectiveness of smoke drying on crayfish quality is scarce. The essence of processing is to preserve and stop microbial deterioration action on food and to retain the quality of the food [9]. However, there is little or no adequate information on the effectiveness of smoke drying on crayfish quality; hence this study is aimed at studying the changes in proximate composition, mineral content and mycoflora associated with smoked dried crayfish *Penaeus natialis* during twenty-four weeks storage.

1. Materials and Methods

2.1. Collection of Samples

Samples of Crayfish namely *P. natialis* were randomly purchased at Igbokoda, Ilaje Local Government Market, Ondo State, Nigeria. The dried crayfish *P. natialis* samples were clearly-labelled, stored at room temperature in a sterile airtight container, and kept in a well-ventilated laboratory for a period of twenty four weeks (6 months) under investigation.

2.2. Mycoflora Isolation from the Stored Smoked Dried Crayfish P. natialis

The mycoflora associated with smoked dried crayfish *P. natialis* (during storage were isolated using the methods described below:

2.2.1. Direct plating method

Visible mouldy sundried crayfish *P. natialis* were examined and randomly selected from the stored samples for mycofloral isolation using the method described by Amusa [10]. The sample surfaces were sterilized with ethanol and washed in sterile distilled water. The sterilized samples were aseptically placed on Potato Dextrose Agar plates with the sterilized spatula and incubated at 28°C for 5 days. The hyphae tips of each fungal growth were successively sub-cultured on freshly prepared Potato Dextrose Agar plates until pure colonies were obtained [11]. The cultures were examined microscopically to assess the presence of fungi.

2.2.2. Dilution plate method

The dilution plate method was done by placing 1g of smoked dried crayfish *P. natialis* in sterile distilled water and shaken thoroughly. One ml each of the standardized sample was pipette into 9 ml of sterile distilled water in a test tube, and serially diluted in a series of test tubes containing sterile distilled water. One ml each of aliquots of 10-2 and 10-3 was introduced into molten Potato Dextrose Agar (PDA) plates in duplicates for each isolate and incubated at 28°C for 5 days. The fungal growths were observed every 24 hours for the fruiting bodies and hyphae tips

of each fungus were sub-cultured successively until pure cultures were obtained [11]. The cultures were examined microscopically to assess the fungi present.

2.3. Identification of Mycoflora

The mycoflora isolated from the stored smoked dried crayfish *P. natialis* were identified by their gross cultural and morphological features. The mycoflora were examined under bright daylight for the colour of the culture and further examination was carried out using Needle mount preparation method as described by Tuite [12], Crowley *et. al.* [13] and Egbebi *et al.* [11] and Slide culture technique method as described by Fagbohun *et al.* [14].

2.4. Nutrient Analysis

2.4.1. Proximate Analysis

Samples of the stored smoked dried crayfish *P. natialis* were analysed for the for ash, crude fibre, moisture and fat contents according to the methods described by Pearson [15] and A.O.A.C. [16]. The nitrogen was determined by Micro-Kjeldahl method as described by Pearson [15] and the percentage nitrogen was converted to crude protein by multiplying 6.25. The carbohydrate content was estimated by the difference in the value obtained when all the chemical composition values were subtracted from 100%. All determinations were in triplicates and the values of each constituent were expressed in percentage.

2.4.2. Mineral Analysis

The stored smoked dried crayfish *P. natialis* were analysed for the minerals using the solution obtained by dry ashing the sample at 550°C and dissolving it in 10% HCL (25ml) and 5% lanthanum chloride (2ml), boiling, filtering and making up to standard volume with deionized water. Mn, Cu, Co, Zn, Fe, Mg, Na, and Ca were determined with a Buck Atomic Absorption Spectrometer (Buck Scientific, Model 200A/200, Inc. East Norwalk, Connecticut, U.S.A). Sodium was measured with a Corning 405 flame photometer (Corning Halstead, Essex, UK, Model 405) (AOAC) [16]. The detection limits had precisely been determined using the methods of Varian Techtron [17] as Mn 0.01, Cu 0.005, Co 0.05, Zn 0.005, Fe 0.02, Mg 0.002, Ca 0.04, Na 0.001, ppm (all for aqueous solutions). The optimum analytical range was 0.5 to 10 absorbance units with a coefficient of variation of 0.05-0.40%. Phosphovanadomolybdate method using a spectronic 20 colorimeter (Galenkamp, London, UK) (AOAC) [16]. All chemicals were BDH analytical grade

3.0. Results and Discussion

The proximate content of smoked dried crayfish *P.natialis* during twenty-four weeks storage is shown in Table 1 below

Table 1: Results of proximate analysis of smoked dried crayfish *P. natialis* during 24 weeks storage (g/100g)

CP **FAT** \mathbf{CF} **CHO** Fresh 13.45±0.07E 6.40±0.14C $68.46 \pm 0.79 A$ 5.10±0.28C ND $6.40 \pm 0.57 A$ 4 $13.38 \pm 0.04 E$ 6.39±0.02BC $68.19 \pm 0.03 A$ 5.40±0.02C ND $6.66 \pm 0.04 A$ 8 13.42±0.01E $6.36 \pm 0.01B$ $68.26 \pm 0.01A$

Weeks of Storage

Ash

MC

5.36±0.01C ND $6.62 \pm 0.02 A$ 12 $13.24 \pm 0.02D$ $6.42{\pm}0.02BC$ $68.36 \pm 0.04 A$ 5.32±0.01C ND $6.63 \pm 0.05 A$ 16 12.25 ± 0.01 C $6.52 \pm 0.02 C$ $68.13 \pm 0.04 A$ 4.26±0.02B ND $8.86 \pm 0.01B$ 20 $11.68 \pm 0.01B$ 6.36±0.01B $68.21 \pm 0.01A$

9.79±0.00C

 $3.99\pm0.03AB$

24

ND

10.29±0.01A
6.21±0.01A
68.07±0.01A
3.89±0.16AB
ND
11.53±0.16D
MC: Moisture content, CP: Crude protein, CF: Crude Fiber, CHO: Carbohydrate, ND: Not Detected. Means for each treatment with the same alphabet in each row are not significantly different at 5% level of significance (p< 0.05), while different alphabets in each row are significantly different at 5% level.
The mineral content of smoked dried crayfish <i>P. natialis</i> during twenty-four weeks storage is shown in Table 2.
Table 2: Results of mineral analysis of smoked dried crayfish $\textit{P.natialis}$ during twenty four weeks storage (mg/100g)
weeks storage (mg/100g)
weeks storage (mg/100g) Weeks of storage
weeks storage (mg/100g) Weeks of storage Na
weeks storage (mg/100g) Weeks of storage Na K
weeks storage (mg/100g) Weeks of storage Na K Ca
weeks storage (mg/100g) Weeks of storage Na K Ca Mg
weeks storage (mg/100g) Weeks of storage Na K Ca Mg Zn
weeks storage (mg/100g) Weeks of storage Na K Ca Mg Zn Fe
weeks storage (mg/100g) Weeks of storage Na K Ca Mg Zn Fe CU
weeks storage (mg/100g) Weeks of storage Na K Ca Mg Zn Fe CU Mn

 $58.90 \pm 0.14F$

66.30±0.14A

86.65±0.01A

 $49.90 \pm 0.14E$

 $0.63 \pm 0.01D$

 $6..33\pm0.11C$

 $0.28\pm0.04E$

0.99±0.01E

 $0.23 \pm 0.04 EF$

106.10±7.35AB

4

57.89±0.03D

 $65.40 \pm 0.04 A$

76.90±14.15A

49.29±0.08D

 $0.62\pm0.01C$

 $6.62 \pm 0.01E$

 0.24 ± 0.01 DE

 $0.91 \pm 0.01D$

 $0.24\pm0.02F$

113.63±3.55BC

8

 $58.12 \pm 0.02 E$

 $65.49 \pm 0.02 A$

87.03±0.03A

- $49.43 \pm 0.04D$
- $0.68\pm0.02D$
- $6.55 \pm 0.01b$
- $0.19\pm0.01C$
- 1.12±0.02F
- $0.19\pm0.02DE$
- 116.22±0.02C
- 12
- 57.97±0.05D
- $60.46 \pm 0.09 A$
- 85.67±0.03A
- 49.35±0.02D
- $0.61 \pm 0.01C$
- $6.49 \pm 0.01D$
- $0.15\pm0.02C$
- $0.99\pm0.02E$
- 0.16±0.01CD
- 115.14±0.02C
- 16
- $56.88 \pm 0.04B$
- 64.81±0.38A
- $83.63 \pm 0.01 A$
- 48.78±0.33C
- $0.54\pm0.01B$
- $5.68 \pm 0.01B$

- $0.11{\pm}0.01A$
- $0.59\pm0.01C$
- $0.12 \pm 0.01 BC$
- 112.68±0.01BC
- 20
- $55.65 {\pm}~0.21 A$
- $60.39 \pm 0.02 A$
- $81.52 \pm 0.02 A$
- $47.39 \pm 0.01B$
- $0.48 \pm 0.04 A$
- $5.52\pm0.01A$
- $0.07 \pm 0.01A$
- $0.50\pm0.00A$
- $0.08 \pm 0.01 AB$
- 100.98±0.15A
- 24
- 56.56±0.02B
- $60.39 \pm 0.01 A$
- $81.29 \pm 0.03 A$
- $45.80 \pm 0.01A$
- $0.48 \pm 0.04 A$
- $5.55 \pm 0.01A$
- $0.09 \pm 0.08 A$
- $0.54 \pm 0.01B$
- $0.06 \pm 0.01 A$

100.89±0.01A

Na: Sodium, K: Potassium, Ca: Calcium, Mg: Magnesium, Zn: Zinc, Fe: Iron, Cu: Copper, Mn: Manganese, CD: Cadmium, P: Phosphorus. Means for each treatment with the same alphabet in each row are not significantly different at 5% level of significance (p< 0.05), while different alphabets in each row are significantly different at 5% level.

The mycoflora isolated from smoked dried crayfish *P. natialis* during twenty-four weeks storage is shown in Table 3.

Table 3: Mycoflora isolated from smoked dried crayfish P. natialis during twenty-four weeks storage (mg/100g)

Mycoflora Week of storage

2

1

2

1

2

1

2

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Aspergillus niger

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Aspergillus fumigatus	
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- Aspergillus flavus	
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Rhizopus sp.
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Phytophthora siskiyouensis

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Penicillumsp.			
<i>Penicillum</i> sp. -			
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Mucor sp.

1: Dilution method, 2: Direct plating method, (+): isolated, (-): not isolated

3.1. Proximate Analysis

There was a significant decrease in ash content (13.45 - 10.29 g/100g), fat (5.10 -3.89 g/100g), moisture content (6.40 - 6.21 g/100g) and crude protein (68.46 - 68.07 g/100g) but the carbohydrate content was increased (6.40-11.53 g/100g). The crude fibre was not detected during the twenty-four weeks storage of smoked dried crayfish *P. natialis* ((Table 1). This result is in agreement with the findings of Girard [18] who reported a significant reduction in ash content of cattle to hide from (1.67-0.83) mg/100g after storage for months. The decrease in ash content indicates loss of nutrients as the storage progressed. Ash content in food contributes to the residue remaining after all the moisture has been removed as well as the organic material (fat, protein, carbohydrates, vitamins, organic acid etc.) have been incinerated at a temperature of

about 500oC. Ash content is generally taken to be a measure of the mineral content of the original food [19]. However, this result contradicts that of Oladejo and Adebayo-Tayo [20] who reported an increase in crude protein (21.68-54.16) mg/100g of "Banda" dried meat during storage and Rodolfo et al. [21] who found out that fungi increase the protein content of the samples on which they grow. This result is also different from the findings of Lawal et al. [22] who reported a decrease in the proximate content such as carbohydrate content of sundried cocoyam chips during storage. The crude fibre was not detected in stored smoked dried crayfish which is similar to that of Eleazu [23] who reported that crude fibre was not found in the 10, 30, or 40% NRCRI cassava bread samples or in the 100% wheat bread. There was a reduction in the moisture content from 6.40 - 6.21 (g/100g). This result is in agreement with the work of Ajai et al [24] who reported a decrease in the moisture contents of milk samples after storage (8.32 -7.51) g/100g. It is known that products that have low-fat values normally have high moisture contents. The decrease in water content in this study could be attributed to the fact that infecting fungus utilizes the moisture content for its survival and growth. The shelf life of any product is influenced by the amount of water present in it [25]. Moisture content is a widely used parameter in the processing and testing of food. It is an index of water activity of many foods and determines the shelf life or keeping the quality of the food. The observed value in this study implies that smoked dried crayfish will have a long shelf life because of the low moisture content.

3.2. Mineral Analysis

The summary of the mineral composition of smoked dried crayfish P natialis during twenty four weeks storage showed a decrease in Sodium (58.90 - 56.56 mg/100g), Potassium (66.30 - 60.39 mg/100g), Calcium (86.65 - 81.29 mg/100g), Magnesium (49.90 - 45.80 mg/100g), Zinc (0.63 -0.48 mg/100g), Iron (6.33 - 5.55 mg/100g), Copper (0.28 - 0.09 mg/100g), Manganese (0.99 -0.54 mg/100g), cadmium (0.23 - 0.06 mg/100g) and Phosphorous (106.10 - 100.89 mg/100g) (Table 2). This result supports the findings of Oladejo and Adebayo-Tayo [20] who reported a reduction in Sodium (0.35 - 1.55) mg/100g in "Banda" dried meat during storage. This result is in contrast to the work of Hassan et al. (2005), who reported an increase in sodium content in Vernonia amygdalina leaf protein concentrates of (57.5±0.34 mg/100g). High sodium content in food is of great concern for health because of its implication in high blood pressure [26]. The result of this study indicated that eating of smoke-dried crayfish could not lead to high blood pressure. Low sodium content is beneficial in the treatment of hypertension and renal diseases [27]. The manganese content of stored smoked dried observed in this study significantly decreased from 0.99 - 0.54 mg/100g. The result of this work is different from that of Mensah, [28], who reported a significant increase in Mn from (2.7 - 20.1) mg/kg for meat hides. Thus, certain trace elements such as copper, iron and manganese constitute an essential part of any balanced diet. The RDA for manganese varies between 2.7mg/kg to 3.1mg/kg (RDA, 2001). However, the manganese content observed in this study was low when compared to the RDA value for manganese.

3.3. Mycoflora of smoked dried crayfish P. natialis

The mycofloral associated with smoked dried crayfish *P. monodon* during twenty-four weeks storage were *Aspergillus niger*, *Aspergillus fumigates*, *Aspergillus flavus*, *Rhizopus* sp., *Phytophthora siskiyouensis*, *Penicillum* sp., and *Mucor* sp. This result supports that of Adebayo-

Tayo et al. [29] who reported the isolation of Aspergillus flavus, Aspergillus tereus, Aspergillus fumigatus, Abisidia sp., Rhizopus sp., Aspergillus niger, Mucor sp., Cladosporum sp., Penicillium viridatus, Candida tropicalis and Fusarium moniliformis from selected smoked fish from different markets sites in Uyo, Akwa Ibom state. The implication of mycofloral in these products could be attributed to the ever-increasing demand for smoked dried crayfish P. monodon and in the quest of the retailers to meet this need the fish are overloaded on the smoking kiln during processing; as a result, they are exposed to reduced intensity of heat for short period. This leads to improper processing and vulnerability of the fish to fungal contamination [30]. The market place where the smoked dried crayfish products are displayed for sale most times are not clean or hygienic, such as in open trays without coverage Hassan et al [26] Fungi found in stored food are divided into two groups namely the field fungi and the storage fungi. Most at times, it is difficult to distinguish between the two as fungal growth may start both in the field and during storage. Species of Aspergillus, Rhizopus and Penicillum have been reported as storage fungi which infect crops on the field and may persist and proliferate in storage resulting in increased fungal and mycotoxin contamination with increased duration of storage [31].

4.0. Conclusion

This current study indicated that the stored smoke-dried crayfish were contaminated with fungal species with significant loss of nutrients during the twenty-four weeks storage. Therefore, special attention should be paid to the microbial investigation to minimize the threats posed to public health. The crayfish must be properly dried to reduce the moisture content before packaging to prevent fungal invasion and enhance the good keeping and storage quality. Good sanitary practices including good storage practices must be followed and microbiological standards must be adhered to by checking production procedures and handling until the stored smoke-dried crayfish reach the consumer's table. Stored smoked dried crayfish sellers should be sensitized on the importance of good hygienic practices, good housekeeping and proper storage conditions to prevent deterioration of their product

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