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Antioxidant and Hepatoprotective Properties from the Extract and Fractions of *Annona senegalensis* Pers (Annonaceae) Stem Bark Grown in Nigeria

ABSTRACT

Aim: This study was carried out to assess the antioxidant and hepatoprotective properties of the extract and fractions of *Annona senegalensis* stem bark through *in vitro* and *in vivo* experimental models.

Study design: The study followed a completely randomized design (CRD) of groups of treatments and control samples for all the tests.

Place and Duration of Study: Department of Pharmacognosy and Environmental Medicines, University of Nigeria, Nsukka, between January and September 2016.

Methodology: Phytochemical constituents and *in vitro* antioxidant activities using different models (reducing power, DPPH free radical scavenging, ABTS radical scavenging, Hydroxyl radical scavenging, Hydrogen peroxide scavenging, β -carotene bleaching, FRAP scavenging and superoxide radical scavenging assays) were carried out. *In vivo* antioxidant activity was determined from the assays of lipid peroxidation, superoxide dismutase and total protein while hepatoprotective activity was evaluated against CCl_4 induced liver damage and elevated serum marker enzymes.

Results: The results showed that the extract and fractions of stem bark of *A. senegalensis* had appreciable amounts of total flavonoids (845.67 ± 93.62 mg/g) and total phenols (866.67 ± 8.41), and exhibited good antioxidant activities at higher concentrations. Doses of the extract and fractions administered at 400 mg/kg protected the CCl_4 -induced lipid peroxidation and significantly ($P = .05$) reduced the elevated serum marker enzymes - aspartate aminotransferase (AST), alanine aminotransferase (ALT) and alkaline phosphate (ALP), and bilirubin level on a dose and solvent dependent fashion. At 200 and 400 mg/kg extract, the serum AST was reduced (by 40.34% and 45.66% respectively) as much as the MeOH fraction (43.88%) and control (43.44%), whereas EtOAc fractions gave significantly the best reduction (52.49%). The ethyl acetate fraction gave the best activity among all the fractions. **Conclusion:** The results showed that the stem bark is a potential source of natural antioxidants and hepatoprotective agents, and justifies its use in traditional herbal practice.

12
13 **Keywords:** antioxidant models, CCl_4 induced liver damage, serum marker enzymes

1. INTRODUCTION

14
15
16 Free radicals and highly reactive oxygen species (ROS) are formed by normal body
17 physiological activities, but they build up and give rise to oxidative stress when not efficiently
18 eliminated by the endogenous systems [1, 2]. They are cytotoxic, cause abnormal enzyme
19 activation and tissue damage. Oxygen derived free radicals such as hydrogen peroxide,
20 superoxide anions and hydroxyl radicals give rise to oxidative stress which, in turn, could
21 initiate serious health issues such as cardiovascular disease, cancer, Alzheimer's disease,

22 Parkinson's disease, liver disease, and numerous disorders such as ulcerative colitis, neural
23 disorders and ageing [3, 4]. The liver is the largest organ and arguably the most important
24 organ in human body because of its pivotal role in various metabolic activities. It secretes
25 bile, produces blood-clotting factors and is involved in detoxification of the body system.
26 However, liver diseases (such as hepatitis, jaundice and cirrhosis) have contributed to major
27 causes of high rate of morbidity and mortality in recent days, largely owing to the intake of
28 hepatotoxic drugs. Several other exogenous factors of free radicals such as air pollution,
29 smoking, pesticide poisoning and so on, contribute to liver damage [5].

30 Plants contain chemical substances in them that make it possible for them to carry out the
31 responsibilities of maintaining good health and curing diseases in humans. These
32 substances are known as the phytochemicals or phytoconstituents [6, 7]. Among the
33 phytochemicals utilized for their antioxidant properties are the polyphenols and flavonoids.
34 From the days of earlyman, the use of plants as medicine has been recorded [8]. Majority of
35 indigenous people, especially in developing countries, use plant based medicines, which
36 make up the traditional system of medicine for healthcare delivery [9]. Early documentations
37 of cultures of the ancient Chinese, Indians and Africans provide reliable evidences of man's
38 dependence on plants for the treatment and management of wide array of ailments [10].
39 Furthermore, a glance into many archeological documentaries shows that even pre-historic
40 men made use of plant based drugs in management and treatment of illnesses, and today
41 the World Health Organization (WHO) estimated that about 80% of the world's population
42 relies on traditional herbal remedy, in one form or the other, for the management of several
43 health issues [11].

44 Many Nigerian ethno botanic traditions propose a rich repository of medicinal plants used by
45 the population for treatment of oxidative stress-related diseases, including liver diseases.
46 However, there were not enough scientific investigations to validate these claims. One of
47 such plants from Nigerian flora is *A. senegalensis* Pers. It is a multipurpose medicinal plant
48 which several parts are used in ethnomedicine by various peoples of tropical Africa for the
49 management and treatment of diseases and symptoms such as malaria, cancer, dysentery,
50 filariasis, convulsions, diarrhea, dysentery, impotency, inflammations, pains [12, 13], snake
51 bites and sexually transmitted diseases [14]. It is also reported that decoction of the plant is
52 used in folkloric medicine to treat kwashiorkor; marasmus, eyelid swelling and body ache
53 [15]. In Northern Nigeria, the stem bark is used to treat hepatitis, gastroenteritis, guinea
54 worms, toothache, pneumonia and respiratory infections [16]. Apart from the medicinal
55 values, the leaves of *A. senegalensis* are sometimes eaten as vegetables [17] and stem
56 bark produces an effective insecticide. The following phytoconstituents have also been
57 reported on the plant: tannins, glycosides, flavonoids, resins, alkaloids (for example, (-)
58 roemerine, an aporphine) saponins and carbohydrates. Sterols, fatty acids, sesquiterpenoids
59 and monoterpenoids have been isolated from the leaves and fruits, while amino acids and
60 ent-kaurenoids have been isolated from the stem bark and root bark respectively [14].
61

62 2. MATERIAL AND METHODS

63 2.1 Plant collection

64 Stem bark of *Annona senegalensis* was collected from Nsukka, Nigeria (6°51'24"N
65 7°23'45"E), after proper identification and authentication by Mr. Alfred Ozioko, a Plant
66 Taxonomist at the International Centre for Ethno medicine and Drug Development
67 (InterCEDD) Nsukka, Enugu State. A voucher sample (INTERCEDD 0314) was prepared
68 and deposited in the herbarium of the same institution.

69 2.2 Experimental animals

70 White albino Wistar rats weighing 86 - 100 g and mice were purchased from the Laboratory
71 Animal Unit of the Faculty of Veterinary Medicine, University of Nigeria, Nsukka. They were
72 caged and fed with commercial animal feed (Guinea Feed®) and clean tap water. They were
73 maintained in accordance with the Guide for the Care and Use of Laboratory Animals

74 (DHHS, NIH Publication No. 85-23, 1985). They were allowed 2 weeks to acclimatize before
75 the start of the experiments.

76 **2.3 Extraction and fractionation**

77 The plant material was air-dried under shade (at 35 – 40 °C) and thereafter pulverized. A
78 measured quantity (2 kg) was cold-macerated with 1:1 dichloromethane/methanol (Sigma-
79 Aldrich analytical grade) for 48 hours. The liquid extract was concentrated using rotary
80 evaporator (Buchi Rotavapor® R-215) under a reduced pressure to obtain the extract. A 400
81 g of the crude extract was fixed on Silica gel (Kieselgel 60 PF₂₅₄₊₃₆₆) and subjected to
82 column chromatography using n-hexane, ethyl acetate and methanol (Sigma-Aldrich
83 analytical grade) as eluents to obtain n-hexane, EtOAc and MeOH fractions respectively.
84 The different fractions were obtained and air dried at room temperature.

85 **2.4 Phytochemical screening**

86 The preliminary phytochemical test was carried out following standard methods as described
87 by Trease and Evans [18].

88 **2.4.1 Determination of total phenolic and flavonoid contents**

89 Total phenolic compound was determined by the Folin-Ciocalteu method described by
90 Charoensin [3]. A 100 µL of each of the dissolved crude extract and fractions were put in
91 chamber containing 2.8 mL of deionized water and 2 mL of 50% Folin-Ciocalteu's phenol
92 reagent. The mixtures allowed standing at room temperature for 30 min after which the
93 absorbance was read at 765 nm. The total phenolic content was expressed as milligram
94 gallic acid equivalent per gram extract/fraction (mg GAE/g extract/fraction).

95 Total flavonoid content was determined using the aluminum chloride colorimetric method
96 according to Chang et al. [19]. Briefly, 100 µL of each extract were mixed with 1.5 mL of
97 95% ethanol, 100 µL of 10 % AlCl₃, and 100 µL of 1 M potassium acetate and 2.8 mL of
98 deionized water. The absorbance of the reaction mixture was measured at 415 nm. The total
99 flavonoid content was expressed as milligram rutin equivalent per gram extract/fraction (mg
100 RU/g extract/fraction).

101 **2.5 Acute Toxicity Study**

102 The Lorke [20] procedure of LD₅₀ determination was used. The experimental mice were
103 divided into three group (n=3) and were orally administered 10, 100 and 1000, and later,
104 1000, 1600, 2900 and 5000 mg/kg of the extract of *A. senegalensis* stem bark. The animals
105 were constantly observed for mortality over a period of 24 hours.

106 **2.6 In Vitro Antioxidant Analysis**

107 **2.6.1 Test for reducing power**

108 The crude extract was subjected to reducing power assay following the method of Alam *et*
109 *al.* [21]. A 2.5 mL of 0.2 M phosphate buffer (pH 6.6) and 2.5 mL of K₃Fe (CN)₆ (1% w/v)
110 were added to 1.0 mL of sample dissolved in distilled water. The resulting mixture was
111 incubated at 50 °C for 20 min, followed by the addition of 2.5 mL of Trichloro acetic acid
112 (10% w/v). The mixture was centrifuged at 3000 rpm for 10 min to collect the upper layer of
113 the solution (2.5 mL), mixed with distilled water (2.5 mL) and 0.5 mL of FeCl₃ (0.1%, w/v).
114 The absorbance was then measured at 700 nm against blank sample.

115 **2.6.2 2, 2-diphenyl-1-picrylhydrazyl (DPPH) scavenging activity**

116 The DPPH scavenging activity was carried out following Mensor *et al.* [22]. Varying
117 concentrations (800 - 25µg/ml) of the extract/fraction each was mixed (2:1 v/v) with 0.5 mM
118 DPPH (in methanol) in a cuvette. After an incubation period of 30 minutes, the absorbance
119 was read at 517 nm using a UV-Vis spectrophotometer, and the percentage antioxidant
120 activity was calculated. Ascorbic acid served as a positive control.

121 **2.6.3 Ferric reducing antioxidant power (FRAP) potential assay**

122 The total antioxidant potential of the samples was measured by ferric reducing ability of
123 plasma (FRAP) assay as described by Benzie and Strain [23]. Different concentrations (100-
124 1000 µmol/L) of FeSO₄.7H₂O were used to prepare the standard curve, and the antioxidant
125 capacities of the samples were determined according the reaction signal given by Fe²⁺
126 solution of known concentration at absorbance of 593 nm. Ascorbic acid was measured

127 within 1h after preparation. All tests and readings were carried out in triplicates. Calculations
128 were made by a calibration curve:

129 FRAP value (μM) = $\frac{\text{Changes in absorbance from 0-4 min}}{\text{FRAP value of standard (1000}$
130 $\mu\text{M})}$

131 Changes in absorbance of standard from 0-4 min

132 **2.6.4 Hydrogen peroxide scavenging assay**

133 The method of Bokhari et al. [24] was followed to investigate hydrogen peroxide scavenging
134 capacity of samples. Hydrogen peroxide (2 mM) solution was prepared in phosphate buffer
135 (50mM, pH 7.4). Samples (100 μg) were pipette into flasks and their volume made up to 400
136 μL with 50 mM phosphate buffer (pH 7.4). H_2O_2 solution (600 μL) was added and
137 absorbance at 230 nm was taken 10 min after vortexing the flasks. Percent scavenging
138 activity was determined by following formula;

139 $\text{H}_2\text{O}_2\%$ scavenging activity = $(1 - \frac{\text{absorbance of sample}}{\text{Absorbance of control}}) \times 100$
140

141 Ascorbic acid served as standard.

142 **2.6.5 Hydroxyl radical scavenging assay**

143 The antioxidant activity was evaluated by method reported by Halliwell and Gutteridge [25].
144 The reaction mixture comprised of 2-deoxyribose (2.8 mM, 500 μL) in 50 mM of phosphate
145 buffer, 100 μL of 0.2 M hydrogen peroxide solution, 200 μL of 0.1M ferric chloride, 0.1M
146 EDTA and 100 μl of test sample. The reaction was initiated by the addition of 100 μl of
147 ascorbic acid (0.3M). The mixture was incubated at 37 °C for 60 min. Trichloroacetic acid
148 (TCA) (2.8% w/v, 1 mL) and 1 mL of thiobarbituric acid (TBA) solution in 50 mM of sodium
149 hydroxide (1% w/v) were added. This reaction mixture was heated for 15 min in boiling water
150 bath and then allowed to cool. Absorbance was recorded at 532 nm.

151 Hydroxyl scavenging activity (%) = $(1 - \frac{\text{absorbance of sample}}{\text{Absorbance of control}}) \times 100$
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153 **2.6.6 ABTS radical cation scavenging activity**

154 Re et al. [26] methodology with slight modification was followed for ABTS (2,2-azino-bis, 3-
155 ethylbenzthiazoline-6-sulfonic acid) radical cation scavenging activity. ABTS (7 mM) solution
156 was reacted with 2.45 mM potassium persulfate and kept overnight in dark for generation of
157 dark colored ABTS radicals. For the assay, the solution was diluted with 50% ethanol for an
158 initial absorbance of 0.7 at 745 nm. Activity was determined by adding 100 μl sample of
159 different dilution with 1 ml of ABTS solution in glass cuvette. Decrease in absorbance was
160 measured after one min and 6 min of mixing. The difference was calculated and compared
161 with control. Percent inhibition was calculated by formula:

162 % ABTS scavenging effect = $(\frac{\text{control absorbance} - \text{sample absorbance}}{\text{Control absorbance}}) \times 100$
163

164 **2.6.7 β -Carotene bleaching assay**

165 Elzaawely et al. [27] modified method was used for β -carotene bleaching assay. B-Carotene
166 (2 mg) was dissolved in 10 ml of chloroform and blended with 20 mg of linoleic acid and 200
167 mg of Tween 20 followed by removal of chloroform under nitrogen with subsequent addition
168 of 50 ml of distilled water and vigorous shacking to prepare β -carotene linoleic acid
169 emulsion. An aliquot of each sample (50 μl) was mixed with 1 mL of the emulsion, vortexed
170 and absorbance was determined at 470 nm immediately against the blank solution. Capped
171 tube was then kept in a water bath at 45 °C for 2 h and the difference between the initial
172 readings was calculated by measuring the reading after 2 h. β -Carotene bleaching inhibition
173 was estimated by the following equation:

174 % bleaching inhibition = $(\frac{A_{0t} - A_{120t}}{A_{0t} - A_{120t}}) \times 100$
175

176 **2.6.8 Superoxide anion radical scavenging assay**

177 Riboflavin light NBT system assay was followed for superoxide radical scavenging activity as
178 described by Nishikimi [28]. The reaction mixture containing 0.5 ml of phosphate buffer (50

179 mM, pH 7.6), 0.3 ml riboflavin (50 mM), 0.25 ml phenazine methosulfate (PMS) (20 mM),
180 and 0.1 mL NBT (0.5 mM), prior to the addition of 1 mL sample in methanol. Florescent lamp
181 was used for starting the reaction. Absorbance was recorded at 560 nm after incubation for
182 20 min under light. The percent inhibition of superoxide anion generation was calculated
183 using the following formula:

184 % scavenging activity = (1 – Absorbance of sample/Absorbance of control) x 100

185 **2.7 In Vivo Anti-Oxidant Analysis**

186 **2.7.1 Total proteins determination (direct biuret method)**

187 The method used for the determination of total protein was that described by Tietze [29].
188 Three test – tubes were labeled blank (BL), standard (ST) and sample (SA) respectively
189 before the set of the experiment. To the test-tube labeled SA, 0.02ml of serum was added.
190 To the test –tube labeled ST, 0.02 mL of standard (CAL) was added and 0.02 mL was added
191 to the test tube labeled BL. Then, 1 mL of the biuret reagent was added to all the three test
192 tubes. After the addition, it was mixed well and incubated at 30 minutes at room temperature
193 (20-25°C). The absorbance of the sample and standard was measured against the reagent
194 blank at 546 nm.

195 **2.7.2 Lipid peroxidation assay**

196 Lipid peroxidation in the serum from animals of Day 28 was estimated colorimetrically as
197 thiobarbituric acid reactive substances (TBARS) using the method of Buege and Aust [30]. A
198 principal component of TBARS is malondialdehyde (MDA), a product of lipid peroxidation. In
199 brief, 0.1 mL of tissue homogenate (Tris-HCL buffer, pH 7.5) was treated with 2 mL (1:1:1
200 ratio) of TBA-TCA-HCl reagent (thiobarbituric acid 0.37 %, 0.25 N HCL and 15% TCA). The
201 mixture was placed in a water bath for 15 min; it was then allowed to cool. The absorbance
202 of clear supernatant was measured against reference blank at 535 nm. Concentration was
203 expressed as nmol/mL.

204 **2.7.3 Assay of Superoxide Dismutase**

205 Superoxide dismutase in the serum from animals on day 28 was estimated using the
206 procedure of McLord and Fridovich [31]. A given volume (0.1 mL) of the serum was pipette
207 into cuvette containing 1M KOH buffer of pH 7.8 at 25°C. Reaction was started by the
208 addition of 1.0 mL of freshly prepared 30 % (v/v) superoxide Dismutase (SOD). The rate of
209 decomposition of SOD was measured spectrophotometrically from changes in absorbance
210 at 550 nm. The enzyme activity was expressed as units/mL protein.

211 **2.8 Hepatoprotective Assay**

212 The rats were divided into eight groups (n=5). Group 1 served as the hepatotoxic group.
213 Group 2 received the reference drug, Silymarin (25 mL/kg body weight), and groups 3, 4 and
214 5 received the methanol-methylene chloride (1:1) extract (100, 200 and 400 mg/kg body
215 weight respectively). Groups 6, 7 and 8 received 400 mg/kg of the n-hexane, ethyl acetate
216 and methanol fractions respectively. These were given to the animals once daily for 3 days.
217 On day 3, one hour after administration of the appropriate drug for each group, carbon
218 tetrachloride was given to the different groups, and 48 hours after carbon tetrachloride
219 administration, blood was collected from the retro-orbital plexus to be used for the
220 assessment of biochemical parameters.

221 **2.8.1 Liver function tests**

222 Blood was collected from all the groups via the retro-orbital plexus at room temperature and
223 the serum was separated by centrifuging at 2500 rpm for 10 minutes. The serum was used
224 for estimation of the biochemical parameters to determine the functional state of the liver.
225 Serum aminotransferase activities including AST, ALT, alkaline phosphatase, total bilirubins
226 were assayed using the 'RANDOX' commercial Enzyme kit according to the methods of
227 Reitman and Frankel [32], and Schmidt and Schmidt [33].

228 **2.9 Statistical analysis**

229 All data were expressed as Mean ± S.E.M. or % mean. Data were analyzed using one way
230 analysis of variance (ANOVA) at 5% level of significance on the SPSS version 20 software.
231 Bar chart was processed on Microsoft Excel 2007 spread sheet.

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3. RESULTS AND DISCUSSION

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Oxidative stress as a result of the accumulation of free radicals and reactive oxygen species in the body remains the cause of premature ageing and so many disease conditions facing man today. The use of modern drugs on daily basis has exacerbated the condition due to hepatotoxic properties of most drugs. In this study, we investigated the potential of the stem bark of *A. senegalensis* in the management of oxidative stress and liver disorders. Table 1 shows the respective percentage yields of 2 kg starting plant material into crude extract and fractions. It clearly that among the solvents used for fractionation methanol had the highest yield while n-hexane was the lowest.

Table 1: Percentage yield of the extract and fractions from 2 kg powdered plant

244

material

Plant materials	Weight (g)	Yield (%)
Crude Extract	400	20
n-hexane fraction	20.1	5.01
EtOAc fraction	120.66	30.17
MeOH fraction	180.20	45.05

245

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3.1 Acute Toxicity Test (LD₅₀)

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The acute toxicity test recorded no mortality even at 5000 mg/kg. This shows that the *A. senegalensis* extract was safe at high dose.

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3.2 Phytochemical Analysis

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A number of phytoconstituents are attributed to antioxidant activities include the polyphenols, flavonoids and triterpenoids [21]. The results of the qualitative phytochemical screening of the extracts and fractions are presented in Table 2 below. Quantitative analysis of the total flavonoids and total phenolic compounds was also carried out and presented in Table 4. The ethyl acetate fractions had more total flavonoids and phenolics than the rest of the fractions. This is in agreement with the reports of previous authors [14, 19].

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Table 2: Qualitative phytochemical screening of the stem bark of *A. senegalensis*

Phytochemical	Crude extract	n-hexane fraction	EtOAc fraction	MeOH fraction
Carbohydrate	++	-	+	+
Alkaloids	++	-	-	++
Tannins	++	-	-	++
Flavonoids	++	+	++	+
Terpenoids	++	+	+	+
Proteins	+	+	-	-
Reducing sugars	+	-	+	+
Glycosides	+	+	+	+
Saponins	+	-	-	+

Resins	+	+	+	+
Steroids	+	-	+	-

258 - absent; + present; ++ highly present (scored based on colour intensity)

259

260

Table 3: Total flavonoids and total phenolic contents

Extract/Fraction	Total flavonoid content of <i>A. senegalensis</i> (mg rutin equivalent/g extract or fraction)	Total phenolic content of <i>A. senegalensis</i> (mg Gallic acid equivalent/g extract or fraction)
Crude Extract	845.67±93.62	866.67±8.41
n-hexane fraction	78.45 ± 6.54	88.64 ± 8.33
EtOAc Fraction	587.33±50.83	582.00±1.73
MeOH fraction	113.67±9.28	115.33±3.84

261 Values expressed in mean ± SEM; n = 3

262

263 3.3 Antioxidant Assays

264 The antioxidant reducing power of the crude extract was found to be higher than that of the
 265 control (ascorbic acid) at the various concentrations tested (Figure 1). The increase in the
 266 absorbance values signifies increased antioxidant reducing power, which often correlates
 267 with change in sample concentration [21]. Similar results are reported by Tchimene *et al.* [4]
 268 who screened the antioxidant reducing power of the crude extract of *Combretum obanense*.

269 3.3.1 *In Vitro* Antioxidant Assay

270 Several techniques have been used to determine the antioxidant activity *in vitro* in order to
 271 allow rapid screening of substances [21]. The most commonly used is the 2, 2-diphenyl-1-
 272 picrylhydrazyl (DPPH) radical scavenging method. The DPPH test is a method that
 273 estimates the free radical scavenging activity of antioxidants through de-colourisation of the
 274 DPPH solution. The concentration and efficacy of the antioxidant is determined from the
 275 degree of colour change. A drastic decrease in the absorbance of the reaction mixture
 276 therefore signifies high free radical scavenging activity of the test sample [22]. In this study,
 277 we also analysed the antioxidant activity of the samples via several other models such as
 278 FRAP - which was based on the samples' ability to reduce Fe³⁺/Fe²⁺ [23], hydrogen peroxide
 279 scavenging assay, hydroxyl radical scavenging assay, ABTS cation radical scavenging
 280 assay, β-carotene bleaching assay and superoxide anion radical scavenging assay.

281 In the present study, the results showed that in all the *in vitro* antioxidant models tested, the
 282 crude extract and the fractions from n-hexane, ethyl acetate and MeOH exhibited
 283 appreciable levels of antioxidant activities when compared to ascorbic acid. However, the
 284 ethyl acetate fractions exhibited the greatest activity than others and ascorbic acid in most
 285 cases, judging from their lower IC₅₀ values (Table 4). Ethyl acetate fraction exhibited greater
 286 activity than other extract/fractions with IC₅₀ value of 121.67µg/ml. The crude extract from
 287 FRAP assay indicated more inhibition than other fractions. Hydrogen radical scavenging
 288 capacity of ethyl acetate fraction with IC₅₀ value of 75.67 ± 6.33 µg/mL indicates higher
 289 activity than others when compared with the standard with IC₅₀ of 62.00 ± 1.73 µg/mL. Ethyl
 290 acetate indicated higher activity than others in beta-carotene bleaching activity, hydrogen
 291 peroxide, superoxide radical and ABTS scavenging activities.

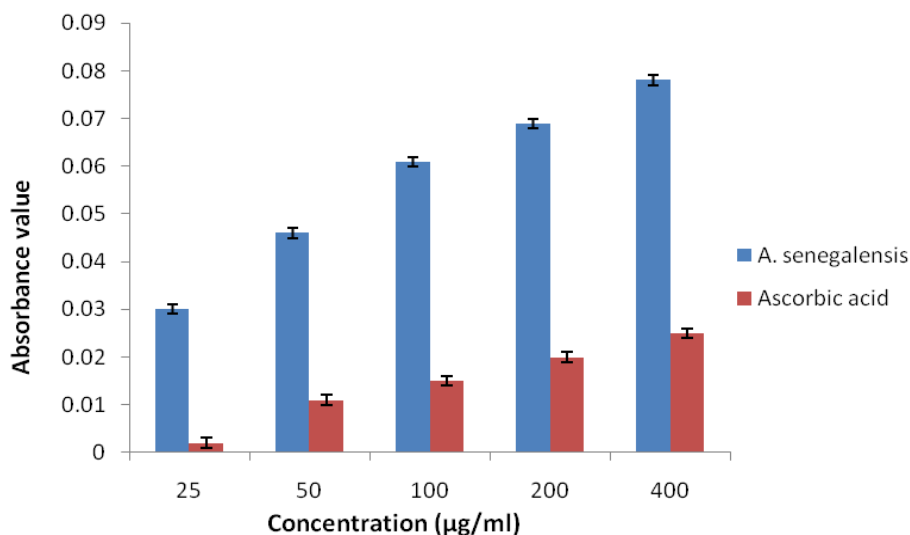
292 Since FRAP assay is easily reproducible and linearly related to molar concentration of the
 293 antioxidants present, it can be reported that extract/fractions of *A. senegalensis* may act as
 294 free radical scavenger, capable of transforming reactive free radical species into stable non
 295 radical products [23]. Hydroxyl radical scavenging capacity of an extract or compound is
 296 directly proportional to its antioxidant activity which is depicted by the low intensity of red
 297 colour. The sample of *A. senegalensis* when added to the reaction mixture actively
 298 scavenged the hydroxyl radicals and prevented the degradation of 2-deoxyribose [25]. The
 299 extract and fractions of *A. senegalensis* possessed strong ABTS scavenging activity as
 300 noticed by their ability to generate a blue/green ABTS + chromophore from the reaction of
 301 ABTS and potassium persulfate [26]. Because β -carotene is extremely sensitive to free
 302 radical mediated oxidation of linoleic acid, it is commonly used to analyse antioxidant
 303 potential of test samples [27]. Our results show that the tested samples inhibited β -carotene
 304 oxidation which could be attributed to free hydroxyl groups found in them. Superoxide and
 305 hydroxyl radicals are important mediators of oxidative stress that play vital role in some
 306 clinical disorders. Any compound, natural or synthetic with antioxidant activities might
 307 contribute towards the total/partial alleviation of such damage. Therefore, removing
 308 superoxide and hydroxyl radical could contribute to defense of a living body against disease
 309 [31].
 310

311 **Table 4: IC₅₀ Values of different antioxidant Assays of *A. senegalensis* (IC₅₀, μ g/ml)**

Test Method Activity	Crude Extract	n-hexane fraction	EtOAc fraction	MeOH fraction	Standard (Ascorbic acid)
DPPH Scavenging activity	752.67 \pm 15.60 ^a	355.67 \pm 4.49 ^b	121.67 \pm 2.40 ^d	293.67 \pm 16.91 ^c	69.67 \pm 1.86 ^e
FRAP activity	63.00 \pm 12.22 ^b	281.67 \pm 15.34 ^a	81.00 \pm 1.00 ^b	275.67 \pm 6.33 ^a	71.66 \pm 0.33 ^b
Hydrogen peroxide scavenging activity	390.33 \pm 0.88 ^a	437.00 \pm 29.05 ^a	256.33 \pm 0.88 ^b	404.00 \pm 37.70 ^a	107.00 \pm 2.52 ^c
Hydroxyl radical scavenging activity	418.00 \pm 5.29 ^a	371.67 \pm 36.25 ^a	75.67 \pm 6.33 ^b	370.67 \pm 7.80 ^a	62.00 \pm 1.73 ^b
Superoxide radical scavenging activity	333.67 \pm 2.40 ^a	140.67 \pm 7.97 ^c	79.33 \pm 1.45 ^d	235.33 \pm 0.88 ^b	68.00 \pm 0.58 ^d
B-Carotene Bleaching activity	351.67 \pm 4.33 ^a	358.33 \pm 7.22 ^a	145.67 \pm 5.55 ^c	254.33 \pm 4.98 ^b	57.00 \pm 1.15 ^d
ABTS Scavenging activity	372.00 \pm 3.46 ^a	391.00 \pm 14.57 ^a	126.67 \pm 1.20 ^c	217.00 \pm 4.04 ^b	78.33 \pm 1.76 ^d

312 Values with different letters as superscript across a row are significantly different at p < 0.05

313 Values expressed as mean \pm standard error; n = 5.



314

315 **Figure 1: Reducing power activity of the extract compared with ascorbic acid**

316 **3.3.2 In Vivo Antioxidant Study**

317 The antioxidant activity *in vivo* was dose dependent. It was observed that the crude extract
 318 at 100 mg/kg showed no significant activity on the parameters tested when compared to the
 319 control. However, higher doses of 200 mg/kg and 400 mg/kg and all the fractions
 320 significantly reduced the superoxide dismutase and lipid peroxide, and increased the total
 321 protein of the tested animals. Overall, the ethylacetate fraction exhibited the best antioxidant
 322 activity among all the samples (Table 5). Our findings agree with previous results by Balne et
 323 al. [34] and Sabbani *et al.* [35] who reported significant reduction in superoxide dismutase
 324 and lipid peroxidation in the blood serum of rats treated with extracts and fractions of
 325 *Marsilea minuta* and *Gardenia gummifera* respectively.

326

327 **Table 5: Result of *in vivo* antioxidant study**

Ext./fraction	Dose (Mg/kg)	SOD (Mg/dl)	L.H ₂ O ₂ (mmol/l)	Vit. C (Mg/dl)	T. Protein (Mg/dl)
Ext.	100	38.00±4.56 ^a	0.32±0.04 ^a	14.40±2.25 ^b	7.66±0.54 ^b
"	200	30.40±3.66 ^b	0.26±0.02 ^{ab}	18.60±1.57 ^a	8.42±0.43 ^a
"	400	23.00±2.00 ^c	0.20±0.012 ^b	20.00±2.24 ^a	10.46±0.53 ^a
FRACTIONS					
MeOH	400	24.80±2.71 ^c	0.18±0.02 ^c	18.40±2.01 ^a	9.60±0.58 ^a
EtOAc	400	19.80±0.80 ^c	0.17±0.014 ^c	20.40±1.12 ^a	10.84±0.56 ^a
n-Hex	400	34.20±3.57 ^{ab}	0.27±0.03 ^{ab}	17.60±1.57 ^a	8.54±0.38 ^a
Crude Ext.	400	23.00±2.00 ^c	0.20±0.02 ^b	20.00±2.24 ^a	10.46±0.53 ^a
3% Tween 80	5ml/kg	40.00±2.30 ^a	0.37±0.02 ^a	10.40±0.51 ^c	6.38±1.12 ^b

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Values with different letters as superscripts along a column are significantly different at $P = .05$

329 Values expresses as mean ± S.E. (standard error) n = 5; SOD = superoxide dismutase, L.H₂O₂ – lipid
 330 peroxide, T. protein = total protein.
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332 3.4 Biochemical Tests (Liver Function Tests)

333 Table 6 below shows the liver function tests of *A. senegalensis*. It shows that higher blood
 334 serum enzyme values were recorded for the animals treated with CCl₄ only, which signify
 335 CCl₄ intoxication and liver damage in normal rats. A reduction in the blood serum enzyme by
 336 the plant drug was also dose and solvent dependent. The 100 mg/kg extract and n-hexane
 337 fraction had the least reductions (by 27.34% and 29.95% respectively) in the serum AST. At
 338 200 and 400 mg/kg extract, the serum AST was reduced (by 40.34% and 45.66%
 339 respectively) as much as the MeOH fraction (43.88%) and control (43.44%), whereas EtOAc
 340 fractions gave significantly the best reduction (52.49%). Similarly, the MeOH and EtOAc
 341 fractions compared favorably with the control based on the values of the serum ALP and
 342 ALT, and total bilirubin levels. Patrick-Iwuanyanwu et al. (2010) also reported
 343 hepatoprotective property of ethyl acetate fraction of *Tapinanthus bagwensis* to be higher
 344 than methanol and n-hexane fractions. This could be attributed to their different polarity and
 345 degrees of extractability [37].

346 The hepatoprotective study was undertaken to demonstrate the protective ability of the
 347 methanol-methylene chloride (1:1) extract of *A. senegalensis* on liver damage induced by
 348 Carbon tetrachloride (CCl₄) and the toxic effects of the similar doses in rats. Carbon
 349 tetrachloride has been reported to be metabolized to CO₂ in the liver homogenates. It
 350 produces free radicals, which affect the cellular permeability of hepatocytes leading to
 351 elevated levels of serum biochemical parameters such as alanine transaminase (ALT),
 352 aspartate transaminase (AST) and alkaline phosphatase (ALP) [38]. The levels of serum
 353 AST, ALT and ALP were taken as indices for oxidative stress induced by CCl₄. The serum
 354 activities in concentrations of these enzymes decreased significantly in the animals treated
 355 with the samples when compared to the untreated group, and this suggests that the extract
 356 and fractions of *A. senegalensis* have hepatoprotective activities. This is in agreement with
 357 the commonly accepted view that serum levels of AST, ALT and ALP return to normal with
 358 the healing of hepatic parenchyma and the regeneration of hepatocytes [33]. The positive
 359 results obtained in this study could be attributed to the presence of high concentration of
 360 flavonoids, phenols, terpenoids, and steroids in the extracts and fractions of *A. senegalensis*.
 361 The extracts of the stem bark of the plant contain antioxidants and hepatoprotective activity
 362 through regulatory action on cellular permeability, stability and suppressing oxidative stress
 363 [34, 35].

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Table 6: Biochemical tests (Liver function tests).

EXTRACT	DOSES (mg/kg)	AST	ALP	ALT	T. BIL
		Mean±SEM (% reduction)	Mean±SEM (% reduction)	Mean±SEM (% reduction)	Mean±SEM (% increase)
CCl ₄ Only	0.5 ml/kg	223.13±7.53 ^a	491.23± 10.21 ^a	201.23±8.11 ^a	4.54±0.82 ^a
Ext. + CCl ₄	100	162.12±11.01 ^b (27.34)	260.20±12.82 ^b (47.07)	99.80±2.31 ^b (50.41)	2.78±0.16 ^b (38.77)
“	200	133.11±11.90 ^c (40.34)	219.43±8.19 ^c (55.33)	67.80±4.43 ^c (66.31)	2.10±0.14 ^c (53.74)
“	400	121.24 ±14.18 ^c	186.32±8.77 ^c	58.00±3.33 ^c	2.08±0.14 ^c

		(45.66)	(62.07)	(71.18)	(54.19)
FRACTIONS					
MeOH + CCl₄	400	125.21±12.56 ^c	175.12±16.55 ^c	63.80±7.47 ^c	2.08±0.54 ^c
		(43.88)	(64.35)	(68.29)	(54.19)
EtOAc + CCl₄	400	106.22±11.56 ^d	145.32±18.63 ^d	59.40±10.30 ^c	1.80±0.15 ^d
		(52.49)	(70.42)	(70.48)	(60.35)
n-Hex + CCl₄	400	156.30±11.43 ^b	187.43±10.63 ^c	74.40±3.84 ^b	2.80±0.11 ^b
		(29.95)	(61.84)	(63.03)	(38.33)
Control	25 ml/kg	126.21±10.80 ^c	153.25±8.80 ^d	51.10±5.42 ^d	1.56±0.01 ^e
(Silymarin)		(43.44)	(68.80)	(74.61)	(65.64)

366 Values with different letters as superscripts along a column are significantly different at $P = .05$

367 Values expresses as mean ± S.E. (standard error) n = 5; AST = aspartate transaminase; ALP =
368 alkaline phosphatase; ALT = alanine transaminase; T.BIL = total bilirubin.

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4. CONCLUSION

The results of the present study demonstrated that *A. senegalensis* stem bark has antioxidant properties by scavenging free radicals, decreasing lipid peroxidation and increasing the endogenous blood antioxidant enzymes levels. Also the extract/fractions (400mg/kg) have potent hepatoprotective activity against Carbon tetrachloride induced liver damage and the effects are dose dependent. The antioxidant and hepatoprotective activities are due to the presence of bioactive compounds like flavonoids, phenolics, steroids and tannins. Since *Annona senegalensis* is a very popular drug in traditional medicine, it is a promising candidate for use as an antioxidant and hepatoprotective agent.

Further investigations using state-of-the-art techniques are therefore necessary to determine the phytoconstituents responsible for these activities in order to harness them for development of new hepatoprotective drugs.

COMPETING INTERESTS

Authors have declared that no competing interests exist.

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