1	<u>Original Research Article</u>
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3	ASSESMENT OF PESTICIDE RESIDUES IN FRESH VEGETABLES FROM THREE
4	MAJOR MARKETS IN LAGOS USING QUECHERS METHOD AND GC-MS

ABSTRACT

The study evaluates pesticide residues in fresh vegetables from three major markets in Lagos and 6 verified compliance of these fresh vegetables with the maximum residue levels (MRLs) as 7 specified by Codex Alimentarius Commission. The residues were extracted by means of multi 8 9 residue method based on the Quick, Easy, Cheap, Effective, Rugged and Safe (QuEChERS) 10 method, Gas Chromatography - Mass Spectrometry (GC-MS) was used to determine two organophosphates (dichlorvos and chlorpyrifos), two organochlorines (endosulfanII and 11 chlorothalonil), two carbamates(carbaryl and carbofuran) and two pyrethroids(alpha-12 cypermethrin and lambda-cyhalothrin). Fifteen samples of five common vegetables (cabbage, 13 lettuce, fluted pumpkin, bitter leaf and African spinach) were analyzed. The linear ranged used 14 were 0.005, 0.1, 0.25, 0.5 and 1.0mg/l, resulting to r^2 of ≥ 0.996 . While the mean recoveries 15 obtained for two fortification levels (0.1 and 0.25 ppm) in three replicates for lettuce control 16 sample and spinach control sample were 96.7 to 104.3 %, 96.3 to 101.3 %, and 92.0 to 114.3 % 17 ,92.1 to102.1 % respectively. A satisfactory precision of RSD<20% was recorded. The limit of 18 detection (LOD) and limit of Quantitation (LOQ) were between 0.005 -0.050mg/kg and 0.015-19 0.150 mg/kg respectively. Pesticide residues detected ranges from 0.025-0.529 mg/kg. 20 21 EndosulfanII, Chlorothalonil, carbaryl and Carbofuran were not detected during the entire study. However, pesticide residues detected were below the MRLs specified by Codex Alimentarius 22 Commission. 23

Keyword: Gas Chromatography, Mass Spectrometry, Organophosphates, Organochlorines
 Carbamates, Pyrethroids

26 INTRODUCTION

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Vegetables are important components of the human diet since they provide essential nutrients 27 and antioxidants that are required for most of the reactions occurring in the body. A high intake 28 of vegetables has been encouraged not only to prevent consequences due to vitamin deficiency 29 30 but also to reduce the incidence of major diseases such as cancer, cardiovascular diseases and 31 obesity. Like other crops, vegetables are attacked by pests and diseases during production and 32 storage leading to damages that reduce the quality and the yield. In order to reduce the loss and maintain the quality vegetables harvest, pesticides are used to destroy pests and prevent diseases. 33 The use of pesticides has increased because they have rapid action; decrease toxins produced by 34 food infecting organisms and are less labour intensive than other pest control methods. However, 35 the use of pesticides during production often leads to the presence of pesticide residues in 36 vegetables after harvest. Shrestha et al. (2010) reported that commercial vegetable growers opt 37 for the application of a variety of pesticides that belong to diverse chemical class, pesticides such 38 as Parathion-Methyl, Dichlorvos, Carbofuran, Chlorpyrifos, Cypermethrin, Deltamethrin, 39 Dimethoate, Endosulfan, Lambda-Cyhalothrin, Profenofos, and fungicides such as Carbendazim, 40

Mancozeb and Metalaxyl in order to overcome pest resistance and pest resurgence[1]. According 41 to Petsas A.S et al., (2017), vegetables are capable of retaining large quantities of pesticides [2]. 42 The presence of pesticide residues is a concern for consumers because pesticides are known to 43 have potential harmful effects to other non-targeted organisms. The major concerns are their 44 45 toxic effects such as interfering with the reproductive systems and fetal development as well as their capacity to cause cancer and asthma [3]. Some of the pesticides are persistent and therefore 46 remain in the body causing long term exposure. Use of pesticides in Nigeria is not well 47 controlled as compare to the developed countries due to ineffective legislation, lack of awareness 48 and inappropriate pesticide management. Global scientific concerns have been raised regarding 49 the potential toxicity of pesticides that have promoted their strict regulation in order to protect 50 consumers, environment and also the users of pesticides. To ensure the safety of food for 51 consumers, numerous legislations such as codex directives (CODEX Committee on Pesticide 52 Residues, 2003) have established maximum residue limits (MRLs) for pesticides in foodstuffs 53 [4]. Maximum residue limits (MRLs) values defined as the highest levels of pesticide residues 54 that are legally tolerated in or on food or feed when pesticides are applied correctly (adoption of 55 Good Agricultural Practices, GAPs) were established internationally by Codex Alimentarius 56 57 Commission. Different extraction and quantification methods are used by various researchers for 58 estimation of pesticide residues in several vegetables. The main criteria for opting any methodology is that analytical method should be fast, easy, inexpensive and applicable to 59 different matrices. In recent years, gas chromatography-mass spectrometry (GC-MS) and gas 60 chromatography-tandem mass spectrometry (GC-MS/MS) have been a versatile tool use in 61 pesticide analysis. The ability to perform multi-analysis of analytes using GC-MS is another 62 attribute that makes the technique unique in its applications. Analysis of several pesticides in 63 vegetable samples from countries like Kenya, India, Pakistan, Kuwait by GC-MS in one run has 64 been reported [5, 6, 7, 8]. The aim of this study was to evaluate presence of some pesticide 65 residues in fresh vegetable from three major markets in Lagos and to verify compliance of these 66 fresh vegetables with the maximum residue levels' (MRLs) as specified by Codex Alimentarius 67 regulations for products present in the market. 68

69 **EXPERIMENTAL**

70 Sampling Collection and Storage

A total number of 75 vegetables were sampled from the 3 major vegetable markets. Five samples 71 of each vegetable in each market were collected. The vegetable species are Lettuce, Cabbage, 72 Fluted pumpkin, Bitter leave and spinach. The sampling was done according to guideline in 73 China (SAC,2008) on sampling for official control of pesticide residues[9]. Samples were 74 packed in separated polythene bags, sealed and labeled with a unique sample identity and placed 75 in an ice chest box. All samples were stored at 4°C. The composite samples were prepared by 76 systematic mixing of the five samples of each vegetable in each market. After the vegetable 77 78 samples were mixed and blended using Stephan blender, the composite sample were then extracted within 24 hours from the time of their collection. Control sample of lettuce and spinach 79 were also collected. 80

81 Sample Extraction and Cleanup

82 The QuEChERS sample preparation method for pesticides was applied to all the samples [10]. A 10 g portion of the homogenized sample was weighed into a 50 ml polytetrafluoroethylene 83 (PTFE) tube added 10 ml of acetonitrile. Then, 4 g magnesiumsulphate (MgSO4), 1 g sodium 84 chloride (NaCl), 1g sodium citrate tribasic dehydrate(Na₃C₆H₅O₇.2H₂O) and 0.5g sodium citrate 85 dibasic sesqihydrate ($C_6H_5Na_2 O_7.1.5H_2O$) were added, and the sample was shaken vigorously 86 87 for 1 min on a vortex .The samples were then centrifuged at 3000 rpm for 5 min. The supernatant (6 ml) were transferred to a 15 ml PTFE tube to which 900 mg MgSO4, 150 mg PSA and 150 88 mg GCB were added. The extract was shaken using a vortex mixer for 30 second and centrifuged 89 at 3000 rpm again for 5 min. 2ml of the supernatant were taken into a graduated test tube and 20 90 microliter of formic acid (HCOOH) was added to adjust the ^{pH}. These extracts were evaporated 91 to dryness under a stream of nitrogen and reconstituted with 2ml of Hexane: Acetone (4:1) and 92 transferred to 2 ml vial and sealed for quantification using gas chromatograph equipped with 93 mass spectrometry (GC-MS). 94

95 Preparation of Pesticide Standard Solution

96 The pesticide reference standards were sourced from Dr Ehrenstorfer, Augsburg, Germany and 97 the purity of standards ranged from 96% to99%. Individual stock standard solution of the studied 98 pesticide were prepared by weighing accurately 10mg of each pesticide into 10ml volumetric 99 flask and dissolved with acetone, yielding a concentration of 1mg/ml. A mixed stock standard 100 solution of pesticides were prepared 5µg/mL in hexane: acetone (4:1).The standard mixture of 101 pesticides was prepared at 0.005, 0.1, 0.25, 0.5 and 1.0 µg/mL concentrations by serial dilution 102 technique for preparing the calibration curve. The entire standard was stored at -20° c.

103 Instrumental method

Chromatographic instrumentation and quantification were carried out by Gas chromatograph-104 mass spectrometer GC-MS (Shimadzu QP2010 Ultra) with a GC column HP-5MS 5 % phenyl-105 95 % methyl siloxane, 30x0.25 mm id x 0.25 film thickness. The GC operating conditions: split 106 less injection, injector temperature 250 °C, helium carrier gas (99.9999 purity) at flow rate 1.20 107 mL min-1 with column head pressure 89.4 kpa, oven temperature from 100°C (1 min hold), then 108 raised to 200 °C at the rate of 10 °C (2min hold) afterwards raised to 300 °C at the rate of 10 °C 109 (5 min hold). The sample was injected in split less modes. The MS system was routinely set in 110 selective ion monitoring (SIM) mode and each compound was quantitated based on peak area 111 using one target and one or two qualifier ion. Mass spectrometer parameter was set as follows: 112 electron impact ionization mode with 70 Ev electron energy. Ion source temperature 200 °C, MS 113 interface temperature 250 °C. 114

115 **RESULT AND DISCUSSION**

Table 1 show the LOD and LOQ obtained for each pesticide. The LOD and LOQ values obtained ranged from 0.005 to 0.05mg/kg and 0.015 to 0.150mg/kg respectively. The linearity was assessed by the correlation coefficient (R^2) resulted from the five-point calibration curve. The linearity was observed in the range 0.005 -1.0mg/kg and all correlation coefficient were R^2 >0.996.

124 Ta	ble1: List of Pesticides	with retention time	(Rt), LOD, LO	Q and Correlation	coefficient (\mathbb{R}^2)
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Pesticide Name	Retention time	LOD(mg/kg	LOQ(mg/	Correlation
	(Rt)min)	kg)	Coefficient(R ²)
Dichlorvos	6.570	0.005	0.015	0.995860
Chlorpyrifos	13.429	0.010	0.030	0.997184
Endosulfan II	15.557	0.010	0.030	0.998576
Chlorothanolin	11.176	0.050	0.150	0.998796
Carbaryl	10.040	0.050	0.150	0.998460
Carbofuran	10.861	0.010	0.030	0.998063
α-Cypermethrin	21.919	0.005	0.015	0.999423
λ-Cyhalothrin	19.981	0.010	0.030	0.999671

Recovery study was carried out to determine the method accuracy and precision .For each blank matrix (Lettuce and spinach), two concentration levels of 0.1 ug/ml and 0.25 ug/ml at replicate (n=3) were determined. All the studied pesticides, the recoveries of these two spiking levels ranged between 92.0 to114.3 percent. The method was proved to be repeatable with RSD in range of 1.2 to 14.0 % at all spiking levels. Result obtained complied with SANCO guidelines [11]. (Document No. SANCO/12571/2013). Recovery within the range70-120 % and RSD \leq 20 %.

144 Table 2`: Average recovery (n=3) and Relative standard deviation (%RSD)

		Le	ettuce			Afric	an Spinach	
Spiking level(u	ug/ml) 0.1 0.25		0.25	5 0.1		0.25		
Pesticide	Recov ery(%)	RSD (%)	Recov ery(%)	RSD (%)	Recov ery(%)	RSD (%)	Recover y(%)	RSD (%)
Dichlorvos	100.7	1.4	98.7	1.6	114.3	11.8	92.7	3.4
Chlorpyrifos	102.3	6.7	99.6	1.2	95.7	7.9	100.3	14.0
EndosulfanII	100.7	2.1	101.1	2.0	102.5	6.4	99.9	7.1
Chlorothanon il	100.7	6.5	96.3	4.0	92.0	13.3	100.3	3.0
Carbaryl	101.3	4.1	98.9	1.5	104.7	8.3	98.0	6.0
Carbofuran	104.3	4,8	101.1	1.4	110.3	9.2	102.1	6.2
α- Cypermethri n	98.0	11.4	99.3	1.3	82.0	1.4	99.2	9.0
λ- Cyhalothrin	96.7	6.9	97.7	2.3	94.9	4.0	101.4	8.5

153 Table 3: Showing Codex Maximum Residue Limits (MRLs) of studied vegetables mg/kg [23]

Pesticide	Lettuce	Cabbage	Fluted Pumpkin	Bitter leaf	African Spinach
Dichlorvos	0.5	0.5	0.5	0.5	0.5
Chlorpyrifos	0.1	0.05	0.05	0.05	0.05
Carbaryl	10	5.0	3.0	10	10
Carbofuran	0.1	0.5	0.2	0.2	0.2
Endosulfan II	1.0	2.0	2.0	2.0	2.0
Chlorothanolin	1.0	1.0	1.0	1.0	1.0
α- Cypermethrin	2.0	1.0	1.0	1.0	1.0
λ-Cyhalothrin	0.2	0.2	0.2	0.2	0.2

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- 169 Table 4: Pesticide Residue Concentrations (mg/kg) in fresh vegetable samples collected from
- 170 Mile12 market.

Pesticide	Pesticide Lettuce Cabbage	Fluted Pumpkin	Bitter	African	
			Leaf	Spinach	
Dichlorvos	0.178	0.268	0.048	0.025	ND
Chlorpyrifos	0.082	0.049	0.044	ND	0.038
Carbaryl	ND	ND	ND	ND	ND
Carbofuran	ND	ND	ND	ND	ND
Endosulfan II	ND	ND	ND	ND	ND
Chlorothanolin	ND	ND	ND	ND	ND
α- Cypermethrin	0.168	0.529	0.094	0.096	0.065
λ-Cyhalothrin	0.118	0.171	0.113	0.075	0.064

- 184Table 5: Pesticide Residue Concentrations (mg/kg) in fresh vegetable samples collected from
- 185 Oyingbo market.

Pesticide	Lettuce	Cabbage	Fluted	Bitter	African
			Pumpkin		Spinach
Dichlorvos	0.088	0.058	0.153	0.080	0.077
Chlorpyrifos	0.060	0.044	0.039	0.038	ND
Carbaryl	ND	ND	ND	ND	ND
Carbofuran	ND	ND	ND	ND	ND
Endosulfan II	ND	ND	ND	ND	ND
Chlorothanolin	ND	ND	ND	ND	ND
α- Cypermethrin	0.045	0.072	0.028	0.090	ND
λ-Cyhalothrin	0.129	0.200	0.071	0.150	0.101

Table 6: Pesticide Residue Concentrations (mg/kg) in fresh vegetable samples collected fromOshodi market.

Pesticide	Lettuce	Cabbage	Fluted	Bitter	African
			Pumpkin	Leaf	Spinach
Dichlorvos	0.045	0.400	0.058	0.121	0.027
Chlorpyrifos	0.036	0.048	0.038	0.047	0.040
Carbaryl	ND	ND	ND	ND	ND
Carbofuran	ND	ND	ND	ND	ND
Endosulfan II	ND	ND	ND	ND	ND
Chlorothanolin	ND	ND	ND	ND	ND

α- Cypermethrin	0.240	0.045	0.072	0.044	0.032
λ-Cyhalothrin	0.054	0.081	0.075	ND	ND`

191 The result of GC-MS analysis of pesticide residues in fresh vegetable samples is presented in table 4; table 5 and table 6. Eight different pesticides were investigated and quantified with 54 192 detections. From table 4, residues of dichlorvos were found in 4 of 5 fresh vegetable samples in 193 194 order of cabbage (0.268mg/kg)> lettuce (0.178mg/kg) > fluted pumpkin (0.048mg/kg)> bitter leaf 195 (0.025mg/kg). None of the sample had dichlorvos above the Codex recommended MRL value of 0.5mg/kg. Chlorpyrifos was another pesticide detected in 4 of 5 fresh vegetable samples 196 analysed in mile 12 market, This pesticide was not detected in bitter leaf, however, the 197 concentration of chlorpyrifos was found to be in the order of lettuce(0.082mg/kg) >cabbage(198 199 0.049mg/kg)>fluted pumpkin(0.044mg/kg) >African spinach(0.038mg/kg). None of the vegetable samples exceeded the MRL value of 0.05mg/kg for cabbage, fluted pumpkin, African 200 spinach and 0.1mg/kg stipulated for lettuce. Alpha cypermethrin was detected in all the five fresh 201 vegetable samples from mile 12 market, detected concentration in vegetable samples werein the 202 203 range of cabbage(0.529 mg/kg) > lettuce(0.168mg/kg)>bitterleaf(0.096 mg/kg)>flutedpumpkin(0.094 mg/kg)>African spinach(0.065 mg/kg) all the vegetable samples 204 did not exceed the 1.0mg/kg MRL stated for cabbage, fluted pumpkin, bitter leaf ,African 205 spinach and 2.0mg/kg stated for lettuce. Lambda-cyhalothrin was detected in all the five 206 207 vegetable samples from mile 12 market in the order of cabbage (0.171 mg/kg)>lettuce (0.118 mg/kg)>fluted pumpkin(0.113 mg/kg)>bitter leaf(0.075 mg/kg) >African spinach(0,064mg/kg) 208 and were all below the Codex MRL of 0.2mg/kg. EndosufanII, chlorothanolin, carbaryl and 209 210 carbofuran were not detected in all the five fresh vegetable samples from mile 12. A similar finding by Adyel, T.M et al., (2013) did not detect any carbofuran residues in vegetable 211 samples[12]. 212

213 Table 5; Result from Oyingbo market followed similar trend with that of mile 12 market, dichlorvos was detected in all the five fresh vegetable samples from Oyingbo market ranging 214 from the fluted pumpkin(0.153 mg/kg)>lettuce(0.088 mg/kg)> bitter leaf(0.080 mg/kg) > 215 African spinach(0.077 mg/kg) >cabbage(0.058 mg/kg). The residues of dichlorvos detected were 216 below the MRL of 0.5 mg/kg stipulated by Codex. Chlorpyrifos residue was detected in 4 of the 217 5 fresh vegetable samples from Oyingbo market. The concentrations were in the order of lettuce 218 (0.060 mg/kg) > cabbage (0.044 mg/kg) > fluted pumpkin (0.039 mg/kg) > bitter 219 leaf(0.038mg/kg). Residues in these vegetable samples were not above the MRL of 0.05 mg/kg 220 and 0.1mg/kg for lettuce. African spinach was free of chlorpyrifos residues. This study revealed 221 222 that 4 out of the 5 fresh vegetables from Oyingbo market were contaminated with α cypermethrin in the order of bitter leaf (0.090 mg/kg)> cabbage(0.072 mg/kg) > lettuce(0.04 223 5mg/kg) > fluted pumpkin(0.028 mg/kg). None of the detected fresh vegetable samples exceeded 224 the MRL of 1.0mg/kg and 2.0 mg/kg for lettuce. The concentrations of λ - cyhalothrin in this 225 226 study were significantly below their MRLs of 0.2 mg/kg. Their contamination followed the order of cabbage (0.200 mg/kg)> bitter leaf (0.150 mg/kg) > lettuce(0.129 mg/kg) > African 227 spinach(0.101mg/kg)> fluted pumpkin(0.071mg/kg). EndosulfanII, chlorothanolin, carbaryl and 228

carbofuran were not detected. The finding of this study is comparable to the findings of the studyconducted by Mahugija J.A. *et al.*,(2017) [13].

Table 6 illustrated the result of pesticide residues obtained from Oshodi market. Dichlorvos was 231 232 detected in all the 5 vegetable samples from Oshodi market. The order of contamination were found to be cabbage (0.400 mg/kg) > bitter leaf (0.121 mg/kg) fluted pumpkin (0.058 mg/kg)233 >lettuce (0.045mg/kg)> African spinach(0.027mg/kg). The concentration of dichlorvos residues 234 235 were not above the MRLs 0.5mg/kg set by codex. In same way, chlorpyrifos was detected in all the 5 vegetable samples ,the order of magnitude of chlorpyrifos residues in vegetable samples 236 were as follows: cabbage(0.048 mg/kg) >bitter leaf(0.047 mg/kg)>African spinach (0.040 237 mg/kg)> fluted pumpkin(0.038 mg/kg) > lettuce (0.036 mg/kg). The residues of chlorpyrifos in 238 all the vegetable samples did not exceed the MRLs of 0.05mg/kg and 0.1mg/kg set for lettuce. 239 Similarly, α -cypermethrin was detected in all the 5 vegetable samples analysed. The result 240 showed that lettuce (0.240 mg/kg)>fluted pumpkin(0.072 mg/kg) >cabbage (0.045)241 mg/kg)>bitter leaf(0.044 mg/kg) > African spinach(0.032 mg/kg). α -cypermethrin residues in this 242 243 study were below the MRLs of 1.0 mg/kg and 2.0 mg/kg set for lettuce. In the same vein, λ cyhalothrin was detected in 3 of 5 of the vegetable samples analysed. The findings revealed that 244 cabbage (0.081mg/kg) >fluted pumpkin (0.075 mg/kg)>lettuce (0.054 mg/kg). None of the 245 sample detected exceeded the MRLs of 0.2mg/kg set by Codex. Endosulfan II, chlorothanolin, 246 247 carbaryl and carbofuran were not detected in all the samples.

This study shows the evidence of the presence of pesticide residues in vegetable samples in 248 249 Lagos market. The samples analyzed contained pesticide residues below the MRLs. All the five fresh vegetable samples investigated in this study were free from contamination of endosulfan II 250 and chlorothanolin. These results were not surprising since most of organochlorine pesticides 251 252 were banned or their use is severely restricted in Nigeria. Carbaryl and carbofuran were not detected in all the vegetable samples analyzed in this study. This suggests that they were not 253 used for the vegetables studied or there was no significant contamination due to these 254 compounds. The occurrences of multiple residues in all the samples analyzed were likely to be a 255 consequence of the application of different types of pesticides to protect vegetables against insect 256 pests and diseases [1]. The incidence of multi-residue pesticide contamination in different 257 vegetable samples has also been reported in other studies [1,14]. Pesticide residues detected in 258 this study were similar to those detected in other studies [15, 16, 17, 18, 19, 20]. Extensive 259 spraying of various chemicals on vegetables and non-availability of proper guidance about 260 pesticide application may lead to high or low pesticide residue levels on vegetables [21]. 261

From the results in this study, it is plausible to state that vegetable growers from studied area applied good agricultural practice (GAP) and being cautious of with-hold period (WHP). A withholding period is the minimum time for vegetables treated with pesticide must wait before harvesting, such a period allows enough time for the pesticide to degrade to an acceptable level.[1,22]The results of this study were interpreted in relation to maximum residue limits(MRLs) requirements set by Codex Alimentarius Commission for vegetables.

268 CONCLUSION

The results indicated that all the five vegetable samples were contaminated with two or more pesticide residues with concentrations below the maximum residues limits(MRLs).From a health perspective, the observed levels of pesticide residues did not pose a potential health risk to consumers. Hence, the consumption of vegetables is safe.

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