

HEMIFACIAL MICROSOMIA : A MINI REVIEW

ABSTRACT: Hemifacial Microsomia (HFM) is a rare congenital anomaly involving embryological derivatives of the first and second branchial arches and characterized mainly by mandibular hypoplasia and unilateral or bilateral microtia; although, other facial structures may be affected. It may have long-term effects on psychological development and social well-being, due to unaesthetic facial appearance, functional disturbances and complex medical treatments.

Key words: hemifacial microsomia (HFM), omens classification, facial asymmetry/hypoplasia.

INTRODUCTION

Hemifacial microsomia (HFM) is a variable, complex developmental malformation of the body involving asymmetrical hypoplasia of the face and ear. It is a rare congenital anomaly that involves immature derivatives from the first and second pharyngeal arches characterized by mandibular underdevelopment and unilateral or bilateral microtia; although, other facial structures may be affected. Disordered craniofacial development frequently results in definitive facial asymmetries that can significantly impact an individual's social and functional well-being.

INCIDENCE AND NOMENCLATURE: HEMIFACIAL MICROSOMIA.

HFM is a common facial anomaly or birth defect involving the first and second **branchial arch** structures and ranks second in prevalence only behind facial clefting/ cleft lip and palate.¹ It is estimated that three percent of all newborns have significant facial structural anomalies². Another incidence study report as 1 of 3500 births, yet there has been little research on its risk factors and sequelae³.

Nomenclatures such as first and second arch syndrome, Oral-mandibular-auricular syndrome, Oculoauriculovertebral dysplasia (OAV) and Goldenhar syndrome, lateral facial dysplasia, unilateral craniofacial microsomia, otomandibular dysostosis have been applied to HFM assuming different etiologies for cases with or without epibulbar dermoid and/or vertebral anomalies. However, it is now understood that these various combinations of vertebral anomalies with HFM represent gradations in the severity of a similar morphogenic error.^{4,5,6}

HFM is defective formation of first and second branchial arches during development of face hence the nomenclature- first and second arch syndrome. Goldenhar first described the triad of epibulbar dermoids or choristomas, preauricular skin appendages, and pretragal blind-ending fistulas in association with mandibular facial dysplasia.⁷ However the diagnostic criteria of Goldenhar syndrome remain unclear, so this term is not used now a days.⁸ Later patients with associated vertebral anomalies were given the classification of **Oculoauriculovertebral dysplasia (OAV) dysplasia.**⁹ When the features of the OAV complex are predominantly unilateral and lack vertebral anomalies and epibulbar dermoids, the condition has been called Hemifacial

40 microsomia (HFM). This pattern is thought to represent a variant of the expanded OAV complex. Cohen MM
41 Jr, Rollnick BR, Kaye CI. Oculoauriculovertebral spectrum: an updated critique. Cleft Palate J 1989;26:276-
42 86. There is increasing evidence that hemifacial microsomia (HFM), Goldenhar syndrome (GS), and
43 oculoauriculovertebral dysplasia (OAV) are part of a spectrum within a single entity. Frequency of cervical
44 spine malformations in HFM and microsomia was greater than values for a normal population and this further
45 supports the probable association between HFM, GS, and OAV.¹⁰

46 ETIOPATHOGENESIS:

47 The etiopathogenesis of this developmental disorder can be discussed in terms of its embryologic development -
48 - that causes hypoplasia of structures derived from the first and second branchial arches during the first six
49 weeks of gestation.^{11,12} Since the mandible plays a prominent role in defining symmetry of face and, act as an
50 active region of growth, so it commonly acquires asymmetric features.¹³ HFM risk of an individual is related to
51 maternal exposures affecting blood flow to particular fetal tissues and suggested that maternal use of vasoactive
52 medications in the first trimester and associated cigarette smoking. The risk is also studied using DNA
53 collection and it showed that genetic variation is possible in pathways associated with vasculogenesis and
54 hemostasis. Additional risk factors of HFM that might represent vascular events include multiple gestations,
55 diabetes, 2nd trimester bleeding, and heavy alcohol consumption by the mother.³

56 Since the knowledge of the genetic basis of human disease and its effect on embryologic development has
57 greatly expanded in recent years. HFM are generally thought to result from a combination of inadequate
58 migration and formation of facial mesenchyma [43]. Because many structures of the head and neck migrate
59 during fetal development, an understanding of embryologic development helps determine the origin and nature
60 of such congenital lesions.¹⁴

61 Poswillo suggested that hematoma might be involved in the development of HFM in rodents and primates.¹⁵ A
62 study suggested that hematoma at the site of the developing stapedia artery and mandibular hypoplasia were
63 observed among the offspring of CS1 mice treated with triazene during gestation. Also a similar hemorrhagic
64 pattern was observed among Macaca irus monkeys treated with thalidomide in pregnancy; minor developmental
65 delays of the condyle and middle ear primordia were also noticed. There are clinical evidences suggesting
66 reduced carotid flow on the affected side of HFM cases; further raising the possibility that HFM might result
67 from a vascular disruption pathogenesis.^{16,17} Thus HFM encompasses a broad spectrum of phenotypes
68 resulting from defective development of the first and second pharyngeal arch structures and associated with
69 anomalies of the mandible and other facial bones, ears, and overlying soft tissues. The cause of HFM is thought
70 to involve both extrinsic and genetic risk factors.¹⁸

71 Two or more anomalies may be interrelated with a similar etiopathologic link, suggesting an overlapping
72 pathogenesis. Whether the cause is genetic or environmental, there may be a common pathway leading to a
73 disturbance in neural crest cell migration in HFM who also have a concurrent cleft lip or palate.¹⁹

74 GENETICS AND HEMIFACIAL MICROSOMIA:

75 There is evidence that genetics play an important role in non-Mendelian-inherited type of HFM and
76 concordance has been reported for both monozygotic and dizygotic twins, but the high level of discordance in
77 monozygotic twins suggests that both genetic and environmental factors are important for the manifestation of
78 this disorder. Based on families with inherited forms of HFM, the patterns of occurrence of both HFM and
79 isolated microtia have suggested that either an autosomal recessive or autosomal dominant inheritance pattern is
80 likely in such developmental anomalies.^{20,21,22} It has been shown that HFM can be induced genetically through a
81 mouse chromosome 10 mutation, although a gene has not yet been identified and sometimes there is no family
82 history of HFM in most of the cases.²³

83 PSYCHOLOGICAL STATUS IN HEMIFACIAL MICROSOMIA

84 The psychological impact of the disorder hinders the overall growth of the individual with HFM. The affected
85 children are more inhibited, depressed, anxious, and introverted, and less socially adaptable.²⁴ They may have
86 poor academic performance, peer rejection and higher levels of internalizing behavior problems than children
87 unaffected by such craniofacial abnormalities.³

88 Studies and further analyses will determine whether they vary by HFM phenotype, parenting style, or other
89 indicators of social risk (e.g., level of education or socioeconomic status). Sometimes, neuropsychological
90 development may be more directly compromised by underlying major or minor central nervous system
91 malformations associated with some cases of HFM.²⁵

92 **CLASSIFICATION OF HEMIFACIAL MICROSOMIA**

93 Numerous classification systems have been devised to facilitate the individualized components of this complex
94 condition and spectrum of disease.²⁶ Several other classification systems have been developed to help stratify
95 patients based on the severity of their defects.¹⁸

96 One of the most recent classification systems, the OMENS system, scores five clinical manifestations of
97 hemifacial microsomia according to dysmorphic severity on a scale from 0 to 3: *orbital asymmetry, mandibular*
98 *hypoplasia, ear deformity, nerve dysfunction, and soft-tissue deficiency* [44]. The OMENS classification
99 represents the most comprehensive, versatile, objective, and easily adaptable attempt at clinical classification of
100 HFM to date. The authors also propose a concise clinical evaluation form using a modified version of the
101 system to promote the use of the OMENS system, to aid in the evaluation of hemifacial microsomia patients,
102 and also to assist in data sharing amongst clinicians and surgeons.²⁷ The terms and systems of classification
103 have been reviewed multiples times but OMENS (orbit, mandible, ear, cranial nerve, and soft tissues) system
104 has been proposed to classify the severity of each of the major craniofacial manifestations of HFM. There is
105 often a unilateral deformity of the external ear. A coloboma of the upper eyelid is frequently encountered and
106 may be seen radiographically on soft-tissue windows. Ear deformities range from isolated preauricular tags to
107 atresia of the external auditory canal (EAC). A detailed examination of the temporal bone should be performed
108 to evaluate associated, though uncommon, malformations of the middle ear and an aberrant course of the facial
109 nerve.⁶

110 **CLINICAL MANIFESTATIONS:**

111 HFM basically represents a spectrum of congenital malformations involving embryological derivatives of the
112 first and second branchial arches. The multiple anomalies that may coexist in this disorder present considerable
113 variability in patients with the diagnosis.²⁶ Males are more frequently affected than females and about 45% of
114 patients have affected relatives and 5%–10% have affected siblings.²¹

115 The clinical manifestations of HFM comprise a spectrum of disease that is both broad and complex. It is
116 characterized by a heterogeneous underdevelopment of the facial structures.²⁷ The fundamental features include
117 unilateral hypoplasia of the craniofacial skeleton and its overlying malformed soft tissues.²⁸ Further, the term
118 hemifacial implies the defect is unilateral, but structures are often affected bilaterally, though to different
119 degrees, giving the facies an asymmetric appearance.²⁰ It is a congenital syndrome in which the mandible shows
120 a spectrum of severity of malformation and the malformation is generally unilateral but may be bilateral, and if
121 so, is then usually asymmetrical. The findings of study on 89 patients by Loevy HT, Shore SW suggest that the
122 mandibular deformity associated with HFM does not have an effect on dental maturation compared with the
123 corresponding non-affected side.²⁹

124 The tissues that are more commonly affected in HFM include the condyle and ramus of the mandible,
125 zygomatic arch, malar bone, external ear, middle ear ossicles, temporal bone, and muscles of facial expression.
126 HFM may involve some or all of these structures. In fact, HFM is most notable for its vast array of craniofacial
127 and extra-craniofacial manifestations, including associated malformations of other branchial arch derivatives

128 such as the eye, vertebrae, and upper heart, as well as malformations of non-arch derivatives also, such as the
129 kidneys.^{30,12,4} The vertebral anomalies most often present are hemivertebrae, block vertebrae,
130 scoliosis/kyphoscoliosis, and spina bifida mostly in the cervical and thoracic spine and ribs and the prevalence
131 varies from 8% to 79%.²⁸ It is a common craniofacial disorder that is known to be etiologically heterogenous
132 and phenotypic differentiation of the various subgroups remains a challenge. A review of 50 patients with HFM
133 by Bassila MK et al has yielded data that may help explain different pathogenetic processes. There may be
134 association of facial nerve palsy, sensorineural hearing loss, or both in a higher percentage of patients than
135 expected.³¹ The incidence of obstructive sleep apnea in population of patients with hemifacial microsomia
136 approaches 24 percent as discussed in study conducted by Cohen et al. So patients with hemifacial microsomia
137 should undergo routine screening for obstructive sleep apnea: a positive history warrants polysomnographic and
138 anatomic workup frequency and severity of airway disorders, especially those leading to upper airway
139 obstruction and/or obstructive sleep apnea.³²

140 **DIAGNOSTIC CRITERIA:**

141 Hemifacial microsomia (HFM) is a complex three-dimensional congenital condition that is characterized mainly
142 by mandibular hypoplasia and unilateral or bilateral microtia; although, other facial structures may be
143 affected.³³ Familiarity with craniofacial embryology and its associated effects on resultant anatomy leads to a
144 better understanding of the pathophysiologic basis of such developmental craniofacial disorders which in turn
145 aids in formulation of precise diagnoses and differential diagnostic considerations.. Additionally, it helps to
146 establish a search pattern for characteristic radiologic features of many of these anomalies. The first and second
147 branchial arches are the embryologic origin of many of the structures of the face so a wide variety of congenital
148 conditions may arise from their contents. The phenotype is highly variable. There may be cardiac, vertebral, and
149 central nervous system defects, in addition to craniofacial anomalies. Ear deformities predominantly occur
150 along a spectrum of disorder from the distorted size and shape of the external auricle to anotia.¹⁴

151 Radiographic evaluation of HFM reveals asymmetric hypoplasia of the maxilla and mandible. One side of the
152 face may be normally developed or underdeveloped. There are variable degrees of malformation involving the
153 TMJ, including hypoplasia of the condyle and coronoid. A large variation in the TMJ has been observed on the
154 more affected side; however, the degree of TMJ disc dysplasia does not appear to correlate with the degree of
155 mandibular dysplasia.³⁴ Patients with HFM had more retruded mandibles and maxillae and a more vertical
156 morphology compared to the reference population. The growth curves showed very high inter-variability among
157 patients, further strengthening the need for individualized treatment plans that consider all three dimensions and
158 the severity of the condition.³³ The cranial base axis is not deviated in the patients with HFM compared with the
159 age-matched controls, and there exists little difference in endocranial morphologic measurements with
160 increasing severity of HFM. These data are interesting, given the role of the cranial base in facial growth and
161 the varying hypotheses regarding the mechanism of disease in HFM.³⁵ Also there are studies which shows that
162 in persons with hemifacial microsomia certain neuromuscular patterns may differ from the norm because of
163 missing or underdeveloped muscles and because of the different relationship between the mandible, its attached
164 muscles, and other structures.³⁶

165 **DIFFERENTIAL DIAGNOSIS:**

166 Hemifacial microsomia (HFM) and the branchio-oto-renal syndrome (BOR) are both associated with
167 malformations of the external ears; preauricular tags, pits, or sinuses; and conductive or mixed hearing loss.
168 Other overlapping features have been described; including cervical appendages containing cartilage in HFM,
169 and facial paresis in BOR.³⁷ Other differential diagnoses include unilateral bony ankylosis, hemifacial
170 hyperplasia, or lack of oral rehabititation after traumatic episode.

171 **MANAGEMENT**

172 Oral and maxillofacial malformations, like hemifacial microsomia (HFM) present diagnostic and treatment
173 challenge to dental professionals and multidisciplinary approach is advised. New therapeutic and clinical
174 management techniques offer promising interventions that can allow many young patients to have more normal
175 childhoods. Due to a unilateral deficiency of the mandible and lower face, patients who have HFM have
176 specific dental needs that require not only restorative and orthodontic but also surgical correction at an early
177 age.² Treatment of patients includes repair of bony asymmetry as well as soft tissue defects and auricular
178 anomalies. Surgical intervention is individualized based on each patient's deficits.¹⁸ Although surgical
179 reconstruction is the treatment of choice for auricular deformities that result from hemifacial microsomia, the
180 implant-retained auricular prosthesis must be considered when surgical reconstruction is not possible.³⁸

181 Distraction osteogenesis is an alternative treatment option resulting in new bone formation between
182 incrementally separated bony segments for patients with facial asymmetry and mandibular hypoplasia.^{39,40}
183 Though, distraction osteogenesis is now a standard procedure for hemifacial microsomia, and various methods
184 have been described, it is sometimes difficult to obtain the horizontal occlusal plane and facial symmetry.⁴¹

185 Correction of the skeletal deformity in children with HFM has been advocated to improve growth potential and
186 reduce secondary deformity. However, contrary reports have suggested that facial asymmetry in hemifacial
187 microsomia does not increase with growth; therefore, skeletal correction can be postponed, even until
188 adolescence. Study by Kearns et al demonstrate that hemifacial microsomia is progressive and underscores the
189 importance of early surgical correction of mandibular asymmetry in this disorder.⁴² Even hearing loss,
190 mastication impairment, breathing problems, speech impediments, and sleep disorders can occur as part of
191 HFM. Treatments and procedures can occur over many years to improve function and appearance and
192 undoubtedly can disrupt both child and family. HFM may have long-term effects on psychological development
193 and social well-being, due to unusual facial appearance, functional problems, and medical treatments.³

194 **CONCLUSION:** Hemifacial microsomia is a rare complex craniofacial anomaly causing unilateral facial
195 hypoplasia with a spectrum of phenotypic differentiation and varied nomenclature. Since there has been little
196 research on its risk factors and sequelae, several studies, and the subsequent genetic and follow-up studies, are
197 each groundbreaking in terms of their multi-disciplinary approach and their potential impact on affected
198 families. As it results in definitive facial asymmetries multidisciplinary approach is appreciable as it can
199 significantly impact an individual's social and functional well-being.

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