

## Original Research Article

# ANTIBIOTIC SUSCEPTIBILITY PATTERN OF BACTERIA ISOLATED IN SACHET WATER, SOLD IN UYO METROPOLIS, AKWA IBOM STATE

### ABSTRACT

**Aims:** This study was carried out to examine the physical and bacteriological microbiological quality of sachet drinking water sold in Uyo metropolis, Akwa Ibom State.

**Study design:** Sachet water was randomly sampled in Uyo Metropolis.

**Place and Duration of Study:** Department of Microbiology, Akwa Ibom State University, Nigeria, between June 2018 and November 2018.

**Methodology:** Six different brands of sachets water sold and consumed were studied for their physical and microbiological qualities. Thirty (30) sachets water from the six (6) different brands were serially diluted and cultured on Nutrient agar, Eosin Methylene Blue agar, MacConkey agar and Salmonella-Shigella agar, while Muller Hinton agar was used for sensitivity test. Pure isolates suspension was standardized with 0.5 McFarland turbidity standards and were subjected to antibiotics susceptibility testing using Agar Diffusion method.

**Results:** The microbial counts ranged from  $9.20 \times 10^1$  CfU/ml to  $1.77 \times 10^2$  CfU/ml. Bacterial isolates include; *Klebsiella* sp., *Escherichia* sp., *Staphylococcus* sp., *Salmonella* sp., *Pseudomonas* sp., *Citrobacter* sp., *Bacillus* sp. All the isolates were completely susceptible to Chloramphenicol, Ampiclox, Tarvid and Peflacine. Low percentage of these isolates were resistant to Erythromycin, Gentamycin, Seprin, Ciprofloxacin, Norfloxacin, Chloramphenicol, Levofloxacin and Rifampicin but were highly resistant to Amoxil, Ceporex, Augmentin, Ampicillin, Nalidixic acid and Stretomycin. Some of the sachet water brands from bacteriological standpoints did not meet the World Health Organization Standard.

**Conclusion:** This study indicted sub-standard packaged waters as a vehicle of spread of antibiotic resistant pathogens, and this poses a high risk to public health. Hence, routine monitoring of producers of sachet water should be enforced.

**Keywords:** Sachet water, Antibiotics resistance, Uyo Metropolis Public health, water standards.

**Comment [OP1]:** Tell us the percentage occurrences of these organisms.

**Comment [OP2]:** Rewrite pls. Tell us the striking findings here.

## 21 1. INTRODUCTION

22 The safety and quality of drinking water has become a public health concern in the world. In  
23 Nigeria, high demand of safe drinking water cannot be overemphasized considering the  
24 inability of the government to provide adequate pipeborne water to the populace. Water is  
25 known to be the dwelling place for most bacteria and other microorganisms which cause a  
26 variety of waterborne infections [1] and the World Health Organization (WHO) estimated that  
27 1.1 billion of the world's population does not have access to safe water. In addition to this,  
28 80% of diseases and one-third of deaths in developing countries are due to consumption or  
29 drinking of contaminated water [2]. The associated health risks from the consumption of  
30 unsafe drinking water vary throughout the world depending on the chemical or  
31 microbiological contaminants present in the environment [3]. Many of the bacteria isolated in  
32 water distribution systems are opportunistic pathogens. The presence of high numbers of  
33 opportunistic pathogens in drinking water is of concern because these microorganisms can  
34 lead to infection of certain segments of the population (newborn babies, the sick, and the  
35 elderly) [4]. According to the guideline set by the World Health Organisation, quality drinking  
36 water must not contain *Escherichia coli* or thermotolerant coliform bacteria, giardia worms,  
37 viruses, *Cryptosporidium* spp, *Legionella pneumophila*, *Entamoeba histolytica* and other  
38 opportunistic pathogens such as *Clostridium* species, *Klebsiella* species and *Pseudomonas*  
39 [2]. The guideline further stated that the water should be tested against the presence of  
40 highly virulent pathogens such as *Salmonella typhi*, *Shigella dysenteriae* and *Vibrio cholera*  
41 that are responsible for typhoid, bacillary dysentery and cholera diseases respectively which  
42 arises due to high level of organic decay and fermentation on tropical waters. All these  
43 bacteria must not exist in water that are meant for drinking, hence, sources of water for  
44 packaged water are subjected to laboratory test by public analyst in which any of the  
45 bacteria must not be found or detected in any 100 ml water sample. "Sachet water is not  
46 sterile" according to Linda [3]. Although, sachet water is assumed to be free from certain  
47 pathogen during treatment processes, but certain organisms are used to confirm the sterility  
48 of the water such as coliforms which act as indicator organisms used to assess the safety of  
49 water and thus give an idea of the degree of contamination associated with intake of such  
50 sachet water [4,5]. Antibiotics is been revolutionized in medicine diversely, saving many lives  
51 because it had a major impact on the rate of survival of pathogens from infection. But with  
52 this great and remarkable benefit, it is sad to know it is also the bedrock of many other  
53 diseases due to their resistance strains. Recently, almost all important bacterial infections  
54 are becoming resistant to antibiotics, and these changing patterns caused a demand for new  
55 antibacterial agents. Antimicrobial resistance occurs when bacteria adjust or adapt in ways  
56 that permits them to stay alive in the presence of antibiotics designed to kill them, bacteria  
57 evolve resistance to these drugs, typically by acquiring chromosomal mutations and  
58 multidrug resistant plasmid which has become a public health concern [6,7,8]. Antibiotics  
59 were formally defined to distinguish their biochemicals which are produced by  
60 microorganism from the organic chemicals synthesized in the laboratory. But due to recent  
61 development, the distinction between both is no longer meaningful due to the fact that the  
62 biochemical structures of many naturally occurring antibiotics are now being synthesized by  
63 organic chemist and currently, many antibiotics used in medicals are in the chemically  
64 modified forms of microbial biosynthetic form [9].

65 Antibiotic resistance occurs when the sensitivity of an organism decreases against an  
66 antibiotic when compared to officially available breakpoints, usually measured as a decrease  
67 in "inhibition zone diameter". The increased use of antibiotics is often associated with  
68 increased resistance of bacteria to these chemicals, especially in the hospital setting [10]. A  
69 lot of transmissible diseases are waterborne. Many harmful microbial contaminants have  
70 been confirmed to be associated with potable water sources. Many people have resorted to  
71 patronizing sachet water with the belief that it is pure-hence, fondly called 'pure water'. It is  
72 possible that this so called pure water is not pure after all; hence it may harbour harmful  
73 microorganisms as producers of such water may not pay adequate attention to microbial

74 quality. Identification of the major harmful microbial contaminants (*Escherichia coli*,  
75 *Salmonella*, *Shigella*, etc.) present in the sachet water is important in assessing its safety.  
76 Free from contamination with faecal matter is the most important parameter of water quality  
77 because human faecal matter is generally considered to be a greater risk to human health  
78 as it is more likely to contain human enteric pathogens [11]. There is need to constantly  
79 access the water quality of water sources available to members of any community at  
80 intervals. This will help monitor ~~or track~~ and prevent the sudden outbreak of waterborne  
81 infections. It is also important to know the antibiotics susceptibility pattern of microorganism  
82 common in our environment in case of any outbreak. This research was borne as a result of  
83 the widespread use of sachet water in Nigeria especially in Akwa Ibom State, conflicting  
84 results on the safety conducted at different locations in the country and lack of data on safety  
85 of sachet water locally available. This ~~study~~ ~~research~~ is aimed at determining the antibiotic  
86 resistant pattern of bacterial isolates obtained from sachet water by testing them against  
87 some of the commonly used antibiotics; taking notes of the antibiotic resistant strains.

## 90 2. MATERIALS AND METHODS

### 92 2.1 Study area

93 Three major areas in the major city of Uyo in Akwa Ibom State where strategically selected  
94 for this study. The areas comprised of towns where sachet-packaged drinking water is sold  
95 by hawkers. They included: Abak road, Aka road and Oron road.

### 97 2.2 Sample collections

98 A total of Thirty (30) sachet water of six different brands ~~wasas~~ collected randomly from  
99 various part of Uyo metropolis in Akwa Ibom state and taken to the laboratory for analysis.  
100 The samples were coded as; BC, GO, FD, RS, ML, and CV to reflect the respective brands.  
101 They were collected and transported in clean ice containers and stored at 4.0°C for 30-60  
102 minutes so as to maintain the properties of the sample before commencement of analysis.  
103 Hygienic and aseptic methods were also observed during sampling of the sachet water.

### 106 2.3 Sterilization

107 Microbiologically, sterilization is simply any process that eliminates, removes, kills, all forms  
108 of life and any other biological agents (such as bacteria, fungi etc) present in a specific  
109 region. This was achieved through the process of autoclaving (steam under pressure) and  
110 oven drying. Media, water, and other heat stable liquids were sterilized in the autoclaved at  
111 121°C for 15minutes, while glassware were sterilized at 160°C for at least 2 hours. Also, the  
112 working environment was always kept neat, tidy and sterile by the process of disinfection.

### 113 2.4 Enumeration of microbial load in water sample

#### 115 2.4.1 Preparation of the samples

116 Using aseptic method, six (6) different beakers were labelled according to the 6 different  
117 brands of waters. Five sachets were mixed from each brand to obtain 100ml homogenous  
118 sample in the beaker.

#### 120 2.4.2 Pour plating method

121 One millilitre of appropriate dilution was aseptically pipette into sterile labelled petri dish and  
122 this was done in duplicates. Appropriate medium (Nutrient agar, Eosin Methylene Blue,  
123 MacConkey agar, Salmonella-Shigella Agar) at 45°C were poured aseptically into the  
124 inoculated petri dishes and swirled gently to mix. They were inversely incubated at 37°C for  
125 24-48hours. At the end of the incubation period, colonies were counted and the count for  
126 each plate expressed as colony forming units per gram (cfu/mL) of the sample suspended.

**Comment [OP3]:** Check for typographical and grammatical errors.  
2. Check for unnecessary statements and expunge.  
3. What is the rationale and problem of the study.  
4. All abbreviations should be introduced first before using.  
5. Always use recent references in your literatures.

**Comment [OP4]:** Describe the study area briefly citing an Authority.

**Comment [OP5]:** Which Lab?

127 Nutrient agar (NA) to determine the total viable bacterial Count, Eosin Methylene Blue agar  
128 (EMB) to enumerate *Escherichia coli*, MacConkey agar (MAC) for coliform count and  
129 Salmonella-Shigella agar (SSA) for the determination of *Salmonella* and *Shigella* counts.  
130 Culture media were prepared according to the respective Manufacturers specification and  
131 sterilized in an autoclave at 121°C at 15 psi for 15 minutes.  
132

### 133 2.4.3 Purification of colonies

134 Using a fresh nutrient agar medium, 24 hours colonies were picked using a sterile wire loop  
135 from the plate and streaked on its surface and incubated for 24 hours at 37°C to obtain pure  
136 culture. After incubation, discrete growths were observed on the lines of streak. Distinct  
137 colony was picked aseptically and cultured on a fresh nutrient agar slant and incubated for  
138 24 hours at 37°C and stored in a refrigerator at 4°C. The routine laboratory method of  
139 Cruickshank *et al.* [12] was used to characterize different isolates. The isolates were  
140 identified using their macroscopic, cultural, physiological and biochemical characteristics.  
141

### 142 2.5 Morphological characterization (Gram's reaction)

143 Gram staining was carried out as described by Olutiola *et al.* [13]. Gram stain is one of the  
144 differential stains used to characterize bacteria into two main groups: Gram positive and  
145 Gram negative. Gram positive stains blue to purple while Gram negative stains pink to red.  
146 The colony of the pure cultures of each bacterial isolates was observed for morphological  
147 features using Bergey's Manual of Determinative Bacteriology as a standard for comparison.  
148 Cell shape was determined under X100 objective of the light microscope after Gram staining  
149 procedure. Bacterial smear (not too thick not too thin) was prepared on the slide using an  
150 inoculation loop. This was done by introducing a drop of distilled water on grease-free  
151 labelled slide followed by the sample and then smeared, air dried and heat fixed. The slide  
152 was flooded with crystal violet staining reagent for about 60 seconds, then washed using a  
153 gentle indirect stream of tap water for about 2 seconds. The slide was flooded with a  
154 mordant ( Lugol's iodine) for 15-30seconds. The slide was decolorized using 70% ethanol for  
155 10 seconds and washed off. Lastly, the slide was flooded with 0.5% counter stain (safranin)  
156 for 30 seconds, and then washed using indirect stream of tap water and air dried. A drop of  
157 immersion oil was dropped on the stained sample and observed under the microscope.  
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### 159 2.6 Biochemical Characterization and Identification of Isolates

160 Pure cultures of bacterial isolates were subjected to various biochemical tests according to  
161 standard techniques described by Olutiola *et al.* [13] Biochemical tests carried out include;  
162 Catalase test, Coagulase test, Indole test, Oxidase test, Citrate test, Fermentation of  
163 glucose, lactose, sucrose, maltose and mannitol [14]. Bacterial isolates were identified using  
164 Bergey's Manual of Determinative Bacteriology [15].  
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### 166 2.7 Antimicrobial Sensitivity Testing

167 Commercially available antibiotic impregnated 8mm sensitivity discs (Abtek Biological Ltd,  
168 UK) was used to determine the drug sensitivity profile of the isolates. Seventeen different  
169 antibiotic discs comprising of Tarivia (OFX), Nalidixic acid (NA), Peflacin (PEF),  
170 Gentamycin (CN), Augumentin (AU), Ciproflox (CPX), Septrin (SXT), Ceporek (CEP),  
171 Streptomycin (S), Ampicillin (PN) for Gram negative and Levoxin (Lev), Amoxicillin (Amx),  
172 Norfloxacin (NB), Chloramphenicol (CH), Erythromycine (E), Ampiclox (APX), Rifampin  
173 (RD), Streptomycin (S), Ciproflox (CPX), Gentamycin (CN) for Gram positive organisms .  
174 The antimicrobial sensitivity test of each isolate was carried out as described by the Kirby –  
175 Bauer disc diffusion method as recommended by the National Committee for Clinical  
176 Laboratory Standards [16]

177 **Procedures:** The turbidity of the bacterial suspensions was compared with 0.5 Macfarland's  
178 standard by inoculating the organism into 10ml peptone water and incubate. The  
179 standardized bacterial suspension was then inoculated on to Muller Hinton Agar and left to

**Comment [OP6]:** Just summarize. Follow a published protocol.

180 dry for 10 minutes, before placing the antimicrobial sensitivity discs. After incubation, the  
181 diameter of the zone of inhibition were measured and compared with zone diameter of  
182 interpretative chart [17,18] to determine the sensitivity of the isolates to antibiotics.

**Comment [OP7]:** Summarize methods as quick as possible. Each protocol should be cited accordingly.

### 184 3. RESULTS

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186 All the water samples were National Agency for Food and Drug Administration and Control  
187 (NAFDAC) approved and had factory addresses on them (Table 1). They were all odourless,  
188 colourless and clear in appearance and had no batch number, also non had production and  
189 expiration dates meaning that the duration between production and consumption cannot be  
190 determined. Only FD contained little particles in it. Lastly, all were the same net volume of 50  
191 cl.

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193 Table 2 shows the Total viable count (TVC) after 48 hours of water samples on different  
194 media. All the water samples were contaminated with bacteria. A higher value of TVC on  
195 Nutrient agar (NA) was  $1.34 \times 10^2$  cfu/ml from sample FD, Eosin Methylene Blue agar (EMB)  
196 plate was  $3.1 \times 10^1$  cfu/ml from sample ML, MacConkey agar (MAC) plate was 25cfu/ml from  
197 sample ML and on Salmonella Shigella agar (SSA) plate it was 5.0 cfu/ml from sample FD.  
198 The highest number of organisms (on all the media) was  $1.77 \times 10^2$  cfu/ml in FD sachet water  
199 and the lowest was  $7.6 \times 10^1$  cfu/ml in CV sachet water.

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201 Out of 29 bacteria isolate, 7 distinct isolates were obtained while others where replicates of  
202 the seven. *Klebsiella* sp. had the highest frequency showing 7 out of 29 representing  
203 24.14%, followed by both *Staphylococcus* sp. and *Psuedomonas* sp. with the frequency of 5  
204 out of 29 isolates representing 17.24%. Other bacteria isolated included; *Escherichia* sp.  
205 with the frequency of 4 out of 29 representing 13.79%, *Salmonella* sp. and *Citobacter* sp.  
206 with frequency of 3 out of 29 representing 10.34% and *Bacillus* sp. with the least frequency  
207 2 out 29 representing 6.90% as shown in Figure 1.

208

209 Six brands of sachet water were analyzed and a total of seven bacterial isolates were  
210 identified from the sachet water samples. The isolates were initially differentiated on the  
211 basis of the cultural and morphological studies after which they were subjected to various  
212 biochemical characterization tests. These tests revealed their probable identity as *Klebsiella*  
213 sp., *Escherichia* sp., *Staphylococcus* sp., *Salmonella* sp., *Pseudomonas* sp., *Citrobacter* sp.,  
214 *Bacillus* sp.

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216 *Klebsiella* sp. was most resistant (70%), followed by *Escherichia* sp and *Salmonella* sp. *E*  
217 *Escherichia* sp was resistant to 6 (NA, CN, AU, SXT, S, PN and CEP) out of the 10  
218 antibiotics tested against it. Same number of antibiotic resistance was recorded for  
219 *Salmonella* sp. (NA, CN, AU, S, PN and CEP). The least resistant gram negative isolate was  
220 *Citrobacter* sp. (NA, CPX, S, and PN) and *Pseudomonas* sp. All the Gram's negative  
221 isolates were resistant to PN and NA. The Gram's positive organisms were less resistant to  
222 all the antibiotics they were exposed to. *Bacillus* sp. was resistant to on ciproflox while  
223 *Staphylococcus* sp. was resistant to amoxicillin and Gentamycin (Table 3)

**Comment [OP8]:** Remove unnecessary statements. Summarize this section to few statements.

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**Table 1: Physical examination of the sampled Sachet water brands sold in Uyo metropolis for compliance. Table pattern according to Dada, 2009.**

SAMPLE CODE	NAFDAC	PRODUCTION/ BEST FORE DATE	PRODUCERS' NAME & ADDRESS	COLOUR	APPEAR-ANCE	ODOUR	FLOATING PARTICLES	BATCH NO:	NET VOLUME
BC	+	-	+	-	-	-	None	-	50CL
FD	+	-	+	-	-	-	Few	-	50CL
RS	+	-	+	-	-	-	None	-	50CL
CV	+	-	+	-	-	-	None	-	50CL
ML	+	-	+	-	-	-	None	-	50CL
GO	+	-	+	-	-	-	None	-	50CL

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KEY: +: displayed on sample sachet; -: not displayed on sample sachet

**Comment [OP9]:** Was this part of your Objectives? If yes, then you need to reframe manuscript title.

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**Table 2: Total viable count (TVC) after 48hours of culturing sachet water samples on different media**

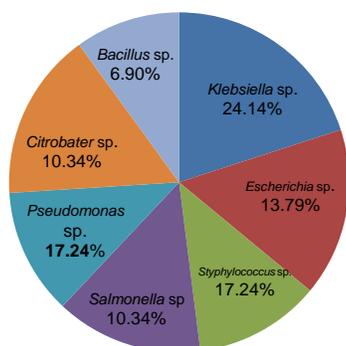
<b>Sample/ Media</b>	<b>NA</b>	<b>EMB</b>	<b>MAC</b>	<b>SSA</b>	<b>Total no. of organism (cfu/ml)</b>
<b>BC</b>	110	30	15	0	$1.55 \times 10^2$
<b>FD</b>	134	29	9	5	$1.77 \times 10^2$
<b>RS</b>	70	8	14	0	$9.20 \times 10^1$
<b>CV</b>	25	31	20	0	$7.60 \times 10^1$
<b>ML</b>	20	45	25	2	$9.20 \times 10^1$
<b>GO</b>	118	18	12	1	$1.48 \times 10^2$

**KEYS:** NA: Nutrient Agar; EMB: Eosin Methylene blue agar; MAC: MacConkey agar; SSA: Salmonella Shigella Agar

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**FIG. 1: Percentage frequency of bacteria isolates obtained from sachet water sold in Uyo metropolis**

**TABLE 3. Antibiotics susceptibility pattern of bacterial isolate from sachet water sold in Uyo metropolis.**

S/N	Isolate	Gram Positive Isolates										Gram Negative Isolates										% RESISTANCE	
		AMX	S	NB	CPX	CH	E	LEV	CN	APX	RD	OFX	NA	PEF	CN	AU	CPX	SXT	S	PN	CEP		
1	<i>E. coli</i>											S	R	S	S	R	S	R	R	R	R	R	60
2	<i>K. pneumonia</i>											S	R	S	R	R	R	S	R	R	R	R	70
3	<i>Bacillus sp.</i>	S	R	S	S	S	S	S	S	S	S												10
4	<i>S. aureus</i>	R	S	S	S	S	S	S	R	S	S												20
5	<i>Pseudomonas sp.</i>											S	R	S	S	R	S	S	S	R	R	R	40
6	<i>Citrobacter sp.</i>											S	R	S	S	S	S	R	R	R	S	S	40
7	<i>Salmonella sp.</i>											S	R	S	R	R	S	S	R	R	R	R	60

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KEY: Tarivia (OFX), Nalidixic acid (NA), Peflaccine (PEF), Gentamycin (CN), Augumentin (AU), Ciproflox (CPX), Septrin (SXT), Ceporek (CEP), Streptomycin(S), Ampicillin(PN) for Gram negative and Levoxin (Lev), Amoxicillin (Amx), Norfloxacin (NB), Chloramphenicol (CH), Erythromycine (E), Ampiclox (APX), Rifampin (RD), Streptomycin (S), Ciproflox (CPX), Gentamycin (CN).

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#### 308 4. DISCUSSION

309 [This experiment was carried out to determine the microbial quality and the antibiotics  
310 resistance pattern among the bacterial isolates from sachet water sold in Uyo with the view  
311 of creating public health awareness concerning drinking such water sample. In Nigeria,  
312 sachet water is largely taken and they are obtained either from surface or underground  
313 sources, and are subjected to various treatment to make it fit for individual consumption, but  
314 unfortunately, most of them still fall below the WHO standard from the physical and  
315 microbiological analysis [19]. From this analysis, one out of six water samples had particles  
316 in it. Meanwhile, all were odourless, colourless, and registered with NAFDAC. Bacteria  
317 occurrence was recorded in all the sachet-water samples and the TVC for some were higher  
318 than what is acceptable for drinking water ( $1.0 \times 10^1$  cfu/ml) [20].

319 The presence of pathogenic bacteria (opportunistic pathogens) was recorded which is above  
320 the WHO standard for portable water [4]. High occurrence of *Klebsiella* sp. was recorded,  
321 followed by *Staphylococcus* sp. Others included *Pseudomonas* sp, *Escherichia* sp.,  
322 *Salmonella* sp, *Citrobacter* sp. and the least frequent was *Bacillus* sp. Total Viable Count on  
323 EMB and MAC for coliform bacteria and the various values obtained for each water sample  
324 signified possible faecal contamination. This indicates that the sachet-water samples were  
325 contaminated especially with faecal materials, thereby not safe for drinking. Presence of  
326 coliforms (*Escherichia* sp. and *Klebsiella* sp. and *Citrobacter* sp.) maybe that some of the  
327 water were prepared from shallow and contaminated boreholes. Most of these bacteria are  
328 indigenous to aquatic environments [20]. *Salmonella* is also as a result of contaminated  
329 water and improper treatment, *Pseudomonas* sp. were also found in water and are  
330 considered opportunistic pathogens and *Staphylococcus* sp. isolated from the water samples  
331 may have entered the water during packaging or handling since the organism is a normal  
332 flora of the human skin [21]. The ingestion of these bacteria with contaminated water  
333 constitute public health risks to the immunocompromised members of the population,  
334 especially newborn babies, elderly and sick people [22]. The presence of relative heavy load  
335 of bacteria in water packaged for drinking purposes has been previously documented in  
336 literature [23, 24, 25, 26]. The result of the antibiotics susceptibility testing showed various  
337 percentages of antibiotic resistance among the bacterial isolates from packaged water  
338 samples. *Escherichia* sp. was highly resistant to six antibiotics and sensitive to only four  
339 antibiotics which were; Tarivia (OFX), Gentamycin (CN), Peflacin (PEF) and Ciproflox  
340 (CPX). *Klebsiella* sp. was resistant to seven antibiotics and sensitive to Tarivia (OFX),  
341 Peflacin (PEF) and Septrin (SXT). *Bacillus* sp. was sensitive to all antibiotics and resistant  
342 to only Streptomycin (S). *Staphylococcus* sp. was also highly sensitive to all the antibiotics  
343 except Amoxicillin (AMX) and Gentamycin (CN). *Pseudomonas* sp. was also sensitive to  
344 most antibiotic except Nalidixic acid (NA), Augumentin (AU), Ampicillin (PN) and Ceporex  
345 (CEP). *Citrobacter* sp. was more sensitive to the antibiotics and resistant to only four  
346 antibiotics; Nalidixic acid (NA), Septrin (SXT), Streptomycin (S), Ampicillin (PN). *Salmonella*  
347 sp. was highly resistant to all the antibiotics except four; Tarivia(OFX), Peflacin(PEF),  
348 Ciproflox (CPX) and Septrin (SXT). Generally most of the isolates were resistant to Amoxil,  
349 Ceporex, Augmentin, Ampicillin, Nalidixic acid and Stretomycin. The resistance exhibited by  
350 *Pseudomonas aeruginosa* and *E. coli* to some of the antibiotics corroborates earlier report  
351 from South Eastern Nigeria [27]. The presence of the same type of faecal bacteria in almost  
352 all brands shows common source of contamination. It is documented that bacteria harbour  
353 series of antibiotic resistant genes which can be transferred to others horizontally [28].

354 Therefore from observation, a lot of sachet water producers and sellers have emerged  
355 making it their major source of income. With this, appropriate health authorities should  
356 ensure that producers comply with the government regulations since some of these  
357 packaged water may have been produced under unhygienic conditions. Water can be seen  
358 as one of the most important, as well as one of the most abundant of those compounds and  
359 it is particularly, vital to living organisms [29]. Also, water is like the life wire of the body and

360 as the basis of life; it is a critical part of human diet. Water constitutes about 90% by weight  
361 of the human body [30]. So, water should be treated and the necessary biochemical and  
362 microbiological test should be carried out to protect the general public from water-borne  
363 disease outbreak.

## 364 5. CONCLUSION

365 The study revealed that bacteriological quality of the sachet water brands sold failed to meet  
366 the standard for drinking water, even though the bacterial load did not exceed the maximum  
367 range of microbial load. However, the bulk of sachet water brands were contaminated by  
368 coliform bacteria. It is therefore necessary for sachet water brands to be properly treated and  
369 handled to meet the WHO standard for drinking water. To minimise the problem of poor  
370 quality of sachet water, government agencies like the NAFDAC and the Environmental  
371 Protection Agency should ensure that packaged water manufacturers comply with good  
372 manufacturing practices. It is a serious threat to the people of the area if proper  
373 measurements are not taken by the concerned authorities. The water sources were  
374 contaminated with *Klebsiella* sp., *Escherichia* sp., *Staphylococcus* sp., *Salmonella* sp.,  
375 *Pseudomonas* sp., *Citrobacter* sp., and *Bacillus* sp. thus posing a very serious threats to the  
376 society. Antibiotic resistance is considered a major problem because many disease causing  
377 bacteria are becoming more resistant to the commonly used antibiotics. The bacteria  
378 *Klebsiella* sp., *Escherichia* sp., *Citrobacter* sp., showed greater antibiotic resistances. The  
379 overuse and misuse of antibiotics can create the conditions for the development of antibiotic  
380 resistant bacteria.

### 381 5.1 Recommendation

382 There is need for NAFDAC to intensify efforts in the routine monitoring of activities in the  
383 packaged drinking water industry ensuring the safety of sachet drinking water through  
384 comprehensive regulatory programs at both the federal and state levels. Also, sample  
385 collection and testing of market samples will be a good way of detecting if the water is truly  
386 pure as claimed by these producing companies. High emphasis should also be placed on  
387 enforcing compliance with Good Manufacturing Practice (GMP) with emphasis on  
388 management of raw water source to the consumer product point. Hence, routine monitoring  
389 of producers of sachet water should be enforced to ensure adherence to drinking water  
390 standard.

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### COMPETING INTERESTS

Authors have declared that no competing ~~interest exist~~ interest exists.

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**Comment [OP11]:** Read through and make corrections.  
Each findings should be linked to different studies and give reason for the outcomes.  
Always use recent references.

**Comment [OP12]:** State the limitation of the study and way forward.

**Comment [OP13]:** Follow Journal's guidelines to arrange your references and citations.

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